



CAMARILLO HEALTH CARE DISTRICT

For your health & wellness

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AUG 02 2016

VENTURA COUNTY
GRAND JURY

June 14, 2016

The Honorable Donald D. Coleman
Presiding Judge, Superior Court of California
County of Ventura
800 S. Victoria Avenue
Ventura, CA 93009

Dear Honorable Coleman;

Enclosed please find a copy of the Camarillo Health Care District's formal response as requested by the Ventura County Civil Grand Jury (VCCGJ), regarding the report titled "Camarillo Congregate Meal Program 2015/16"

Although responses are requested for **Findings and Recommendations** only, it is necessary to correct some of the VCCGJ's stated **Facts**. Those corrections are also included in the response. As the initial invitation from the VCCGJ was presented as a "*general interview about Camarillo Health Care District programs and services*", it was disappointing to hear, upon arrival, that the VCCGJ was actually conducting an investigation specifically about the operational, congregate portion of the Senior Nutrition Program.

The District remains available to you on this matter.

Respectfully,

Rodger Brown, MBA
President, Board of Directors
Camarillo Health Care District

AUG 02 2016

Response to Grand Jury Report Form 2016

VENTURA COUNTY
GRAND JURY

Report Title: Camarillo Congregate Meal Program
Report Date: May 26, 2016
Response By: Camarillo Health Care District Title: Board of Directors

FACTS

- I (We) disagree wholly or partially with the facts numbered: FA-01, FA-04, FA-07, FA-11
(Attach a statement specifying any portions of the findings that are disputed; include an explanation of the reasons therefor.)

FA-01: "The Camarillo Health Care District (CHCD)...provides services and program for residents 60 years of age and older."

DISAGREE: The CHCD disagrees with this fact as the CHCD provides a broad variety of direct client services for clients of all ages.

FA-04: "...It provides a variety of service to seniors and their caregivers including..."

DISAGREE: The CHCD disagrees with this fact as the CHCD provides a broad variety of direct client services for clients of all ages.

FA-07: "The City of Camarillo has no formal relationship with the CHCD and the PVRPD"

DISAGREE: The CHCD disagrees with this fact as the City of Camarillo and the CHCD have a long-standing, formal agreement to support partial funding of the Senior Nutrition Program.

FA-11: "From 2005-2012, the CHCD and PVRPD had a Memorandum of Understanding for serving a congregated meal to seniors four days a week. The CHCD provided staff and services; the PVRPD provided facilities"

DISAGREE: The CHCD disagrees with this fact as the CHCD and the PVRPD continue to collaborate and cooperate under formal Memorandum of Understanding for facility use in the Senior Nutrition Program.

FINDINGS

- I (We) disagree wholly or partially with the findings numbered: FI-01, FI-02, FI-03, FI-04, FI-05
(Attach a statement specifying any portions of the findings that are disputed; include an explanation of the reasons therefor.)

FI-01: "Seniors in the Camarillo area have less access to congregated meals than those in other areas of the County"

DISAGREE: The CHCD disagrees with this finding as, in addition to the supplemental Senior Nutrition Programs (home-delivered and congregated) offered by the

CHCD, additional congregate or community meal/pantry opportunities are available Monday through Friday at a variety of locations.
(ATTACHMENT A)

FI-02: (A) *"The CHCD receives less of the available public funding for the congregate program than other service providers in the County. (B) It only applies for funding to cover the costs of a once-a-month congregate meal"*

DISAGREE: The CHCD disagrees with this finding as follows:

(A) The CHCD applies to the VCAA for Title IIIC (c-1, c-2) federal funding of the Senior Nutrition Program. The CHCD is unaware of additional public entities acting as fiduciary agents to provide Title IIIC funding support for the Senior Nutrition Program.

