



Get kids to LISTEN without Nagging, Reminding, *or* YELLING.

Let's face it...being a parent isn't easy! If you deal with exhausting power struggles, daily meltdowns, never-ending arguments, and at the end of it all, a nagging guilt that you should be doing better as a parent, then this information is for you. Learn how to break the cycle and be the parent you've always wanted to be.

The WorkLife Program, in partnership with Positive Parenting Solutions, offers you a free strategy-packed webinar. As a parent, grandparent or caregiver of children ages 2.5 - teens, you will discover:

- How to replace time-outs and punishments that DON'T work with Positive Discipline strategies that DO work
- Why YOUR PERSONALITY is making your kids FIGHT BACK - and what you can do about it
- A sure-fire strategy for EASIER mornings, blissful bedtimes, and no more chore wars
- The No-Yelling Formula for Consequences
- PLUS you will discover an exciting benefit exclusively for Regular County employees to help you feel more CONFIDENT and successful as a parent.



COUNTY OF VENTURA
HUMAN RESOURCES

Brought to you by CEO/HR and the WorkLife Program.

For more information email: worklife@ventura.org

