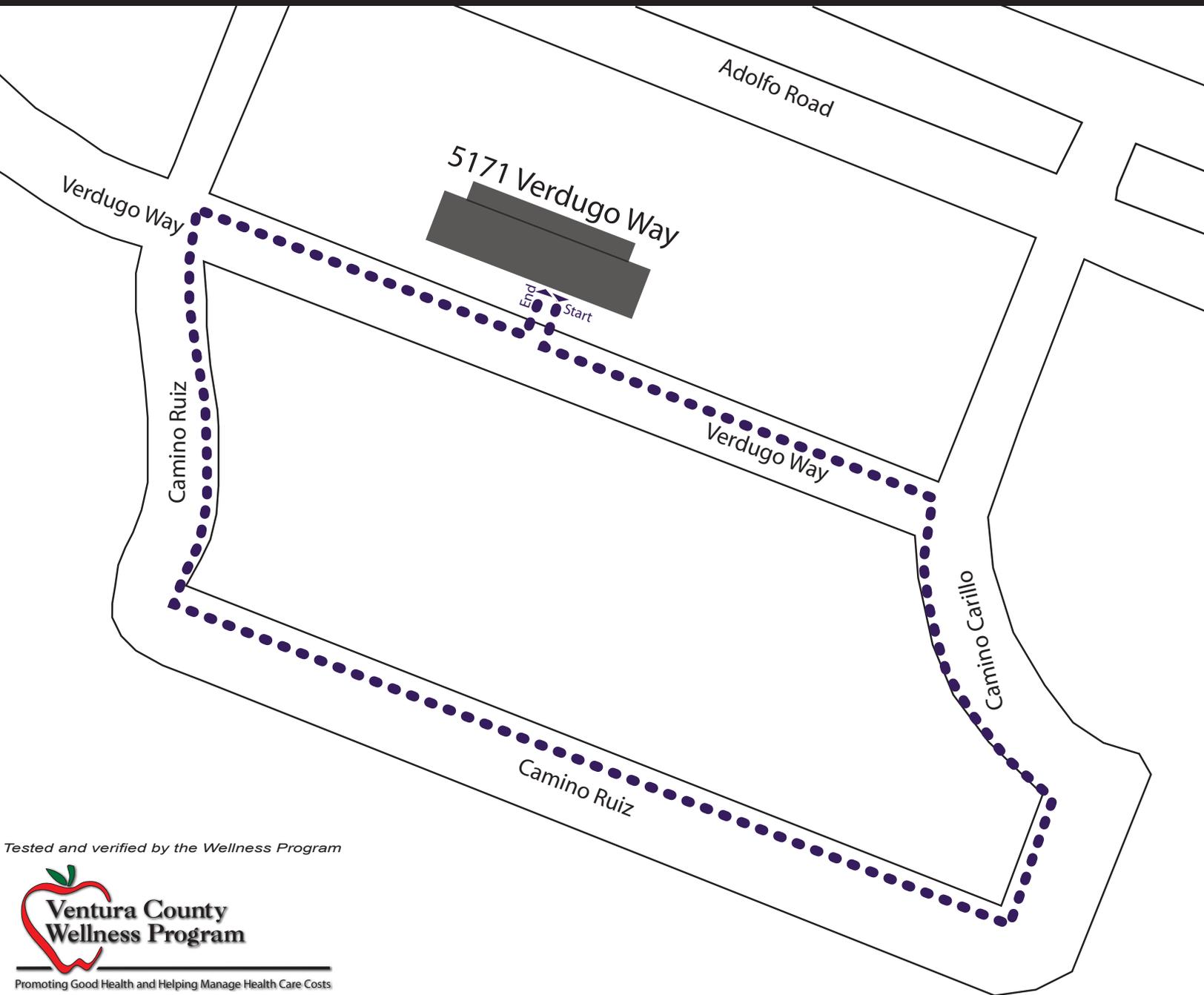


Department of Child Support Services (DCSS)
5171 Verdugo Way
Camarillo, CA
.9 mile walk