(B) The CHCD conducts the congregate meal program once a month as home-delivered meals continue to be the majority need in the Camarillo service area. As defined by the Title IIIC funding guidelines, home-bound residents are assessed as unable to procure or prepare food on their own; 97% of all Senior Nutrition Program meals served by the CHCD are home-delivered meals. A variety of food sites and food opportunities remain available for mobile residents to receive supplemental nutrition. (ATTACHMENT A)

FI-03: *"The senior population of Camarillo has not been formally surveyed to determine its need for a five-day-a week congregate meal program"*

DISAGREE: The CHCD disagrees with this finding, as the Ventura County Area Agency on Aging recently completed a Master Strategic Plan 2016-2020, addressing this issue with the following results:

- Consumers Group: rated "Access to nutritious food; nutrition education and counseling" as 2nd priority (ATTACHMENT B)
- Professionals Group: rated "Access to nutritious food; nutrition education and counseling" as 9th priority (ATTACHMENT B)
- When asked "In the next 10 years, what do you think the THREE (3) MOST IMPORTANT services will be for Ventura County seniors and persons with disabilities?" the response as recorded in the VCAA Community Snapshot rated "home-delivered meals" as 3rd priority out of 21. (ATTACHMENT C)
- When asked "How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle", the response as recorded in the VCAA Community Snapshot rated "having a meal with my friends or others like me" as 8th priority out of 22; and rated "information on how to eat healthy" as 15th priority out of 22. (ATTACHMENT D)

FI-04: *"The City of Camarillo allocates limited General Fund support for senior programs when compared with other cities in the County."*

DISAGREE: This finding is not fact-specific to the CHCD.

FI-05: *"The City of Camarillo, the Camarillo Health Care District, and the Pleasant Valley Recreation and Park District have not adequately collaborated or coordinated efforts to meet the needs of seniors in Camarillo."*

DISAGREE: The CHCD disagrees with this finding, as through the years, the CHCD has enjoyed a long history of collaborative and/or coordinated efforts with both entities. The following abbreviated list describes some of those efforts, both current and past:

- Both the Camarillo City Manager and the PVRPD District General Manager are members of the District's Community Advisory Panel *"designed to... offer their invaluable perspective and guidance in meeting the needs of the community"*
- PVRPD District General Manager and District CEO meet monthly
- Camarillo City Council continues to allocate funding to the Senior Nutrition Program (since 2006/07)
- The CHCD and the PVRPD continue under formal MOU for facility use in the Senior Nutrition Program
- CHCD currently serves as Chair of the City of Camarillo's Council on Aging (CCOA); CHCD Board President Chaired CCOA in the past; CHCD has been an active member of CCOA for at least the past ten years
- Representatives from each entity are included as CCOA agenda items and present updates of interest to the CCOA Board
- The CHCD has hosted CCOA meetings and county-wide CCOA meetings

RECOMMENDATIONS

- Recommendations numbered R-01, R-02 will not be implemented because they are not warranted or are not reasonable. *(Attach an explanation.)*

R-01: *"The Grand Jury recommends that the Camarillo City Council, in conjunction with the Camarillo Council on Aging, conduct a comprehensive formal "needs survey" to determine senior concerns, especially as related to an expanded congregate meal program"(FI-01, 02, 03, 04, 05)*

NOT
WARRANTED:

As discussed in FI-03, a recent, comprehensive, formal study (*Ventura County Area Agency on Aging Master Strategic Plan 2016-2020*) has been conducted, with results regarding meals, nutrition, and access to nutrition education, as follows:

- Consumers Group: rated *"Access to nutritious food; nutrition education and counseling"* as 2nd priority (ATTACHMENT B)
- Professionals Group: rated *"Access to nutritious food; nutrition education and counseling"* as 9th priority (ATTACHMENT B)
- When asked *"In the next 10 years, what do you think the THREE (3) MOST IMPORTANT services will be for Ventura County seniors and persons with disabilities?"* the recorded response in the VCAAA Community Snapshot rated "home-

- *delivered meals*” as 3rd priority out of 21. (ATTACHMENT C)
- When asked “*How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle*”, the recorded response in the VCAAA Community Snapshot rated “*having a meal with my friends or others like me*” as 8th priority out of 22; and rated “*information on how to eat healthy*” as 15th priority out of 22. (ATTACHMENT D)

R-02: “The Grand Jury recommends that the Camarillo City Council, the Board of Directors of the Camarillo Health Care District, and the Board of Directors of the Pleasant Valley Recreation and Park District establish formal and regular communication in order to formulate goals and coordinate resources to meet the needs of the senior population.” FI-05

NOT WARRANTED: The CHCD continues to enjoy a long history of collaborative and/or coordinated efforts with both the City of Camarillo and the Pleasant Valley Recreation and Park District. The CHCD remains an active community partner and is committed to evaluating emerging opportunities. Please refer to the response for FI-05.

