



WORKFORCE INVESTMENT BOARD OF VENTURA COUNTY

YOUTH COUNCIL MEETING

Wednesday, September 10, 2014
3:00 p.m. - 4:30 p.m.

NOTE: CHANGE OF MEETING LOCATION

Casa Pacifica Centers for Children and Families
1722 Lewis Road (Meister Board Room), Camarillo, CA 93012

REVISED AGENDA

3:00 p.m.	Networking Session	Council Members
3:10 p.m.	1.0 Call to Order and Agenda Review	Tony Skinner
3:12 p.m.	2.0 Public Comments Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only.	Tony Skinner
3:17 p.m.	3.0 Approval of Minutes: August 6, 2014	Tony Skinner
3:20 p.m.	4.0 WIA Youth Program Performance: 2013-2014 Fourth Quarter	Richard McNeal
3:30 p.m.	5.0 Information Item for Discussion Introduction to the Current Procedure/Policy "Local Area Supplemental Criteria for WIA Youth Program Eligibility"	Richard McNeal CSD Staff and Council Members
3:55 p.m.	6.0 Council Member Comments	Council Members
4:00 p.m.	7.0 Casa Pacifica Program Overview and Tour	Casa Pacifica Staff
4:30 p.m.	8.0 Adjournment	Tony Skinner

Next Meeting

October 1, 2014 (3:00 p.m. – 4:30 p.m.)
Human Services Agency (Pepper Tree Room)
855 Partridge Drive, Ventura, CA 93003

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Workforce Investment Board of Ventura County staff at (805) 477-5306, at least five days prior to the meeting. TTY line: 1-800-735-2922. For more information, visit the Workforce Investment Board website at <http://www.wib.ventura.org>.



WIB Youth Council
August 6, 2014

MINUTES

Meeting Attendees

Committee Members

Tony Skinner (Chair)*
Jesus Torres (Vice Chair)
Mary Benton
Sean Bhardwaj
Sandra Carrillo
Linda Fisher-Helton
Claudia Harrison
Marnie Melendez
Cristina Miranda
Tiffany Morse
Roger Rice*
Ed Summers*

WIB Staff

Richard McNeal
Cheryl Moore

Guests

Karen Blufer (theAgency)
Steve Thompson (Ventura Adult and
Continuing Education)
Kim Whitaker (PathPoint)

**WIB Members*

1.0 Call to Order and Agenda Review

Chair Tony Skinner called the meeting to order at 3:10 p.m. No changes were made to the agenda.

On behalf of the Council, Mr. Skinner expressed sincere thanks to Courtney Taylor for his dedicated service to the Youth Council from 2004 to 2014. Mr. Taylor had accepted a new job in Oregon, and a thank-you letter and plaque would be forwarded to him.

The Council discussed the importance of having youth representation and noted that the standard three-year term is probably a difficult commitment for any youth, particularly one in school. Therefore, the Council agreed to ask only for a one-year commitment for youth participation. Members also suggested that it would be valuable to pair any new youth member with a mentor from the Council. Council members were encouraged to bring interested youth to the meeting as guests.

2.0 Public Comments

No comments

3.0 Approval of Minutes: June 4, 2014

Recommendation for approval: Linda Fisher-Helton
Second: Mary Benton
Abstain: Jesus Torres
Motion carried

4.0 Workforce Innovation and Opportunity Act

Cheryl Moore briefly described the new Workforce Innovation and Opportunity Act (WIOA), approved by Congress for implementation on July 1, 2015. WIOA will replace the Workforce

Investment Act (WIA). Federal guidelines and measures are planned for release in January 2015, and additional state requirements for California WIBs also are expected.

5.0 2013-2014 Year-End Review and Insights

- The Council reviewed a draft list of Council accomplishments and discussed insights and lessons learned during the year. A final document will be included in the WIB meeting packet for August 28, 2014.
- Regarding the 2014-2015 meeting calendar, the Council decided to meet regularly at the Ventura County Community Foundation (VCCF) on the usual day and time and to visit program sites when possible. Cristina Miranda invited the Council to Casa Pacifica for the September 2014 meeting.

6.0 Ventura County Regional Strategic Workforce Development Plan: Youth Plan Update

Using a brief matrix as a working document, Council members discussed progress made toward achieving the four youth goals outlined in the Plan. Several suggestions were made to update or correct new information that was supplied. Significant additions related to the California Career Pathways Trust grants awarded to the Ventura County Innovates consortium and to the Tri-City College and Career Pathway group (Oxnard Union High School District).

7.0 Program Performance Data: Additional Options

In continuing the discussion of identifying possible youth program performance elements beyond the scope required for Workforce Investment Act (WIA) Common Measures, Council members reviewed a draft outline prepared by Richard McNeal. The idea is to provide a “Snapshot in Time” once a year, giving the Council additional information on which to base decisions about the appropriate mix of program activities and the appropriate expenditure of WIA youth funds. Current providers of youth services had contributed to the document.

At present, because we do not know the capacity of the new statewide CalJOBS system (still in development and transition) to provide the information we require, the snapshot project is on hold. Though the Council approved the idea in general, their discussion centered on three fundamental, but interrelated questions that should probably undergird the enterprise: (1) What would we like to be able to say? (2) What constitutes success—the end point, or goal? (3) What could success stories contribute? Answering these questions might well influence the required data points.

8.0 Council Member Comments

None

9.0 Adjournment

Tony Skinner adjourned the meeting at 4:35 p.m.

