

HIV/AIDS Resource Directory

**Ventura County
and Vicinity**

2009



Helping people living with HIV/AIDS, their families,
their loved ones and to assist the people who work
in the medical and social service fields.



**Ventura County
Public Health**

A Division of the
Ventura County
Health Care Agency



HIV/AIDS Resource Directory Cover





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- Ventura County Public Health (VCPH) – The Center
- Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)
- Planned Parenthood
- City Impact
- HIV/AIDS Coalition of Ventura County (HCVC)
- Clinicas del Camino Real
- Quality Advisory Committee (QAC)

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For questions and/or suggestions, please call: (805) 652-6694, Ventura County Public Health -The Center.





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Introduction

The purpose of this manual is to help people living with HIV/AIDS, their families, their loved ones, and to assist the people who work in the medical and social service fields.

What is HIV?

HIV stands for **H**uman **I**mmunodeficiency **V**irus. The virus attacks your body's immune system by killing a certain type of white blood cell, commonly known as T-cells (or CD4+ cells), weakening their defenses against other diseases. HIV is passed from one person to another in bodily fluids, mainly blood, semen, pre-ejaculate, vaginal fluids, and breast milk. If you get infected with HIV, your body will try to fight the infection by making "antibodies". If you have HIV antibodies in your blood, it means that you have been infected with HIV. People who have HIV antibodies test "HIV positive".

What does "AIDS" mean?

AIDS stands for **A**cquired **I**mmune **D**eficiency **S**yndrome. It is caused by HIV. The amount of time that it takes for HIV to become AIDS is different for everyone. Having AIDS means that the virus has weakened the immune system to the point at which the body has a hard time fighting infections. When someone has one or more infections caused by germs that do not usually infect healthy people, and a low number of T-cells, he or she has AIDS.

What's the difference between HIV and AIDS?

The Human Immunodeficiency Virus (HIV) can cause AIDS. Just because you have an HIV diagnosis, it doesn't mean you have AIDS. However everyone who has AIDS is HIV positive. HIV becomes AIDS after the number of T-cells in the body fall below a certain point and/or when a person who is HIV positive gets an infection from germs that the body is normally able to kill.

What are the stages of HIV?

HIV develops in three stages: asymptomatic, symptomatic and AIDS. The majority of people infected with HIV take between 2 and 12 years to go through the stages. However, everyone responds differently to HIV infection.

Stage 1: Asymptomatic

The first stage of the disease is called, "asymptomatic" (which means without signs or symptoms of illness). This stage begins when a person is infected with HIV. People in this stage show no signs of illness and tend to feel fine. Educating yourself about what can be done to protect and maintain your health during this stage is especially important.

Stage 2: Symptomatic

The second stage of HIV is characterized by the presence of symptoms. During this stage, a person infected with HIV begins to develop various symptoms. This stage can last for a short time, or extend over a period of years. The most common symptoms are:

- Persistent fatigue without explanation
- Unexplained fever, night sweats, and chills
- Loss of weight (i.e., 10% of normal body weight) or more
- Swollen glands (lymph nodes in the neck or under the arms)
- White spots or sores in the mouth



- Chronic diarrhea
- Persistent cough
- Vaginal infections and pelvic inflammation
- Skin rashes

Stage 3: AIDS

The third stage of HIV is called AIDS. During this stage the person experiences failure of the immune system that can contribute to conditions that may be life threatening depending on how the illnesses develop.

You can take control of your health and life by learning about and taking advantage of the many resources that are available to you. Ventura County Public Health – The Center offers a full spectrum of services such as: early intervention, medical care, individual and group support, benefits counseling, advocacy, health education, housing assistance, food vouchers, dental, mental health, and substance abuse services. Ventura County Rainbow Alliance (VCRA/APVC) a Community Based Organization (CBO) offers case management, individual and group support, benefits counseling, advocacy, health education, housing assistance, food pantry, mental health services and the Syringe Replacement Program (SRP).

This guide is intended to provide a thorough overview of the resources available throughout Ventura County and to help you find the services that can help ease the difficulties you may be facing. If you discover inaccuracies or if you know of resources that have been overlooked, please let us know. We welcome your suggestions so that the next edition of the *HIV/AIDS Resource Directory* will be even better.

Although residents of Santa Barbara and San Luis Obispo Counties will find the information contained in this manual useful, the staff agencies such as VCPH - The Center and VCRA/APVC will happily make referrals to services and agencies closer to your home.



Benefits Information

This section will provide some basic information about insurance and financial benefits so that you can be better prepared when seeing a benefits counselor.

