

FOR IMMEDIATE RELEASE

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Getting vaccinated is the best gift you can give this Mother's Day

Ventura, CA - Getting vaccinated is the best gift you can give this Mother's Day! Thanks to safe and highly effective COVID-19 vaccines, many people in the County of Ventura can celebrate Mother's Day in person this year. Ventura County Public Health is urging all community members to get vaccinated. No appointments are needed at any County vaccine site.

"We want to make all community members aware of the safety, convenience and benefits of getting the vaccine as soon as possible," said Public Health Director Rigoberto Vargas. "And for those who have already received their vaccines, we're asking for your help spreading the word to your family, friends and neighbors to help build community immunity. Please consider getting vaccinated this Mother's Day weekend. It can save a life."

More than 62% of Ventura County residents 16 and older have received their 1st dose of the COVID-19 vaccine and 46% of residents 16 and older have completed their COVID-19 vaccination.

"The best way to dramatically reduce your risk of getting infected with COVID-19 or dying from infection is to get the vaccine; all three COVID-19 vaccines are an exceptionally powerful tool for preventing infection and serious illness. The more people are vaccinated, the less deaths we will suffer and the sooner we can open up our daily lives to what they were before the pandemic. Even if you had COVID-19 and recovered, you need to still get vaccinated to have complete and longer-lasting protection. The vaccines also appear to have good efficacy against the variants we have seen so far," said Public Health Officer Doctor Robert Levin.

This is also a great time to remind moms-to-be that getting a COVID-19 vaccine during pregnancy can protect you and your baby from severe illness or complications from COVID-19. If you have questions about getting vaccinated, Ventura County Public Health recommends talking to your healthcare provider.

Make an appointment online at MyTurn.CA.Gov or by calling 833-829-2626. Walk up options are also offered at all County vaccine sites. More information at: www.venturacountyrecovers.org/vaccine-information.