

Community Health Assessment Overview: Health Matters in Ventura County!

May 28, 2014





Life Course Perspective





Link Between SES and Health Status

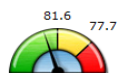
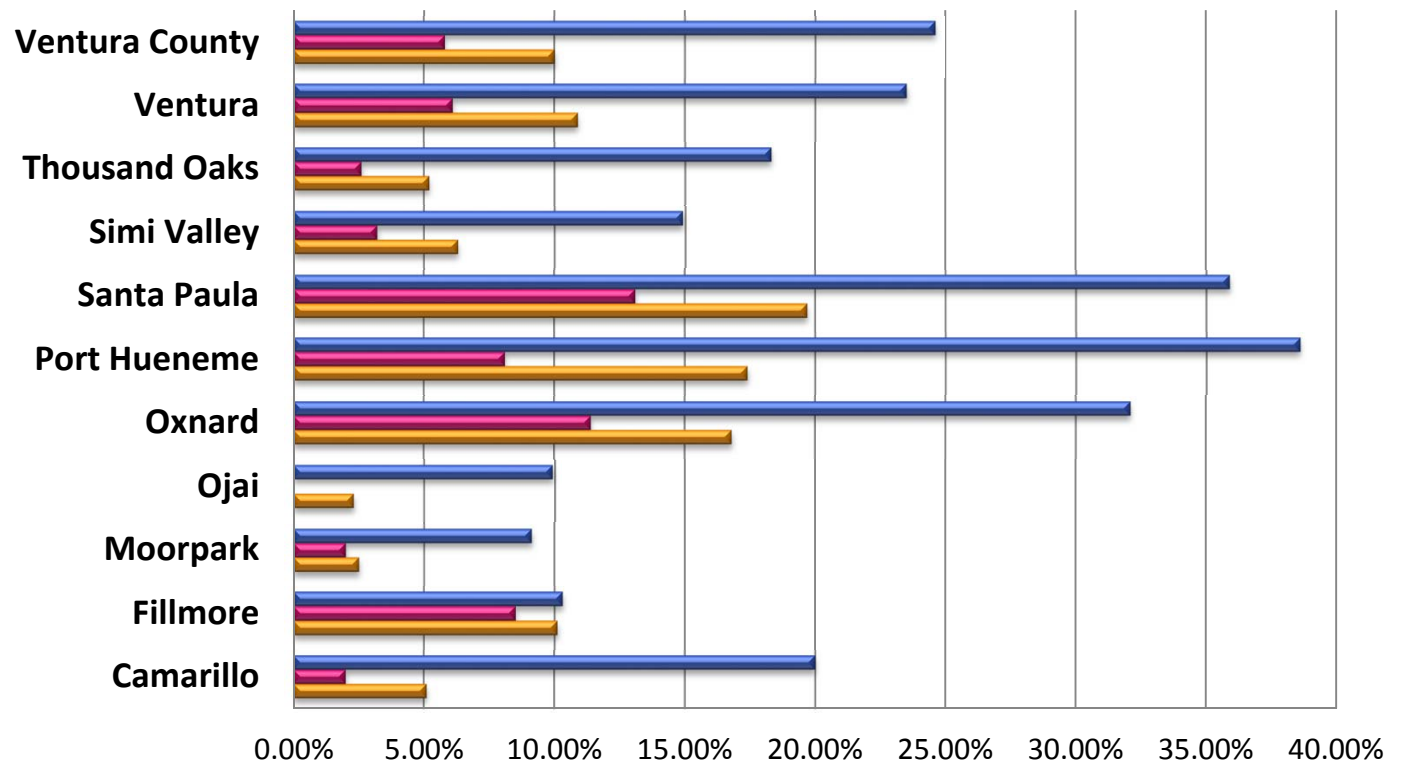
- Socioeconomic status means one's education, income, housing, employment status, etc.
- People with lower SES tend to have worse health outcomes.
- The higher one's socioeconomic status the better health care coverage the person has; able to receive regular check ups, find doctors when needed, and pay for care if required.
- Personal habits and exposure to disease are more likely to be correlated to education and income level.



Poverty Status by Householder with Children Under 18

- Female householder, no husband present Percent below poverty
- Married-Couple Families Percent below poverty
- All Families Percent below poverty

38.6% of females with children under 18 years and no husband present are living in poverty in Port Hueneme compared to 9.1% in Moorpark.



Red < 77.7
Green >= 81.6
In-between = Yellow
Unit: percent
[View the Legend](#)

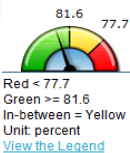
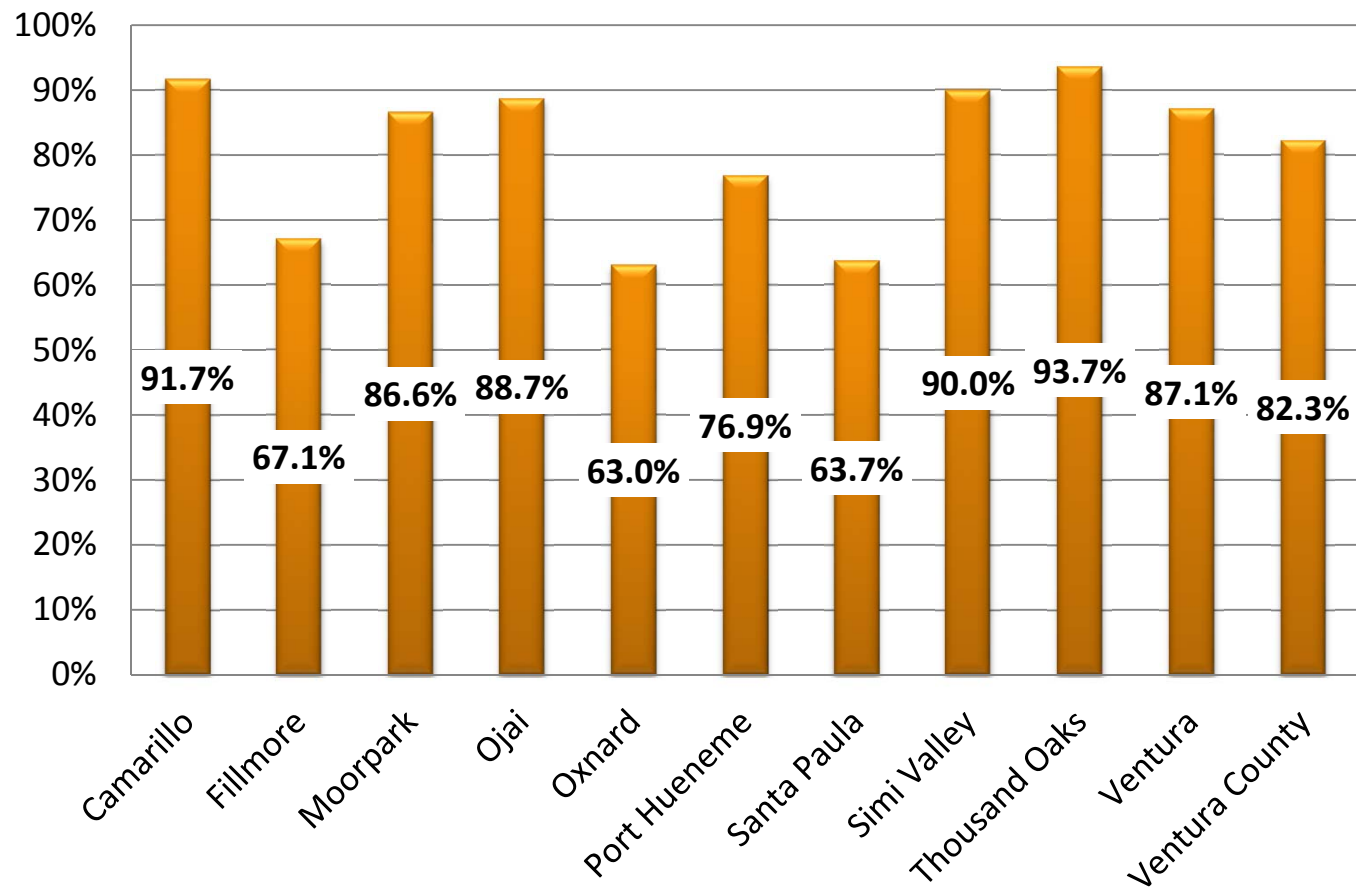
Source: American Community Survey, 5 Year Estimates (2006-2010)