“ACE” for Adults

This program is no longer accepting applications at this time. ACE for Adults helps people 19 to 64 years old who have no health insurance get needed medical care. This helps people live healthier lives and reduces medical costs, benefiting everyone in Ventura County. ACE for Adults is not health insurance or an entitlement. It's made possible by the Federal Government, administered by the California Department of Health Services to Ventura County. Once enrolled, you can get health care at any facility operated by the Ventura County Health Care Agency including: Ventura County Medical Center, Santa Paula Hospital, VCMC Outpatient Clinics, Behavioral Health Clinics and Public Health Clinics. You may also receive primary care and dental services from Clinicas del Camino Real. You qualify for the program if all of the following apply:

- You are a U.S. citizen or a lawful permanent resident
- You are 19 through 64 years of age
- You live or work in Ventura County
- You are not enrolled in Medi-Cal, AIM, or any type of insurance program
- Your income does not exceed 200% of the Federal Poverty Level

See page 29, “ACE” for Adults

See page 39, Ventura County Public Health (VCPH) – The Center

See page 38, Ventura County Medical Center (VCMC)

See page 35, Santa Paula Hospital

See page 37, Ventura County Behavioral Health (VCBH)

See page 38, Ventura County Public Health (VCPH) - Clinics

Cal-Works/Cal-Win (Formerly Aid to Families with Dependent Children)

Cal-Works is a federal, state, and county program administered by the Department of Social Services. It provides money and services to eligible families with children. Benefits depend on the size of your family and your income. The state decides how much money you should be allowed, and then subtracts your income from that amount. Cal-Works pays the difference, in the form of a check sent to you twice a month. If you receive Cal-Works benefits, you will also receive Medi-Cal.

See page 32, Human Services Agency (HSA) – Ventura County

California Major Risk Medical Insurance Program (MRMIP)

The California Major Risk Medical Insurance Program (MRMIP) is a program developed to provide health insurance for Californians who are unable to obtain coverage in the individual insurance market. MRMIP is administered by a five-member Board which established a comprehensive benefit package. Services are delivered through contracts with health insurance plans. MRMIP subscribers participate in the payment for the cost of their coverage by paying subscriber contributions, an annual deductible, and copayments. MRMIP supplements subscriber contributions to cover the cost of care and is funded annually by tobacco tax funds.

See page 39, Ventura County Public Health (VCPH) – The Center



Cash Assistance Program for Immigrants (CAPI)

CAPI is a program from the State of California designed to help aged, blind, and disabled people who have little or no income. It provides cash to meet basic needs for food, clothing, and shelter. Eligible persons must meet all of the following requirements:

- Be age 65 or older, blind, or disabled
- Be a legal immigrant to the USA
- Be a California resident
- Not be a citizen of the USA
- Not be receiving Supplemental Security Income/State Supplemental Payment.

Benefits of CAPI:

- Monthly cash payments (not a loan) to eligible persons.
- Direct deposit of money to a bank account.
- CAPI payments are exempt in the Medi-Cal program.
- CAPI payments are unearned income for Food Stamp eligibility.
- No office visits required; processing is done by phone, fax, or U.S. mail.

See page 32, Human Services Agency (HSA) – Ventura County

Food Stamps

Ventura County Human Services Agency helps many people in Ventura County who are struggling financially to purchase groceries through the local Food Stamp Program. If you qualify for food stamps, you will receive an electronic benefit transfer card (EBT) that enables you to purchase groceries and works like a bank debit card.

Your benefit amount is determined based on the size of your family and financial need. Your monthly food stamp benefit is automatically deposited to your EBT card. It gives you privacy when buying groceries and can be used at any store displaying the Quest logo.

Some of those who may qualify, even if they are employed, own a home, or are receiving cash assistance or benefits, are:

- Families
- Individuals
- Legal non-citizens
- Elderly people
- People with disabilities

See page 32, Human Services Agency (HSA) – Ventura County

General Relief (GR)

The Human Services Agency's General Relief Program provides assistance to eligible adults with no dependent children. Eligible recipients may receive short-term assistance in order to provide for basic living needs. When no other source of assistance is available, the General Relief Program can help provide the most basic living needs. Eligible adults may receive direct payments to their landlords and/



or utility companies, up to a maximum of \$310 per month, for a household of one. General Relief payments are considered a loan and must be repaid. Qualified applicants' household incomes must be within allowable limits, with real and property value not to exceed \$1,000, and available cash on hand and in saving accounts not to exceed \$100.

The General Relief Program staff provides assistance to eligible adults who are deemed able to work, as well as those adults who are deemed unable to work because of a mental or physical disability. The General Relief Team will complete an assessment of each potentially eligible adult to determine the type of activities they can assist with:

- Short-term Assistance Program provides help to those who are looking for a job or who are temporarily employed, and possibly looking for a better job
- Interim Assistance program is geared toward eligible adults who have been medically determined to be temporarily disabled for 11 continuous months or more, or who become disabled and the disability is expected to last 11 months or more.

See page 32, Human Services Agency (HSA) – Ventura County

Group Health Insurance

There are three ways to maintain your group health insurance when you leave employment: COBRA, Conversion, and Disability Extension of Benefits.

- **COBRA - COBRA law has, temporarily, changed for 2009. The employer must now pay a large percentage of the premium. Check with your Human Resources department regarding how to address this temporary situation.**

If you are leaving an employer who comes under COBRA (most private employers with greater than 20 employees), you are entitled to continue the group health insurance coverage, including dental, vision, and other “non-core” benefits. Life and long-term disability (LTD) insurance do not come under COBRA. While you must pay the premiums to continue this coverage, it cannot exceed 2% over the premiums your employer was paying for your coverage.

To continue coverage under COBRA, you must choose to do so within sixty days of leaving active employment or within sixty days of receiving your Notice of COBRA Rights, whichever is later. This is known as the election period. If you do not elect coverage within that time, or if you are late with any premium payments, your right to continued coverage is lost. There is no way to reinstate your coverage after the election period has expired.