Next Meeting

September 10 2014 (3:00 p.m.-4:30 p.m.)
Casa Pacifica Centers for Children and Families
1722 Lewis Road (Meister Board Room), Camarillo

YOUTH COUNCIL
Workforce Investment Board of Ventura County
September 10, 2014

Performance Update for Youth: Final Figures for PY 2013-2014
(July 2013 through June 2014)

Final Common Measures performance outcomes exceeded goal levels and 100% success rates. These outcomes will be reported by the State to Department of Labor-Employment and Training Administration:

	EMPLOYMENT OR EDUCATION PLACEMENT				DEGREE OR CERTIFICATE ATTAINMENT				LITERACY AND NUMERACY GAIN			
YOUTH	Goal	Actual	Success Rate	Clients	Goal	Actual	Success Rate	Clients	Goal	Actual	Success Rate	Earnings & Clients
VC WIB	70.00	71.34	101.9%	234/ 328	60.00	80.23	133.7%	207/ 258	60.50	81.73	135.0%	85/104

The State is working on configuring the new CalJOBS system to generate Common Measures and other reports by Program Operator.

VC WIB: Ventura County Workforce Investment Board

Goal: Local Workforce Investment Area Performance Goals for PY 2013-2014

Success Rate: Actual performance divided by the goal. Less than 80% at end of program year = failed performance

Clients: Numerator = only clients with positive outcome
Denominator = all clients included in the outcome.

Literacy and Numeracy: Clients in the program between July 1, 2013, and June 30, 2014

Employment or Education Placement and Degree or Certificate Attainment: Clients in the program between October 1, 2012, and September 30, 2013

LOCAL AREA SUPPLEMENTAL CRITERIA For WIA Youth Program Eligibility

Name: _____

Case # _____

Date of Birth: _____

Age: _____

An eligible youth is defined as an individual who is (1) age 14 through 21 (age is expected to increase to 24 with the introduction of WIOA in 2015), is (2) low income (no self-attestation/certification) and (3) is within one or more of the following six categories (a-f):

- a. _____ Deficient in basic literacy skills (no self-attestation/certification)
- b. _____ School dropout
- c. _____ Homeless, runaway, or foster child
- d. _____ Pregnant or parenting
- e. _____ Offender, or
- f. _____ Is an at-risk individual who requires additional assistance to complete an educational program, or to secure and hold employment, with one or more of the following characteristics:

_____ **Deficient in Employment or Occupation Skills** – Youth who lack experience or have been unemployed at least six months due to deficient employment or occupational skills

_____ **Disabled** – youth who possess one or more disabilities, to include medical and/or mental disabilities

_____ **Potential Dropout** – Youth who have a history of attendance, behavioral, or academic problems, documented by their local school

_____ **Gang Member/Associate** – Youth who are known gang members or have family members who are in gangs. This category also includes youth who live in neighborhoods where gang activity is prevalent, as documented by the local authorized municipal agency.

_____ **Potential Offender** – Youth who have a history of problems with the policy, family or social service intervention

_____ **Substance Abuse** – Youth who have a history of substance abuse and or chemical dependency problems or have immediate family members with problems

_____ **Other** – Youth who exhibit other “at-risk” characteristics not mentioned above that preclude them from obtaining secondary, postsecondary education or advanced training, or obtaining and keeping employment

Case Manager: _____

Date: _____



Coaching Independence in Transitional Youth (CITY) THP+FC program

What you need IN ORDER TO ENTER the program

The transitional housing program requires you to meet one of the five requirements of Extended Foster Care (EFC) and be between the ages of 18-21:

1. Be enrolled in high school or equivalent;
2. Be enrolled in post-secondary or vocational education;
3. Participate in a program or activity that removes barriers to employment or education;
4. Be employed at least 80 hours per month;

You may participate in the program for up to 24 months.

TO REMAIN IN THE PROGRAM YOU MUST:

1. Participate in developing and carrying out your transitional goals or Transitional Independent Living Plan (TILP).
2. Follow all program and apartment/housing rules.

CITY WILL ASSIST YOU IN MEETING GOALS THAT FALL UNDER THE FIVE DOMAINS

1. Personal Effectiveness and Wellbeing

- **PARENT CHILD INTERACTION THERAPY (PCIT):** PCIT teaches young parents communication skills, relationship-building skills, and disciplinary techniques that promote successful parenting.
- **HEALTH CARE:** The CITY Program encourages you to become responsible for your health and encourages you to receive a physical exam and dental check-up within a year of joining the program. Casa Pacifica's Health Clinic (CPHC) is open to serve CITY participants.
- **MENTAL HEALTH CARE – CLINICAL SERVICES:** Casa Pacifica's CITY program offers voluntary clinical services to all its participants. Additional services include case management, collateral services, and rehabilitation services and a board certified psychiatrist.
- **PSYCHOLOGICAL ASSESSMENT:** Casa Pacifica assessment services provide a flexible intensive and comprehensive battery of test instruments designed to meet your unique needs and situation.

2. Educational Opportunities

- **EDUCATIONAL SUPPORT:** Funds are available through Casa Pacifica to support the costs of tuition, books, and fees, as well as other expenses (such as transportation costs) to help you acquire a secondary education – college, trade school or apprenticeship.

- **CONNECTIONS TO LOCAL RESOURCES:** CITY strives to connect you to local resources that may assist you in navigating your educational goals. More specifically, we will connect you with your local college liaison, Ventura County Office of Education, and universities that offer Guardian Scholars programs.

