



Pleasant Valley Recreation and Park District

1605 E. Burnley St., Camarillo, CA 93010
Phone: (805) 482-1996 Fax: (805) 482-3468 www.pvrpd.org

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AUG 03 2016

VENTURA COUNTY
GRAND JURY

July 23, 2016

The Honorable Donald D. Coleman
Presiding Judge of the Superior Court of California
County of Ventura
800 South Victoria Avenue
Ventura, CA 93009

Re: Camarillo Congregate Meal Program

Dear Honorable Judge Coleman:

As required, Pleasant Valley Recreation and Park District has attached its response to the findings and recommendation of the Ventura Grand Jury report. It should be noted that the scope of the programs, resources, as well as the Strategic Plans for each organization is vastly different.

Thank you for the opportunity to respond to this Grand Jury Report. The District appreciates the important role that the Grand Jury serves.

Sincerely,

A handwritten signature in blue ink that reads "Mary Otten".

Mary Otten
General Manager
Pleasant Valley Recreation and Park District

Cc: Foreperson, Ventura County Grand Jury
800 S, Victoria Avenue
Ventura, CA 93009

RECEIVED

AUG 03 2016

VENTURA COUNTY
GRAND JURY

Response to Grand Jury Report Form

Report Title: Camarillo Congregate Meal Program

Report Date: July 23, 2016

Response by: Mary Otten

Title: General Manager

FINDINGS

I (we) agree with the findings numbered: _____

- I (we) disagree wholly or partially with the findings numbered: 1-5
(Attach a statement specifying any portions of the findings that are disputed; include an explanation of the reasons therefor.)

RECOMMENDATIONS

- Recommendations numbered _____ have been implemented.
(Attach a summary describing the implemented actions.)
- Recommendations numbered _____ have not yet been implemented, but will be implemented in the future.
(Attach a time frame for the implementation.)
- Recommendations numbered _____ require further analysis.
(Attach an explanation and the scope and parameters of an analysis or study, and a time frame for the matter to be prepared for discussion by the officer or director of the agency or department being investigated or reviewed, including the governing body of the public agency when applicable. This timeframe shall not exceed six months from the date of publication of the grand jury report.)
- Recommendations numbered 1 and 2 will not be implemented because they are not warranted or are not reasonable.
(Attach an explanation.)

Date: 7/29/16 Signed: Mary Otten

Number of pages attached 17

As required, Pleasant Valley Recreation and Park District has attached its response to the findings and recommendation of the Ventura Grand Jury report. It should be noted that the scope of the programs and resources, as well as the Strategic Plans for each organization is vastly different. Although responses are required to the findings and recommendations it is important to clarify some of the Facts which are stated within the Ventura County Grand Jury Report.

Facts

FA-01. Pleasant Valley Recreation and Park District (PVRPD) provides services and programs for residents 60 years of age and older.

Clarification: As part of the mission of PVRPD we provide and maintain a full range of quality facilities and programs focused on leisure, recreational and athletic activities for residents of the District. Facilities will support both organized activities and casual use, and will address the interests and needs of all age groups.

FA-05. “For senior programs, it collaborates with community organizations, including...”

Clarification: PVRPD provides a 4,000 square foot senior center which currently provides over 100+ programs, and receives over 76,000 senior visitors to the center per year. Since 2006 the Pleasant Valley Senior Center has seen a growth of 129% in constituents served and programs have grown at a rate over 456%. PVRPD also collaborates with many community partners not just the ones listed (Attachment 2).

FA-14. “Ten cities in the County allocate funding for senior programs through their general funds. This funding ranges from \$66.83 per senior in the City of Moorpark to \$2.36 per senior in the City of Camarillo...”

Clarification: PVRPD allocated over \$285,000 specifically from the general fund budget for senior programs, activities, and the senior center facilities specifically. In addition to these senior specific funds, PVRPD allocated over \$3.4 million within the park services operational budget and another \$1.3 million within the recreational services budget. It is hard to quantify the exact amount of general fund money spent per senior as the parks, aquatic center, and other District facilities are used by all ages including the senior population. If the District assumed that the senior community utilized these facilities in the same proportion of the general public, we could account for an additional \$1 million in senior specific funding.

