

Healthy

friendships

eXpresso day

Friday February 24th from 9am-3pm

**Join us for this fun and
exciting event!**

**We will be celebrating the
Importance of having healthy
friendships.**

For more information or any other questions please call:

The Wellness Center

2697 Saviers Rd.

Oxnard, CA.93033

(805)653-5045