



City of Camarillo

AGENDA REPORT

Date: July 27, 2016 *Aswuloked 10/5/16*
To: Honorable Mayor and Councilmembers
From: Dave Norman, City Manager *[Signature]*
Submitted by: Jeffrie Madland, City Clerk
Subject: **Response to Grand Jury Report on Camarillo Congregate Meal Program**

SUMMARY

The 2015-2016 Ventura County Grand Jury submitted a letter to the City Council enclosing a copy of its Final Report on Camarillo Congregate Meal Program and requesting response.

DISCUSSION

The 2015-2016 Ventura County Grand Jury reviewed senior nutrition programs throughout the County and issued a Final Report entitled, "Camarillo Congregate Meal Program" on May 26, 2016 (attached).

The Report contains five Findings and two Recommendations and requests the City respond to the Report. The City's proposed response is attached.

Pursuant to Penal Code Section 933(c), if the Mayor has any comments regarding the Report in addition to the comments set forth in the proposed Response, then the Mayor may request those comments be included in the proposed Response.

BUDGET IMPACT

None. This item does not require an expenditure of funds. Approval of the Response to the Grand Jury Report has no budget impact to the City.

SUGGESTED ACTION

A motion to authorize the Mayor to execute the Response to the Final Report on Camarillo Congregate Meal Program.

ATTACHMENTS

Response to Grand Jury Report
2015-2016 Grand Jury Report on Camarillo Congregate Meal Program

Finance Review: MVC

Response to Grand Jury Report Form

Report Title: Camarillo Congregate Meal Program

Report Date: May 26, 2016

Response by: Mike Morgan & Camarillo City Council **Title:** Mayor & Council Members

FINDINGS

FI-01 Seniors in the Camarillo area have less access to congregate meals than those in other areas of the County. (FA-09, FA-10)

Response to FI-01: The City of Camarillo (City) disagrees with this finding. In addition to the Camarillo Health Care District's (CHCD) congregate meal and home delivered meal programs, Camarillo seniors have access to multiple food programs (including congregate meals) within the City (see Exhibit A).

FI-02 The CHCD receives less of the available public funding for the congregate program than other service providers in the County. It only applies for funding to cover costs of a once-a-month congregate meal. (FA-08, FA-10, FA-11)

Response to FI-02: The City of Camarillo disagrees with this finding as the facts are not related to the City and the City has no independent knowledge regarding the application process for public funding to support senior meal programs throughout the County.

FI-03 The senior population of Camarillo has not been formally surveyed to determine its need for a five-day-a-week congregate meal program. (FA-13)

Response to FI-03: The City of Camarillo disagrees with this finding. See response to Recommendation R-01 below.

FI-04 The City of Camarillo allocates limited General Fund support for senior programs when compared with other cities in the County. (FA-14)

Response to FI-04: The City of Camarillo disagrees with this finding (see Exhibit B).

FI-05 The City of Camarillo, the Camarillo Health Care District, and the Pleasant Valley Recreation and Park District have not adequately collaborated or coordinated efforts to meet the needs of seniors in Camarillo. (FA-11, FA-19, FA-20, FA-21)

Response to FI-05: The City of Camarillo disagrees with this finding. See response to Recommendation R-02 below.

RECOMMENDATIONS

R-01 The Grand Jury recommends that the Camarillo City Council, in conjunction with the Camarillo Council on Aging, conduct a comprehensive formal "needs survey" to determine senior concerns, especially as related to an expanded congregate meal program. (FI-01, FI-02, FI-03, FI-04, FI-05)

Response to R-01: The City disagrees with this recommendation as not warranted for the following reasons:

The Ventura County Area Agency on Aging (VCAAA) recently surveyed the seniors living within the County to assess senior needs. The survey included questions regarding access to meals, food and nutritional information. The Camarillo Council on Aging (CCOA), in collaboration with the VCAAA, actively worked to ensure the Camarillo community was aware of the survey and had access to it. As a result, 21% of the total responses received were from the Camarillo community.

One of the questions in the survey asked: "How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle?" The survey then listed 22 separate items. Camarillo residents ranked "having a meal with friends or others like me" 8th out of 22; "information on how to eat healthy" ranked 15th out of 22, and "having someone to bring a meal to me in my home" ranked 19th out of 22 (see Exhibit C). Based on these survey results, congregate meals and the availability of food are not priority concerns among the Camarillo seniors that responded to the survey.