Findings

FI-01. Seniors in the Camarillo area have less access to congregate meals than those in other areas of the County. (FA-09, FA-10)

Disagree PVRPD is unable to verify if Camarillo seniors have less access to congregate meals within the County however; PVRPD does partner with CHCD to provide a facility that facilitates a Senior Nutrition/Lunch Program (Home Delivery). As part of the MOU between the organizations, CHCD uses the Freedom kitchen three days per week however; PVRPD is able to accommodate that usage five days a week if CHCD has additional resources or needs that warrant the usage. Additionally, there are meals/pantry opportunities within the Camarillo area Monday through Friday (Attachment 3).

FI-02. The CHCD receives less of the available public funding for the congregate program than other service providers in the County. It only applies for funding to cover costs of a once-a-month congregate meal. (FA-08, FA-10, FA-11)

Disagree The Finding is not fact-specific to the Pleasant Valley Recreation and Park District.

FI-03. The senior population of Camarillo has not been formally surveyed to determine its need for a five-day-a-week congregate meal program. (FA-13)

Disagree The Ventura County Area Agency on Aging (VCAAA) did perform a Community Survey (Community Snapshot) specific to Camarillo on March 18, 2015. The Community Snapshot rated “home delivered meals” as the 3rd priority and “having a meal with my friends or others like me” as the 8th priority (Attachment 4). VCAAA Master Strategic Plan for 2016-2020 did a comparison of need identified by consumers compared to professionals. Consumer groups rated “Access to nutritious food; nutrition education and counseling” as the 2nd priority while the professional groups rated “Access to nutritious food; nutrition education and counseling” as the 9th priority (Attachment 5).

FI-04. The City of Camarillo allocates limited General Fund support for senior programs when compared with other cities in the County. (FA-14)

Disagree The Finding is not fact-specific to the Pleasant Valley Recreation and Park District.

FI-05. The City of Camarillo, the Camarillo Health Care District, and the Pleasant Valley Recreation and Park District have not adequately collaborated or coordinated efforts to meet the needs of seniors in Camarillo. (FA-11, FA-19, FA-20, FA-21)

Disagree Pleasant Valley Recreation and Park District has collaborated with the Camarillo Health Care District on the following items:

- General Manager from PVRPD and District CEO from CHCD meet monthly
- PVRPD and CHCD have a current MOU for facility use (3 days per week) related to the Senior Nutrition/Lunch Program (Home Delivery)
- PVRPD and CHCD have hosted the City of Camarillo Council on Aging (CCOA) meetings

Pleasant Valley Recreation and Park District has collaborated with the City of Camarillo on the following items:

- PVRPD collaborates with CCOA on a shared facility use
- PVRPD collaborates with CCOA on the bi-annual Senior Resource Guide
- PVRPD General Manager and the City Manager meet to discuss potential projects

Recommendations

R-01. The Grand Jury recommends that the Camarillo City Council, in conjunction with the Camarillo Council on Aging, conduct a comprehensive formal "needs survey" to determine senior concerns, especially as related to an expanded congregate meal program. (FI-01, FI-02, FI-03, FI-04, FI-05).

Recommendation R-01 is neither warranted nor reasonable. A comprehensive, formal study has been conducted by Ventura County Area Agency on Aging (Master Strategic Plan 2016-2020) with results regarding meals, and nutrition. Conducting a "needs survey" for a restricted segment and scope would be cost-prohibitive and a duplication of services.

