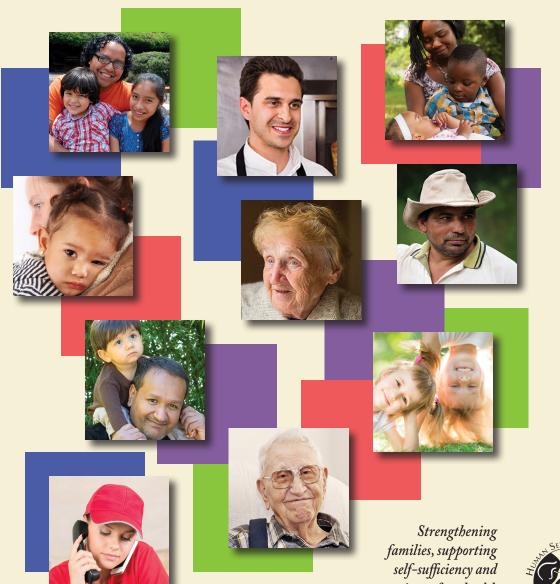
Human Services Agency Assistance Programs

CalFresh (Food Stamps), Medi-Cal, CalWORKs, and General Relief



promoting safety, health and well being.



Opportunities for Health Care Coverage

Under the Affordable Care Act nearly all citizens and legal residents are required to have health insurance coverage. There is a penalty for those who are required to but do not obtain health insurance.

Coverage Options

Plan	Who is Eligible	When Available	Where to Apply	
Medi-Cal Program	 Qualifying populations include: Individuals / Families with income up to 138% of the FPL* (less than \$16,764 for a single individual and \$34,638 for a family of four) Individuals who are blind, disabled, or aged (subject to different eligibility criteria) Pregnant women and infants up to age one Foster youth up to age 26 Children, regardless of immigration status *Federal Poverty Level 	You may enroll at any time	Online: www.mybenefitscalwin.org By Phone: Call 1 (888) 472-4463 to apply for Medi-Cal ONLY In Person: Locations listed on back	
Low-Cost Medi-Cal for Children	Children between the ages of 1 and 19 with household income up to 266% (\$66,766 for a family of four) of the federal poverty level (monthly premiums of \$13/child, maximum of \$39/household)			
Covered California COVERED CALIFORNIA	All income levels may seek health benefits coverage through Covered California • Up to 400% of the federal poverty level receive tax credits or subsidies (income of less than \$48,240 for a single individual and \$98,400 for a family of four)	Open enrollment period is November 1, 2018 - January 31, 2019 If you have had a life-changing event within the past 60 days (for example, job loss, marriage, divorce, or birth of a child), you may qualify to enroll in Covered CA now.	Covered California Call: (800) 300-1506 Online: www.coveredca.com In Person: Visit a Community Service Center - see list on back	

Medi-Cal & CalFresh (Food Stamps)

Medi-Cal is California's public health insurance program. It provides needed health care services for low-income individuals, seniors, persons with disabilities, children, youth in foster care, pregnant women, and low-income people with specific health conditions such as tuberculosis, breast cancer, or HIV/AIDS.

The CalFresh program helps people who have little or no income buy nutritious groceries. CalFresh benefits are accessed through an electronic benefits transfer card (EBT) that you can use like a bank debit card to buy food at most grocery stores.

Applying for Medi-Cal or CalFresh: When you apply for CalFresh, Medi-Cal, and other health insurance programs offered through Covered California, you will be asked for information about your residency, identity, citizenship, Social Security number, income, and any other health care coverage you may have. If you and/or your family are eligible for CalFresh benefits you are most likely also eligible for Medi-Cal health coverage.



Number of People in Your Household	If Your Monthly Income* is <u>AT or</u> <u>BELOW</u> 130% FPL	If Your Monthly Income** is <u>AT or</u> <u>BELOW</u> 138% FPL	If Your Monthly Income** is <u>BETWEEN</u> 138% and 400% FPL
1	\$1,316	\$1,397	\$1,397 - \$4,020
2	\$1,784	\$1,893	\$1,893 - \$5,414
3	\$2,252	\$2,390	\$2,390 - \$6,807
4	\$2,720	\$2,887	\$2,887 - \$8,200
5	\$3,188	\$3,384	\$3,384 - \$9,594
You may qualify for:	CalFresh	Medi-Cal	Health insurance premium assistance is available through Covered California. Children in families with income up to 266% FPL may be eligible for free or low cost Medi-Cal insurance.

Individuals eligible for Medi-Cal due to other conditions such as blindness, disability, or age may be subject to different income and asset criteria.

*These figures are current through September 30, 2019.

Expedited Services

If eligible for Expedited Services, CalFresh benefits will be issued within three days of your application.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for Medi-Cal or CalFresh.

See center page for how and where to apply.

^{**}These figures are current through December 31, 2018.

