

Human Services Agency Assistance Programs

CalFresh (Food Stamps), Medi-Cal, CalWORKs, and General Relief



*Strengthening
families, supporting
self-sufficiency and
promoting safety, health
and well being.*




COUNTY OF VENTURA

Opportunities for Health Care Coverage

Under the Affordable Care Act (ACA, also known as Health Care Reform) nearly all citizens and legal residents are required to have health insurance coverage. There is a penalty for those who are required to but do not obtain health insurance.

- Medi-Cal now covers more people under the age of 65, including adults without children, people with disabilities, and those with income of less than \$16,394 for a single individual and \$33,534 for a family of four.
- Children between the ages of 1 and 19 in families with incomes up to 266% FPL (\$64,638 for a family of four) may be eligible for free or low-cost Medi-Cal insurance. Monthly premiums are \$13 per child with a maximum of \$39 per household.
- Single adults and families with annual earnings up to 400% of the federal poverty level (see below) are eligible for financial assistance in the form of tax credits or subsidies to help with the cost of insurance and services. Residents may purchase insurance through California’s health insurance marketplace–Covered California.

Coverage Options


Plan	Who is Eligible	When Available	Where to Apply
Medi-Cal Program	<p>Qualifying populations include:</p> <ul style="list-style-type: none"> • Individuals / Families with income up to 138% of the federal poverty level (less than \$16,394 for a single individual and \$33,534 for a family of four) • Individuals who are blind, disabled, or aged (subject to different eligibility criteria) • Pregnant women and infants up to age one • Foster youth up to age 26 • Children, regardless of immigration status 	You may enroll at any time	<p>Human Services Agency</p> <p>Online: www.vchsa.org Choose the “Apply for Aid Online” tab</p> <p>By Phone: Call (888) 472-4463 to apply for Medi-Cal ONLY</p> <p>In Person: Locations listed on back</p>
Low-Cost Medi-Cal for Children	<ul style="list-style-type: none"> • Children formerly enrolled in the Healthy Families program • Children between the ages of 1 and 19 with household income up to 266% (\$64,638 for a family of four) of the federal poverty level (monthly premiums of \$13/child, maximum of \$39/household) 		See center page for more information
<p>Covered California</p> 	<p>All income levels may seek health benefits coverage through Covered California</p> <ul style="list-style-type: none"> • Up to 400% of the federal poverty level receive tax credits or subsidies (income of less than \$47,080 for a single individual and \$97,000 for a family of four) 	<p>Open enrollment period is November 1, 2016 - January 31, 2017</p> <p>If you have had a life-changing event within the past 60 days (for example, job loss, marriage, divorce, or birth of a child), you may qualify to enroll in Covered CA now.</p>	<p>Covered California</p> <p>Call: (800) 300-1506</p> <p>Online: www.coveredca.com</p> <p>In Person: Visit a Community Service Center - see list on back</p>

Medi-Cal & CalFresh

Medi-Cal is California’s public health insurance program. It provides needed health care services for low-income individuals, seniors, persons with disabilities, children, youth in foster care, pregnant women, and low-income people with specific health conditions such as tuberculosis, breast cancer, or HIV/AIDS. The CalFresh program, formerly known as Food Stamps, helps people who have little or no income buy nutritious groceries. CalFresh benefits are accessed through an electronic benefits transfer card (EBT) that you can use like a bank debit card to buy food at most grocery stores.

Low-Cost Medi-Cal for Children: Children between the ages of 1 and 19 in families with incomes ranging from 160% to 266% FPL (\$38,800 to \$64,638 for a family of four) may be eligible for low-cost Medi-Cal insurance. Many of these children were previously enrolled in California’s Healthy Families program and have now transitioned to the Low-Cost Medi-Cal for Children program. Monthly premiums are \$13 per child with a maximum of \$39 per household.