Tested and verified by the Wellness Program

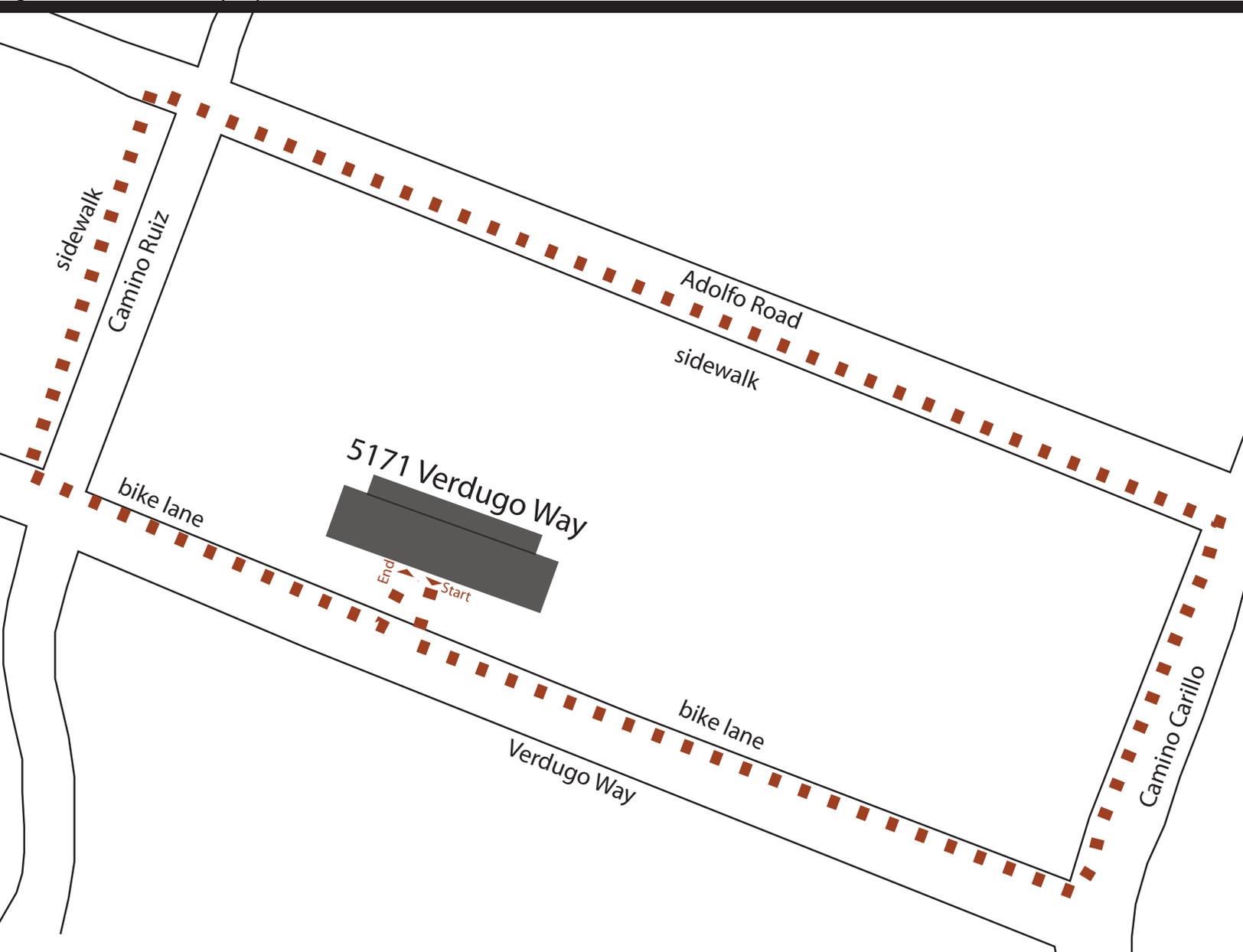


Promoting Good Health and Helping Manage Health Care Costs

Camino Carillo-Ruiz Loop (Lunch Walk):1.2 miles

- Left on Verdugo Way to Camino Carillo. Cross Verdugo Way @ Camino Carillo and follow road around to Camino Ruiz. Follow Camino Ruiz all the way around to Verdugo Way. Cross Verdugo Way and proceed right toward DCSS Building. End where you started.