3. Living Situation

- **SUPPORTIVE HOUSING:** You will be provided supported independent housing through either our campus-based independent houses, called Stepping Stones, or our community-based apartments, called the Shire. In both of these housing options you will have the opportunity to develop and practice independent living skills with the guidance of CITY staff.
- **INDEPENDENT LIVING PLAN (ILP) MEETING:** You will meet with your TF, Program Manager, and other pertinent team members once a month for your ILP meeting. This meeting is intended to monitor progress on your identified goals, evaluate and problem solve potential barriers to meeting goals, and creating new goals.

4. Employment and Career

- **EMPLOYMENT TRAINING:** You will participate in an eight-week curriculum that focuses on essential employment skills. You will learn the following skills: creating a master application form, developing a cover letter, creating a resume and acquiring vital documents needed for job placement.

5. Community Life Functioning

- **FAMILY FINDING SERVICES:** If you are interested in establishing or re-establishing connections to family, this service helps you locate and reconnect with family members with the intention to provide a lasting connection and develop a sense of belonging.
- **DEVELOPING LONG TERM CONNECTIONS:** CITY will strive to assist you with strengthening existing relationships and making new connections with supportive adults. CITY also offers mentoring services to facilitate new potential relationships that can aid you in your future goals.
- **TRANSITION PLANNING:** Your TF will partner with you to develop a plan for your transition out of foster care, THP+FC, or transitional housing. This plan will address future housing, school, employment, money management, vital documents and other items unique to your circumstances.

STIPEND FOR THP+FC PARTICIPANTS

MONTHLY Youth Funds

- You will receive \$790 per month. Below is an outline of the expenses you will be expected to pay as well as money allocated for discretionary spending.

Laundry/ Clothing	Phone	Transport./ Recreation	Utilities paid by Casa Pacifica <i>Gas/Electric, Water/Sewage</i>	Food costs paid by Casa Pacifica	Savings deposit in Casa Pacifica Trust	Personal Needs	Rent
\$75	Up to \$50 (one-time payment)	\$65	\$75	\$250	\$50	\$75	\$250 (paid back to CP)

Contact Info: Ray Franco – CITY Program Manager rfranco@casapacifica.org; (805) 366-4141

"Being part of the CITY program made me think about things that I did not want to think about, like my future."

— Ashley H.

"CITY has helped me understand my options for my future with my upcoming transition out of foster care."

— Matt M.

"CITY helped me with a getting a job and finding resources that have helped me prepare for fatherhood."

— Robert L.

"Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome."

— Booker T. Washington,
political leader
& author



Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

1722 S. Lewis Road
Camarillo, CA 93012
Phone (805) 445-7800
Fax (805) 987-7237
www.casapacifica.org



All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



CITY

Coaching Independence in Transitional Youth

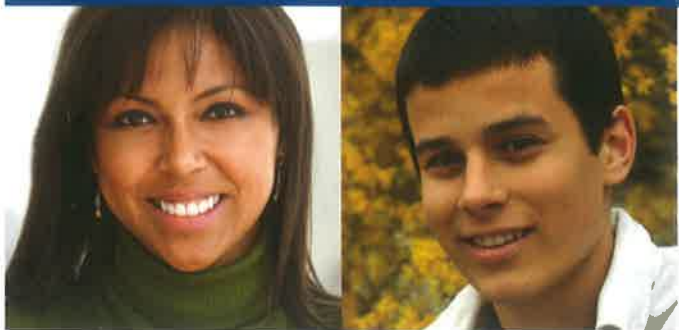
HELPING YOUTH DEVELOP
ESSENTIAL LIVING SKILLS



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



Casa Pacifica's Centers for Children and Families' Coaching Independence in Transitional Youth (CITY) Program is a youth-driven program that focuses on helping transitional-aged youth and emerging adults develop essential living skills to successfully navigate and sustain independent living. Eligible participants must be between the ages of 16-25 years and have been served by Casa Pacifica, either currently or at some point in the past.

CITY is based on and sensitive to the needs and aspirations of youth and young adults. The process begins with each youth assigned to a CITY team member who helps the youth develop an individual plan (life planning session) that identifies personal goals drawn from five life domain areas: Employment and Career, Education, Living Situation, Community Life Functioning, and Personal Effectiveness and Wellbeing.

After the initial life planning session, the CITY team member assists and guides the youth's progress toward his/her life plan goals. Depending on the youth's level of participation in the program, monthly to quarterly meetings occur to monitor the youth's individual progress. Additional services are available to support the youth in the attainment of their goals and include:

- Supportive Housing
- Parent-Child Interaction Therapy (PCIT)
- Health Care
- Mental Health Care
- Employment Training
- Living Skills Development
- Family Finding Services
- Financial Literacy Certificate
- Educational Support
- Substance Abuse
- Psychological Assessment

Some CITY participants may also be eligible to access other Casa Pacifica services such as CIRT and TBS.



Housing Assistance The CITY Program's supportive housing component is for CITY participants who request housing assistance and meet eligibility requirements. There are two housing options: Stepping Stone (semi-independent) and The Shire (independent living). Both housing options require participants to be working toward the life domain goals, willing to commit to intensive case management services, and demonstrate safe behaviors. Though Casa Pacifica subsidizes residents' rent, participants are required to save money and contribute to their rent.

Stepping Stone • 18 month housing option

- For emerging adults ages 18-21 years
- Must be working toward/progressing at least one or more life domain goals
- Semi-independent living with Resident Advisor on site
- Single parents with children considered

The Shire • 24 month housing option

- For emerging adults ages 18-25 years
- Must be working toward/progressing in at least three life domain goals
- Independent living in community setting
- Single parents with children considered

For more information or to access CITY services please call:
(805) 484-7125



"No, really, you saved my life."