Date: 2/22/16 Signed: 

Number of pages attached _____

ATTACHMENTS:

- A: Meals and Pantry Locations
- B: Needs Comparison: Consumers versus Professionals
- C: VCAAA Community Survey Snapshot; Home-delivered meals
- D: VCAAA Community Survey Snapshot; Having a meal with friends/Info on how to eat healthy

Meals and Pantry Locations

CAMARILLO AREA RESIDENTS—2016

Notes	Mon	Tue	Wed	Thu	Fri
(M) = Meal (P) = Pantry <i>* Call for criteria</i>	St. Mary Magdalen 5-6:30 pm (M)	Seventh Day Adventist 4-6 pm (P) 2nd Tues *USDA	Jubilee Church 1:15 -2:15 pm * (P) application required True Life Church (P) 4:30 pm - 6:00 pm	Pleasant Valley Senior Center 55 noon - 50 Trinity Presbyterian 5-6:30 pm (M) Project Hope * 5:00-6:00 (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt
<u>Additional Options:</u>	St. Mary Magdalen 5-6:30 pm (M)	Seventh Day Adventist 4-6 pm (P) 2nd Tues *USDA Somis Pantry 1-4 pm (P) call ahead	Jubilee Church 1:15 -2:15 pm * (P) application required True Life Church (P) 4:30 pm -6:00 pm	Trinity 5-6:15pm (M) (P) Produce Day 11:00 am--- 1:00 pm Project Hope * 5:00-6:00 (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt
<i>Shop Ahoy</i> 236-1267 <i>available to deliver groceries</i>	St. Mary Magdalen 5-6:30 pm (M)	Seventh Day Adventist 4-6 pm (P) 2nd Tues *USDA	Jubilee Church 1:15 -2:15 pm * (P) application required True Life Church (P) 4:30 pm -6:00 pm	Apple-A-Day Cafe (M) \$4 donation 11:30 Trinity Presbyterian 5-6:30pm (M) Project Hope * 5:00-6:00 (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt
<i>Smile on Seniors (M)</i> <i>Chabad of Camarillo</i> <i>One meal on month; dates vary each month</i>	St. Mary Magdalen 5-6:30 pm (M)	Seventh Day Adventist 4-6 pm (P) 2nd Tues *USDA	Jubilee Church 1:15 -2:15 pm * (P) application required True Life Church (P) 4:30 pm - 6:00 pm	Trinity Presbyterian 5-6:30 pm (M) Project Hope * 5:00-6:00 (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt
<i>FOOD Share</i> 983-7100	St. Mary Magdalen 5-6:30 pm (M)	Seventh Day Adventist 4-6 pm (P) 2nd Tues *USDA	Jubilee Church 1:15 -2:15 pm * (P) application required True Life Church (P) 4:30 pm -6:00 pm	Trinity Presbyterian -6:30 pm (M) Project Hope * 5:00-6:00 (P)	American Legion \$10 6 pm (M) Camarillo Community Church 2-6:45 pm (P) by appt

See reverse for more details

Please contact organization or church for detailed information about their program.

American Legion (Friday, 6:00 pm, \$10) 7 Veterans Way, Camarillo, 482-3916

Apple-A-Day Café, Camarillo Health Care District (2nd Thursday, 11:30 am, \$3 suggested donation)
3639 Las Posas Road., Camarillo, CA 93010, 388-1952 ext. 100

Camarillo Community Church Food Pantry (Friday 2:00pm-6:45 pm – by appointment)
379 Mobil Ave, Camarillo, CA 93010, 402-3887

Camarillo Health Care District, Produce Day, in partnership with FOOD Share (2nd Thursday, 11:00 am– 1:00 pm)
3639 E. Las Posas Road, Camarillo, CA 93010, 388-1952, ext 100

FOOD Share 4156 Southbank Rd., Oxnard, CA 93036, 983-7100

Jubilee Church Food Pantry (Wednesday & Sunday 1:15pm-2:15 pm)
1169 Calle Suerte, Camarillo, CA 93012, 482-5424

Pleasant Valley Senior Center (1st Thursday, Noon, \$5) 50+
1605 Burnley St., Camarillo, CA 93010, 482-4881

Seventh Day Adventist Food Pantry (Tuesday 4:00 pm-6:00 pm)
3975 E. Las Posas Rd, Camarillo, CA 93010, 482-4632

Shop Ahoy 236-1267

Shop Ahoy volunteers shop weekly; deliver groceries to homes. Groceries are paid for at each individual's expense.