R-02. The Grand Jury recommends that the Camarillo City Council, the Board of Directors of the Camarillo Health Care District, and the Board of Directors of the Pleasant Valley Recreation and Park District establish formal and regular communication in order to formulate goals and coordinate resources to meet the needs of the senior population. (FI-05)

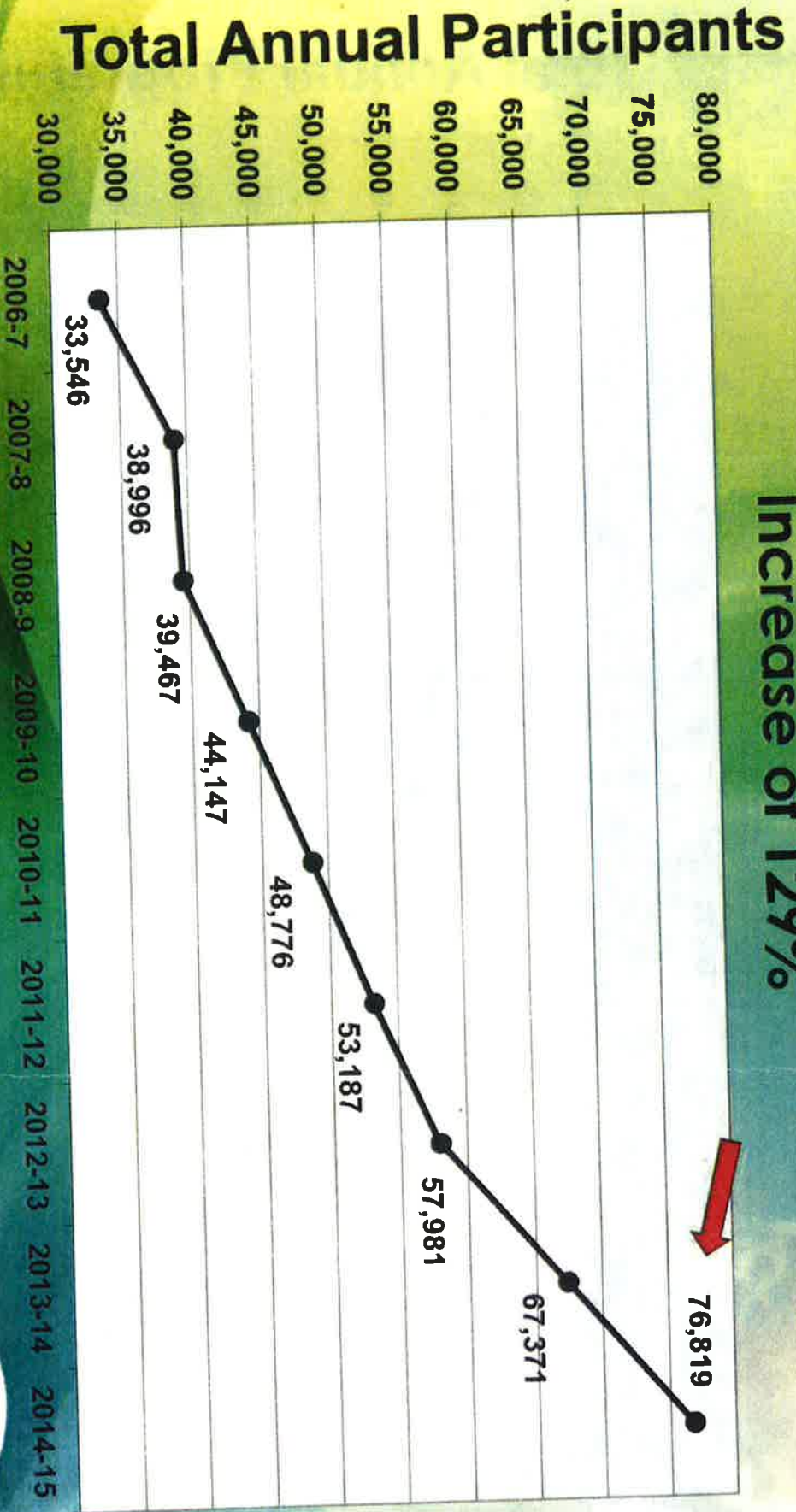
Recommendation R-02 is not warranted at this time as Pleasant Valley Recreation and Park District continues to work with the Camarillo Health Care District as well as the City of Camarillo. As the partnership continues, Pleasant Valley Recreation and Park District will continue to look for meaningful ways to partner with both CHCD and the City as well as other community partners in order to meet the needs of our constituents.

