

**Worksite Specific COVID-19 Prevention Plan
County of Ventura, State of California**

Business Name: _____

Business Sector: Youth Sports

Person Responsible for Implementing Plan: _____

COVID-19 General Checklist Items for Employers (Release August 3, 2020)	Procedure (write a short statement on how you will address the checklist item)	Frequency (hourly, daily, etc...)	Resources Needed (gloves, signage, barriers etc...)
1. Worksite Plan			
1	Establish and continue communication with local and State authorities to determine current disease levels and control measures in your community. For example:		
2	Review and refer to, if applicable, the relevant county variance documentation.		
3	Consult with your county health officer, or designated staff, who are best positioned to monitor and provide advice on local conditions.		
4	Regularly review updated guidance from state agencies.		
5	Investigate any COVID-19 illness and determine if any related factors could have contributed to risk of infection. Update the plan as needed to prevent further cases.		
6	Identify close contacts (within six feet for 15 minutes or more) of an infected employee and take steps to isolate COVID-19 positive players(s) and close contacts.		
7	Adhere to the guidelines below. Failure to do so could result in illnesses that may cause operations to be temporarily closed or limited.		
2. Employee, Volunteer, and Parent Training			
1	Youth sports programs and schools should provide information to parents or guardians regarding this and related guidance, along with the safety measures that will be in place in these settings with which parents or guardians must comply.		

2	Self-screening at home, including temperature and/or symptom checks using CDC guidelines.			
3	The importance of not coming to practice if self or minor have a frequent cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell, or if they or someone they live with have been diagnosed with COVID-19.			
4	To seek medical attention if symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face. Updates and further details are available on CDC's webpage.			
5	The importance of frequent handwashing with soap and water, including scrubbing with soap for 20 seconds (or using hand sanitizer with at least 60% ethanol or 70% isopropanol when you cannot get to a sink or handwashing station, per CDC guidelines).			
6	The importance of physical distancing (see Physical Distancing section below).			
7	Proper use of face coverings, including: cloth face coverings must be worn during indoor physical conditioning and training or physical education classes (except when showering).			
3. Individual Control Measures & Screening				
1	Provide temperature and/or symptom screenings for all players (including coaches and volunteers, etc.) at the beginning of their practice. Make sure the temperature/symptom screener avoids close contact with individuals to the extent possible. Both screeners and players should wear face coverings for the screening.			

2	If requiring self-screening at home, which is an appropriate alternative to providing it at the establishment, ensure that screening was performed prior to the player leaving the home.			
3	Encourage players, volunteers, and visitors who are sick or exhibiting symptoms of COVID-19 to stay home.			
4	Coaches and volunteers should provide and ensure players use all required protective equipment including face coverings and gloves where necessary.			
5	Activities that require heavy exertion should be conducted outside in a physically distanced manner without face coverings.			
6	Players should take a break from exercise if any difficulty in breathing is noted and should change their mask or face covering if it becomes wet and sticks to the player's face and obstructs breathing. Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.			
7	Activities conducted inside should be those that do not require heavy exertion and can be done with a face covering.			
4. Cleaning and Disinfecting Protocols				
1	Avoid equipment sharing, and if unavoidable, clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.			
2	Clean outdoor surfaces made of plastic or metal. Do not spray disinfectant on playgrounds, wooden surfaces, or sidewalks, as recommended by the CDC.			
3	Ensure that sanitary facilities for players stay operational and stocked at all times and provide additional soap, paper towels, and hand sanitizer when needed. Provide hand sanitizer where possible.			
5. Physical Distancing Guidelines				

1	Youth sports and physical education are permitted only when the following can be maintained: (1) physical distancing of at least six feet; and (2) a stable cohort, such as a class, that limits the risks of transmission (see CDC Guidance on Schools and Cohorting). Activities should take place outside to the maximum extent practicable.			
2	Outdoor and indoor sporting events, assemblies, and other activities that require close contact or that would promote congregating are not permitted at this time. For example, tournaments, events, or competitions, regardless of whether teams are from the same school or from different schools, counties, or states are not permitted at this time.			
3	For sports that cannot be conducted with sufficient distancing or cohorting, only physical conditioning and training is permitted and ONLY where physical distancing can be maintained. Conditioning and training should focus on individual skill-building (e.g., running drills and body weight resistance training) and should take place outside, where practicable. Indoor physical conditioning and training is allowed only in counties where gyms and fitness centers are allowed to operate indoors.			
4	Adjust maximum occupancy rules. Smaller groups are safer than larger; outdoor locations are safer than indoor; sports that can ensure distance of six feet or more are safer than close contact; and shorter duration is safer than longer.			

*After completing a written COVID-19 Prevention Plan, businesses should register at www.vcreopens.com

5	Rearrange seating areas and/or remove seats to allow for a minimum of six feet of physical distance between customers/visitors. Post signage at shared, immovable seating (benches, etc.) to remind parents, volunteers, and players to physically distance from others outside their party.			
6	Close interactive exhibits, playgrounds, etc. where physical contact is necessary and customers or visitors may congregate.			
7	Redesign parking lots to limit congregation points and ensure proper separation (e.g. every other space, contactless payment, etc.)			
<p style="text-align: center;">This document serves as notice of participation and compliance with the guidelines set forth by the State of California and the County of Ventura. This checklist and procedures shows how our firm complies with orders to reopen our business in compliance with State and county orders regarding the Covid crisis.</p>				

Signature: _____

Date: _____

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