Smile on Seniors

Chabad Jewish Center of Camarillo, 5800 Santa Rosa Rd., Ste. 112, Rabbi Aryeh Lang, 383-7882
Monthly events—call for details

Somis Pantry at Faith Baptist Church (2nd Tuesday, 1:00pm-4:00pm)
3300 West. St, Somis, CA 93066, 818-634-9243

Spirit of Camarillo-Many Meals of Camarillo & Food Pantry (Monday 5:00 pm-6:30 pm)
St. Mary Magdalen Church Hall, Crestview at Las Posas Rd, Camarillo, CA 93010, 388-8742

Spirit of Camarillo-Many Meals of Camarillo & Food Pantry (Thursday 5:00 pm-6:30 pm)
Trinity Presbyterian Church Hall, 2304 Antonio Ave., Camarillo, CA 93010, 384-0414

St. Columba's Project Hope Food Pantry (Thursday 5:00 pm-6:00 pm)
1251 Las Posas Rd, Camarillo, CA 93010, 482-8831

True Life Church—Squad Mission Possible (Wednesday 4:30 pm -6:00 pm)
2574 Barry St. Camarillo, CA 93010, 530-6055

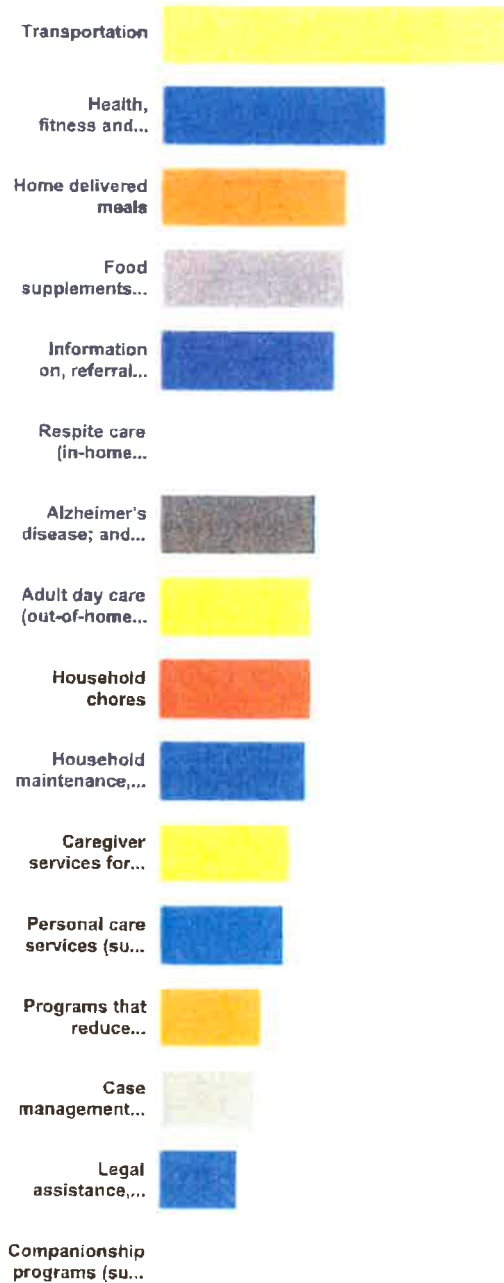
Comparison of Needs Identified by Consumers Compared to Professionals

The survey sent to consumers and professionals asked to them to prioritize the current and projected needs of older adults and their unpaid, informal caregivers. For planning purposes, VCAAA will be focusing on the long-term projected needs (through 2030) expressed by the consumer responders. It is interesting to note the different priority of needs stated by the two groups, as shown in the table below. The most obvious explanation for the differences is the professionals are familiar with and work with individuals who have immediate need for services. In contrast, consumer responders may have no experience seeking assistance or services but can project those needs based upon their own experience. Priorities of both groups are important and will be considered in the planning process. That being stated, VCAAA is mandated to give priority to addressing the needs of the consumers.