ATTACHMENTS

- 1) PVRPD Senior Numbers (2 pages)
- 2) Meals and Pantry Locations (2 pages)
- 3) VCAAA Community Survey (6 pages)
- 4) Comparison of Needs Identified by Consumers Compared to Professionals (1 page)

Pleasant Valley Senior Center Participants

Increase of 129%



Fiscal Years

www.pvrpd.org

(805) 482-4881

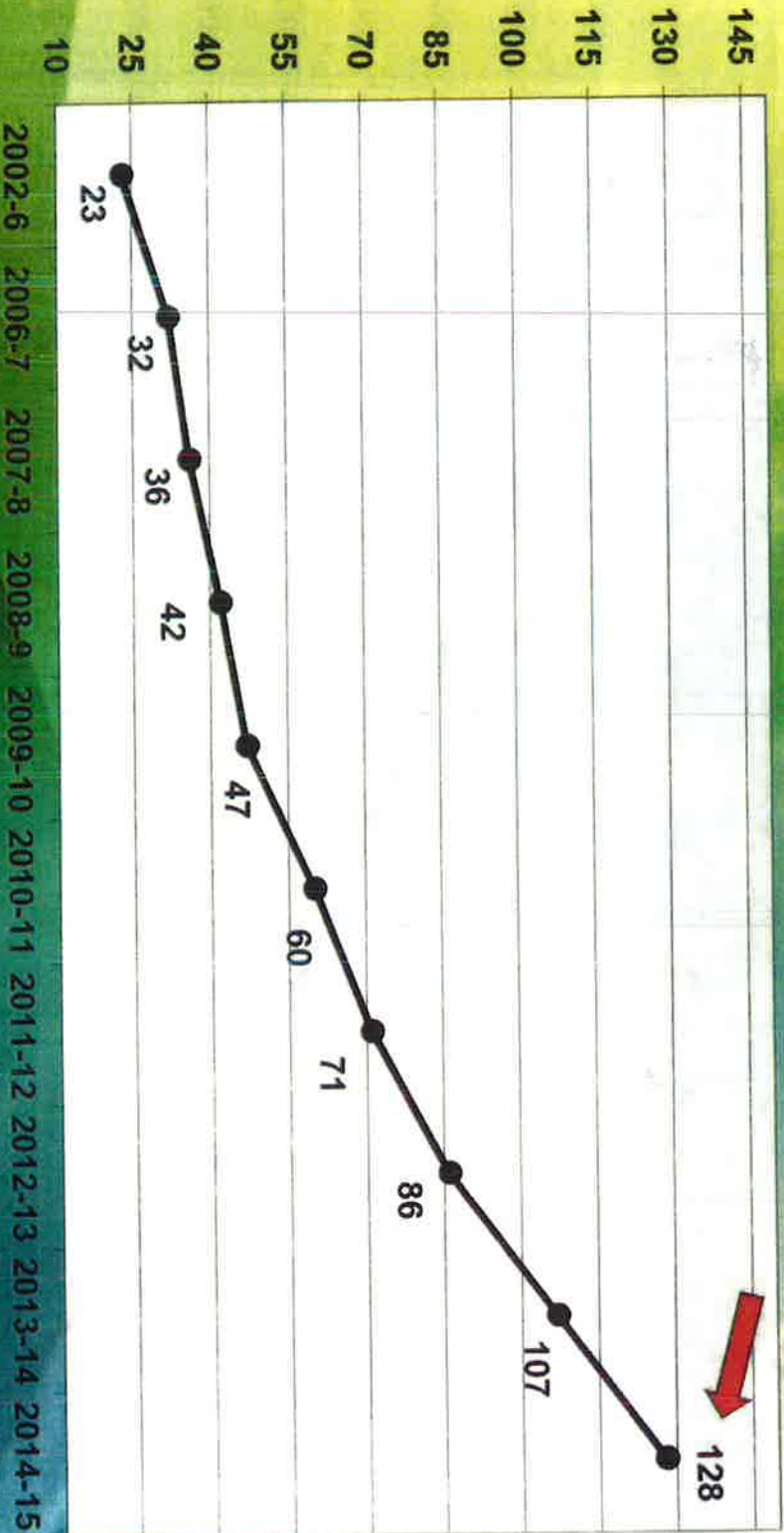


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Pleasant Valley Senior Center Programs