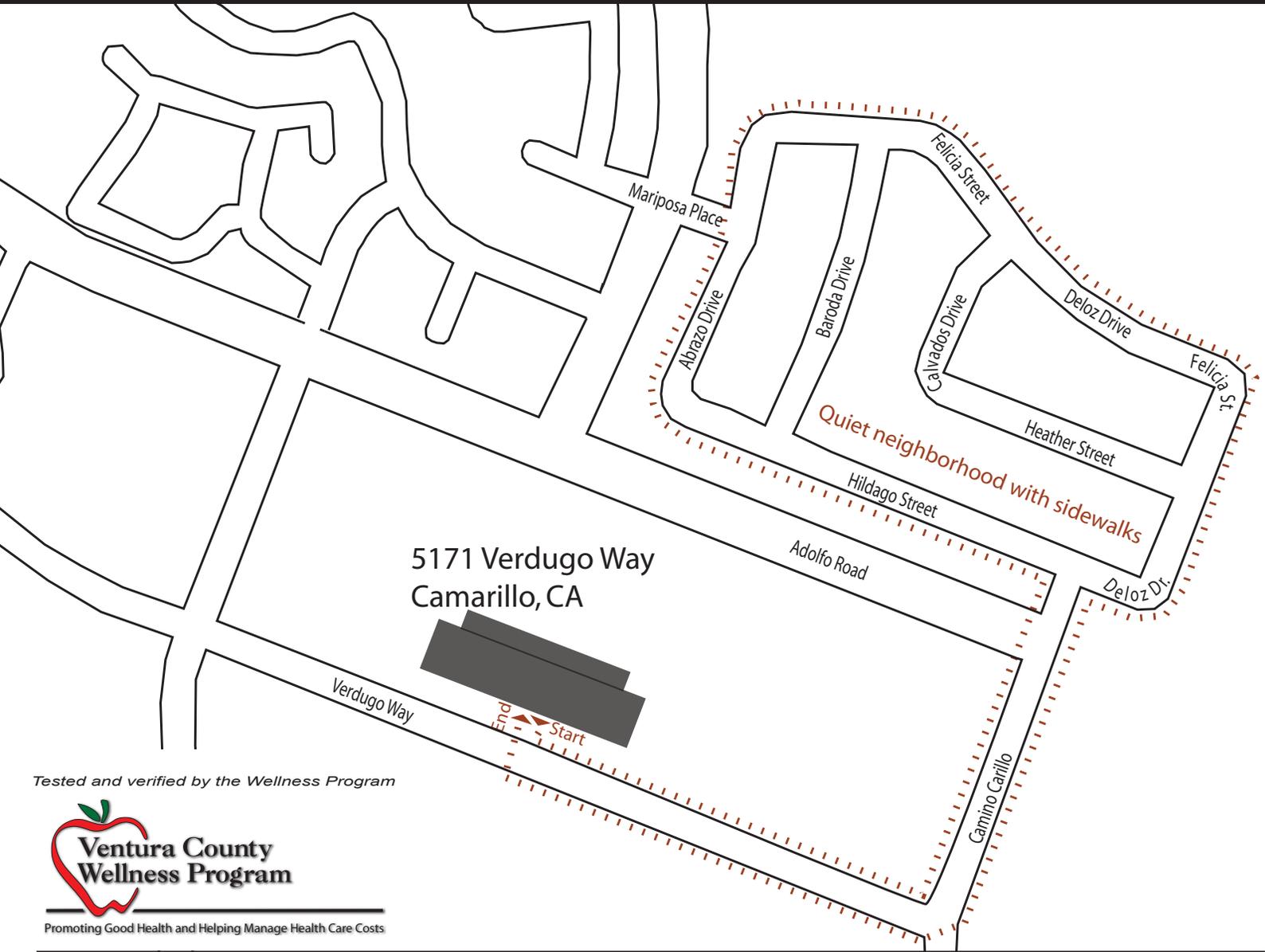
Department of Child Support Services (DCSS)
5171 Verdugo Way
Camarillo, CA
.9-Mile Walk