Applying for Medi-Cal or CalFresh: When you apply for CalFresh, Medi-Cal, and other health insurance programs offered through Covered California, you will be asked for information about your residency, identity, citizenship, Social Security number, income, and any other health care coverage you may have. The chart below includes income eligibility information for most health insurance programs as well as CalFresh. If you and/or your family are eligible for CalFresh benefits you are most likely also eligible for Medi-Cal health coverage.

Number of People in Your Household	If Your Yearly Income* is LESS THAN 130% FPL	If Your Yearly Income* is LESS THAN 138% FPL	If Your Yearly Income* is BETWEEN 138% and 400% FPL
1	\$15,444	\$16,394	\$16,394 - \$47,080
2	\$20,832	\$22,107	\$22,107 - \$63,720
3	\$26,208	\$27,820	\$27,820 - \$80,360
4	\$31,596	\$33,534	\$33,534 - \$97,000
5	\$36,972	\$39,247	\$39,247 - \$113,640
You may qualify for: 	CalFRESH (Food Stamps)	Medi-Cal	Health insurance premium assistance is available through Covered California. Children in families with income up to 266% FPL may be eligible for free or low cost Medi-Cal insurance.

Individuals eligible for Medi-Cal due to other conditions such as blindness, disability, or age may be subject to different income and asset criteria.
*These figures are current through March, 2017.

Expedited Food Assistance

Expedited CalFresh benefits are available if your family has less than \$100 or made less than \$150 this month. We recommend you apply in person and let us know about your situation. Those who qualify will receive benefits within three days of receipt of application.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for Medi-Cal or CalFresh.

See center page for how and where to apply.

Human Services Agency – www.vchsa.org or (888) 472-4463



COUNTY OF VENTURA HUMAN SERVICES AGENCY

How to Apply for Assistance Programs

Ways to Apply for Assistance	Best Way to Apply	Available Programs				
		Medi-Cal	CalFresh (Food Stamps)		CalWORKs	General Relief
			CalFresh	Expedited CalFresh		
<p>Online:</p> <p>Complete and submit an application online at www.vchsa.org Choose the "Apply for Aid Online" tab</p>	<p>Use this option if you:</p> <ul style="list-style-type: none"> • Are comfortable working on computers and submitting information electronically • Cannot apply during office hours (8 a.m. – 5 p.m., Monday – Friday) 	✓	✓ Must also complete an in-person or telephone interview	Online application available, but an in-person application is recommended	✓ Must also complete an in-person interview	<i>Not available online</i>
<p>By Phone:</p> <p>(888) 472-4463</p>	<p>Use this option if you:</p> <ul style="list-style-type: none"> • Are not interested in CalFresh or other programs and <u>only</u> want to apply for Medi-Cal 	✓	<i>Not available by phone</i>	<i>Not available by phone</i>	<i>Not available by phone</i>	<i>Not available by phone</i>
<p>By Mail:</p> <p>Request an application by phone* or print one out from www.vchsa.org and then mail or drop it off at any Community Service Center (locations listed on back)</p>	<p>Use this option if you:</p> <ul style="list-style-type: none"> • Are more comfortable completing paper forms than using a computer • Cannot apply during office hours (8 a.m. – 5 p.m., Monday – Friday) 	✓	✓ Must also complete an in-person or telephone interview	Mail-in application available, but an in-person application is recommended	<i>Not available by mail</i>	<i>Not available by mail</i>
<p>In-Person:</p> <p>Visit a Community Service Center to apply in person or to pick up an application (locations listed on back)</p>	<p>Use this option if you:</p> <ul style="list-style-type: none"> • Aren't sure which program(s) to apply for • Can apply during office hours (8 a.m. – 5 p.m., Monday – Friday) • Need help completing forms 	✓	✓	✓	✓	✓

*Call Toll-Free (888) 472-4463 or visit the Human Services Agency online at www.vchsa.org

CalWORKs

The CalWORKs (California Work Opportunity & Responsibility to Kids) Program can provide cash assistance to low-income families with children. Certain adults in the program are required to participate in welfare-to-work activities, such as looking for a job, attending job training, working, or furthering their education, which will improve their chances for long term employment and self-sufficiency. CalWORKs employment specialists help parents develop and achieve their career goals, and assist with referrals to child care so that parents can work. CalWORKs participants are automatically eligible for Medi-Cal and may qualify for CalFresh benefits.

