



## Support/Safety Plan for Your Child/Youth

### IF YOUR CHILD/YOUTH:

### CALL:

#### 0 to 18 years old:

- Has erratic/escalating behavior or mood
- Is verbally abusive
- Has school issues
- Needs community resources

**United Parents**  
**(805) 384-1555**  
**Monday-Friday**  
**9:00am-5:00pm**

#### 12 to 24 years old:

- Is a runaway or threatening to run away
- Is a homeless or street youth or is facing homelessness
- Has been kicked out of the house
- Is couch surfing
- Needs supportive connections to community resources

**Interface Outreach Line**  
**(805) 469-5882**  
**24 hours/7 days a week**

#### All ages:

- Is threatening to harm/kill self and/or others
- Is presenting as gravely disabled (may include signs of psychosis)
  - Under 18: unable to accept care for primary needs from others
  - Over 18: unable to care for primary needs of self

**Ventura County Behavioral Health Crisis Team**  
**1-866-998-2243**  
**24 hours/7 days a week**

- Is physically assaultive or destroying valuable property
- Is threatening with a weapon
- Is at imminent risk of harm to self or others

Call **911** immediately  
Request a **Crisis Intervention Team (CIT)**  
**Trained Officer**  
**24 hours/7 days a week**

Escalating

Threat

Immediate Danger