

Care you can count on



Get support from licensed medical doctors no matter where you are with Teladoc

As a Blue Shield member, you have access to Teladoc's national network of U.S. board-certified physicians.

General medical care - appointments are available 24/7/365 by phone or video.

Teladoc medical doctors can treat many medical conditions including:

- Cold and flu symptoms
- Allergies
- Respiratory infections
- Sinus problems

How much does Teladoc medical care cost?

- HMO plan.....
- Trio HMO plan..... undefined
- High Deductible Health Plan (HDHP)
- General medical before deductible is met..... per visit
 - General medical after deductible is met..... per visit

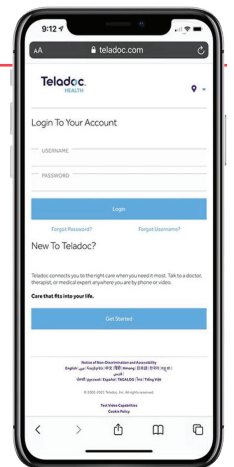
How to request a video or phone appointment

General medical consultations

Appointments are available 24/7/365 by phone or video.

1. Visit blueshieldca.com/teladoc.
2. Register or log in. You can request a consultation any time you need care.
3. Download the Blue Shield app to access care from anywhere.

If you have questions or need help creating an account, call **1-800-Teladoc (835-2362)**.
Wait times may vary.



Confidential therapy when you need support

  blueshieldca.com/teladoc

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You may receive services from network providers on an in-person basis or via telehealth, if available. Contact your primary care provider, treating specialist, facility, or other health professional to learn whether telehealth is an option. Network telehealth and in-person services are subject to the same timeliness and geographic access standards. If your plan has out-of-network benefits, they are subject to your plan's cost sharing obligations and balance billing protections.

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