Family Care Fair 2020



Family Care & Volunteer Resource Virtual Fair

For over 25 years, the WorkLife Program has hosted the Family Care & Volunteer Resource Fair at the end of May. Due to social distancing protocol, the Fair has been canceled this year. An invitation was sent out to the agencies and organizations that typically participate to provide information for a "virtual" fair. A pdf version of this resource list can be found on the WorkLife webpage.

Visit the WorkLife Webpage

ACTION VC

805-987-0300 4011 Mission Oaks Blvd, Suite S Camarillo Serving: Seniors, Families

ACTION is currently offering grocery/household good pickup and delivery, as well as phone companionship for seniors or vulnerable neighbors. Our volunteers are thoroughly prepped in the best health practices to minimize risk of COVID-19. We will be moving carefully with these projects to reduce the risk for our volunteers and clients.



To volunteer for ACTION VC, please contact: <u>Kayla Sawoski, Volunteer Coordinator</u>

ACTION VC website

AdvantagePlusCaregivers.com



AdvantagePlusCaregivers.com® We're all about the Care! 805-322-8822 400 Mobile Avenue, Suite B12 Camarillo Serving: Seniors, Individuals with Disabilities

We provide in-home caregivers/home care aides to provide assistance with all Activities of Daily Living; Light Housekeeping; Meal Prep; Transportation; Errands; Companionship, and more. We cover all of Ventura County through Agoura Hills. We have been providing these services for over 25 years in Ventura County. Our office is based in Camarillo. We are licensed with the State of California (License # 564700019).

American Foundation for Suicide Prevention

424-327-7101 100-7 Rancho Road, #359 Thousand Oaks Serving: All Categories

Our mission is to save lives and bring hope to those affected by suicide. Established in 1987, the American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death. AFSP is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health by engaging in the following core strategies:

- Funding scientific research
- Educating the public about mental health and suicide prevention
- Advocating for public policies in mental health
 and suicide prevention
- Supporting survivors of suicide loss and those affected by suicide



American Foundation for Suicide Prevention

Volunteer opportunities are available. Contact Louisa Rocque at 424-327-7101 or complete a <u>Volunteer Application</u> and you will be contacted.

We have a bold goal to reduce the suicide rate by 20% by 2025.

We have resources by educational programs, supporting survivors of suicide loss and those affected by suicide. We also have many resources for mental health and Covid-19.

AFSP website

Catholic Charities OASIS



Volunteer opportunities are available. Contact the Volunteer Coordinator, <u>Cinthia Rios</u> for more information. 805-987-2083 2532 Ventura Blvd Camarillo Serving: Seniors

OASIS (Older Adult Services and Intervention Systems) is a non-profit outreach program for adults 60 years and older. All of our services are free of charge. We are sponsored by Catholic Charities and offer assistance to all persons regardless of race, religion or income level. It is our goal to support seniors in their desire to remain independent and at home as long as possible. OASIS is a comprehensive human service agency that provides a variety of services to the frail elderly of Ventura County:

- · in-home services and case monitoring
- information and referral
- assistive devices and adult incontinent supplies
- volunteer services such as friendly visitors, shopping assistants, produce delivery, and transportation to doctor appointments.

Catholic Charities website

Coastal Housing Partnership

805-969-1025 735 State Street, Suite 216 Santa Barbara Serving: County of Ventura Employees



For over 30 years, Coastal Housing Partnership has provided home buying support for local employees. This includes home buying education, as well as significant closing cost savings on a home purchase – whether a first-time home buyer, down-sizing or move-up buyer, or getting back into the market. We also provide closing cost savings when an employee is refinancing a mortgage. Working with local landlords, we are able to offer discounts on participating rentals.

Coastal Housing Partnership website

CoastalHousing.org

Continuing Development Inc. (CDI/CDC)



Child **Development** Centers

Statewide Headquarters: 669-287-8396 350 Woodview Avenue, Ste. 100 Morgan Hill Serving: Children and Families

For more than forty-five years, our agency has been preparing children for success in school and creating a foundation for life-long learning. Our programs serve children and families who qualify for State subsidies through the California Department of Education, Early Learning and Care Division, as well as private fee-paying families during the school year and for Summer Camp. We partner with thirty-four school districts to provide before and after school academic and educational enrichment, transitional kindergarten and kindergarten readiness programs for children and families.