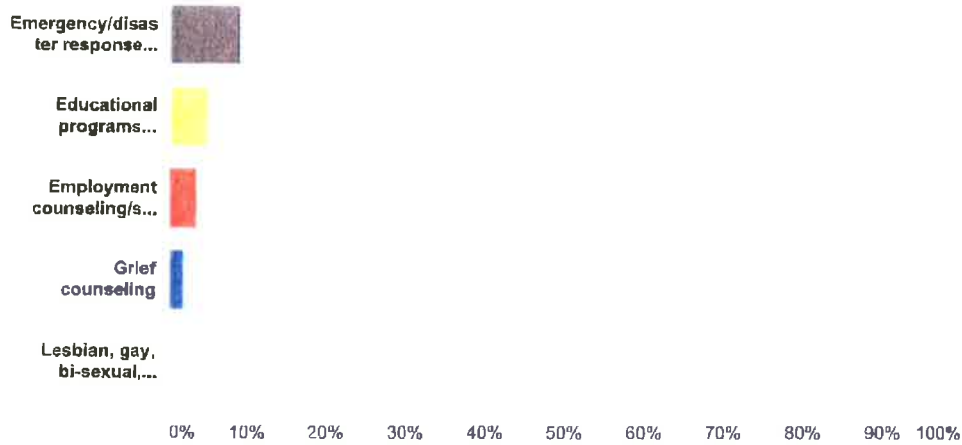
TIME FRAME: 2016-2030 AREAS OF NEED	PRIORITIES	
	CONSUMERS	PROFESSIONALS
TRANSPORTATION: Local and out-of-area for trips.	1	6
FOOD: Access to nutritious food; nutrition education and counseling.	2	9
HEALTH, FITNESS AND RECREATION PROGRAMS AND FALL PREVENTION	3	12
FAMILY CAREGIVER SERVICES	4	4
INFORMATION AND REFERRAL	5	16
HOME AND LIFESTYLE: Help with tasks to enable a person to age-in-place and maintain lifestyle.	6	5
PERSONAL CARE: Help with grooming, dressing, feeding, etc.	7	8
CASE MANAGEMENT	8	13
SOCIALIZATION: Programs to prevent isolation, loneliness and that support companionship.	9	14
DISASTER/EMERGENCY PREPAREDNESS	10	
RIGHTS AND SAFETY: Protection of rights, property and dignity; personal safety; prevention of elder abuse.	11	11
EDUCATION: Opportunities for lifelong learning.	12	
EMPLOYMENT: Counseling and services to find employment.	13	
HEALTH & LONG-TERM CARE INSURANCE: Information on/help with applying for health insurance or prescription coverage. Access to affordable health insurance and long-term care insurance.		7
HEALTH CARE: Affordable health and medical services.		2
HOUSING: Affordable housing; rent subsidy for low-income seniors; programs to prevent or cease homelessness of older adults.		1
LONG-TERM CARE: Access and availability of locally affordable long-term care facilities, including facilities dedicated to Alzheimer's patients.		3

VCAAA Community Snapshot

Q21 In the next 10 years, what do you think the THREE (3) MOST IMPORTANT services will be for Ventura County seniors and persons with disabilities? In other words, if funding is limited, what are the three most important services we should help to provide?



