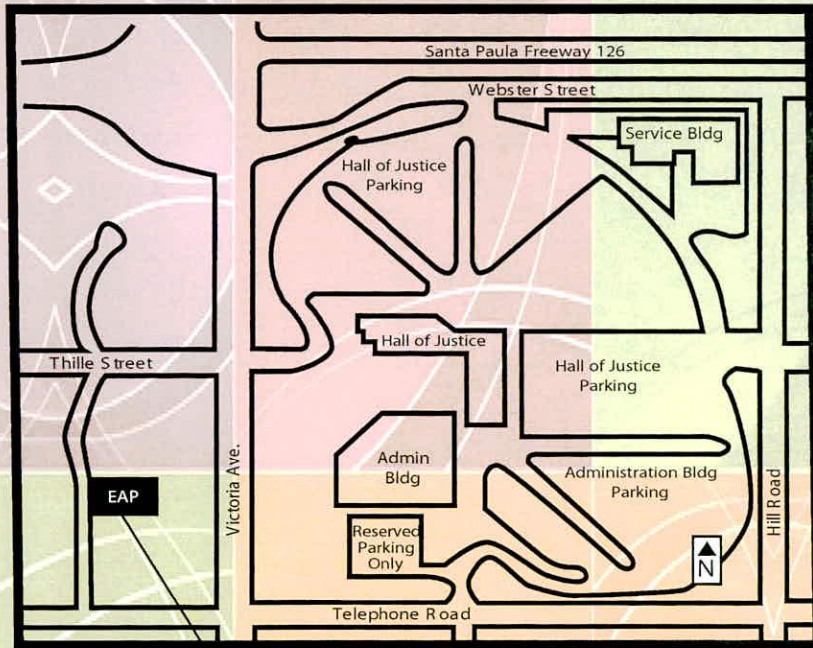


**EMPLOYEE ASSISTANCE PROGRAM**  
is located at:

**Lincoln's Inn**  
950 County Square Drive, Suite 200  
Ventura, CA 93003

An EAP Representative is available  
by calling (805) 654-4327

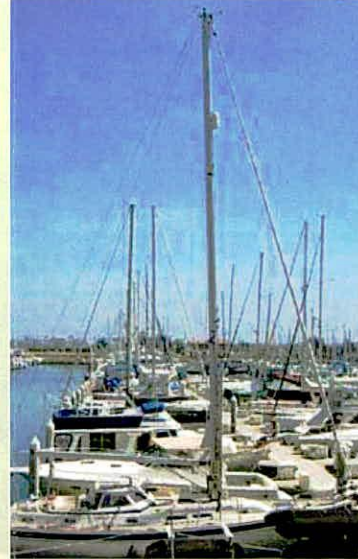
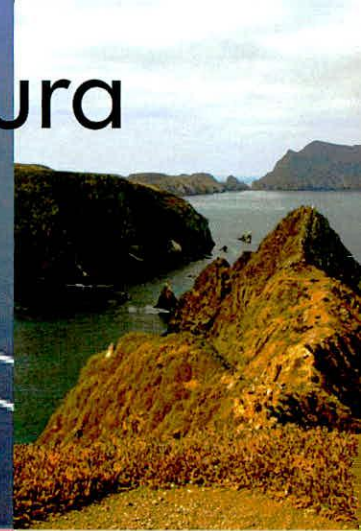


Lincoln's Inn



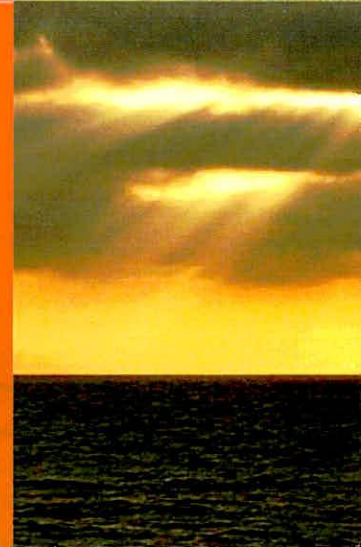
**Employee Assistance Program**

# County of Ventura Employee Assistance Program



# EAP

A Program of the  
County Executive Office,  
Human Resources Division



## What Is the Employee Assistance Program?

The Employee Assistance Program (EAP) provides professional and confidential assistance to help you and your family resolve problems that may affect the health and well-being of all concerned.

The EAP is staffed by professionals who have extensive clinical experience in assessing, developing solution options and offering resources for a wide range of issues. Assistance is available for matters such as coping with a personal crisis, a marriage or family related problem, an alcohol or drug related problem, or a troubling challenge at work.

A few visits with the EAP may be all that you or your family member/s need. You can meet with an EAP Representative for 1 to 5 visits, as needed, to discuss your concerns and design a plan of action to resolve them.

## EAP Services are Confidential

From the point of your initial call, services provided at the EAP are confidential, guided by both legal and ethical policies that are designed to carefully protect your privacy. Information shared with the EAP will not be disclosed to anyone without your permission and written consent. This includes your department, supervisor, and/or co-workers.

## Who Is Eligible for EAP Services?

The EAP is a free service available to all employees of the County and their dependents who are either enrolled in a County sponsored medical plan or an opt-out plan.

When help is needed or if you have questions, you or an eligible family member may contact the EAP at 805-654-4327.

Normal business hours are Monday - Friday, 8:00 a.m. to 5:00 p.m. The EAP staff will work to arrange a prompt appointment at a time as convenient to your schedule as possible, including after-hours appointments when available. In addition, an EAP Representative is available 24-hours a day for telephone emergencies.

## Remember, EAP Services are:

At no cost to you  
Confidential  
Professional

Available to you and eligible family members

For additional information visit the EAP web page on the County of Ventura's Benefits website:  
<http://ceo.countyofventura.org/benefits>