— CIRT Client (adol. Female)

"I've had a lot of therapists, but you're the only one who gets it."

— CIRT Client (adol. Female)

"I love it when you come here because you help me."

— CIRT Client (8yr old male)

"The care and concern that you have had for my entire family is greatly appreciated."

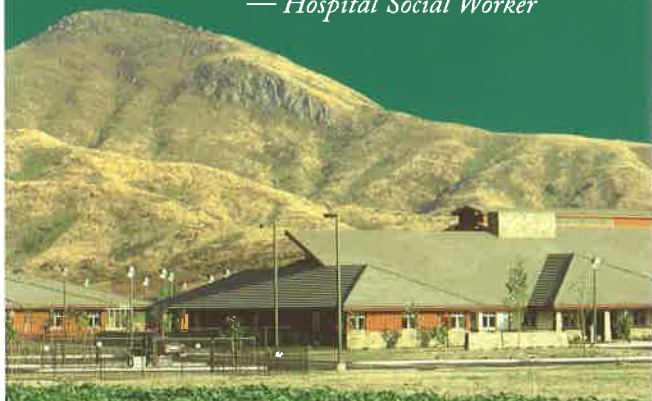
— CIRT Parent

"CIRT is healing the community one little person at a time."

— MHSA Manager

"We love CIRT and so appreciate all your responses to our ER."

— Hospital Social Worker



Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

975 Flynn Road • Camarillo, CA 93012
Phone (805) 388-7740 • Fax (805) 482-0973

24 hr CRISIS HOTLINE:

1-866-431-CIRT • 1-866-431-2478

www.casapacifica.org



All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



CIRT Program Ventura County

A MOBILE CRISIS RESPONSE SERVICE



24 hr CRISIS HOTLINE:

1-866-431-CIRT

1-866-431-2478



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



What is the CIRT Program?
 Children's Intensive Response Team (CIRT) is a mobile crisis response service available to all Ventura County children and youth up through the age of 21 years who are experiencing a psychiatric emergency. Through a contract with Ventura County Behavioral Health (VCBH) and in collaboration with the Ventura County Crisis Team, Casa Pacifica Centers for Children and Families provides crisis services 24 hours a day, seven days a week. This program is structured to provide quick and accessible specialized crisis intervention, in-home support, and linkage to county mental health services. CIRT staff are authorized to place a hold (involuntary placement in a hospital for up to 72 hours) on a child or youth in crisis, if such a placement is necessary to keep a child/youth safe.

CIRT staff work collaboratively with law enforcement and, when a child/youth is already receiving mental health services, CIRT staff consult and coordinate services with the child's existing treatment team. CIRT's goal is to prevent psychiatric hospitalization, detention in juvenile detention facilities, or placement in out-of-county facilities, and to provide linkage to appropriate mental health services. This crisis service helps preserve families and strengthen communities.

CIRT Services Are For:
 Any child up to the age of 21 in Ventura County that is engaging in behaviors that puts him/her at risk of hospitalization or out-of-home placement. Examples include:

- Suicidal or self-harm ideation or behaviors
- Aggressive behavior towards others at home or in the community
- High risk behavior (i.e. substance abuse, running away from home) that could lead to self-harm.



CIRT Availability
 CIRT staff are available by phone for children and youth throughout Ventura County 24/7. Many crisis situations can be handled by phone, but staff are able to respond in person within 60 minutes. Services are provided irrespective of insurance availability or ability to pay.

24 hr CRISIS HOTLINE:
1-866-431-CIRT
1-866-431-2478



Wraparound Services Are For Children Who:

- Are at risk of out-of-home placement in a Group Home or Residential Treatment Center (restrictive level 10 or higher)
- Currently reside in an out-of-home placement at a restrictive level 10 or above setting and will be returning to the community
- Could benefit from a family-based alternative to group home care with additional support
- Are referred by Ventura County's Human Services Agency (HSA) or Probation
- Are members of adoptive families that need the support of services through the Adoption Assistance Program



Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

975 Flynn Road
Camarillo, CA 93012
Phone (805) 366-4341
Fax (805) 465-6662
www.casapacifica.org



All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



Wraparound Program Ventura County

A COMMUNITY-BASED SERVICE



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



Through Wraparound families develop an effective support network, increase their sense of competence, acquire new skills for managing the special needs of their child, and have access to supportive resources they need to build brighter futures for themselves and their children.



The Wraparound Process

Wraparound is an in-home, in-the-community service, helping families with children at risk of out-of-home placement because of complex, multi-dimensional, emotional/behavioral needs. Wraparound also works with children who have already been placed in out-of-home care and are ready to return home.

An alternative to residential treatment, Wraparound uses a team approach coordinating services with public agencies, schools, community-based organizations, and "natural supports." Active crisis and safety plans are crafted to minimize uncertainty and fear. Uniquely tailored plans spotlight the family's goals and build upon individual strengths and needs of members of the family.



Child and Family Teams

A Child and Family Team (CTF) "wraps" services and supports around a child and family using natural or "informal" supports – family members, friends, scout leaders, clergy, or anyone the family identifies as able to offer support – and community or "formal" supports such as Wraparound staff, the referring agency, and representatives from community-based organizations.