**Carillo-Adolfo-Ruiz Pick-Up-The-Pace (Break Walk):
.9 miles**

- Go left on Verdugo Way to Camino Carillo. Go left on Camino Carillo toward Adolfo Road. Cross Camino Carillo on to Adolfo Road. Proceed to Camino Ruiz. Cross the street to sidewalk and turn left on Camino Ruiz toward Verdugo Way. Turn left on Verdugo Way and continue to DCSS Building. End where you started.

Department of Child Support Services (DCSS)
5171 Verdugo Way
Camarillo, CA
.78 mile walk



Tested and verified by the Wellness Program

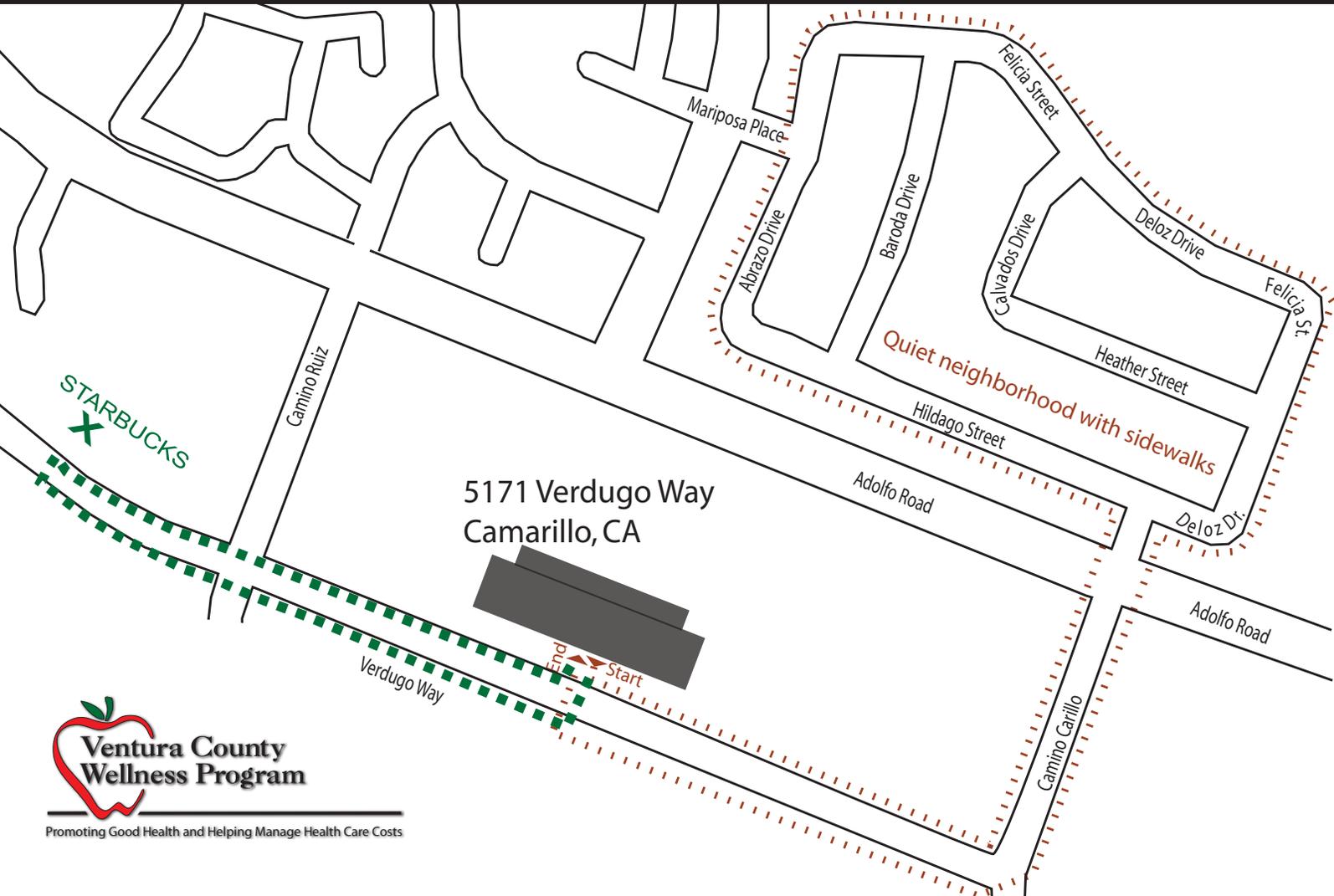


Promoting Good Health and Helping Manage Health Care Costs

Carillo-Felicia Loop (Lunch Walk): 1.4 miles *(When possible walk against the traffic.)*

Without crossing the street, walk toward Camino Carillo. Proceed left on Camino Carillo to Adolfo Road. Cross Adolfo Road and continue on to Hidalgo Street. Walk left on Hidalgo Street and follow the right curve, (street name changes to Abrazo Drive). Follow the loop all the way around (Felicia St.