Usually coverage can continue under COBRA for 18 months. If you were disabled at the time COBRA coverage commenced, under some circumstances, coverage may be extended to 29 months. During the last eleven months of coverage, the premiums may be increased 50% above the rates paid during the first eighteen months.

The best way to protect your COBRA rights is to write to your former employer during the elections period and request the appropriate forms for COBRA continuation. Send the letter registered mail, return receipt requested and keep copies.

- **Conversion** – Most health plans provide for conversion to an individual health policy. You **MUST** exercise your conversion privilege within 31 days of losing your group coverage, either at the end of employment, or at the end of the COBRA continuation. If your plan provides for conversion, then it is a right: you do not have to prove your insurability to get it.



Since conversion is usually only exercised by persons who cannot obtain health coverage elsewhere, insurance companies usually charge high premiums for the conversion policies. Also, the benefits under these policies are often substantially reduced or limited. However, there is no time limit on a conversion policy so you may keep the coverage as long as you pay the premium.

- *Disability Extension of Benefits* – If you are totally disabled when your coverage is terminated, your plan may provide for an extension of benefits. If available, it will continue coverage only for the condition that is causing your total disability.

Health Insurance Premium Payment (HIPP) Programs

CARE/HIPP and Medical/HIPP pay health insurance premiums for low-income individuals. It sometimes covers family members on the same policy, whether they are disabled or not. CARE/HIPP is for individuals who potentially qualify for Medi-Cal. Medi-Cal/HIPP requires enrollment in Medi-Cal with a “share of cost” of \$200 or less. Neither program pays your health insurance if you are Medicare-eligible. Neither program pays for Major Risk Medical Insurance Program (MRMIP).

Individuals are eligible for CARE/HIPP if they:

- are a resident of California;
- are disabled by HIV/AIDS;
- have assets less than \$6,000;
- have income less than 400 percent of federal poverty level; and
- have a monthly insurance premium less than \$700.

Clients are eligible for a maximum of 36 months of coverage and must apply for State Disability Insurance, Social Security Disability Insurance, or private disability.

See page 39, Ventura County Public Health (VCPH) – The Center

Medi-Cal, www.medi-cal.ca.gov

Medi-Cal provides medical assistance for persons who are receiving public assistance cash grants and for others who do not have money to pay for needed medical care.

If you are enrolled in Cal-Works/Cal-Win or receive Supplemental Security Income (SSI), Refugee Cash Assistance, or In-Home Supportive Services, you are automatically eligible for Medi-Cal coverage. If you have limited resources but are not eligible for the above programs, you may still be eligible to receive Medi-Cal if you meet one of the following requirements. You are:

- Age 65 or older
- Younger than 21
- Blind
- Disabled
- Pregnant
- A refugee
- Being cared for in a skilled nursing facility

See page 32, Human Services Agency (HSA) - Ventura County

See page 39, Ventura County Public Health (VCPH) – The Center



Medically Indigent Adult Program (MIA)

Ventura County Medical Center's Medically Indigent Adult (MIA) program is designed to provide temporary financial assistance to patients who are not able to afford basic medications and when no other means of payment is available. These patients are people who do not have current health insurance, lack the ability to pay for medications, and are not eligible for any other benefit program.

See page 38, Ventura County Medical Center (VCMC)

Medicare

You will automatically be enrolled in Medicare Parts A & B once eligible. If you are only receiving SSI, you are not eligible for Medicare coverage.

Medicare is a federal health insurance program that offers:

Part A: Hospital insurance, which pays for a percentage of inpatient care.

Part B: Pays a percentage of outpatient hospital services, home health visits, and other medical services/items that are not covered by Part A. There is a monthly premium for Part B.

Eligibility

- 65 or older
- If you have kidney failure, you qualify at any age
- Certain disabilities, such as AIDS
- Receive Social Security Disability Income for 24 months (29 months from the date of disability)

Note: There is no prescription coverage.

Self Pay Discount Program

Patients who have no insurance coverage and who are not eligible for any of the other available programs may apply for discounted rates.

See page 38, Ventura County Medical Center (VCMC)

Social Security Administration

Social Security Administration has two programs for the disabled. Both of these Programs define "disabled" as any medical condition (physical or mental) that prevents you from working for at least 12 months, or is expected to result in death.

- **Social Security Disability Income (SSA, SSDI, or Title 2)**
To qualify for Social Security Administration benefits, you must have a medical condition (be disabled) that meets Social Security's definition of disability. The definition of disabled under Social Security is based on your inability to work. You are considered disabled "if you cannot do work that you did before" and "cannot adjust to other work because of your medical condition (s)." Your disability must last for one year or result in death. You also must have paid into the Social Security system through your employers during approximately five of the last ten years before becoming disabled. This means you must have worked in a job or jobs where Social Security taxes (FICA) were withheld from your paycheck, or worked as a self-employed person who paid taxes quarterly.



There is no fixed amount. The amount of your benefits depends entirely on your earnings: how much and how long you have paid into the Social Security system.

You should apply for Social Security Disability as soon as you become disabled, because it takes time for your application to be processed. You may begin this process by calling the national toll-free number 1-800-772-1213, or your local Social Security office to make an appointment. If you have AIDS or disabling HIV diagnosis, let them know when you make your appointment so they will process your application more quickly.