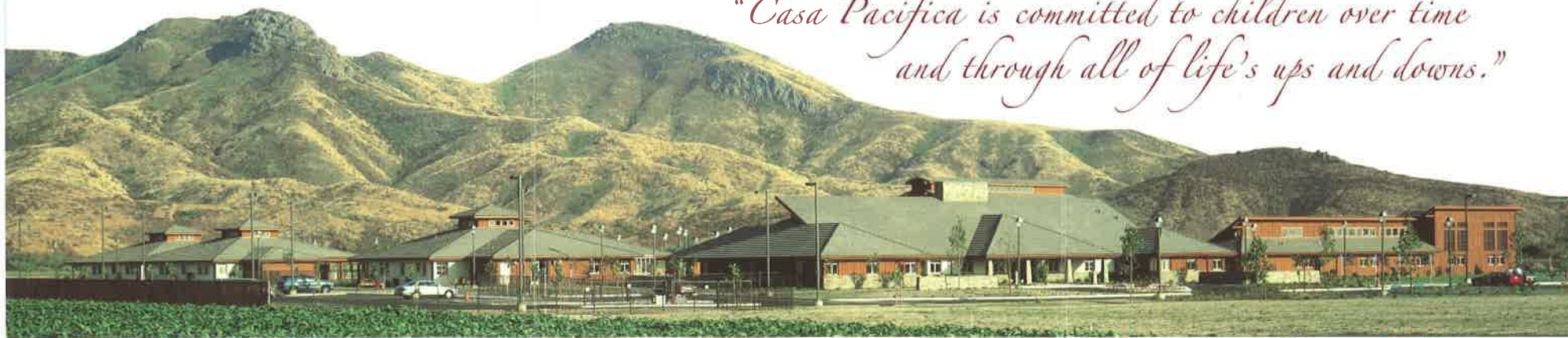
Imbedded in the CFT is the Wraparound team – Casa Pacifica staff who fill the roles of Parent Partner, Family Facilitator, and Family Specialist.

The Parent Partner is also a parent of a special needs child who offers knowledge of various systems and advocates to ensure that the parent's voice is heard. They assist caregivers meeting needs that impact the stability of the child and family.

The Family Facilitator is a master's degreed mental health professional who serves as coordinator of the planning process and convener of CFT meetings.

The Family Specialist is a bachelor's degreed mental health professional who is a mentor/coach to the child and helps the family with whatever needs directly relate to the child (assistance with finding a job, tutoring, etc.).

*"Casa Pacifica is committed to children over time
and through all of life's ups and downs."*



Why Choose Casa Pacifica Centers for Children & Families?

- As an agency, Casa Pacifica Centers for Children and Families is dedicated to maintaining a warm and welcoming family feel and ITFC foster parents become part of the Casa Pacifica family.
- ITFC foster parents receive ongoing training, supervision, and hands-on help, including in-home guidance.
- Casa Pacifica provides personal and individualized support to both the foster child and the foster parent(s).
- 24/7 emergency response is available not only to ITFC foster parents and families, but to all the youth served by Casa Pacifica's programs.
- Casa Pacifica adheres to a set of values, a culture compass, emphasizing Respect, Integrity, Courage, and Compassion.
- Casa Pacifica staff members join ITFC foster parents for all birth-parent meetings, supporting the foster parents as they provide the bridge between the foster child and their family of origin.
- Casa Pacifica maintains an excellent reputation with State and County departments and in the surrounding communities and provides foster parents access to all its community resources.
- ITFC foster families have access to other Casa Pacifica programs when extra support is necessary, such as CIRT or Wraparound.

Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

975 Flynn Road • Camarillo, CA 93012
Phone (805) 366-4355 • Fax (805) 482-0973
www.casapacifica.org



All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



California Alliance
OF CHILD AND FAMILY SERVICES



Intensive Treatment Foster Care

FOSTER FAMILY AGENCY (FFA)



**Give them the world...
Foster Children.**



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



What is Intensive Treatment Foster Care (ITFC)?

Intensive Treatment Foster Care provides focused help to one emotionally challenged child at a time in the stable foster home environment of a caring adult or couple. Designed to break the cycle of multiple out-of-home placements through intensive treatment services in the foster home, ITFC foster parents support and nurture needy children and youth and act as a bridge between the child and their return to their family of origin, strengthening the community.



What trainings are offered in addition to the ongoing supervision and support?

- California foster care system and foster children's rights
- Child protective system/mandated reporting laws and safety
- Positive discipline and the importance of self-esteem
- Emergency and crisis planning
- Foster children's rights, including access to education
- Child development
- Health issues in foster care
- Behavior disorders and interventions, including self-harm and danger toward others
- Cultural awareness and diversity
- Self care and compassion fatigue for parents
- Building and enhancing community for all



Casa Pacifica's Community Based Services include:

- Children's Intensive Response Team (CIRT) – Mobile 24/7 crisis response team for suicidal/homicidal youth
24 hr CRISIS HOTLINE:
1-866-431-CIRT • 1-866-431-2478
- Therapeutic Behavioral Services (TBS)
- Wraparound
- Intensive Family Services (IFS)
- Family Finding
- Parent Child Interactive Therapy (PCIT)
- Coaching Independence in Transitional Youth (CITY)
- Substance Abuse Treatment