R-02 The Grand Jury recommends that the Camarillo City Council, the Board of Directors of the Camarillo Health Care District, and the Board of Directors of the Pleasant Valley Recreation and Park District establish formal and regular communication in order to formulate goals and coordinate resources to meet the needs of the senior population. (FI-05)

Response to R-02: The City disagrees with this recommendation in that regular communication and coordination of efforts already exists between the three agencies as set forth below and the City intends to continue to work collaboratively with the CHCD and PVRPD to best serve the residents within our respective jurisdictions:

- The City has a formal arrangement with CHCD to contribute funding to support CHCD's ongoing meal programs.
- The Camarillo Council on Aging meets on a monthly basis. The CHCD and PVRPD have provided the meeting space for these meetings for many years. On every CCOA agenda there is an item for the CHCD, City, PVRPD and VCAAA to provide an oral update regarding items of interest to the CCOA board.
- The City and CHCD coordinate ADA para-transit services.
- In 2014, the City Council and PVRPD Board held a joint meeting to discuss issues concerning both agencies including senior concerns.
- The directors and staff from all three agencies meet as needed to address issues of interest between agencies.

Date: July 27, 2016

Signed: _____
Mike Morgan, Mayor
City of Camarillo

Number of pages attached: 7

Meals and Pantry Locations

CAMARILLO AREA RESIDENTS—2016

Notes	Mon	Tue	Wed	Thu	Fri
(M) = Meal (P) = Pantry * Call for criteria	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 – 1:30 pm * (P) application required	Pleasant Valley Senior Center \$5 noon 55+ Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Additional Options:</u>	St. Mary Magdalen 5-6:15 pm (M)	Project Hope * 5:30-6:30 (P) 2nd Tues Seventh Day Adventist 4-6 pm (P) Somis Pantry 1-4 pm (P) call ahead	Jubilee Church 12:30 – 1:30 pm * (P) application required	Trinity 5-6:15pm (M) (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Shop Ahoy</u> 236-1267 available to deliver groceries	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 – 1:30 pm * (P) application required	Apple-A-Day Cafe (M) \$3 donation 11:30 Trinity Presbyterian 5-6:30pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
<u>Smile on Seniors (M)</u> Chabad of Camarillo One meal a month; dates vary each month	St. Mary Magdalen 5-6:15 pm (M)	Project Hope * 5:30-6:30 (P) 4th Tues Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 – 1:30 pm * (P) application required	Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.
	St. Mary Magdalen 5-6:15 pm (M)	Seventh Day Adventist 4-6 pm (P)	Jubilee Church 12:30 – 1:30 pm * (P) application required	Trinity Presbyterian 5-6:30 pm (M)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt.

See reverse for more details
1/2016

Please contact organization or church for detailed information about their program.

American Legion (Friday, 6:00pm, \$10) 7 Veterans Way, Camarillo, 482-3916 Open to Public

Apple-A-Day Café - Camarillo Health Care District(3rd Thursday 11:30am-, \$3 suggested donation)
3639 E. Las Posas Road, Suite F160/161, Camarillo, CA 93010, 388-1952, ext 100

Camarillo Community Church Food Pantry (Friday 2:00pm-6:45pm – by appointment)
379 Mobil Ave, Camarillo, CA 93010, 402-3887

Camarillo Health Care District, Produce Day, in partnership with FOOD Share
2nd Thursday 11am –1 pm)
3639 E. Las Posas Road Camarillo CA 93010 388-1952 ext 100

Pleasant Valley Senior Center (1st Thursday, Noon, \$5) 55+
1605 Burnley St., Camarillo, CA 93010, 482-4881

FOOD Share 4156 Southbank Rd, Oxnard, CA 93036, 983-7100

Jubilee Church Food Pantry (Wednesday 12:30-1:30pm) Application required
1169 Calle Suerte, Camarillo, CA 93012, 482-5424

Project Hope, St. Columba's Episcopal Church (2nd & 4th Tuesday, 5:30pm-6:30pm)
Camarillo Residents only; Low income
1251 Las Posas Rd., Camarillo, CA 93010, 482-8831

Seventh Day Adventist Food Pantry (Tuesday 4:00-6:00 pm,) For those in need
3975 E. Las Posas Road, Camarillo, CA 93010, 482-4632

Shop Ahoy 236-1267

Shop Ahoy volunteers shop weekly at local Vons stores and then deliver groceries to homes. Groceries are paid for at each individuals expense.