- **Supplemental Security Income (SSI or Title 16)**

SSI benefits depend on where you live. The basic SSI check is the same nationwide. Effective January 2009, the SSI payment for an eligible individual is \$907 per month and \$1,579.00 per month for an eligible couple. In most cases, the state of California provides additional income for qualifying individuals and couples. The total benefits are based on specific eligibility requirements, which vary according to factors. Payments are made in a combined federal and state sum on a monthly basis.

See page 36, Social Security Administration

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/ AIDS Project Ventura County (VCRA/APVC)

State Disability Insurance (SDI)

The state of California provides short-term disability insurance, commonly referred to as SDI, administered by the Employment Development Department (EDD). SDI benefits are provided to workers who are unable to work due to an illness, injury, or pregnancy that is not covered by worker compensation law. It is important that you apply as soon as possible after becoming disabled, because you could be penalized or become ineligible for filing a late claim.

You must be:

- Employed by an organization that participates in the program (refer to your pay stubs, section SDI) or are self-employed and have elected to participate in the SDI program.
- You must be paying into the program at the time of disability. SDI defines disability as illness or injury, either physical or mental, which prevents an individual from doing their usual or customary work. The SDI definition includes disabilities resulting from elective surgery, pregnancy, childbirth, or a related medical condition.
- The SDI application requires certification of the disability by a medical provider.
- There is no proof of United States immigration status required for application to SDI.

Benefits are paid every two weeks for a maximum of 52 weeks and are based on the individual's income during the SDI program's 12-month base period prior to the onset of disability. **Consult a benefits counselor** to determine the amount of your benefits according to the SDI assessment system.

See page 31, Employment Development Department (EDD)

See page 39, Ventura County Public Health (VCPH) – The Center



Unemployment Insurance Claims

When you are unemployed, or working less than full time, and ready, willing, and able to work, you may be eligible to receive unemployment insurance benefits. Specific eligibility requirements apply.

Unemployment Insurance provides employment assistance to employers and job seekers, including job placement and job search workshops. State-wide employment listings and disability forms available. Unemployment insurance programs are only administered by phone.

See page 31, Employment Development Department (EDD)

Veteran's Benefits (VA)

Eligibility for health care through VA is a two-step process:

- 1) VA must determine your eligibility status as a veteran by reviewing your
 - a. Character of Discharge from active military service, and
 - b. Length of active military service
- 2) VA must determine whether you qualify for one of the eight enrollment priority groups

Services provided:

- | | |
|---|--------------------------|
| • Mental Health and Social Support Services | • Ophthalmology |
| • Diagnostic Testing | • Women's Health Program |
| • Audiology Care | • Dental Care |
| • Nutritional Counseling, and Patient Education | • Dermatology |
| • Surgical Subspecialty Consultation | • Podiatry |

See page 40, Veteran's Benefits (VA)





SERVICES

ALL DEPENDENT UPON STATE, FEDERAL AND LOCAL FUNDING

AIDS Case Management Services (CMP)/AIDS Medi-Cal Waiver Program (MCWP)

The Center provides AIDS Case Management Services to clients who would otherwise require hospitalization. These services are provided through two programs: 1) AIDS Case Management Program (CMP); and 2) AIDS Medi-Cal Waiver Program (MCWP). Both programs provide comprehensive AIDS case management and direct care services at no cost to persons with HIV disease or AIDS as an alternative to nursing facility care or hospitalization. The case management approach incorporates a collaborative interdisciplinary team consisting of a nurse case manager and a social work case manager who work with the client and his/her physician, family, caregiver(s), and other service providers to determine and provide needed services. The goals of the programs are to:

- Provide home and community-based services for persons with HIV-related disabilities who may otherwise require institutional services;
- Assist clients with disease management, preventing disease transmission, stabilizing their health, improving their quality of life, and avoiding costly institutional care;
- Assist client and family in moving toward greater independence and understanding of their disease; and
- Increase coordination among service providers and eliminate duplication of services.

To qualify for either CMP or MCWP services, all clients must:

- Have a written diagnosis of HIV/AIDS with current symptoms related to HIV disease, AIDS, or HIV disease treatment;
- Have health status that is stable enough to make home care appropriate; and
- Have a home setting that is safe for the client and service providers.

See page 39, Ventura County Public Health (VCPH) – The Center

AIDS Drug Assistance Program (ADAP)

AIDS drugs (antiretrovirals) delay progression of the disease and help prevent the life threatening infections that HIV-positive individuals are susceptible to due to their suppressed immune systems. These drugs enhance the quality of life for many HIV-positive persons and enable them to remain healthy and to work for as long as possible, thus reducing the cost of publicly-funded health care services.

The AIDS Drug Assistance Program (ADAP), within the California Department of Public Health, Office of AIDS (OA), was established in 1987 to help ensure that HIV-positive uninsured and under-insured individuals have access to pharmaceutical (drug) therapies.

Individuals are eligible for ADAP if they:

- are a resident of California;
- are HIV infected;
- are 18 years of age or older;
- have an adjusted Federal Adjusted Gross Income that does not exceed \$50,000
- have a valid prescription from a licensed California physician; and
- lack private insurance that covers the medications or do not qualify for no-cost Medi-Cal.

See page 39, Ventura County Public Health (VCPH) – The Center



Alcohol and Drug Program Services

Ventura County Behavioral Health Department, Alcohol and Drug Programs (ADP) is the principal division responsible for the planning, coordination, and delivery of program services.