Continuing Development Inc/Child Development Centers website

Gables of Ojai

805-421-9115 701 N. Montgomery Street Ojai *Serving: Seniors*

The Gables of Ojai has been serving seniors for over 65 years. We offer Independent, Concierge Services, Assisted Living, Special Needs and those on hospice. The Gables continue to have the safest living opportunity for seniors living alone at home. Currently our environment carefully screens all visitors and our open campus on 6 acres is unique in that there are NO shared hallways, eliminating one of the primary means of spreading contagions. Our residents can enjoy personal freedom of movement out of doors in a protected environment. We have the best of all worlds. With our Home Stay, all are protected.



For volunteer opportunities, contact Kelley Moore, Activities Director, at 805-646-1446 x117

Gables of Ojai website



800-619-3049 1726 Manhattan Beach Blvd, Ste. G Manhattan Beach Serving: Seniors

We provide relocation services to overwhelmed moving seniors in California, Phoenix and Las Vegas. Our services include a no-obligation Move Planning Meeting with an employee Move Manager which includes a complete floor plan of the new home; an estimate for our services and the moving truck and referrals for disposition of unwanted items. If accepted, our services can also include sorting and downsizing throughout the current home, packing in our custom boxes, mover arrangements and utility transitions; and, complete resettling in the new home -- down to pictures hung, beds made and trash

Gentle Transitions of CA

removed! Most local moves are 1-3 days and our clients can elect to sleep in their own bed every night.

Gentle Transitions website

Hermance Law Estate Planning & Crisis Planning Attorneys

Hermance Law

ESTATE PLANNING & CRISIS PLANNING ATTORNEYS

805-518-9633 4476 Market St., Ste.602, Ventura 5655 Lindero Canyon Rd., Ste.521-18, Westlake Village Serving: Seniors, Families, Individuals with Disabilities

Attorneys at Hermance Law provide estate planning with a focus on families with minor children. Estate planning is not only for families, many adults have no legal plan in place for what happens to their estate after they pass. Estate planning includes Wills, Trusts, Guardian Nomination, Power of Attorney, Advance Health Care Directive, and HIPAA authorization. Our attorneys offer Crisis Planning in probate, for families or individuals who lost someone who did not have an estate plan, and trust administration to manage a trust for beneficiaries after a the trustee's death. **FREEBIE – Planning Guide for Parents**

Hermance Law website

Personal Parent Care, Inc.

805-389-0997 400 Mobile Avenue, Ste. B12 Camarillo *Serving: Seniors*

We provide Geriatric Care Management services to seniors and their families, including Assessments/Plan of Care; Financial & Medical Management; Home Safety and Care; Medication/Nutrition Management; Travel Accompaniment; Moving Assistance and Planning; Referrals to other resources. We are surrogate family for those who have no family to assist, or whose family is unable to do so. We also provide FREE Facility Referral Services, assisting seniors and their families to find the best long term care living arrangements for them, when they are no longer able to remain in their own home. We refer to Assisted Living, Residential Care, and Dementia Care facilities.



For more information, email Melanie Farber

Roze Room Hospice of Ventura



805-654-0191 5675 Ralston Street, #C Ventura Serving: Seniors and Families

Roze Room Hospice of Ventura is a licensed Medicare certified and Joint Commission accredited hospice program serving patients throughout Ventura County and surrounding communities.

Founded by Lena Beker after the death of her grandmother, Roze Room Hospice of Ventura has

We are looking for individuals interested in making a difference in the lives of terminally ill patients and their families. Our Roze Room Hospice volunteers offer soul support and compassionate companionship to patients and their families living in the greater Ventura County area.

Volunteer opportunities are available in the following areas: Parent/Family support Social media and phone support Office staff and support

For more information on volunteering, please contact Marcia Ortiz.

distinguished itself as a premier hospice program in Ventura County.

Roze Room Hospice of Ventura is committed to providing personalized care and service to the dying and their families so that every room is filled with love and compassion.

Roze Room Hospice of Ventura is dedicated to community education about the value of hospice care.

You are welcome to contact Roze Room Hospice of Ventura directly if you have any questions about hospice care.