How to Apply for Assistance Programs

Ways to Apply			Availal	ble Prograr	ns	
Ways to Apply for Assistance	Best Way to Apply	Medi-Cal	CalFresh (Food Stamps)		CalWORKs	General
Tot Assistance			CalFresh	Expedited CalFresh	Calworks	Relief
Complete and submit an application online at www.mybenefitscalwin.org	 Use this option if you: Are comfortable working on computers and submitting information electronically Cannot apply during office hours (8 a.m. – 5 p.m., Monday – Friday) 	1	Must also complete an interview (telephone or in-person)	Must also complete an interview (telephone or in-person)	Must also complete an in-person interview	Not available online
By Phone: (888) 472-4463 TTY (800) 735-2922 or 711	 Use this option if you: Are not interested in other programs and only want to apply for Medi-Cal or CalFresh 	✓	Must also complete an interview (telephone or in-person)	Must also complete an interview (telephone or in-person)	Not available by phone	Not available by phone
By Fax: Request an application by phone* or print one from www.vchsa.org and then fax it to: (805) 658-4530	 Use this option if you: Are more comfortable completing paper forms than using a computer Cannot apply during office hours (8 a.m 5 p.m., Monday - Friday) 	1	Must also complete an interview (telephone or in-person)	Must also complete an interview (telephone or in-person)	Not available by fax	Not available by fax
Request an application by phone* or print one from www.vchsa.org and then mail or drop it off at any Community Service Center (locations listed on back)	 Use this option if you: Are more comfortable completing paper forms than using a computer Cannot apply during office hours (8 a.m. – 5 p.m., Monday – Friday) 	1	Must also complete an interview (telephone or in-person)	Mail-in application available, but an in-person application is recommended	Not available by mail	Not available by mail
In-Person: Visit a Community Service Center to apply in-person or to pick up an application (locations listed on back)	 Use this option if you: Aren't sure which program(s) to apply for Can apply during office hours (8 a.m 5 p.m., Monday - Friday) Need help completing forms 	✓	✓	✓	1	✓

CalWORKs

The CalWORKs (California Work Opportunity & Responsibility to Kids) Program can provide cash assistance to low-income families with children. Certain adults in the program are required to participate in welfareto-work activities, such as looking for a job, attending job training, working, or furthering their education, which will improve their chances for long term employment and self-sufficiency. CalWORKs employment specialists help parents develop and achieve their career goals, and assist with referrals to child care so that parents can work. CalWORKs participants are automatically eligible for Medi-Cal and may qualify for CalFresh benefits.

Eligibility: In order to qualify for CalWORKs, you must be a low-income family with dependent children living at home. Monthly income must be under a certain limit (see chart below). Since there are many kinds of deductions, you are encouraged to apply, even if your income is close to the countable income amount. Also, the property limit is \$2,250 per family or \$3,250 per family if a member is over age 60 or has disabilities. Examples of property include cash, bank accounts, vehicles, and homes, although the home you live in is not included.

When you apply, you will be asked for photo identification and information about your residency, citizenship, Social Security Number, income, property, and child support. Additionally, children must get their immunizations, and if over the age of 6, children must attend school.

Family Size	Monthly Gross Income Limit
1	\$686
2	\$1,125
3	\$1,395
4	\$1,655
5	\$1,889

Family Size	Monthly Gross Income Limit
6	\$2,125
7	\$2,335
8	\$2,541
9	\$2,757
10	\$2,992
Each extra person	\$27
	6 7 8 9 10 Each extra

These figures are current through June, 2019.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for CalWORKs.

See center page for how and where to apply.

Human Services Agency - www.vchsa.org or 1 (888) 472-4463

General Relief

The General Relief Program provides temporary assistance to eligible adults age 18 – 64, with no dependent children. When no other source of assistance is available, the General Relief Program can help with the most basic living needs, including rent, utilities, and incidentals. Eligible adults may receive direct payments to their landlord and/or utility companies, up to a maximum of \$310 per month, for a household of one. General Relief payments are considered a loan and must be repaid to the County.

Eligibility: Factors used to determine eligibility and benefits for the General Relief Program include income, identification, property, citizenship/immigration status, age, and residency. An assessment will be conducted to determine if you are able to work. There will be certain activities that will be required of you based on your individual situation. If you are disabled you will be required to apply for Social Security Disability benefits.

Your property and income from any source will be considered to determine whether you qualify for General Relief and your benefit amount. Your income must be within the allowable income limits, your property value cannot exceed \$1,000, and your liquid resources (cash on hand, checking/saving accounts, stocks, etc.) cannot be over \$100.

Other Ways to Submit and Receive Information

Self Service

from your computer or smart phone

www.mybenefitscalwin.org



Submit verification images via **Mobile App**

Download the **MyBenefits CalWIN** Mobile App from the App Store or Google Play Store.

You'll need an e-mail account, Social Security number, and date of birth of an individual in the home to access your case information.

1-888-HSA4info

Medi-Cal, CalFresh, and CalWORKs clients may now call an automated phone line 24/7 for current information.

Call 1-888-HSA-4-INFO (1-888-472-4463) and select from the menu options available in English, Spanish, Vietnamese, Cantonese, and Farsi.

For information about your case 24-hours/day 7-days/week



PQRS 1-888-472-4463

See center page for how and where to apply.



HUMAN SERVICES AGENCY

1 (888) 472-4463

Apply online at **www.vchsa.org** TTY (800) 735-2929 or 711

Locations

Oxnard Community Service Center 1400 Vanguard Drive, Oxnard (805) 385-9363

Ventura Community Service Center 4651 Telephone Road, Ventura (805) 658-4100

Santa Clara Valley Community Service Center 725 E. Main Street, Santa Paula (805) 933-8300

Fillmore Community Service Center 828 Ventura Street, Suite 200, Fillmore (805) 524-8666

East County Community Service Center 2900 N. Madera Road, Suite 100, Simi Valley (805) 584-4842

Moorpark Community Service Center (Ruben Castro Human Services Center) 612B Spring Road, Suite 301, Moorpark (805) 523-5444

Thousand Oaks Community Service Center 80 E. Hillcrest Drive, Suite 200, Thousand Oaks (805) 449-7320