Smile on Seniors

Chabad Jewish Center of Camarillo, Rabbi Yosef Muchnik 5800 Santa Rosa Rd., Ste. 112, 383-7882
Monthly events—call for details

Somis Pantry at Faith Baptist Church (Tuesday, 1:00pm-4:00pm)
3300 West. St, Somis, CA 93066, 818-634-9243 Please call ahead

Spirit of Camarillo-Many Meals of Camarillo (Monday 5:00pm-6:30pm)
St. Magdalen Church Hall, Crestview at Las Posas Road, Camarillo, CA 93010, 388-8742

Spirit of Camarillo-Many Meals of Camarillo (Thursday 5:00pm-6:30pm)
Trinity Presbyterian Church Hall, 2304 Antonio Ave., Camarillo, CA 93010, 384-0414

1/2016



City of Camarillo Services & Funding Supporting Seniors

Camarillo's local government structure is unique within the County of Ventura in that there are several separate entities which receive property tax revenue and provide separate and distinct services to residents within their respective jurisdictions (which is also unique by district).

Camarillo Health Care District provides health services and health education programs.

Pleasant Valley Recreation and Park District provides recreational services and programming, operates the Senior Center, and maintains its community parks throughout the City.

Pleasant Valley School District and Oxnard Union High School District provide public education.

City of Camarillo provides community planning and building & safety services, public roads and landscaping, utilities (water, sewer, trash), public safety, operates the Camarillo Public Library, and maintains two public parks and one open space area. Information regarding City services and funding specifically supporting seniors follows:

HOUSING

The City has several senior restricted housing communities: Leisure Village, Rancho Adolfo Mobile Home Estates, Camarillo Spring Mobile Home Village, Camarillo Mobile Home Park, and Casa del Norte Mobile Home Park. These communities provide 2,917 units for seniors. The City strongly supports the development of affordable housing for low income residents, many of which are seniors. There are also three apartment complexes containing 412 units under affordability programs restricted to those 55 and over. In addition, the City Council has approved one senior housing development which will provide 104 units (soon to be constructed). Furthermore, there are seven apartment complexes within the City; a percentage of the units within each complex are subject to affordability programs.

NUTRITION

- Funding for Nutrition Program FY 2016/17 \$37,000 – meals provided by Camarillo Health Care District in coordination through Pleasant Valley Recreation and Park District.

TRANSIT

All transit fees for senior riders are charged at significantly lower amounts than the general public or comparable taxi services.

- General Public Dial-a-Ride, curb to curb service – cost to seniors \$1.50 each way
- Fixed Route Service – cost to seniors \$.50 each way
- Regional ADA/Senior Service - \$4.50 West County round trip, \$10.00 East County round trip
- Tuesday Leisure Village Shopper Shuttle – cost \$1.00 round trip
- Wednesday Mira Vista Shopper Shuttle – cost \$1.00 round trip
- Trolley Service – no cost

UTILITIES

- Low-income senior subsidy program for both water and sewer bills



City of Camarillo Services & Funding Supporting Seniors

LIBRARY

The Camarillo Public Library provides various programs throughout the month that are targeted for seniors and offered free of charge including:

- Homebound Program and Book Club - Delivery of materials to Camarillo senior residents living in Retirement Facilities who are no longer physically able to visit the library.
- Music and movie programs, and educational programs including presentations on effective Medicare use, Social Security options, and Estate Planning.
- Tech Help – Assistance with PCs and various devices on Tuesdays & Sundays, 2-3 p.m.; Computer and genealogical database classes.