Increase of 456%

Total Annual Programs



Fiscal Years



www.pvrpd.org (916) 482-1996

Meals and Pantry Locations

CAMARILLO AREA RESIDENTS—2016

Notes	Mon	Tue	Wed	Thu	Fri
(M) = Meal (P) = Pantry * Call for criteria	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 -1:30 pm * (P) application required	Pleasant Valley Senior Center \$5 noon 55+ Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Additional Options:</u>	St. Mary Magdalen 5-6:15 pm (M)	Project Hope * 5:30-6:30 (P) 2nd Tues Seventh Day Adventist 4-6 pm (P) Somis Pantry 1-4 pm (P) call ahead	Jubilee Church 12:30 -1:30 pm * (P) application required	Trinity 5-6:15pm (M) (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Shop Ahoy</u> 236-1267 available to deliver groceries	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 -1:30 pm * (P) application required	Apple-A-Day Cafe (M) \$3 donation 11:30 Trinity Presbyterian 5-6:30pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Smile on Seniors (M)</u> Chabad of Camarillo One meal a month; dates vary each month	St. Mary Magdalen 5-6:15 pm (M)	Project Hope * 5:30-6:30 (P) 4th Tues Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 -1:30 pm * (P) application required	Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 -1:30 pm * (P) application required	Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.

See reverse for more details
1/2016

Please contact organization or church for detailed information about their program.

American Legion (Friday, 6:00pm, \$10) 7 Veterans Way, Camarillo, 482-3916 Open to Public

Apple-A-Day Café - Camarillo Health Care District(3rd Thursday 11:30am-, \$3 suggested donation)
3639 E. Las Posas Road, Suite F160/161, Camarillo, CA 93010, 388-1952, ext 100

Camarillo Community Church Food Pantry (Friday 2:00pm-6:45pm – by appointment)
379 Mobil Ave, Camarillo, CA 93010, 402-3887

Camarillo Health Care District, Produce Day, in partnership with FOOD Share
2nd Thursday 11am –1 pm)
3639 E. Las Posas Road Camarillo CA 93010 388-1952 ext 100

Pleasant Valley Senior Center (1st Thursday, Noon, \$5) 55+
1605 Burnley St., Camarillo, CA 93010, 482-4881

FOOD Share 4156 Southbank Rd, Oxnard, CA 93036, 983-7100

Jubilee Church Food Pantry (Wednesday 12:30-1:30pm) Application required
1169 Calle Suerte, Camarillo, CA 93012, 482-5424

Project Hope, St. Columba's Episcopal Church (2nd & 4th Tuesday, 5:30pm-6:30pm)
Camarillo Residents only; Low income
1251 Las Posas Rd., Camarillo, CA 93010, 482-8831

Seventh Day Adventist Food Pantry (Tuesday 4:00-6:00 pm,) For those in need
3975 E. Las Posas Road, Camarillo, CA 93010, 482-4632

Shop Ahoy 236-1267

Shop Ahoy volunteers shop weekly at local Vons stores and then deliver groceries to homes. Groceries are paid for at each individuals expense.

Smile on Seniors

Chabad Jewish Center of Camarillo, Rabbi Yosef Muchnik 5800 Santa Rosa Rd., Ste. 112, 383-7882
Monthly events—call for details

Somis Pantry at Faith Baptist Church (Tuesday, 1:00pm-4:00pm)
3300 West. St, Somis, CA 93066, 818-634-9243 Please call ahead

Spirit of Camarillo-Many Meals of Camarillo (Monday 5:00pm-6:30pm)
St. Magdalen Church Hall, Crestview at Las Posas Road, Camarillo, CA 93010, 388-8742

Spirit of Camarillo-Many Meals of Camarillo (Thursday 5:00pm-6:30pm)
Trinity Presbyterian Church Hall, 2304 Antonio Ave., Camarillo, CA 93010, 384-0414