Eligibility: In order to qualify for CalWORKs, you must be a low-income family with dependent children living at home. Monthly income must be under a certain limit (see chart below). Since there are many kinds of deductions, you are encouraged to apply, even if your income is close to the countable income amount. Also, the property limit is \$2,250 per family or \$3,250 per family if a member is over age 60 or has disabilities. Examples of property include cash, bank accounts, vehicles, and homes, although the home you live in is not included.

When you apply, you will be asked for information about your residency, citizenship, Social Security Number, income, property, school attendance, and child support. Additionally, adults will need to have their fingerprints and a photo taken, children must get their immunizations, and if over the age of 6, children must attend school.

Family Size	Monthly Gross Income Limit	Family Size	Monthly Gross Income Limit
1	\$636	6	\$1,968
2	\$1,042	7	\$2,163
3	\$1,292	8	\$2,354
4	\$1,533	9	\$2,554
5	\$1,750	10	\$2,772
		Each extra person	\$25

These figures are current through June, 2017.

Important Note: This simplified information is for general reference only. Nothing within this document guarantees that you will be eligible for CalWORKs.

See center page for how and where to apply.

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General Relief

The General Relief Program provides temporary assistance to eligible adults age 18 – 64, with no dependent children. When no other source of assistance is available, the General Relief Program can help with the most basic living needs, including rent, utilities, and incidentals. Eligible adults may receive direct payments to their landlord and/or utility companies, up to a maximum of \$310 per month, for a household of one. General Relief payments are considered a loan and must be repaid to the County.

Eligibility: Factors used to determine eligibility and benefits for the General Relief Program include income, identification, property, citizenship/immigration status, age, and residency. An assessment will be conducted to determine if you are able to work. There will be certain activities that will be required of you based on your individual situation. If you are disabled you will be required to apply for Social Security Disability benefits.

Your property and income from any source will be considered to determine whether you qualify for General Relief and your benefit amount. Your income must be within the allowable income limits, your property value cannot exceed \$1,000, and your liquid resources (cash on hand, checking/saving accounts, stocks, etc.) cannot be over \$100.

Self Service

from your computer or smart phone

www.mybenefitscalwin.org



**Submit
verification
images via
Mobile App**

Download the **MyBenefits CalWIN** Mobile App from the App Store or Google Play Store.

You'll need an e-mail account, Social Security number, and date of birth of an individual in the home to access your case information.

1-888-HSA4info

Medi-Cal, CalFresh, and CalWORKs clients may now call an automated phone line 24/7 for current information.

Call 1-888-HSA-4-INFO (1-888-472-4463) and select from the menu options available in English, Spanish, Vietnamese, Cantonese, and Farsi.

*For information
about your case
24-hours/day
7-days/week*



1-888-472-4463

See center page for how and where to apply.

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COUNTY OF VENTURA

HUMAN SERVICES AGENCY

(888) 472-4463

Apply online at www.vchsa.org

TTY (800) 735-2922 or 711

Locations

Oxnard Community Service Center

1400 Vanguard Drive, Oxnard (805) 385-9363

Ventura Community Service Center

4651 Telephone Road, Ventura (805) 658-4100

Santa Clara Valley Community Service Center

725 E. Main Street, Santa Paula (805) 933-8300

Fillmore Community Service Center

828 Ventura Street, Suite 200, Fillmore (805) 524-8666

East County Community Service Center

2900 N. Madera Road, Suite 100, Simi Valley (805) 584-4842

Moorpark Community Service Center

(Ruben Castro Human Services Center)

612B Spring Road, Suite 301, Moorpark (805) 523-5444

Thousand Oaks Community Service Center

80 E. Hillcrest Drive, Suite 200, Thousand Oaks (805) 449-7320

*For information 24 hours/day, 7 days/week
about community resources near you:*