*Not Statistically Significant



% of Students Graduating with Diploma 4 Years after Starting 9th Grade

**93.7% of
students in
Thousand Oaks
graduate
within 4 years
compared to
63.0% in
Oxnard.**



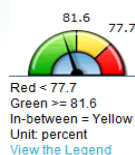
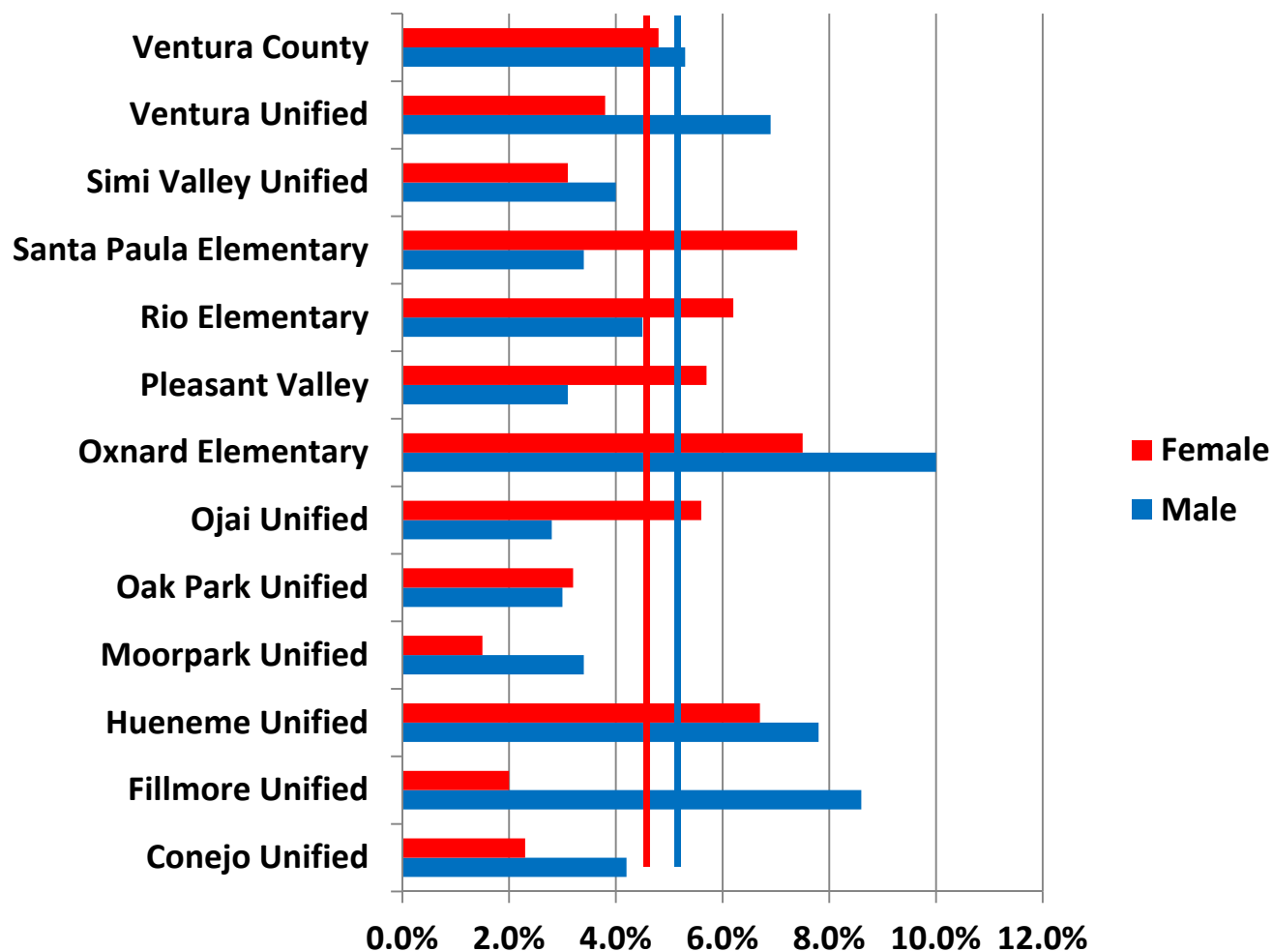
Source: American Community Survey, 5 Year Estimates (2006-2010)