VCAAA

Community Survey

Initial Report

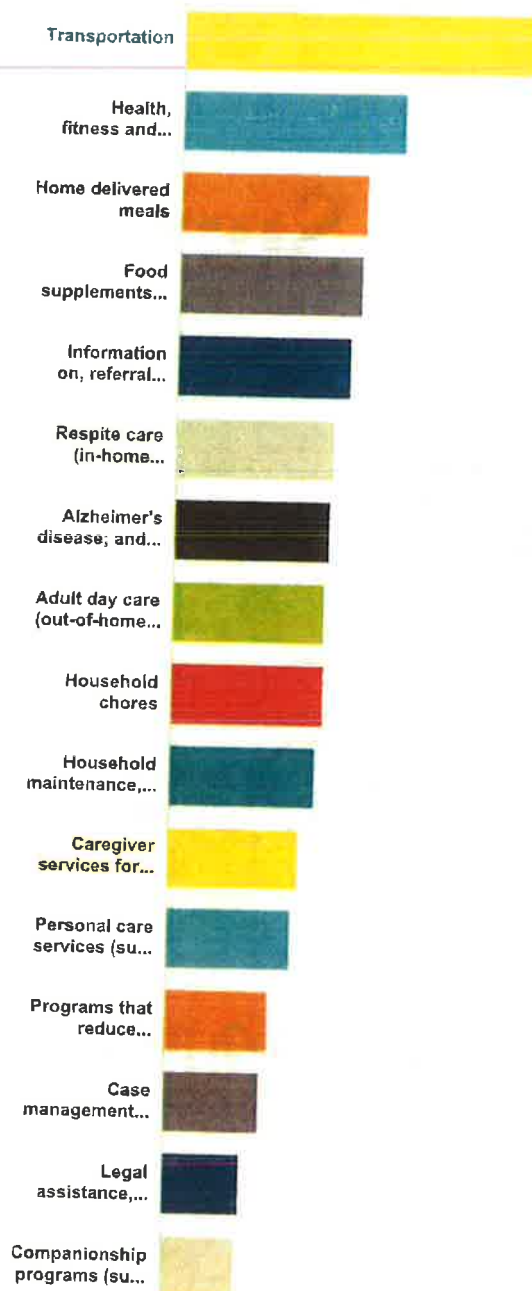
Camarillo Data

March 18, 2015

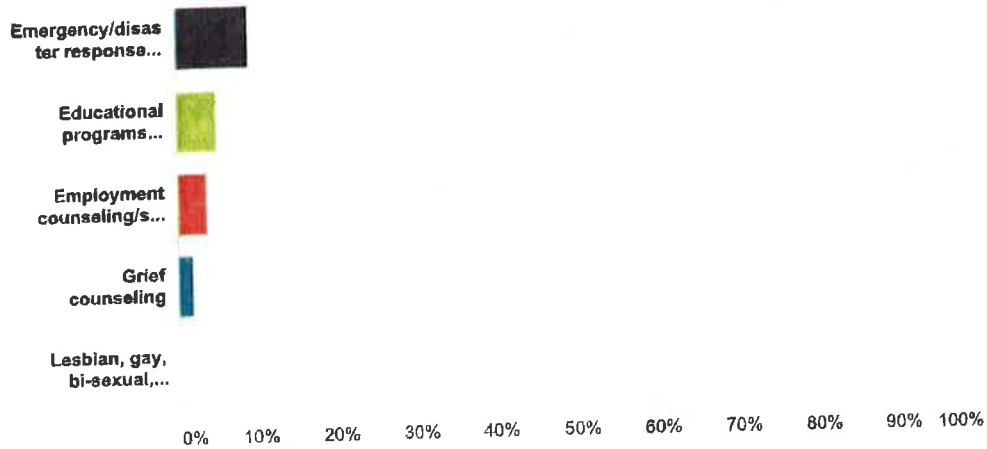
VCAAA Community Snapshot

Q21 In the next 10 years, what do you think the THREE (3) MOST IMPORTANT services will be for Ventura County seniors and persons with disabilities? In other words, if funding is limited, what are the three most important services we should help to provide?