- Deloz Dr.- Felicia St.-Deloz Dr. Proceed left on Camino Carillo to Verdugo Way--then cross the street at the intersection. Continue to a point across from the DCSS Building. Cross Verdugo Way and end where you started.

Department of Child Support Services (DCSS)
5171 Verdugo Way
Camarillo, CA
.78-Mile Walk, .55-Mile Walk



Carillo-Felicia Loop (Lunch Walk): 1.4 miles

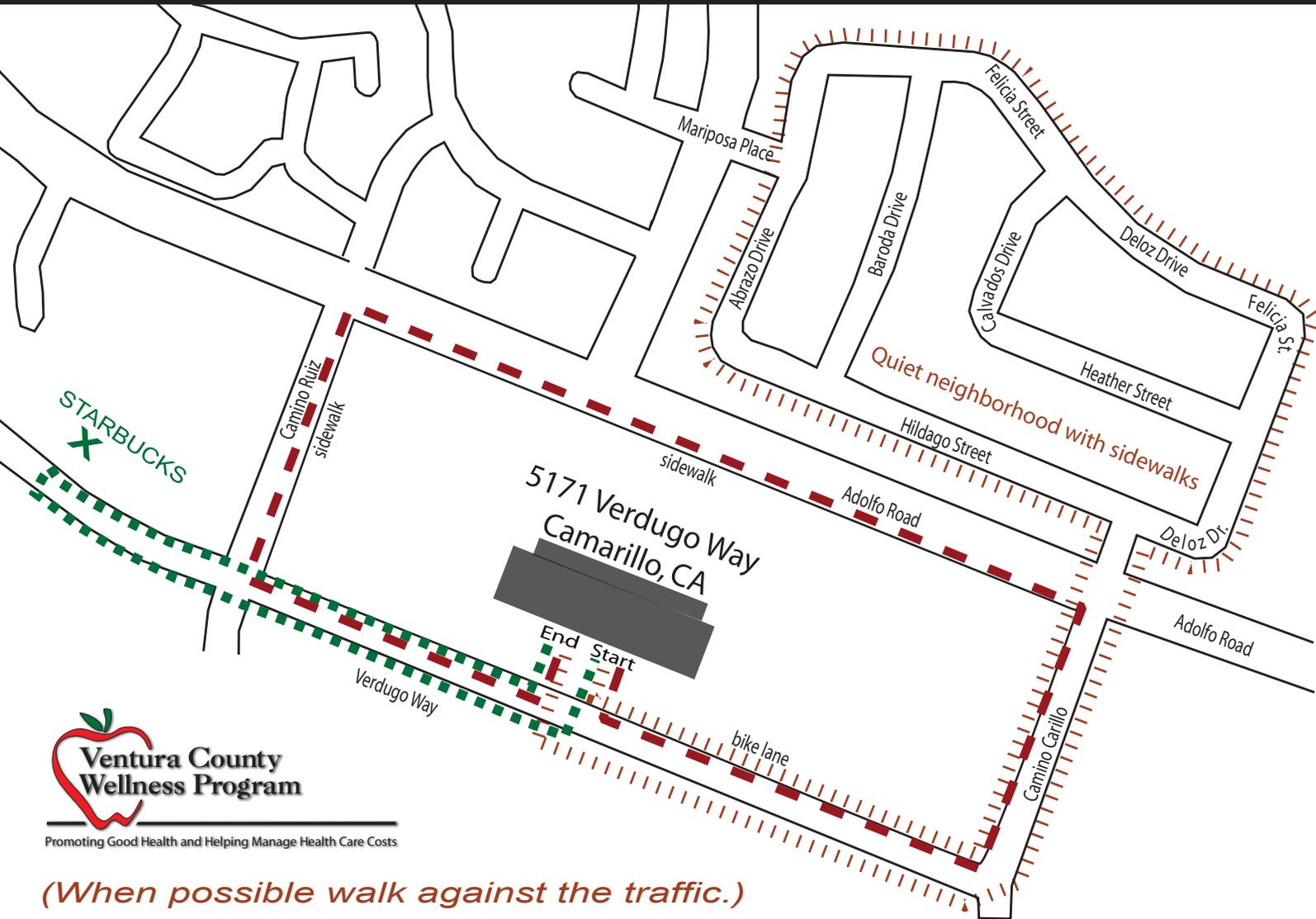
..... Without crossing the street, walk toward Camino Carillo. Proceed left on Camino Carillo to Adolfo Road. Cross Adolfo Road and continue on to Hildago Street. Walk left on Hildago Street and follow the right curve, (street name changes to Abrazo Drive). Follow the loop all the way around (Felicia St.- Deloz Dr.- Felicia St.-Deloz Dr. Proceed left on Camino Carillo to Verdugo Way--then cross the street at the intersection. Continue to a point across from the DCSS Building. Cross Verdugo Way and end where you started.