*Not Statistically Significant



Past 30 Day Cigarette Use by Gender, 7th Grade 2008-10

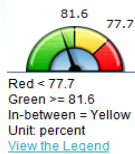
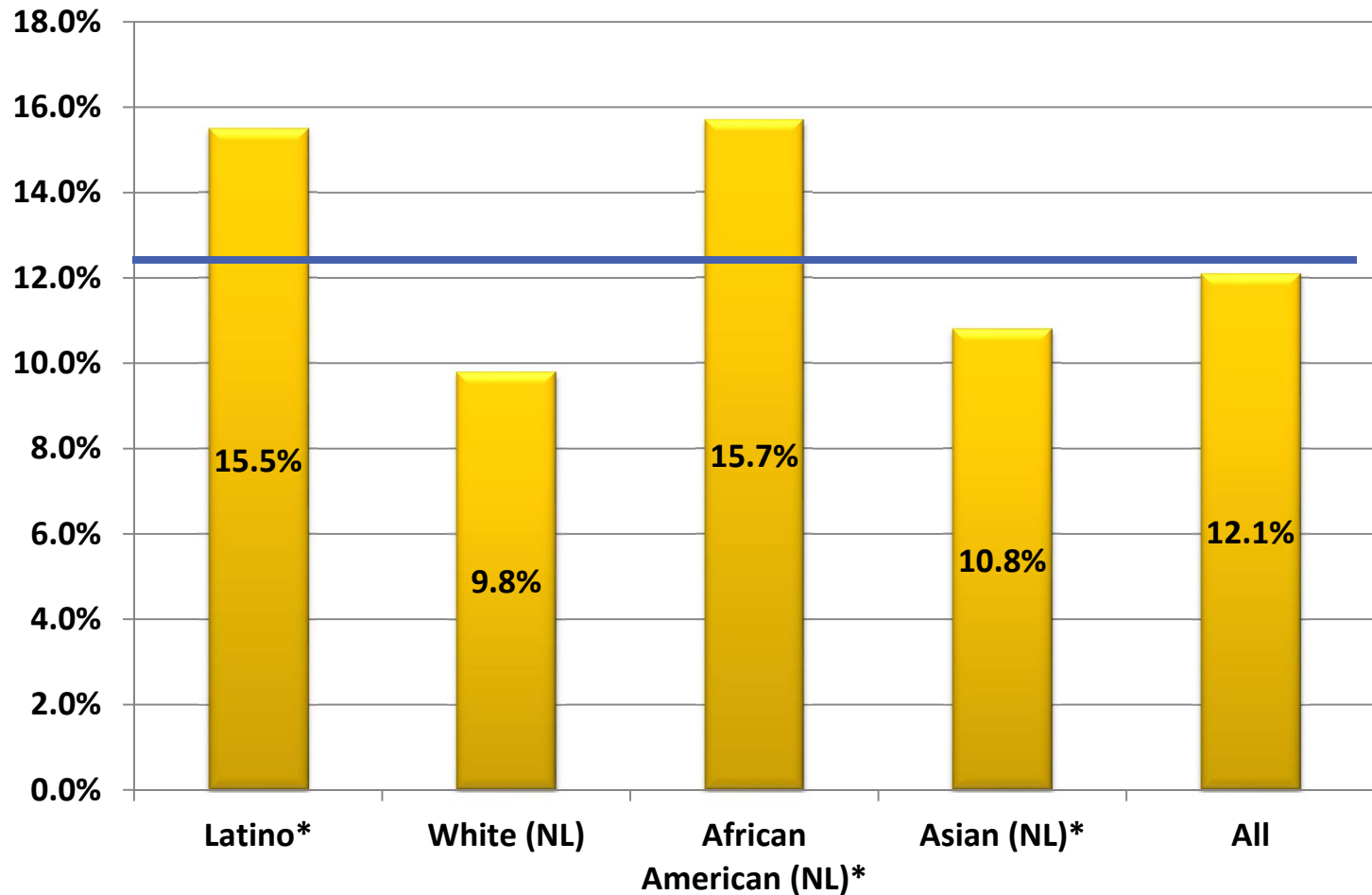
**10% of males
at Oxnard
Elementary
admitted to
smoking
compared to
4.2% at Ojai
Unified.**



Source: California Healthy Kids Survey



Adult Smoking Prevalence by Race, VC Adults



Source: California Health Interview Survey, 2009.

*Statistically insignificant



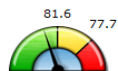
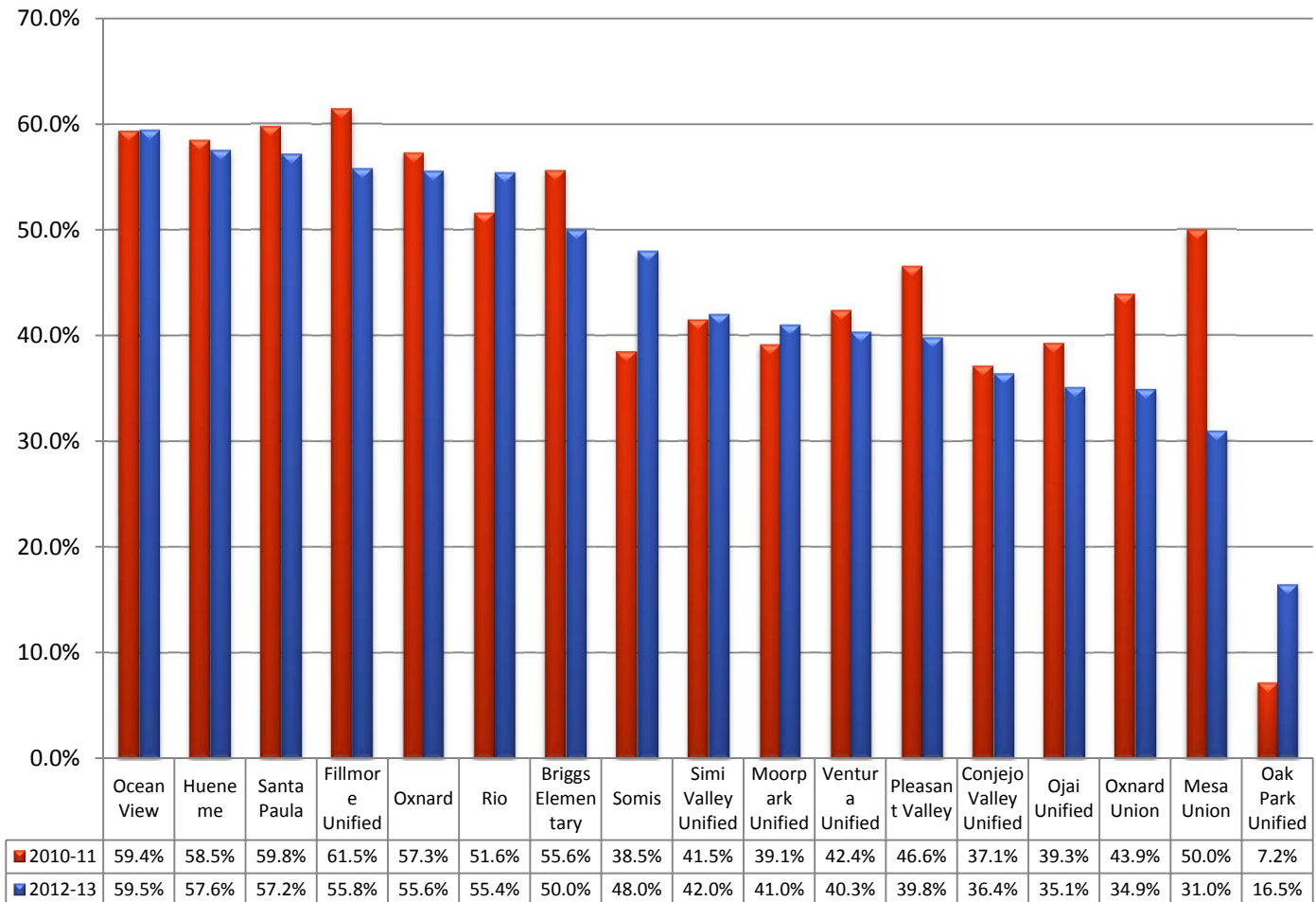
Outside the Healthy Fitness Zone 5th Grade, 2010-11 versus 2012-13

Ventura County:

45.3% of 5th graders (CA 46.8%),

43.5% of 7th graders (CA 43.9%),

35.8% of 9th graders (CA 41.1%)