Answered: 255 Skipped: 0



VCAAA Community Snapshot



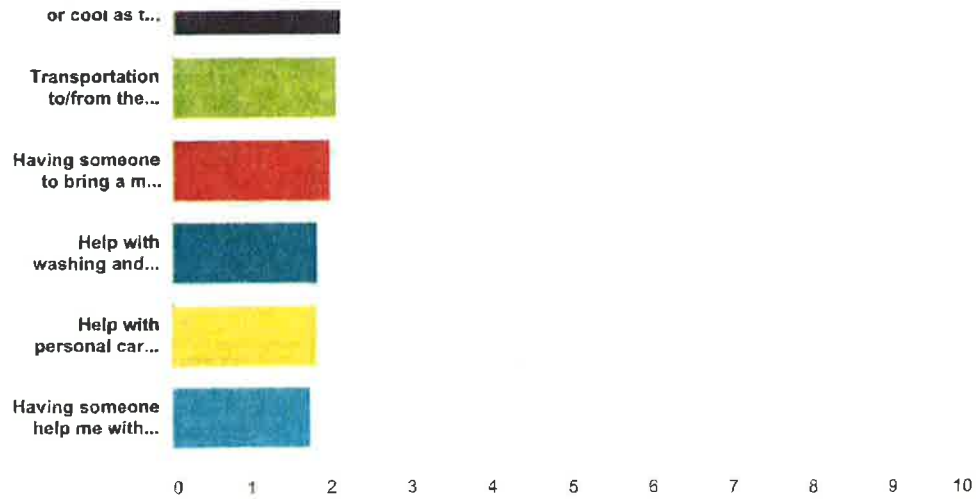
Answer Choices	Percentage	Responses
Transportation	44.31%	113
Health, fitness and recreation programs	28.24%	72
Home delivered meals	23.53%	60
Food supplements (people will need food)	23.14%	59
Information on, referrals for, and how to access services for aging and/or adults with disabilities	21.96%	56
Respite care (in-home services)	20.00%	51
Alzheimer's disease; and related dementia	19.61%	50
Adult day care (out-of-home care)	19.22%	49
Household chores	19.22%	49
Household maintenance, modifications, residential repairs	18.43%	47
Caregiver services for unpaid caregivers (case management, counseling, support groups, training, etc.)	16.47%	42
Personal care services (such as assistance with bathing, dressing, etc.)	15.69%	40
Programs that reduce isolation and loneliness (telephone support, etc.)	12.94%	33
Case management services for older adults/persons with disabilities	12.16%	31
Legal assistance, prevention of elder/finance abuse	9.80%	25
Companionship programs (such as friendly visiting)	9.41%	24
Emergency/disaster response system	9.02%	23
Educational programs (managing finances, optimal aging, etc.)	5.10%	13
Employment counseling/services for older adults and persons with disabilities	3.53%	9
Grief counseling	1.96%	5
Lesbian, gay, bi-sexual, transgender issues unique to aging adults	0.00%	0

Q28 How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle? Please rate your answer: 4 = VERY important; 3 = Somewhat important; 2 = A little important; 1 = NOT important

Answered: 255 Skipped: 0



VCAAA Community Snapshot



	Very important	Somewhat important	A Little Important	Not Important	Total	Weighted Average
Knowing what services are available and how to access them	71.03% 179	19.44% 49	3.97% 10	5.56% 14	252	3.56
Someone to protect my rights, safety, property and dignity	41.70% 103	18.62% 46	16.19% 40	23.48% 58	247	2.79
Preventing falls and other accidents	38.68% 94	19.34% 47	16.05% 39	25.93% 63	243	2.71
Exercising with others like me	30.08% 74	28.05% 69	20.73% 51	21.14% 52	246	2.67
Someone to call when I feel threatened or taken advantage of	34.15% 84	22.76% 56	15.04% 37	28.05% 69	246	2.63
Transportation to the grocery store, doctor's office, pharmacy or other errands	36.00% 90	20.00% 50	12.40% 31	31.60% 79	250	2.60
Help with repairs and maintenance of my home or yard	35.08% 87	19.35% 48	15.32% 38	30.24% 75	248	2.59
Having a meal with my friends or others like me	29.03% 72	26.61% 66	16.53% 41	27.82% 69	248	2.57
Having someone to talk to when I am lonely	27.82% 69	25.81% 64	18.95% 47	27.42% 68	248	2.54
Help keeping my home clean	32.40% 81	19.60% 49	16.00% 40	32.00% 80	250	2.52
A senior center that is close to my home	28.98% 71	22.45% 55	19.59% 48	28.98% 71	245	2.51
Taking part in fun activities (such as crafts, music, games) with others like me	24.49% 60	28.98% 71	18.78% 46	27.76% 68	245	2.50
Help making choices about future medical care and end of life decisions	27.53% 68	25.51% 63	16.60% 41	30.36% 75	247	2.50
Information or help applying for health insurance or prescription coverage	27.16% 66	22.63% 55	18.11% 44	32.10% 78	243	2.45
Information on how to eat healthy	17.34% 43	26.61% 66	22.58% 56	33.47% 83	248	2.28