Roze Room Hospice website

The River Community Church

805-648-7955 859 E. Santa Clara Street Ventura Serving: Seniors, Children and Families

The River is very involved in the community of the City of Ventura. We have a Food Pantry that is open on the second and fourth Sundays of the month. One Sunday a month we also host a health clinic in partnership with Community Memorial Hospital.

We visit predetermined motels in the area on the second and fourth Saturdays of the month and bring lunches, offer encouragement and a ride to church if they would like.

On the first Friday of the month, our team goes downtown to Santa Clara and California Streets and we offer conversation, free pizza, water, coffee and a ride home to those who are coming out of the local bars. No other agenda, but to keep people safe.

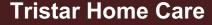
In the summers we help the Downtown Ventura Partners with their Movie Nights by providing free theater-style popcorn and bottled water.

We are a church who truly cares and gets involved in our community!



Volunteer opportunities are available. Please contact Terry Long at 805-648-7955.

The River Community Church website





805-388-7777 501 Mobil Avenue, Ste.B, Camarillo *Serving: All Categories* Tristar Home Care is a family-owned and Registered Nurse operated Home Care Agency. It is our mission to provide reliable, supportive in-home care that helps you live a brighter, safer, and more enjoyable life. You are more than just a number – our caregivers take a personalized approach to care that is tailored to your specific needs.

We offer a variety of home care services including: respite care, companion care, personal care, meal preparation, Alzheimer's care, assistance with mobility. Tristar Home Care is made possible by its dedicated team. In 2020, Tristar is the only licensed Home Care Agency in Camarillo that garnered multiple awards from Home Care Pulse including Employer of Choice and Provider of Choice Awards. It's no secret – providing the best home care for ourselves or those closest to us is no easy task. Whether you're hoping to find some help at home for you or a loved one, we're here to support you! Complete home care services provided by experienced caregivers in the Camarillo, Oxnard, Ventura, and Thousand Oaks.

WE ARE READY TO SERVE YOU! CONTACT US TODAY TO SCHEDULE A FREE IN-HOME CONSULTATION!

Tristar website

Ventura County Area Agency on Aging Health Insurance Counseling and Advocacy Program (HICAP)



VENTURA COUNTY AREA AGENCY ON AGING To Serve, To Guide, To Envision,

Volunteer opportunities are available. For more information, contact<u>Audrey Darrett</u>, HICAP Program Manager at 805-477-7310. 805-477-7310 646 County Square Drive, Ste. 100 Ventura *Serving: Seniors*

HICAP provides free, confidential one-on-one counseling, education and assistance to individuals and their families on Medicare. HICAP counselors are trained in Medi-Cal and Medicare and help you understand the complex insurance options to fine the best fit for you.

Ventura County Area Agency on Aging website

Ventura County Department of Child Support Services

886-901-3212 4651 Verdugo Way Camarillo Serving: Children and Families

"We are Transforming lives through the true power of Child Support".

We provide the following services:

- locate a parent
- establish parentage
- establish, modify and enforce court orders for child support
- establish and enforce orders for Health Insurance coverage referrals

Our mission is to ensure that children receive consistent and reliable support from both parents.

V.C. Dept. of Child Support Services website



Ventura Family YMCA

805-642-2131 3760 Telegraph Road, Ventura Serving: All Categories

The Ventura Family YMCA gym features a fitness center with advanced cardio and strength training equipment,



engaging group exercise classes, and child and adult swimming lessons. We take immense pride in strengthening our communities to support everyone—no matter who they are or where they're from—reach their full potential. The YMCA trains young adults for jobs, provides children a safe place to go, and helps seniors build connections. Everything we do is in service of making sure people in our communities thrive and maintain healthy lifestyles.

Ventura Family YMCA website

Volunteer opportunities are available. Please visit our Volunteer website for more information.

Women, Infants and Children (WIC)

805-981-5251 2240 E. Gonzalez Road, Suite 290 Oxnard Serving: Children and Families

WIC is a breastfeeding, health and nutrition program for growing families. WIC helps families by providing nutrition education, breastfeeding support, benefits for healthy foods, and referrals to healthcare and other community services.



Ventura County WIC website

WorkLife Program



805-477-7234 800 S. Victoria Avenue Ventura *Serving: County Employees*

The WorkLife Program provides County employees with resource and referral services for elder care and child care. The WorkLife Program supports the lactation accommodation policy and procedures for County employees.

WorkLife webpage