CITY

Coaching Independence in Transitional Youth

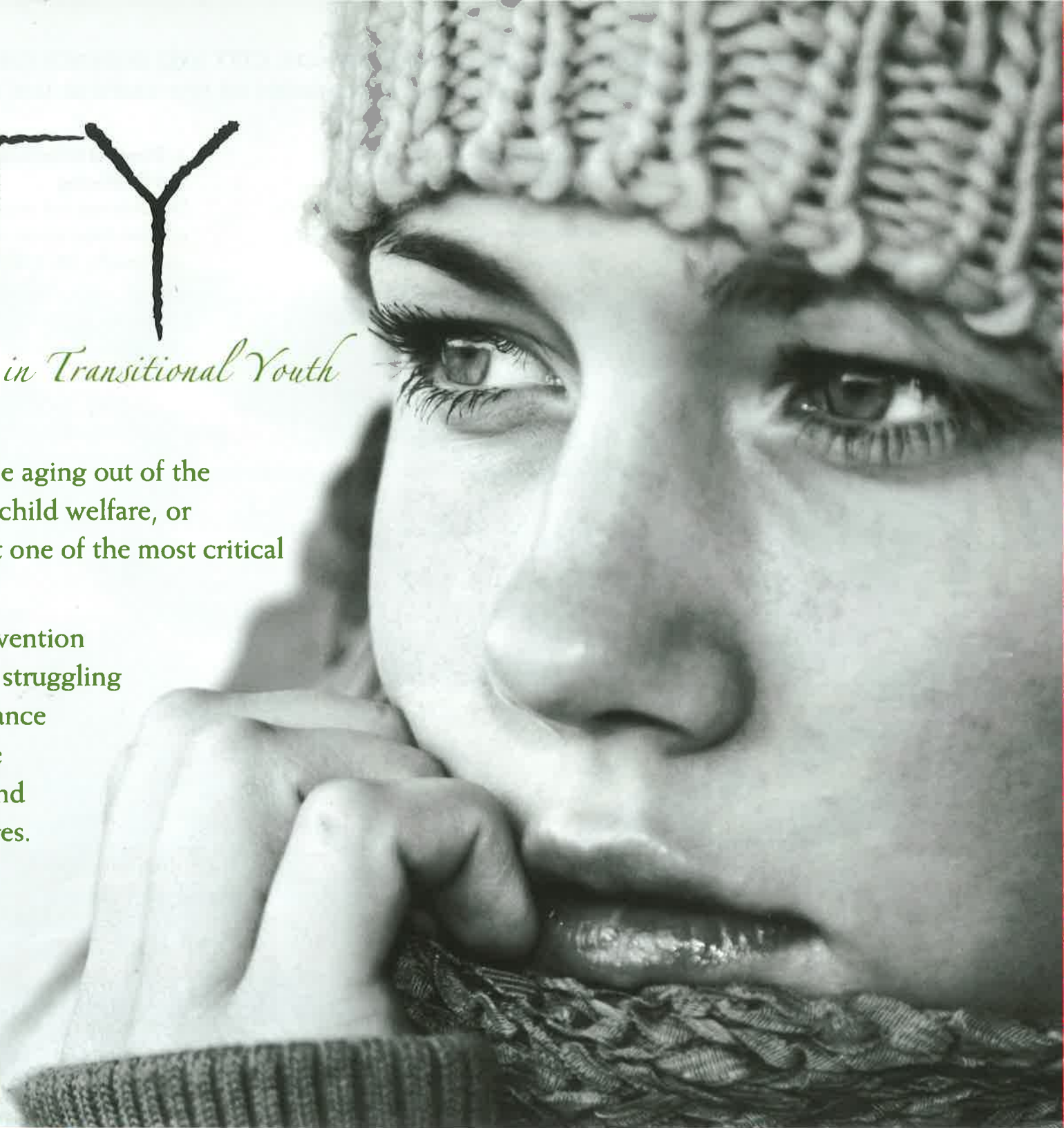
CITY serves young people aging out of the children's mental health, child welfare, or juvenile justice systems at one of the most critical times of their life.

A time that without intervention often finds young people struggling with homelessness, substance abuse, involvement in the criminal justice system, and other significant challenges.



CASA PACIFICA
CENTERS FOR CHILDREN & FAMILIES
Providing Hope & Help

WWW.CASAPACIFICA.ORG



THROUGH AN ARRAY OF MENTAL HEALTH AND SUPPORTIVE SERVICES, CITY USES EVIDENCE SUPPORTED PRACTICES TO GUIDE TRANSITIONAL AGE YOUTH IN THE DEVELOPMENT OF FIVE CRITICAL LIFE DOMAINS:

1. Employment and Career

Practical education and mentoring to strengthen skills required to maintain employment including personal responsibility, communication, and professional etiquette.

2. Education

Assistance in navigating the education system, including school selection and enrollment. Grants are also available to help reach educational goals.

3. Living Situation

Stepping Stone provides newly emancipated youth a home under the mentoring and support of a resident advisor. *The Shire*, a network of apartments across the local community, offers options for those who have developed even greater independence.

4. Community Life Functioning

Hands-on learning how to access community resources including public transportation, legal services, and cultural activities - with a focus on promoting responsible citizenship.

5. Personal Effectiveness and Wellbeing

Development of positive relationships, stress management, and healthy lifestyle habits through peer, staff, and community interactions.

Program Staff

**Chief Advancement Officer &
Director of Alumni Services**
Vicki Murphy

Clinical Supervisor
Josh Lepore, Psy.D.

Program Manager
Ray Franco, MSW

Clinical Psychologist
Anna Karas, Psy.D.

Transitions Facilitators
Mike Gomez, MS
Antonio Quezada

Resident House Advisor
Lavonn Farquar

Youth Advocates
Cristina Miranda
Raquel Montes
Dominique Martinez

Ray Franco, MSW
rfranco@casapacifica.org
(805) 366-4141



CASA PACIFICA
CENTERS FOR CHILDREN & FAMILIES
Providing Hope & Help

www.casapacifica.org

1722 S. Lewis Rd
Camarillo, CA 93012
Phone (805) 445-7800
Fax (805) 465-6656

ENGAGING TRANSITIONAL AGE YOUTH TOWARD GREATER
SELF SUFFICIENCY AND SUCCESS



"Parent-Child Interaction Therapy is unique in that it incorporates both parent and child within the treatment session, and uses live and individualized therapist coaching to change aspects of the interaction that cause challenges in the parent-child relationship."