- **Treatment Centers**

Treatment centers provide a wide range of counseling services for both adolescents and adults. Services include screening and assessments, treatment planning, individual and group counseling, intensive outpatient programs, information and referral. In addition to treating self-referred clients, each Center provides services for persons referred by the criminal justice system. All services are available to persons requiring services in Spanish, as well as hearing impaired.

See page 29, Alcohol Anonymous (AA) (24 hour Hotline)

See page 34, Narcotics Anonymous (NA) (24 hour Hotline)

See page 37, Ventura County Behavioral Health (VCBH)

- **Outpatient Services**

Service providers deliver treatment and intervention services on an outpatient basis. Services provided include methadone maintenance for opiate dependence, to court mandated intervention services for drug offenders.

- Aegis Medical Systems, narcotic treatment program provides outpatient methadone maintenance for opiate dependence.
- Western Pacific Medical Corporation, narcotic treatment program provides outpatient methadone maintenance for opiate dependence.
- Santa Clara Valley Services United (SCVSU), provides outpatient treatment for alcohol and drug dependent persons and their families
- Alternative Actions and the Intervention Institute provide drug diversion services in a structured 16 hour education counseling program to persons arrested for possession of controlled substances.

See page 29, Aegis Medical Systems

See page 29, Alternative Actions

See page 33, Intervention Institute

See page 35, Santa Clara Valley Services United (SCVSU)

See page 40, Western Pacific Medical Corporation

- **Residential/Inpatient Services**

Services provide range from social detoxification to recovery men, adolescents and women with small children (prenatal services).

- Miracle House provides highly structured 12 step program treatment and recovery services following a 30 day program format.
- Khepera House provides residential recovery home services for men recovering from alcohol and other drug abuse
- Santa Clara Valley Services United (SCVSU) is a residential recovery provider offering stays up to 6 months in duration. Recovery services are predicated on a 12 Step focus.



- Prototypes Women's Center provides residential treatment services for pregnant and parenting women and their children.

See page 33 Joshua House

See page 33, Khepera House

See page 33, Miracle House

See page 33, Miracle for Moms

See page 34, Prototypes Women's Center

See page 35, Santa Clara Valley Services United (SCVSU)

See page 37, Tarzana Treatment Center

See page 37, Teen Challenge

See page 37, Van Ness Recovery Home

Care Services Program (CSP)

The Care Services Program provides Ryan White HIV/AIDS Treatment Modernization Act of 2006 Part B funds to VCPH - The Center and VCRA/APVC. The funding distributed through health departments and/or community-based organizations is for the provision of care and treatment services to people living with HIV/AIDS. Funds are also used to provide HIV/AIDS-related medications, mental health services, substance abuse treatment, oral health and case management services. Additionally, the CSP provides critical support services such as medical transportation, food, treatment adherence counseling and others. Currently, the program annually assists more than 20,000 Californians living with HIV/AIDS.

See page 39, Ventura County Public Health (VCPH) – The Center

Citizenship/Naturalization/Immigration

See page 31, El Concilio del Condado

See page 37, US Citizenship and Immigration Services (USCIS)

Dental

Changes in the mouth are common in a person with a weakened immune system and also while taking certain medications. Many of the medications prescribed for a person with HIV/AIDS can also contribute to changes in the mouth. Regular dental check ups, brushing twice a day and flossing daily are important factors for people with HIV/AIDS. Dental visits may need to become more frequent as the disease progresses and the immune system weakens. If you have HIV/AIDS, your dentist can familiarize you with the tissues in your mouth so that you can report any changes.

See page 34, Oxnard College Dental

See page 35, Salvation Army (SA)

See page 37, UCLA Dental Clinics

See page 40, Western Dental

Early Intervention Program (EIP)

The Early Intervention Program (EIP) is for individuals who are HIV positive, their partners, and family members. The goal of the EIP is to help individuals maintain a high level of health and also to minimize



the risk of further HIV transmission. The services of the EIP are provided respecting the client's need for confidentiality and include:

- Case Management to help individuals develop a plan to meet their needs and make use of appropriate community resources
- Medical services, which include an initial assessment with laboratory tests, interim medical services and development of a comprehensive and individualized health care plan
- Health education including assistance with choices and options for living fully with HIV diseases to enhance your health and quality of life. This education includes nutritional assessments and counseling
- Psychological assessment and counseling are provided by a therapist to provide the support needed to cope with the challenges which may arise as a result of an HIV positive diagnosis
- Education, for risk reduction, which assess behaviors that may increase risk of transmission of HIV, and to assist in making choices that minimize these risks

You are eligible for the program if you are HIV positive and are willing to participate in all five components.

See page 39, Ventura County Public Health (VCPH) – The Center

Food & Nutrition

Good nutrition is very important for people with HIV. When you are HIV-positive, you will need to increase the amount of food you eat and maintain your lean body weight. Be sure to eat a balanced diet, including plenty of protein and whole grain foods, with some sugar and fat. An exercise program will help build and maintain muscle. Drink plenty of liquids to help your body deal with any medications you are taking. Practice food safety. Keep your kitchen clean, wash foods, and be careful about food preparation and storage. Check with your doctor about whether raw/uncooked foods are safe for you (like salad, raw fruits or vegetables). If your tap water isn't pure, drink bottled water. If you feel you need to use nutritional supplements, be sure to get some expert advice from your health care provider.

