



# SafeCare®

The County of Ventura Human Services Agency, in partnership with Aspiranet, is offering **SafeCare®**, a program designed to help prevent child abuse and neglect.

**SafeCare®** is an evidence-based parent training curriculum initiated by child welfare social workers. The program engages family members to ensure child safety and family stability through a variety of in-home early intervention services.

**SafeCare®** focuses on children ages 0-8 utilizing the following three modules:

1. Child Healthcare Education/Basic First Aid
2. Home Safety
3. Parent-Child Interaction/Bonding

Parents are taught how to plan and implement activities with their children, respond appropriately to child behaviors, improve home safety and learn about basic child health care and first aid.

In addition to the three **SafeCare®** modules, other services available to address family needs may include:

- Nutrition
- Parent Education
- Navigating Community Resources
- Life Skills
- Family Night
- Budgeting
- Child Development

**SafeCare®** is generally provided through weekly in-home 90 minute sessions and typically lasts up to 4 months for each family. The goal is to strengthen families and maintain healthy and safe home environments.

**SafeCare®** is a free voluntary program and does more than just offer services.