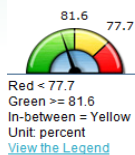
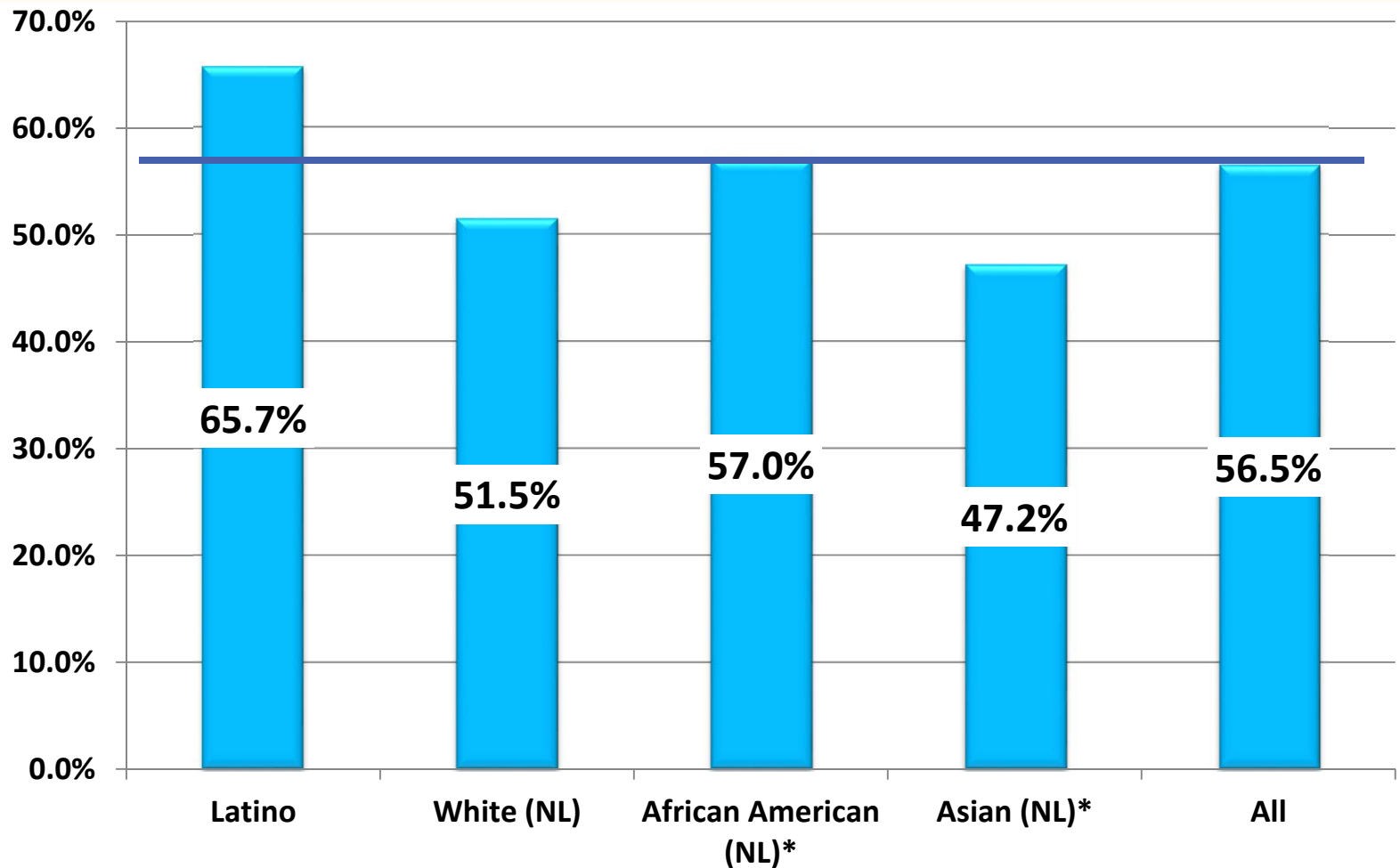


Red < 77.7
Green >= 81.6
In-between = Yellow
Unit: percent
[View the Legend](#)

Source: California Fitnessgram Testing, Department of Education, 2010-2013



Percent Overweight and Obese by Race, VC Adults

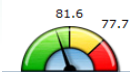
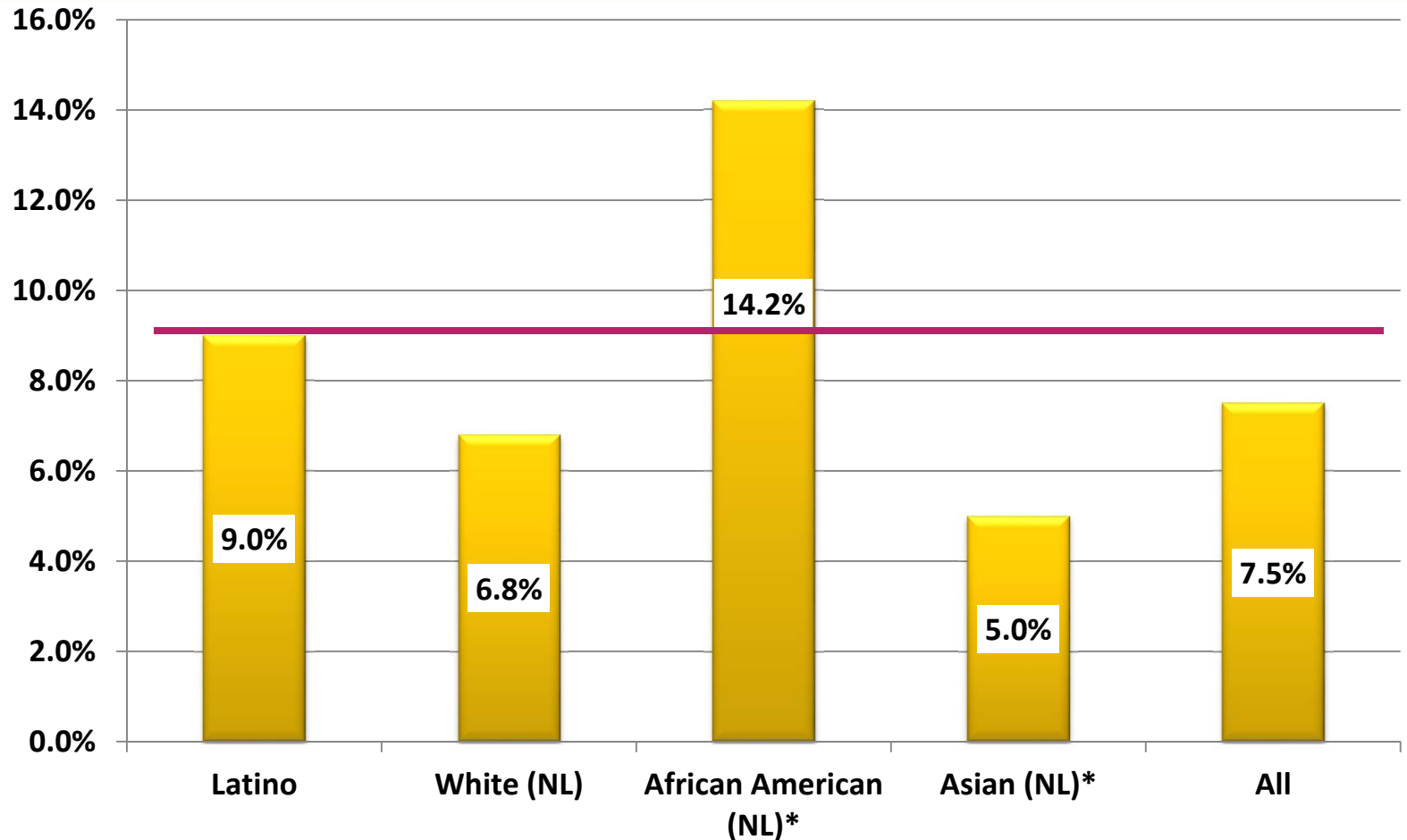