PUBLIC SAFETY

The City of Camarillo commits approximately 60% of its General Fund (almost \$16.9 million in the FY 2016/17 budget) on public safety to safeguard lives and property, and to respond to public concerns in a manner which promotes a community free from the fear of crime. The Camarillo Police Department's Community Resource Unit and Traffic Bureau provide the following senior programs:

- Quarterly ID theft presentations at the Camarillo Health Care District and the Senior Center with additional presentations at Alma Via, Via Montoya, Ventura County Adult Abuse Prevention Council on fraud, scams and identity theft.
- Prescription drug collection available at the Police Department all year and at Leisure Village twice a year.
- Issue Adults at risk identification cards and provide search services to assist in locating lost seniors
- Neighborhood watch programs, including Leisure Village
- Senior Traffic Classes to commence summer or early fall of 2015 at Leisure Village
- Manage, train and supervise the City's Disaster Assistance Response Team (20 members) and the Citizen Patrol Members (which is a group of approximately 28 community volunteers who are all themselves seniors).
- Provide vacation home checks

OTHER FUNDING

- Senior Resource Guide – printing cost \$4,000
- Provides staff support to the Camarillo Council on Aging
- CDBG funding 2016/2017:

Housing Rehabilitation Program \$183,000 – provides rehabilitation loans to low-income residents.

Long Term Care Ombudsman \$7,300 – assures the highest quality of life and care possible for our elderly in long term care facilities throughout Ventura County.

OASIS \$4,500 – provides assistance to the elderly by providing assessment, care planning and referral to social service agencies.

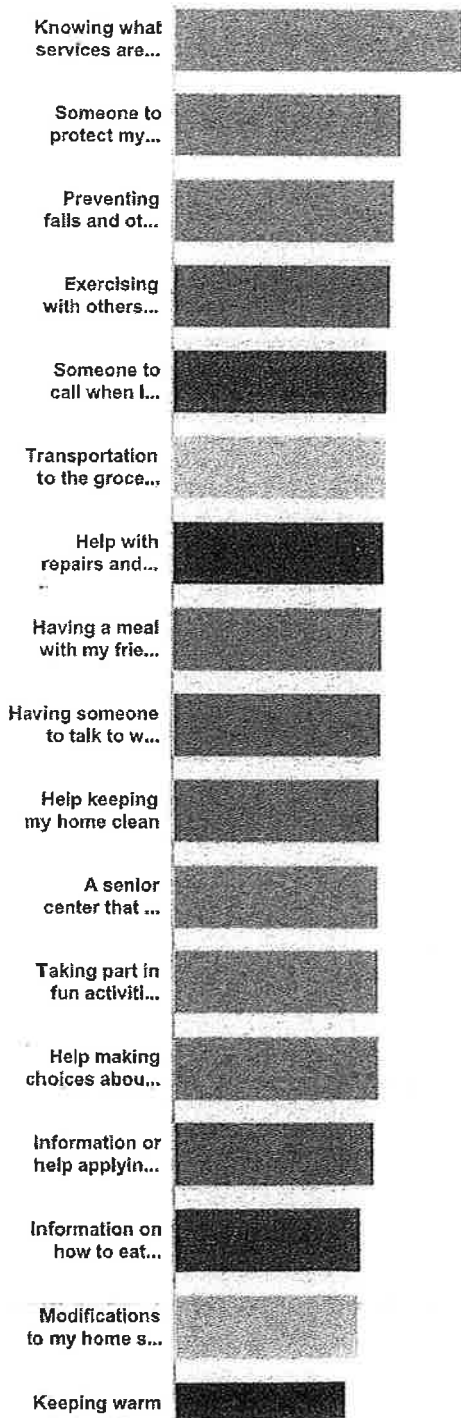
Livingston Memorial Visiting Nurse Association \$4,200 – provides home health care, compassionate hospice, and vital personal assistance.

Caregivers \$2,000 – provides in-home assistance and companionship for isolated, homebound, frail seniors to alleviate loneliness and enhance independence and quality of life.