VCAAA Community Snapshot



Answer Choices

Responses

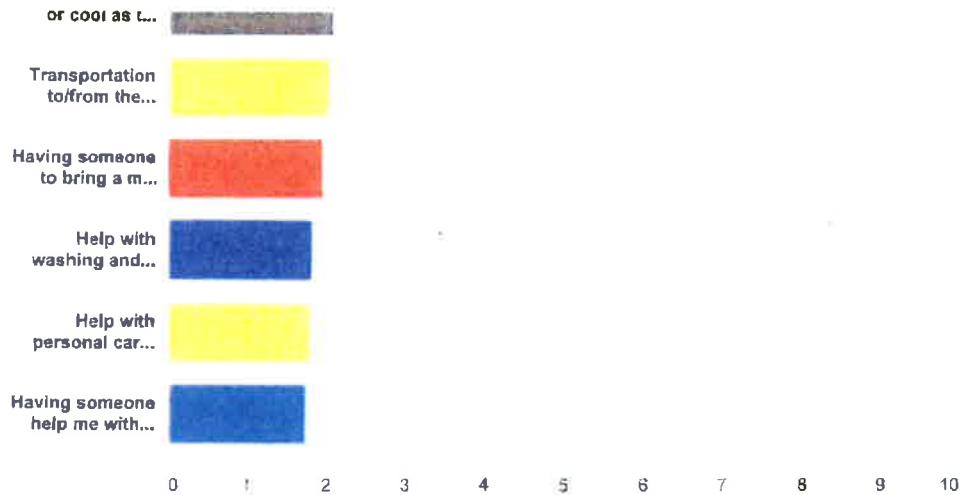
Answer Choices	Percentage	Count
Transportation	44.31%	113
Health, fitness and recreation programs	28.24%	72
Home delivered meals	23.53%	60
Food supplements (people will need food)	23.14%	59
Information on, referrals for, and how to access services for aging and/or adults with disabilities	21.96%	56
Respite care (in-home services)	20.00%	51
Alzheimer's disease; and related dementia	19.61%	50
Adult day care (out-of-home care)	19.22%	49
Household chores	19.22%	49
Household maintenance, modifications, residential repairs	18.43%	47
Caregiver services for unpaid caregivers (case management, counseling, support groups, training, etc.)	16.47%	42
Personal care services (such as assistance with bathing, dressing, etc.)	15.69%	40
Programs that reduce isolation and loneliness (telephone support, etc.)	12.94%	33
Case management services for older adults/persons with disabilities	12.16%	31
Legal assistance, prevention of elder/finance abuse	9.80%	25
Companionship programs (such as friendly visiting)	9.41%	24
Emergency/disaster response system	9.02%	23
Educational programs (managing finances, optimal aging, etc.)	5.10%	13
Employment counseling/services for older adults and persons with disabilities	3.53%	9
Grief counseling	1.96%	5
Lesbian, gay, bi-sexual, transgender issues unique to aging adults	0.00%	0

VCAAA Community Snapshot

Q28 How important are the following items to help keep you where you are right now, that is, to help you maintain your current lifestyle? Please rate your answer: 4 = VERY important; 3 = Somewhat important; 2 = A little important; 1 = NOT important



VCAAA Community Snapshot



	Very important	Somewhat important	A Little important	Not important	Total	Weighted Average
Knowing what services are available and how to access them	71.03% 179	19.44% 49	3.97% 10	5.56% 14	252	3.56
Someone to protect my rights, safety, property and dignity	41.70% 103	18.62% 46	16.19% 40	23.48% 58	247	2.79
Preventing falls and other accidents	38.68% 94	19.34% 47	16.05% 39	25.93% 63	243	2.71
Exercising with others like me	30.08% 74	28.05% 69	20.73% 51	21.14% 52	246	2.67
Someone to call when I feel threatened or taken advantage of	34.15% 84	22.76% 56	15.04% 37	28.05% 69	246	2.63
Transportation to the grocery store, doctor's office, pharmacy or other errands	36.00% 90	20.00% 50	12.40% 31	31.60% 79	250	2.60
Help with repairs and maintenance of my home or yard	35.08% 87	19.35% 48	15.32% 38	30.24% 75	248	2.59
Having a meal with my friends or others like me	29.03% 72	26.61% 66	16.53% 41	27.82% 69	248	2.57
Having someone to talk to when I am lonely	27.82% 69	25.81% 64	18.95% 47	27.42% 68	248	2.54
Help keeping my home clean	32.40% 81	19.60% 49	16.00% 40	32.00% 80	250	2.52
A senior center that is close to my home	28.98% 71	22.45% 55	19.59% 48	28.98% 71	245	2.51
Taking part in fun activities (such as crafts, music, games) with others like me	24.49% 60	28.98% 71	18.78% 46	27.76% 68	245	2.50
Help making choices about future medical care and end of life decisions	27.53% 68	25.51% 63	16.60% 41	30.36% 75	247	2.50
Information or help applying for health insurance or prescription coverage	27.16% 66	22.83% 55	18.11% 44	32.10% 78	243	2.45
Information on how to eat healthy	17.34% 43	26.61% 66	22.58% 56	33.47% 83	248	2.28