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)

See page 30, Catholic Charities

See page 29, Calvary Community Church, Community Care Center

See page 32, FOOD Share

See page 36, Seventh Day Adventist

See page 36, South Coast Fellowship

See page 36, St. John's Regional Medical Center (SJPMC)

HIV Case Management Services (CMP)

HIV case management has been essential to many people living with HIV. Case managers have helped people access medical care, housing, emergency financial assistance, food, clothing, support and mental health/substance abuse treatment programs. They are familiar with community resources and can serve as guides through the complicated systems that HIV-positive people have to negotiate.

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)



HIV Counseling and Testing (C&T)

HIV Counseling and Testing services are available to all individuals who may have engaged in behavior that places them at risk for contracting HIV. High-risk behavior includes any activity involving the exchange of potentially infectious body fluids. Risk-reduction HIV C&T is available for all clients who test HIV positive and populations considered at high risk for HIV transmission:

- Men who have sex with men (MSM)
- Females who have sex with MSM
- IDUs (Intravenous Drug Users) and their sex and/or needle-sharing partners
- Sex industry workers and their sex partners
- Sex partners of HIV-positive individuals
- Stimulant users (i.e., methamphetamine, cocaine, crack)
- Transgender individuals
- Individuals with a recent diagnosis of syphilis or gonorrhea

Ventura County Public Health and Ventura County Rainbow Alliance have implemented rapid HIV testing. Test results are available within 20 to 40 minutes. Partner Counseling and Referral Services are also offered to all individuals testing HIV positive.

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)

See page 34, Planned Parenthood

See page 30, Clinicas del Camino Real

HIV Education & Prevention Programs (EnP)

With no current cure for HIV infections and AIDS, education is the key to preventing its continuing spread. Only through innovative education and outreach programs can we hope to reach populations at greatest risk for infection before they become exposed to the virus. There are education and prevention programs throughout Ventura County that provide outreach and prevention services to prevent HIV infection. These programs include risk reduction seminars, peer-run safer sex workshops and events designed to build self-esteem and awareness.

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)

See page 34, Planned Parenthood

See page 30, City Impact

See page 29, Betel AME

See page 33, Mixteco/Indigena Community Organizing Project (MICOP)

HIV/AIDS Hotlines, www.AIDShotline.org

- California HIV/AIDS Hotline
 - Toll-free in California: 1-800-367-AIDS
 - Toll-free TTY for the hearing impaired: 1-888-225-AIDS
- Warmline, 1-800-933-3413, www.nccc.ucsf.edu/Warmline
Provides free telephone consultation service for health care providers who have questions regarding HIV care and treatment for their patients. It is operated free of charge by the Community Provider



AIDS Training Project at San Francisco General Hospital. A physician, registered nurse, or clinical pharmacist staffs the phone line from 6 a.m. to 5 p.m. PST, Monday through Friday, and voicemail is available around the clock everyday. Most calls are handled immediately.

- PEPLINE, 1-888-448-4911

The PEPLINE offers treating clinicians up-to-the-minute advice on managing occupational exposures (i.e., needle sticks, splashes, etc.) to HIV, hepatitis, and other blood-borne pathogens. PEPLINE clinicians will respond to inquiries 24 hours a day, 7 days a week.

- Centers for Disease Control and Prevention (CDC) National HIV/AIDS Hotline, 1-800-CDC-INFO

Service is 24 hours a day, 7 days a week. The hotline offers anonymous, confidential HIV/AIDS information to the American public.

Note: When calling the hotline for information specific to HIV/AIDS, the caller must select “1” on the telephone keypad (the option for “general health information”). When the operator answers, the caller must specify that they want information relating to HIV/AIDS.

Homeless Services

Many homeless people with HIV/AIDS are unable to receive adequate health care, treatment, and education about the disease. HIV infection is exacerbated by homelessness. HIV infected homeless persons are believed to be sicker than those housed and tend to face many barriers to optimal care.

See page 39, Ventura County Public Health (VCPH) - Health Care for the Homeless One Stop

See page 30, Catholic Charities

See page 31, Community Action Program of Ventura County (CAVC)

See page 31, County Housing Authority

See page 34, Oxnard Housing Authority

See page 34, Project Understanding

See page 35, RAIN Transitional Living Center

See page 35, Rescue Mission

See page 35, Salvation Army (SA)

See page 38, Ventura County Homeless and Housing Coalition (VCHHC)

See page 33, Many Mansions

Housing for People Living with AIDS (HOPWA)

HOPWA provides housing assistance designed to alleviate or prevent homelessness for persons living with HIV/AIDS. HOPWA funds are used for short-term emergency rent, mortgage, and utility payments to prevent homelessness.