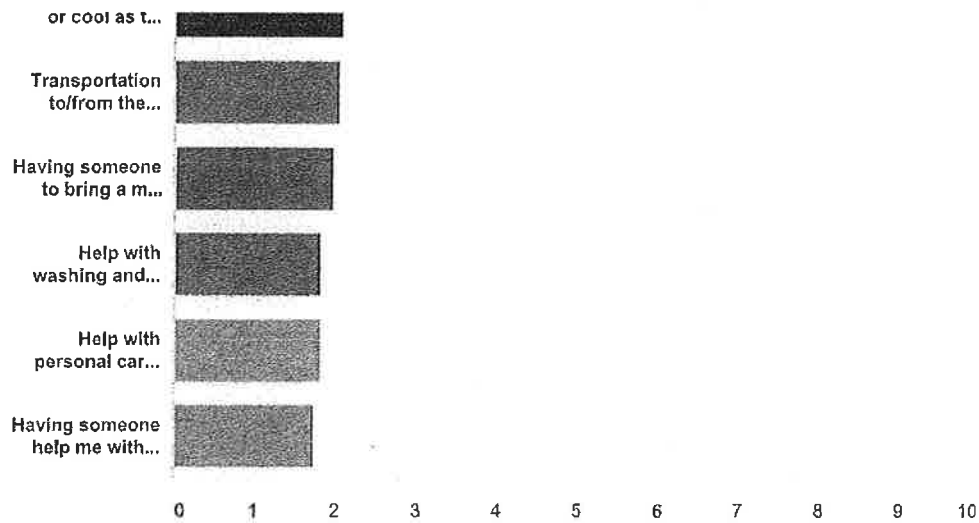
VCAAA Community Snapshot

Q28 How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle? Please rate your answer: 4 = VERY important; 3 = Somewhat important; 2 = A little important; 1 = NOT important

Answered: 255 Skipped: 0



VCAAA Community Snapshot



	Very important	Somewhat important	A Little important	Not important	Total	Weighted Average
Knowing what services are available and how to access them	71.03% 179	19.44% 49	3.97% 10	5.56% 14	252	3.56
Someone to protect my rights, safety, property and dignity	41.70% 103	18.62% 46	16.19% 40	23.48% 58	247	2.79
Preventing falls and other accidents	38.68% 94	19.34% 47	16.05% 39	25.93% 63	243	2.71
Exercising with others like me	30.08% 74	28.05% 69	20.73% 51	21.14% 52	248	2.67
Someone to call when I feel threatened or taken advantage of	34.15% 84	22.76% 56	15.04% 37	28.05% 69	246	2.63
Transportation to the grocery store, doctor's office, pharmacy or other errands	36.00% 90	20.00% 50	12.40% 31	31.60% 79	250	2.60
Help with repairs and maintenance of my home or yard	35.08% 87	19.35% 48	15.32% 38	30.24% 75	248	2.59
* Having a meal with my friends or others like me	29.03% 72	26.61% 66	16.53% 41	27.82% 69	248	2.57
Having someone to talk to when I am lonely	27.82% 69	25.81% 64	18.95% 47	27.42% 68	248	2.54
Help keeping my home clean	32.40% 81	19.60% 49	16.00% 40	32.00% 80	250	2.52
A senior center that is close to my home	28.98% 71	22.45% 55	19.59% 48	28.98% 71	245	2.51
Taking part in fun activities (such as crafts, music, games) with others like me	24.49% 60	28.98% 71	18.78% 46	27.76% 68	245	2.50
Help making choices about future medical care and end of life decisions	27.53% 68	25.51% 63	16.60% 41	30.36% 75	247	2.50
Information or help applying for health insurance or prescription coverage	27.16% 66	22.63% 55	18.11% 44	32.10% 78	243	2.45
* Information on how to eat healthy	17.34% 43	26.61% 66	22.58% 56	33.47% 83	248	2.28

VCAAA Community Snapshot

Modifications to my home so that I can get around safely	22.04% 54	18.78% 46	20.41% 50	38.78% 95	245	2.24
Keeping warm or cool as the weather changes	17.34% 43	20.16% 50	16.94% 42	45.56% 113	248	2.09
Transportation to/from the senior center	17.07% 42	18.29% 45	16.67% 41	47.97% 118	246	2.04
* Having someone to bring a meal to me in my home	15.38% 38	14.98% 37	19.84% 49	49.80% 123	247	1.96
Help with washing and drying my laundry	13.93% 34	13.11% 32	13.93% 34	59.02% 144	244	1.82
Help with personal care or bathing	14.23% 35	12.20% 30	14.23% 35	59.35% 146	246	1.81
Having someone help me with my prescription medicine	11.48% 28	12.70% 31	14.34% 35	61.48% 150	244	1.74