— UC Davis Medical Center

"I used to get so frustrated... I felt like there was nothing I could do to help my son. Now I've got strategies to help guide his behavior in a positive way."

— Darlene M. Stanford
Mother of an 8-Year Old



Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

1722 S. Lewis Road
Camarillo, CA 93012
Phone (805) 445-7800
Fax (805) 987-7237
www.casapacifica.org



All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



Parent-Child Interaction Therapy

A UNIQUE TREATMENT SESSION



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



Parent-Child Interaction Therapy is an intensive treatment program that improves the quality of parent-child relationships and provides parents with skills to manage the challenging behaviors of young children.

It is designed for children between 2 and 8 years old who are living with (or soon to be reunited with) their biological, foster, or adoptive parent and who exhibit behavioral challenges such as:

- Defiant behavior
- Aggression toward parents, siblings, or other children
- Frequent outbursts of anger
- Refusal to follow directions
- Difficulty in school, preschool, or daycare
- Use of medication to manage difficult behaviors

Parent-Child Interaction Therapy is conducted in two phases. The first phase focuses on creating or strengthening a positive and mutually rewarding relationship between the parent and child. The second phase focuses on learning and using effective behavior management strategies.

During each session the parent and child play together in a specially designed room. The parent, who wears a discreet wireless receiver over his or her ear, receives guidance from a therapist who observes from an adjacent room.

With this real time coaching the parent learns skills and is able to immediately apply them to situations with his or her child.

Parent-Child Interaction Therapy helps parents learn and practice how to:

- Give a child focused attention
- Frequently and consistently praise appropriate behavior
- Increase positive and supportive communication
- Communicate clearly and directly
- Effectively respond to defiant behavior



For More Information or to refer a family for Parent-Child Interaction Therapy contact the office at:

(805) 484-7172 or (805) 484-7187

For on-line referrals go to our website and click on the link for Programs and Services.

www.casapacifica.org



Our Mission

Casa Pacifica provides hope and help for abused, neglected or at-risk children and their families.

Our Vision

Casa Pacifica will lead the services sector in promoting healthy outcomes for children and in strengthening families.

Children are
the living
messages
we send to a
time we will
not see.”

— John W. Whitehead



CASA PACIFICA

Hope and Help for Children and Families

1722 S. Lewis Road
Camarillo, CA 93012
Phone (805) 445-7800
Fax (805) 987-7237
www.casapacifica.org

All of Casa Pacifica's programs meet national accreditation standards from the Council on Accreditation based in New York City.



AMERICAN PSYCHOLOGICAL ASSOCIATION

Crisis Care Program

EMERGENCY SHELTER



CASA PACIFICA

Hope and Help for Children and Families



***S* tate-of-the-Art Campus**

The on-campus Crisis Care Program is an emergency shelter for children ages birth-17 years. Any child requiring emergency shelter, regardless of court status, is eligible to be placed at Casa Pacifica, including children removed from their homes by Child Protective Services because of abuse and/or neglect, or those who are already in the foster care system but their placement (foster home or group home) is no longer viable for them. Children must be placed at Casa Pacifica by a County agency. The 45-bed program serves both boys and girls and has been designed specifically for trauma care and treatment.

***E* xtensive and Diverse Services**

A child's stay in an emergency shelter can be for only a few days, or it can last for several months while a suitable next placement is being sought. Early in his or her stay a child receives a complete physical examination, dental exam, mental health assessment, and services as needed. The program is highly structured in a predictable, therapeutic environment with a caring and skilled staff. Children participate in a wide range of activities including team sports, swimming, arts, music, and drama. Visits with family are encouraged and supervised. During their stay in the Crisis Care Program most children continue to attend their home school; however, a pre-school for children under five years old is located on campus.



***P* rimary Care Medical Clinic**

With a state-of-the-art primary care medical clinic on campus and nursing staff available around-the-clock, the Crisis Care Program is specially equipped to serve children who are insulin dependent or who have other high-risk medical conditions.



For more information
call (805) 445-7800

"Progress not Perfection"

— TBS Motto

"TBS saved my life, and
the life of my child."

— TBS Mom

"I didn't care about myself
before TBS, but now I do
and I know I have to get
my stuff together."

— TBS Youth

"I wish it could last forever.
TBS gives me guidelines so
that I'm not so troublesome!"

— TBS Youth

"His specialist was awesome.
I wasn't sure we would get
the positive results. You just
give us hope – we had been
trying different things since
he was 2 1/2 and this has
worked. Our specialist has
worked miracles with him
and they clicked together.
I was just floored!"