(When possible walk against the traffic.)

Starbucks Quick-Break Walk .55 miles

■■■■ Cross Verdugo Way and go right on Verdugo Way toward Camino Ruiz. Cross Camino Ruiz and continue on to a point across from Starbucks. Cross Verdugo Way and proceed right toward DCSS Building. End where you started.

Department of Child Support Services (DCSS)
5171 Verdugo Way
Camarillo, CA
1.4-Mile Walk, .55-Mile Walk, .9-Mile Walk



Promoting Good Health and Helping Manage Health Care Costs

(When possible walk against the traffic.)

Carillo-Felicia Loop (Lunch Walk): 1.4 miles

||||| Without crossing the street, walk toward Camino Carillo. Proceed left on Camino Carillo to Adolfo Road. Cross Adolfo Road and continue on to Hildago Street. Walk left on Hildago Street and follow the right curve, (street name changes to Abrazo Drive). Follow the loop all the way around (Felicia St.- Deloz Dr.- Felicia St.- Deloz Dr. Proceed left on Camino Carillo to Verdugo Way--then cross the street at the intersection. Continue to a point across from the DCSS Building. Cross Verdugo Way and end where you started.

Starbucks Quick-Break Walk .55 miles

■■■■ Cross Verdugo Way and go right on Verdugo Way toward Camino Ruiz. Cross Camino Ruiz and continue on to a point across from Starbucks. Cross Verdugo Way and proceed right toward DCSS Building. End where you started.

Carillo-Adolfo-Ruiz Pick-Up-The-Pace (Break Walk): .9 miles

■■ Go left on Verdugo Way to Camino Carillo. Go left on Camino Carillo toward Adolfo Road. Cross Camino Carillo on to Adolfo Road. Proceed to Camino Ruiz. Cross the street to sidewalk and turn left on Camino Ruiz toward Verdugo Way. Turn left on Verdugo Way and continue to DCSS Building. End where you started.