

Relax and Enjoy the Ride!

Many older adults think that giving up the keys to the car means losing their independence, but this does not have to be you! With a little planning, you can get where you need to go. For a minimal fare, buses and Dial-A-Ride vans can take you to and from the grocery store, clubs, senior centers, lunch with friends and medical appointments. Every city has a public transit system with buses that



are accessible to persons with disabilities and seniors. Individualized assistance with navigating the transit system is available and the VCAA also provides a limited number of complimentary fares for low-income seniors and disabled adults. Call the VCAA at 805-477-7300 for more information.

Need a Little Help from Friends?

Do you have a friend, caregiver or a relative that drives you to your appointments and to the grocery store? You may be eligible to reimburse them



for mileage. Call MMP at 888-667-7003 to sign up for the Volunteer Driver Program.

Did you know? Public transportation for seniors attending one of the county's 11 lunch sites is available daily at no charge?

Be sure to tell the driver that you are having lunch at the Senior Center.



WELCOME ABOARD!

VENTURA COUNTY PUBLIC TRANSIT FOR SENIORS





FIXED ROUTE

DIAL-A-RIDE

SPECIALIZED TRANSIT



PLANNING YOUR BUS TRIP

STEP 1: Get a bus schedule and map

STEP 2: Find your routes and transfers

STEP 3: Determine your departure and arrival times

STEP 4: Locate your bus stops and have your fare ready.

Need Help?

If you think you need a little extra help navigating the system, you may receive free assistance called “travel training.” You may also be eligible for complimentary bus tickets - call the VCAA today at 805-477-7300 for more details.

PERSONALIZED TRIP PLANNING

“GO VENTURA” 800-438-1112

PERSONALIZED TRAVEL TRAINING

“MMP” 888-667-7003

Do you qualify for Dial-A-Ride (DAR)?

If you are unable to access a bus, you may qualify for other public transit services known as “Dial-A-Ride.” If you qualify, you can make a reservation on a wheelchair-accessible van or bus that will pick you up and drop you off at your home. To apply, call the Americans with Disabilities Act (ADA) Certification Office toll-free at **1-888-667-7001**.

CITY DIAL-A-RIDE SERVICES

Camarillo:

- Camarillo Area Transit (CAT) - 55 & Older \$1.50 (Curb to Curb) 805-988-4CAT (4228)
- Camarillo Health Care District Care-A-Van - 55 & Older \$6.50–\$21 (Door to Door) 805-388-2529

Thousand Oaks, Newbury Park & Moorpark:

- Thousand Oaks Transit— 62 & Older \$3.00 (Curb to Curb) 805-375-5467

Ojai, Meiners Oaks & Mira Monte:

- HELP of Ojai— 55 & Older \$2–\$3 (Door to Door) 805-646-5122
- Gold Coast ACCESS – 65 & Older \$3.00 (Curb to Curb) 805-485-2319

SENIORS MAY ACCESS Dial-A-Ride WITHOUT ADA CERTIFICATION

Oxnard, Port Hueneme & Ventura:

- Gold Coast ACCESS—65 & Older \$3.00 (Curb to Curb) 805-485-2319
- Harbor & Beaches DAR 805-207-0699

Santa Paula:

- VISTA 65 & Older— \$1.00 (Curb to Curb) 805-933-2267

Fillmore & Piru:

- VISTA 65 & Older— \$1.00 (Curb to Curb) 805-524-2319

Simi Valley:

- Simi Valley Transit— 65 & Older \$2.00 (Curb to Curb) 805-583-6464



FRAIL SENIORS NEEDING SPECIAL CARE

Medi-Ride and Elder Help programs can provide a limited number of no-cost door-through-door rides for non-emergency medical appointments for frail seniors and disabled adults who qualify. Transportation to Los Angeles is also available in some instances. **Call the VCAA at 805-477-7300 for more details.**