Source: California Health Interview Survey, 2009

*Not Statistically Significant



Diagnosed Diabetes by Race, VC Adults



Red < 77.7
Green >= 81.6
In-between = Yellow
Unit: percent
[View the Legend](#)

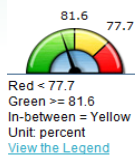
Source: California Health Interview Survey, 2009

*Not Statistically Significant



Social and Emotional Wellness

- Poor mental health was identified as a significant health problem in Ventura County Community Foundation Health Assessment
- California Health Interview Survey
 - 17.8% of adults admitted that their emotions interfered with their relationships
 - **16.4% of adults admitted to needing help for emotional/mental health problems**
 - 13.7% had taken medicine in past week to address issues

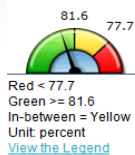




Youth Substance Use

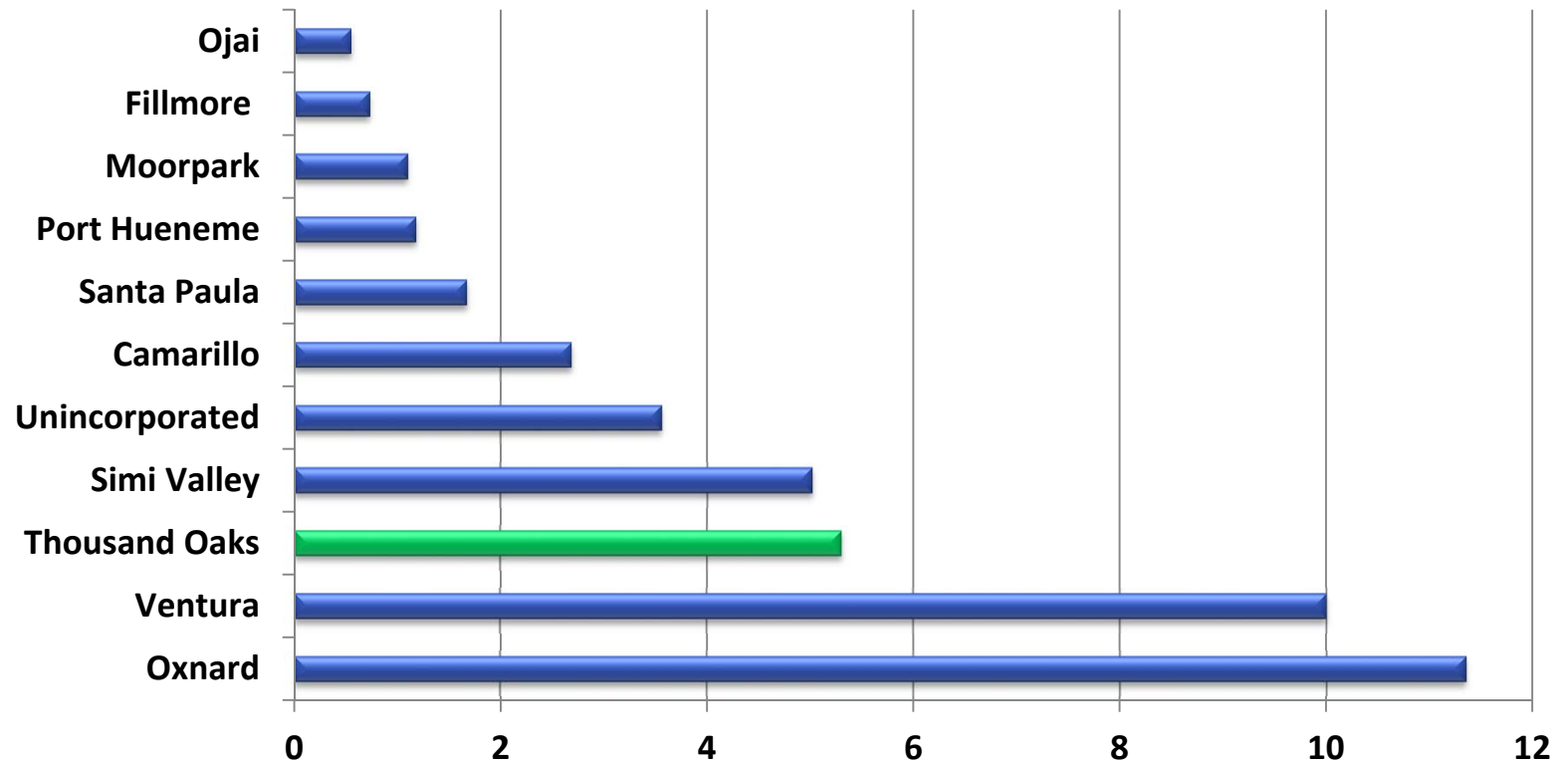
The Healthy People 2020 goal is to reduce the proportion of adolescents reporting use of alcohol or illicit drugs in the past 30 days to 16.6%.

- Meeting the goal for alcohol use - 7th graders but not in 9th or 11th graders
- Meeting the goal for marijuana use - 7th graders and female 9th graders, but not male 9th graders or 11th graders (male and female)

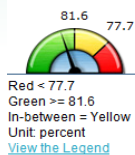




Crimes Per Day by City, 2011



Oxnard has the highest number of crimes per day, but Ventura and Ojai have the highest crime rates. Santa Paula has the highest violent crime rate.



Source: Ventura County Sheriff's Crime Analysis Unit, created on 3/13/2012.