Clients receiving housing and supportive service assistance through HOPWA must meet the following criteria:

- Diagnosed with HIV or AIDS
- Homeless or at risk of being homeless

See page 39, Ventura County Public Health (VCPH) – The Center

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)



Legal Services

HIV/AIDS Laws and Legislation

- 2007 Supplemental Update to A Brief Guide to California's HIV/AIDS Laws, 2006, (released Jan 2008) (PDF)
- A Brief Guide to California's HIV/AIDS Laws, 2006 (released May 2007) (PDF)
- HIV/AIDS Reporting Laws

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)
See page 36, Southern California HIV Advocacy Coalition (SCHAC)

Medical Marijuana Identification Program

A physician may recommend that a person's health would benefit from the use of marijuana in the treatment of cancer, anorexia, AIDS, chronic pain, spasticity, glaucoma, arthritis, migraine, or any other illness for which marijuana provides relief. In such cases, Ventura County residents may apply for Medical Marijuana Identification Cards. Patients and authorized caregivers must have an appointment to apply. You can make an appointment from Monday through Friday, 9am to 4pm (the office is closed from noon-1pm) by calling 805- 981-5301.

Appointments are required

See page 38, Ventura County Emergency Medical Services (VCEMS)

Medical Services

Finding the best a health care provider for you is well worth the investment of time and efforts it may take. Consider their experience, availability, and how comfortable you are with them. Working with your health care provider will be very important in protecting your health. During your visits, you may share information and have routine exams needed for your care and talk about treatment and self care. It is important to go to all your appointments, so you and your health care provider can make treatment decisions as soon as they are needed.

See page 38, Ventura County Medical Center (VCMC) – Immunology Clinic

Partner Counseling and Referral Services (PCRS)

The goals of PCRS are to assist HIV-positive clients with informing their sexual and/or needle-sharing partners of their HIV exposure risk and to encourage those partners to seek HIV counseling, testing and related services that may help them to reduce their own risk of transmitting or contracting HIV. PCRS programs play a critical role in identifying those individuals most at risk for HIV infection, and linking those who are infected to early medical care and treatment.

See page 39, Ventura County Public Health (VCPH) – The Center



Sexually Transmitted Diseases (STDs)

Testing and treatment of sexually transmitted diseases (STDs) can be an effective tool in preventing the spread of HIV, the virus that causes AIDS. An understanding of the relationship between STDs and HIV infection can help in the development of effective HIV prevention programs for persons with high-risk sexual behaviors.

See page 38, Ventura County Public Health (VCPH) - Clinics

See page 34, Planned Parenthood

Syringes Replacement Program (SRP)

People who share syringes and needles continue to be at high risk of HIV and viral hepatitis infection in California. Sharing of contaminated syringes and other injection equipment is linked to 19 percent of all reported AIDS cases in the state. State data suggests that over 1,500 new syringe-sharing HIV infections occur annually.

Scientific research continues to show that access to sterile injection equipment is associated with reduced risk of HIV infection and lower frequency of unsafe injection practices. California law permits local government to increase access to sterile needles and syringes through both syringe replacement programs (SRPs) and through over-the-counter syringe sales in pharmacies.

Access to SRP is unquestionably vital in the struggle to reduce the spread of HIV, HCV, and other blood-borne infections among IDUs, their sex partners, and their children.

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)

Therapy & Support Groups

Quality and LGBT friendly mental health counseling is available at Ventura County Rainbow Alliance (VCRA). All services are offered based on your ability to pay (sliding scale). Individual and group counseling available. If requested, referrals are made to outside professional therapists who are LGBT affirming and maintain high professional standards. Groups happening at VCRA and now forming:

- Transgender Support Group
- Friday Art Group: Open Art Studio
- HIV/AIDS Counseling
- HIV+ Women's Social Group
- Youth Counseling
- Sex Anonymous

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)

Volunteer Services

A number of client services are coordinated through Ventura County Rainbow Alliance's Volunteer Services Program. This program serves as a link between requests for services by clients and the volunteers who provide practical services and support for those living with HIV/AIDS.

See page 39, Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC)



COMMUNITY PLANNING

HIV/AIDS Coalition of Ventura County (HCVC)

The mission of the HCVC states: “In order to save lives and recognize the devastating impact of HIV/AIDS we support and promote HIV/AIDS education and prevention and treatment to the entire community of Ventura County and advocate for changes in public policy and funding through a community participatory process.

Ventura County offers:

- Medical care and treatment
- Case management
- HIV Education & Prevention
- Support services such as food, housing and transportation
- Specialty care and referrals
- Counseling
- HIV testing (including Rapid testing)

The HCVC is a community planning group that meets the first Wednesday of each month to discuss and act on issues about HIV in Ventura County. The Coalition consists of Public Health staff, HIV/AIDS service providers, persons living with HIV disease, concerned citizens and advocates. The HIV Coalition of Ventura County helps to develop HIV education and prevention services, specific to Ventura County and identify the needs of persons living with HIV. New members are currently being recruited for membership. The public is invited to attend.

See page 32, HIV/AIDS Coalition of Ventura County (HCVC)

Quality Advisory Community (QAC)

A community planning group that helps to develop quality assurance plans and standards to be utilized by providers when delivering services paid for through Ryan White funds. Such standards may include policies, procedures, guidelines, and other information pertinent to the effectiveness and efficiency in which consumers are treated and Ryan White funding is spent. To ensure that standards are appropriate for all stakeholders, members are drawn from consumers and providers of Ryan White services, as well as others interested in the delivery of health and human services.

See page 35, Quality Advisory Community (QAC)

Ventura County AIDS Partnership

Ventura County AIDS Partnership’s mission is to strengthen the County’s response to the HIV/AIDS epidemic by raising and allocating funds specifically to fill the unmet needs in HIV prevention and AIDS care services in Ventura County.

