



Ventura County Public Health

A Division of the Ventura County Health Care Agency

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<http://www.vchca.org/ph>

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NEWS RELEASE

FOR IMMEDIATE RELEASE

October 7, 2011

Ventura County Public Health Department's "Operation Got Flu 2011"

Free Seasonal Influenza Flu Vaccine

[Simi Valley, Oxnard] – In its commitment to keeping the county healthy, the Ventura County Public Health Department, a division of the Ventura County Health Care Agency, will be holding two flu clinics; the first on October 14th and the second on October 21st, to immunize the public for the seasonal influenza. These two flu clinics will take place in the following locations: The first will be at the Simi Valley Town Center, 1555 Simi Town Center Drive, Simi Valley. This flu clinic will take place inside the mall, near the center courtyard, and will run from 7:00 am to 7:00 pm. The second flu clinic will be in Oxnard at the Center Point Mall, 2655 Saviers Rd, Oxnard, CA. This clinic will run from 3:00 pm - 7:00 pm.

The seasonal influenza affects roughly 20 to 30% of all Ventura County residents annually. Each year in the United States, 250,000 people are hospitalized with the flu and between 5,000 and 50,000 die from its effects. This flu vaccine covers the three major flu viruses circulating this year. All people six months of age and over should receive the flu vaccine. This is particularly true for people with compromised health or chronic health conditions, pregnant women at any stage of pregnancy, as well as people over the age of 50. Pregnant women who receive the flu vaccine will not only protect themselves but also their newborn baby for their first few months of life.

For more information about either of these flu clinics, please call Sheila Murphy at 677-5274.