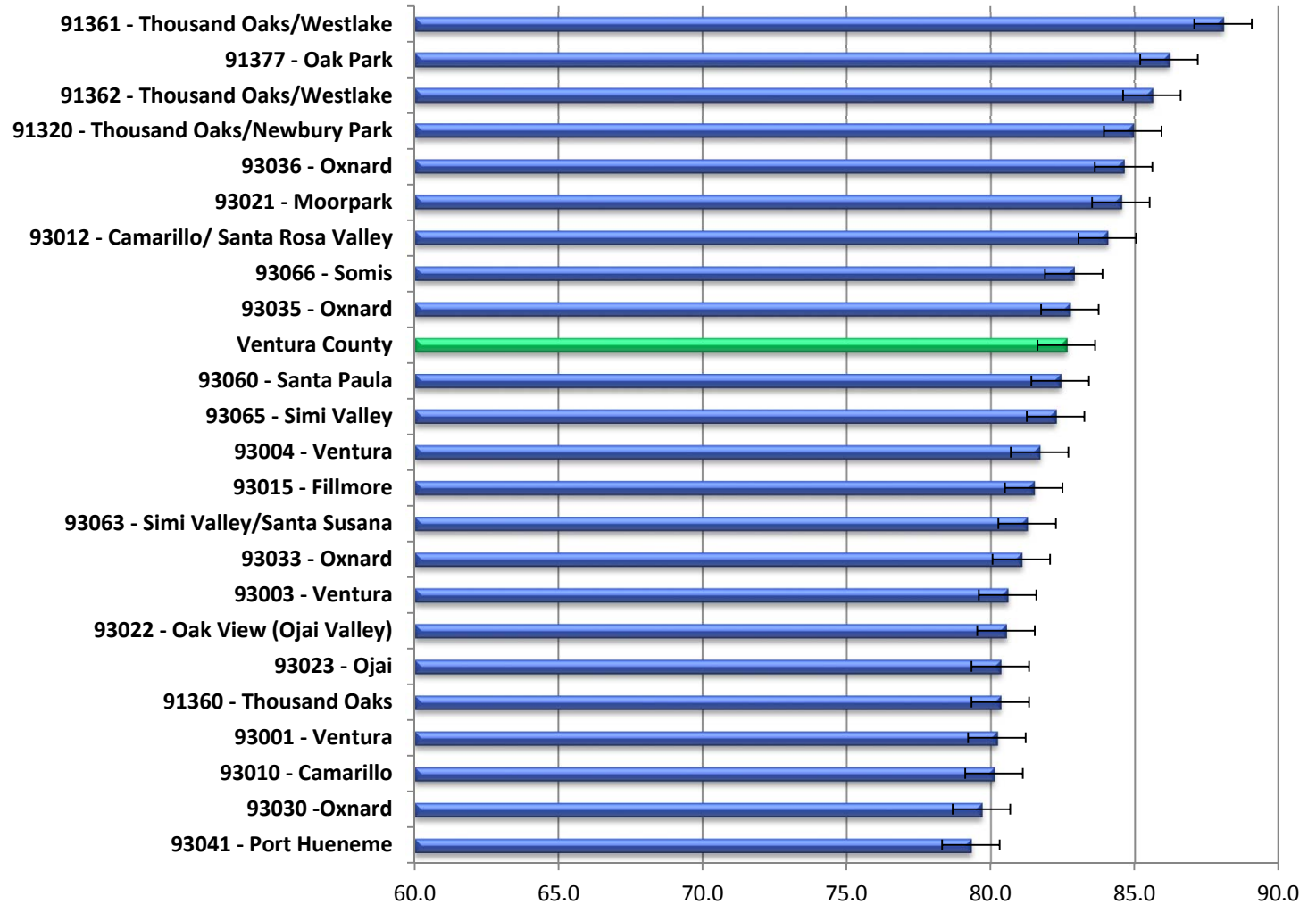


Life Expectancy by Zip Code, 2010

**Life expectancy
in
Ventura County
=
82.6 yrs,

TO/Westlake =
88.1 yrs

Port Hueneme
= 79.3 yrs in
2010.**



Source: Death Statistical Master File, 2010 and Census 2010.



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Ventura County Public Health

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COMMUNITY DASHBOARD

Behavioral Health Care MAP

Low-Income and Low Access to Store MAP

Single-Parent MAP

Breast Cancer Death Rate MAP

Tuberculosis Incidence Rate MAP

View the Legend

See all indicators

IN THE NEWS

Feature Story

Soda Rates in California Drop At Highest Rate in Ventura County As Kids Cut Back On Sugary Drinks

Ventura County youths cut their daily reliance on Coke, SunnyD and other sugary drinks at a greater pace than anywhere else in California, according to a study released Thursday.... [Read the full story](#)

State News

County Fairgrounds Provide Overnight Parking for Homeless

Breaking Down Housing Affordability for Teachers

California to ease water restrictions in move to help farmers

National News

Saturated Fats: Bad, Not So Bad?

For Heart Failure Patients, Shortness of Breath When Bending...

Well: Anti-Anxiety Drugs Tied to Higher Mortality

ABOUT THIS SITE

Health Matters in Ventura County is a web-based source of population data and community health information. This site is provided by Ventura County Public Health. We invite planners, policy makers, and community members to use the site as a tool for community assessment, strategic planning, identifying best practices for improvement, collaboration and advocacy.

Get started on Healthy Ventura County!

- Compare health and quality of life [indicators](#) with other counties, the state, the nation
- Compare county indicators to [Healthy People 2020 Targets](#)
- Learn about [promising practices](#) on a variety of topics that affect community health
- Use the [Report Assistant](#) to create a quick report or summary on a topic of interest

Featured Content

Transforming Ventura Communities: Understanding the Health Status and Needs of Ventura County

Featured Indicator

Adults Who Are Overweight or Obese

BMI Calculator

Feet:

Inches:

Weight:

Your BMI: -

Compute

BMI Categories:

Underweight = <18.5
Normal = 18.5–24.9
Overweight = 25–29.9
Obesity = 30 or greater

