

**Ventura County Children & Family Services  
SILP Readiness Assessment**

Emerging Adult Name:	Phone Number:
Social Worker Name:	Assessment Date:

To help ensure the safety of the emerging adults interested in living in a SILP, a readiness assessment is **required** and will be completed jointly by the emerging adult and social worker. The SILP placement is for emerging adults who are developmentally ready to live independently or in a less restrictive environment with less intensive services from the social worker.

If the majority of answers fall in the "Yes" and the "On the Right Track" the emerging adult is probably ready to try a SILP. If the majority of answers fall in the "Still Struggling" the emerging adult will need support in a SILP or delay the SILP. Please explain your answers as some will be used to develop Transitional Independent Living Plan goals. If an emerging adult is not quite ready for a SILP now they will be reassessed in six months.

**Finances/Money Management**

1. Do you have experience in managing your own money such as allowance or income?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
2. Do you have a checking and/or savings account?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
3. Do you understand basic concepts of money management, such as counting change, avoiding late charges, balancing checkbook, saving money?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
4. Do you have a budget for meeting monthly expenses, including share of rent, food, utilities, clothing, phone, transportation, personal items, child related expenses and entertainment?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
5. Does your income cover all budgeted expenses?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Employment/Education**

6. If you don't have a job, do you know how to look/apply for a job and/or are you actively looking for a job?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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7. Have you made progress toward the TILP over time?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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8. Do you have a vocational/educational goal?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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9. Have you completed the ILP classes?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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**Life Skills/Self Care/Medical**

10. Are you able to take care of your own daily needs, such as hygiene, taking medications, cooking, waking up in time for work/school?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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11. Do you have a support system and/or other individuals that you can count on such as a mentor, caring and committed person who will provide ongoing life skills development, emotional support, advice and guidance?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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12. Do you have knowledge of community resources, transportation resources, and how to access them?  
\_\_\_ yes \_\_\_ on the right track \_\_\_ still struggling, Explain: \_\_\_\_\_

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13. Do you have knowledge of medical resources/needs and how to schedule medical appointments, fill/pick-up prescriptions?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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14. Do you know what to do in case of an emergency, such as if your victim of a crime, if in a car accident, medical emergency?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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15. Do you understand how to negotiate house rules with a roommate, also known as the Shared Living Agreement?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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16. When you are upset, confused or hurting do you deal with it positively such as talking to someone, journaling, using professional assistance, identifying stress reducers?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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17. Do you know how to do your own laundry?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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18. Do you know basic consumer skills such as how to prepare food, follow a recipe, shop for groceries and basic necessities?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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19. Do you clean your own bedroom and bathroom weekly, and/or monthly?

\_\_\_ yes    \_\_\_ on the right track    \_\_\_ still struggling, Explain: \_\_\_\_\_

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