VCAAA Community Snapshot

Modifications to my home so that I can get around safely	22.04% 54	18.78% 46	20.41% 50	38.78% 95	245	2.24
Keeping warm or cool as the weather changes	17.34% 43	20.16% 50	16.94% 42	45.56% 113	248	2.09
Transportation to/from the senior center	17.07% 42	18.29% 45	16.67% 41	47.97% 118	246	2.04
Having someone to bring a meal to me in my home	15.38% 38	14.98% 37	19.84% 49	49.80% 123	247	1.96
Help with washing and drying my laundry	13.93% 34	13.11% 32	13.93% 34	59.02% 144	244	1.82
Help with personal care or bathing	14.23% 35	12.20% 30	14.23% 35	59.35% 146	246	1.81
Having someone help me with my prescription medicine	11.48% 28	12.70% 31	14.34% 35	61.48% 150	244	1.74

Comparison of Needs Identified by Consumers Compared to Professionals

The survey sent to consumers and professionals asked to them to prioritize the current and projected needs of older adults and their unpaid, informal caregivers. For planning purposes, VCAAA will be focusing on the long-term projected needs (through 2030) expressed by the consumer responders. It is interesting to note the different priority of needs stated by the two groups, as shown in the table below. The most obvious explanation for the differences is the professionals are familiar with and work with individuals who have immediate need for services. In contrast, consumer responders may have no experience seeking assistance or services but can project those needs based upon their own experience. Priorities of both groups are important and will be considered in the planning process. That being stated, VCAAA is mandated to give priority to addressing the needs of the consumers.

TIME FRAME: 2016-2030 AREAS OF NEED	PRIORITIES	
	CONSUMERS	PROFESSIONALS
TRANSPORTATION: Local and out-of-area for trips.	1	6
FOOD: Access to nutritious food; nutrition education and counseling.	2	9
HEALTH, FITNESS AND RECREATION PROGRAMS AND FALL PREVENTION	3	12
FAMILY CAREGIVER SERVICES	4	4
INFORMATION AND REFERRAL	5	16
HOME AND LIFESTYLE: Help with tasks to enable a person to age-in-place and maintain lifestyle.	6	5
PERSONAL CARE: Help with grooming, dressing, feeding, etc.	7	8
CASE MANAGEMENT	8	13
SOCIALIZATION: Programs to prevent isolation, loneliness and that support companionship.	9	14
DISASTER/EMERGENCY PREPAREDNESS	10	
RIGHTS AND SAFETY: Protection of rights, property and dignity; personal safety; prevention of elder abuse.	11	11
EDUCATION: Opportunities for lifelong learning.	12	
EMPLOYMENT: Counseling and services to find employment.	13	
HEALTH & LONG-TERM CARE INSURANCE: Information on/help with applying for health insurance or prescription coverage. Access to affordable health insurance and long-term care insurance.		7
HEALTH CARE: Affordable health and medical services.		2
HOUSING: Affordable housing; rent subsidy for low-income seniors; programs to prevent or cease homelessness of older adults.		1
LONG-TERM CARE: Access and availability of locally affordable long-term care facilities, including facilities dedicated to Alzheimer's patients.		3