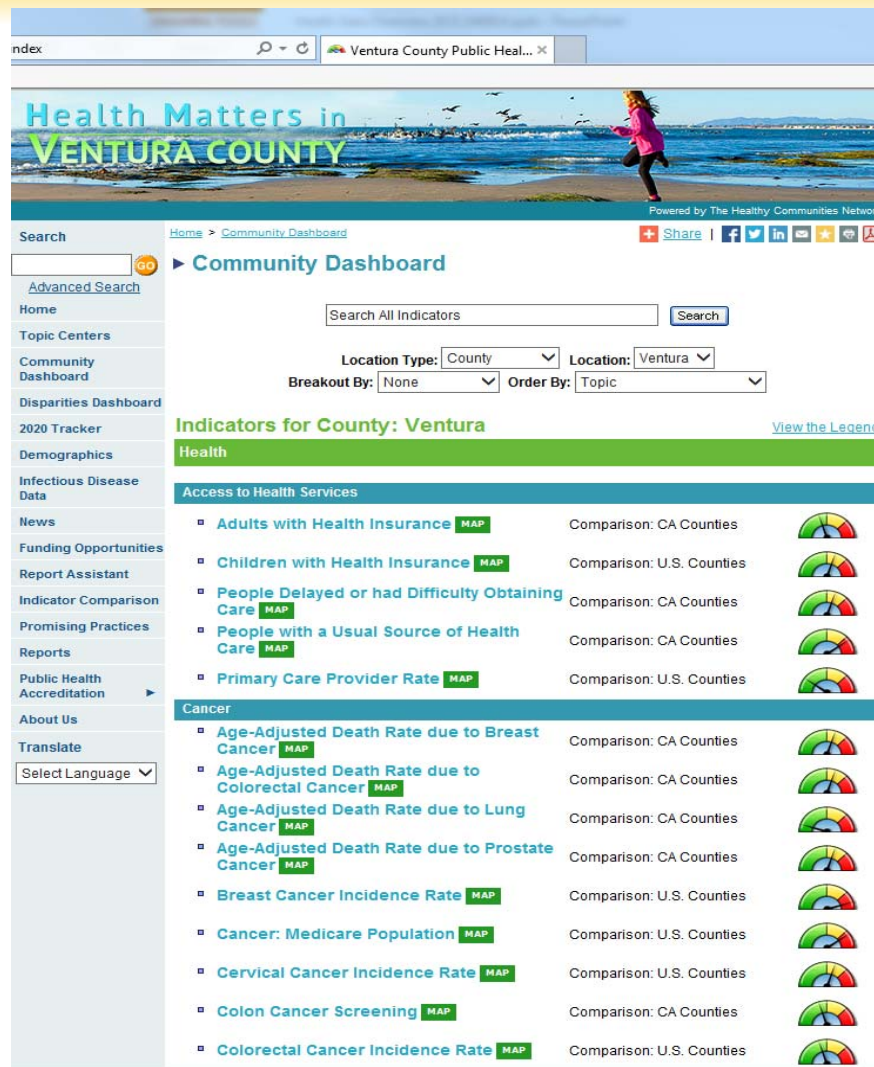
TOPIC CENTERS

Health

Economy

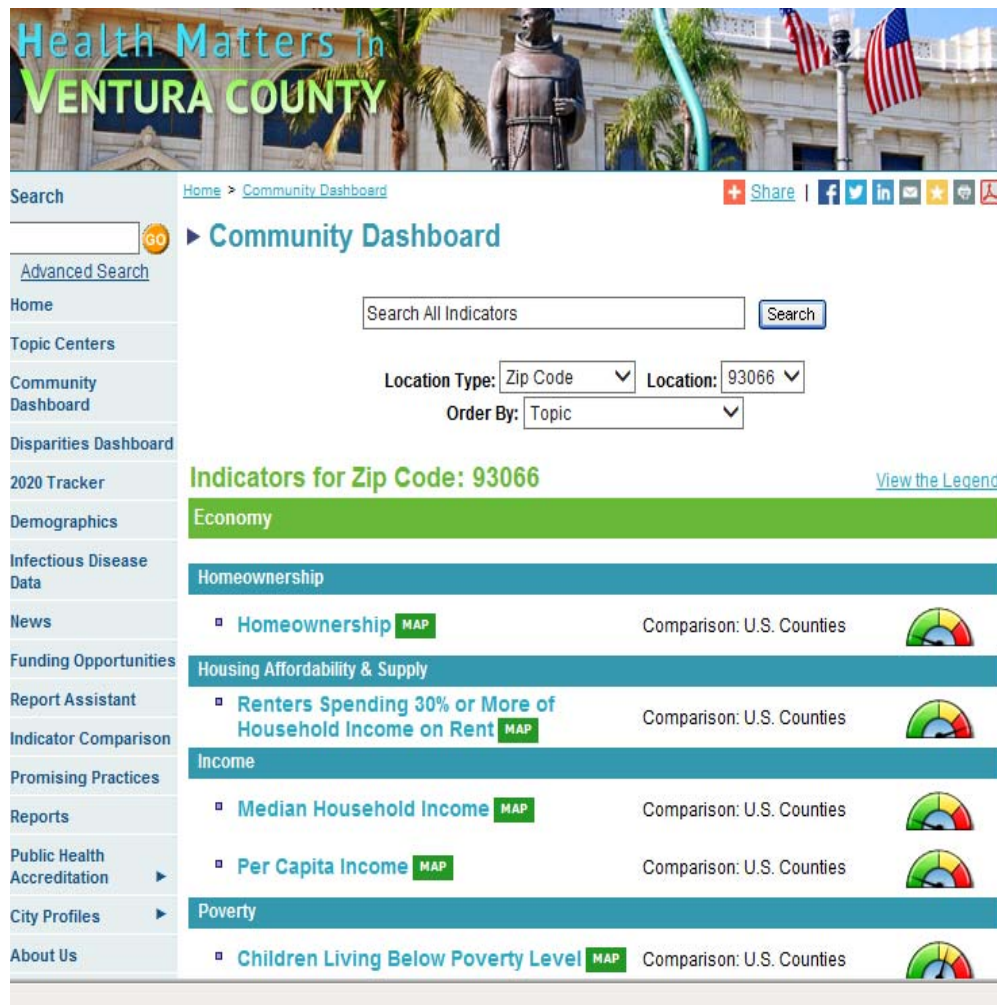


Community Dashboard



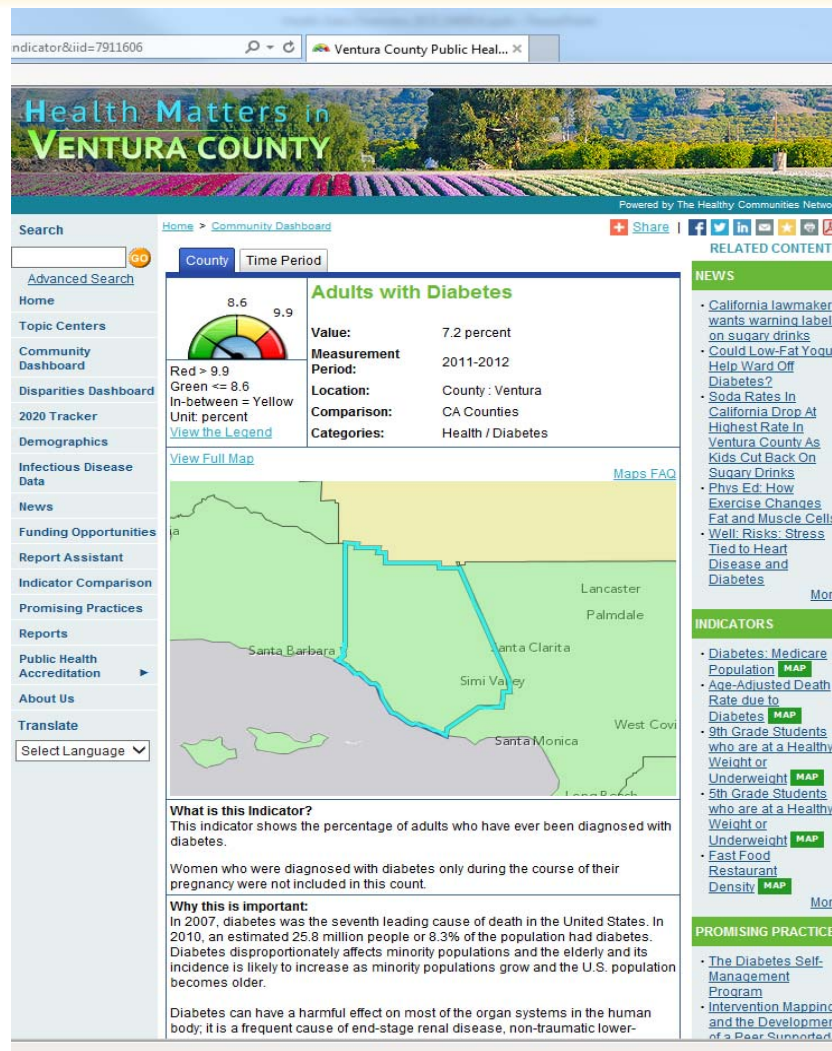


Data by Zip Code





Adults with Diabetes





Healthy People 2020 Tracker

Tracker for County: Ventura

[View the Legend](#)