— TBS Dad



Our Mission

*Casa Pacifica provides
hope and help for abused,
neglected or at-risk children
and their families.*

Our Vision

*Casa Pacifica will lead the
services sector in promoting
healthy outcomes for children
and in strengthening families.*



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

975 Flynn Road
Camarillo, CA 93012
Phone (805) 388-7740
Fax (805) 482-0973
www.casapacifica.org

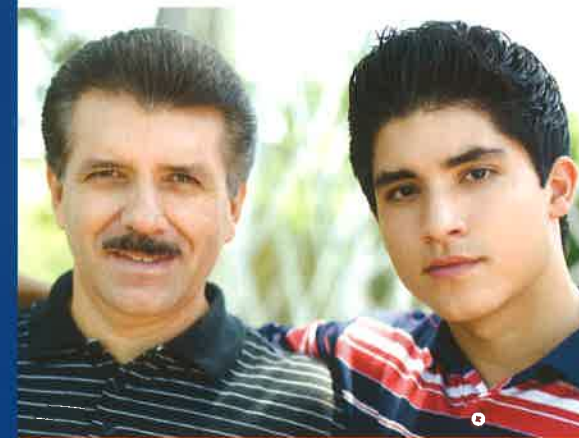


*All of Casa Pacifica's programs meet national
accreditation standards from the Council on
Accreditation based in New York City.*



Therapeutic Behavioral Services Ventura County

INDIVIDUAL TAILORED INTERVENTIONS



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help



Therapeutic Behavioral Services (TBS) are individually tailored interventions designed to teach children and youth new skills to help them manage behaviors that, if unchecked, will result in out-of-home placement. TBS is an ancillary service requested by a child's mental health provider when other interventions have failed to adequately address these extreme behaviors. Casa Pacifica Centers for Children and Families delivers this program through a well-trained interdisciplinary team of professional staff. In providing these services, Casa Pacifica focuses on working cooperatively and collaboratively with the child, their family, community agencies, and other professionals involved with the child and family.

TBS Services Are For Children Who:

- Are full-scope Medi-Cal, and
- Meet MHP medical necessary criteria, and
- Currently receive specialty mental health services, and
- Are at risk of being placed in an RCL 12 group home or higher RTP, or
- Are in an RCL 12 group home or above setting and are at risk of being placed in a higher level of care, or
- Are transitioning from a RCL 12 group home or above setting to a lower level of care and need support and help to make the transition, or
- Have had a psychiatric hospitalization within the past two years or are currently at risk of hospitalization due to a mental health problem.



TBS Treatment Plans

Identify which problematic behaviors need to change, as well as replacement behaviors which will be taught to the child and family. Since communication between the caregiver and other involved agencies is a key to success, treatment team review meetings (consisting of the child, caregiver, the referring therapist or case manager, and the TBS staff) are held at the end of 30 days of service and every 60 days thereafter. During these meetings, any pertinent history or information is shared openly within the team and the need for the continuation of TBS services to the child or youth is re-assessed.





“

No matter what's happened
to us or what we've done,
Archie loves us all the same.

-Marcos, age 16

”



Our mission

Casa Pacifica provides hope and help for
abused, neglected or at-risk children and
their families.

Our Vision

Casa Pacifica will lead the services
sector in promoting healthy outcomes for
children and in strengthening families.

For more information on
Team Archie, please contact:

Vicki Murphy

Chief Advancement Officer &
Director of Alumni Services

phone: (805) 366-4010
email: vmurphy@casapacifica.org



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

1772 S. Lewis Road, Camarillo, CA 93012

Phone (805) 445-7800

Fax (805) 987-7237

www.casapacifica.org

www.archiethetherapydog.com



All of Casa Pacifica's programs meet national
accreditation standards from the Council on
Accreditation based in New York City.



accredited member
California Alliance
OF CHILD AND FAMILY SERVICES



Team
archie

Providing for the
unexpected needs of
Casa Pacifica's Children




archie
The Therapy Dog™
CASA PACIFICA
CENTERS FOR CHILDREN & FAMILIES
Providing Hope & Help





Woof!

My name is Archibald Razz M-Tazz but my friends call me Archie. I am a Newfoundland dog and I'm very lucky because I have a huge family who loves me. My family lives at Casa Pacifica Centers for Children and Families in Camarillo, California — the crisis care shelter and residential treatment center for abused, neglected, and at-risk children and youth. My job is to help my kids feel better.

The Archie Fund is one way I do that. It is a special fund that pays for unexpected costs beyond the basic needs Casa Pacifica provides that arise for my children. In the past I have helped cover expenses such as:

-  Senior portraits, class rings, and prom expenses for high school seniors
-  Medical expenses not covered by Medi-Cal (oral surgery and anesthesia)
-  Travel costs from northern California and lodging for a mom to visit her son as part of his therapy

-  Travel expenses for a girl who thought she had no family to meet her uncle found through our Family Finding services

-  And many more!

You can help my kids too by becoming a member of Team Archie!

Team Archie members pledge to make a minimum annual donation of \$50 up to any amount — \$100, \$250, \$500, \$1,000, \$2,500, \$5,000, or more — to support the Archie Fund and ensure it has the resources I need to take extra special care of my kids.

You can help make a difference in the life of a child. Please join me today in helping my kids and become a member of Team Archie!





Sincerely,

archie



Archie Team Membership Benefits

As an Archie Team member you will:

-  Be listed as an Archie Team member on Archie's website
-  Have your name listed on a special Team Archie plaque displayed at Casa Pacifica
-  Receive a 10% discount at my online Archie Store, where all purchases will support the Archie Fund.
-  Receive an annual Newfie-Newsletter updating you on all the wonderful support that the Fund provided to my kids



Team Archie Founders:

Top row: Cheryl & John Broome, Jr., Dianna Baker
Front row: Mary Tesoro & Belting Chandler
Our Therapy Dogs: (L to R) Tess, Otis (puppy) Baker and Archie



CASA PACIFICA

CENTERS FOR CHILDREN & FAMILIES

Providing Hope & Help

Vicki Murphy

*Chief Advancement Officer
& Director of Alumni Services*

1722 S. Lewis Road • Camarillo, CA 93012

PH: 805.366.4010 • FX: 805.987.0258

vmurphy@casapacifica.org • casapacifica.org