Indicator	Current and Target	Data	Since Prior Period	Status
Access to Health Services				
Adults with Health Insurance MAP	Current: 79.3 percent Target: 100.0 percent	<p>79.3 100.0 Current Target</p>	=	TARGET NOT MET
Children with Health Insurance MAP	Current: 94.4 percent Target: 100.0 percent	<p>94.4 100.0 Current Target</p>	↑	TARGET NOT MET
People Delayed or had Difficulty Obtaining Care MAP	Current: 12.7 percent Target: 4.2 percent	<p>12.7 4.2 Current Target</p>	=	TARGET NOT MET
People with a Usual Source of Health Care MAP	Current: 84.3 percent Target: 95 percent	<p>84.3 95 Current Target</p>	=	TARGET NOT MET



Reports

VENTURA COUNTY'S HEALTH STATUS PROFILE FOR 2014

MORTALITY									
RANK ORDER	HEALTH STATUS INDICATOR	2010-2012 DEATHS (AVERAGE)	CRUDE DEATH RATE	AGE-ADJUSTED DEATH RATE	95% CONFIDENCE LIMITS		NATIONAL OBJECTIVE	AGE-ADJUSTED DEATH RATE CALIFORNIA CURRENT	COUNTY PREVIOUS
					LOWER	UPPER			
9	ALL CAUSES	5,031.7	606.1	593.2	576.6	609.8	a	641.5	645.5
9	ALL CANCERS	1,190.0	143.3	141.4	133.2	149.5	160.6	153.3	155.2
22	COLORECTAL CANCER	112.0	13.5	13.0	10.5	15.4	14.5	14.2	15.6
6	LUNG CANCER	239.0	28.8	28.8	25.1	32.5	45.5	34.8	36.2
40	FEMALE BREAST CANCER	102.3	24.5	21.5	17.3	25.8	20.6	20.9	20.6
22	PROSTATE CANCER	65.3	15.8	19.4	15.0	24.7	21.2	20.5	24.1
23	DIABETES	132.3	15.9	15.8	13.0	18.5	b	20.4	19.0
29	ALZHEIMER'S DISEASE	245.0	29.5	28.8	25.1	32.4	a	30.5	26.8
18	CORONARY HEART DISEASE	770.3	92.8	89.8	83.4	96.2	100.8	106.2	120.1
19	CEREBROVASCULAR DISEASE (STROKE)	297.7	35.9	35.2	31.2	39.3	33.8	36.6	38.0
8	INFLUENZA/PNEUMONIA	84.3	10.2	9.9	7.9	12.2	a	16.1	12.9
17	CHRONIC LOWER RESPIRATORY DISEASE	270.0	32.5	32.5	28.6	36.4	a	36.2	37.1
16	CHRONIC LIVER DISEASE AND CIRRHOSIS	91.3	11.0	10.3	8.3	12.6	8.2	11.5	9.7
13	ACCIDENTS (UNINTENTIONAL INJURIES)	237.0	28.5	28.2	24.5	31.8	36.0	27.3	30.7
15	MOTOR VEHICLE TRAFFIC CRASHES	57.0	6.9	6.8	5.1	8.7	12.4	7.3	9.4
18	SUICIDE	90.3	10.9	10.5	8.5	12.9	10.2	10.1	11.0
16	HOMICIDE	20.3	2.4	2.5	1.5	3.9	5.5	5.2	3.3
10	FIREARM-RELATED DEATHS	47.3	5.7	5.6	4.1	7.4	9.2	7.7	6.5
29	DRUG-INDUCED DEATHS	107.3	12.9	12.8	10.3	15.2	11.3	10.8	10.5



Report Assistant

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<http://www.healthmattersinvc.org/ReportAssistant/53399d2c797a3>
Edit the report:
<http://www.healthmattersinvc.org/ReportAssistant/modify/53399d2c797a3>

Ventura County Obesity Indicators

Indicators

5th Grade Students who are at a Healthy Weight or Underweight

Value: 54.7 percent
Measurement Period: 2012-2013
Location: County : Ventura
Comparison: CA Counties

Red < 50.1
Green >= 55.1
In-between = Yellow
Unit: percent
[View the Legend](#)

7th Grade Students who are Physically Fit

Value: 67.8 percent
Measurement Period: 2012-2013
Location: County : Ventura
Comparison: CA Counties

Red < 60.7
Green >= 65.3
In-between = Yellow
Unit: percent
[View the Legend](#)

9th Grade Students who are at a Healthy Weight or Underweight

Value: 64.2 percent
Measurement Period: 2012-2013
Location: County : Ventura
Comparison: CA Counties

Red < 54.6
Green >= 60.2
In-between = Yellow
Unit: percent
[View the Legend](#)

Recreation and Fitness Facilities



Available in Spanish

index.php%3Fmodule%3DDemographic

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graphicData&type=us

Translate

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Health Matters in VENTURA COUNTY

Desarrollado por The Healthy Comunidades Red

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Búsqueda Avanzada

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Dashboard Comunidad

Disparidades Dashboard

2020 Rastreador

Demografía

Infectious Disease datos

Noticias

Oportunidades de Financiamiento

Informe Asistente

Indicador de Comparación

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Informes

Acreditación de la Salud Pública

¿Quiénes somos?

Traducir

Selecciona Idioma

Demografía

: Ventura

	Ventura	California
Gente MIS DATOS		
Población, 2013 estimación	NA	38332521
Población, 2012 estimación	835981	37999878
Población de 2010 (1 de abril) Base de estimaciones	823318	37253959
Población, porcentaje de cambio - 1 abril 2010 hasta 1 julio 2013	NA	2.9%
Población, porcentaje de cambio - 1 abril 2010-1 julio 2012	1.5%	2.0%
Población 2010	823318	37253956
Las personas menores de 5 años, porcentaje, 2012	6.6%	6.7%
Las personas menores de 18 años, porcentaje, 2012	25.0%	24.3%
Personas de 65 años y más, porcentaje, 2012	12.6%	12.1%
Personas Mujer, por ciento, 2012	50.4%	50.3%
Blanco solas, porcentaje, 2012 (a)	85.2%	73.7%
Negro o africano americano, porcentaje, 2012 (a)	2.2%	6.6%
Los indios americanos y nativos de Alaska a solas, porcentaje, 2012 (a)	1.8%	1.7%
Asian solos, porcentaje, 2012 (a)	7.3%	13.9%
Nativa de Hawaii y otra de las islas del Pacífico solamente, por ciento de 2012 (a)	0.3%	0.5%
Dos o más razas, porcentaje, 2012	3.2%	3.6%
Hispano o Latino, porcentaje, 2012 (b)	41.2%	38.2%
Blanca solamente, no hispano o latino, porcentaje, 2012	47.7%	39.4%
Vivir en la misma casa de 1 año y otra vez, por ciento, desde 2008 hasta 2012	86.4%	84.2%
Personas nacidas en el extranjero, porcentaje, 2008-2012	22.7%	27.1%
Idioma distinto del Inglés se habla en casa, edad pct 5 +, 2008-2012	37.5%	43.5%
Graduado de escuela secundaria o superior, el porcentaje de	82.7%	81.0%



Questions??

Rigoberto Vargas, MPH

Director

Ventura County Public Health

Rigoberto.vargas@ventura.org

805-981-5100