See page 37, Ventura County AIDS Partnership (VCAP)





SERVICE AGENCIES – DIRECTORY - INDEX

“ACE” for Adults, www.vchca.org/ace.htm

- 2323 Knoll Drive, #417, Ventura, CA 93003 - 805- 677-5260
ACE for Adults helps people 19 to 64 years old who have no health insurance get needed medical care.

Aegis Medical Systems, www.aegismed.com

- Oxnard, 2055 Saviers Road # 10, Oxnard – 805-483-2253
- Santa Paula, 625 E. Main Street, Santa Paula – 805-525-4669
- Simi Valley, 2650 Jones Way # 10, Simi Valley – 805-522-1844
The largest network of Narcotic Treatment Programs (NTP's) in California that treats heroin and other drug dependencies on an outpatient basis. Methadone detoxification and maintenance programs are available in all of our facilities as well as medical care, drug and general counseling.

Alcoholic Anonymous (24 hour hotline), www.aaventuracounty.org

- Toll free, 1-800-990-7750
- 805-389-1444
- 805-389-1026
A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Alternative Actions

- 314 W. 4th Street, Oxnard - 805-385-3777
- 2575 Wagon Wheel Road, Oxnard - 805-988-1112
Serves persons with co-occurring mental and substance abuse disorders, pregnant/postpartum women, women, criminal justice clients

Area Housing Authority of the County of Ventura County, www.ahacv.org/

- 1400 West Hillcrest Drive, Newbury Park - 805-480-9991
The Area Housing Authority of the County of Ventura is an independent, non-profit agency serving the unincorporated areas of Ventura County and cities of Camarillo, Fillmore, Moorpark, Ojai, Simi Valley, and Thousand Oaks.

Bethel AME, www.bethelamesf.com

- 855 S. F Street, Oxnard - 805-486-6477
Project ACTS (Awareness through Communication, Testing, and Support) provides culturally sensitive and environmentally relevant outreach with particular emphasis in the African American population to reduce social stigmas through age appropriate educational activities and HIV testing.

Calvary Community Church, Community Care Center, www.calvarycc.org/

- 5495 Via Rocas, Westlake Village - 818 991-8040
Pantry hours: Every Tuesday, beginning at 5 P.M.



Catholic Charities, www.catholiccharitiesla.org

- 402 N. A Street, Oxnard - 805-486-2900
- 303 N. Ventura Avenue, Suite A, Ventura - 805-643-4694
- 25 N. Las Posas, Camarillo - 805-987-2083
- 80 E. Hillcrest Drive, Suite 120, Thousand Oaks - 805-496-1113
- 609 Fitch Avenue, Moorpark - 805-529-0720

Provides budget counseling and the provision of temporary emergency assistance to families and individuals, as funds allow. Other services include, as funds allow:

- | | | |
|--------------------|------------------------|----------------------------|
| • Clothing | • Counseling - Family | • Counseling - Financial |
| • Families | • Financial Assistance | • Food |
| • Homelessness | • Housing | • Information and Referral |
| • Legal Assistance | • Material Assistance | • Recreation and Leisure |
| • Senior Services | • Utilities | • Youth |

City Impact, www.cityimpact.com

- 829 N. A Street, Oxnard - 805-983-3636

City Impacts mission is to promote the educational, physical, and emotional well-being of the families we serve through our programs. The HIV Risk Reduction Program focuses on outreach to students, parents and families.

Clinicas del Camino Real, www.clinicas.org

- 450 W. Clara Street, Oxnard - 805-488-0210
- 650 Meta Street, Oxnard - 805-487-5351, dental 805- 483-3600
- 500 E. Main Street, Santa Paula -805-933-0895
- 200 S. Wells Road, Suite 200, Ventura - 805-647-6322, psychology 805-647-0991, 805-647-2775
- 1200 N. Ventura Road, Suite E, Oxnard - 805-988-0053
- 4400 Olds Road, Oxnard - 805-986-5551
- 355 Central Avenue, Fillmore - 805-524-4926, dental/psychology 805-524-5653
- 1200 Maricopa Highway, Ojai - 805-640-8293
- 1000 Newbury Road, Suite 150, Newbury Park - 805-498-3640
- 221 Ventura Boulevard, Suite 126, Oxnard - 805-436-3444

Provides culturally sensitive health care services to the community to help bridge the gap in health care services and break the silence about HIV/AIDS by conducting HIV screenings and HIV testing. Clinicas del Camino Real, Incorporated provides primary and preventative health care services to the residents of Ventura County. Clinicas' bilingual and bicultural staff reach out to members of the community who are traditionally underserved due to limited income, resources, cultural and language barriers. Clinicas is a Federally Qualified Health Care Center (FQHC), delivering a fully integrated system of health care services, including:

- | | | |
|--|---------------------|--------------------|
| • Family Practice | • Dental Care | • Mental Health |
| • Vision Care | • Chiropractic | • Health Education |
| • Specialty Services | • Free Legal Clinic | |
| • Legal Permanent Residency (Green Card)Information & Referral | | |
| • Citizenship/Naturalization Application | | |



Coalition to End Family Violence, The, www.thecoalition.org

- Main Office - 805-983-6014, Emergency Shelter Hotline – 805-656-1111
Prevention – Assistance – Shelter – Education committed to helping survivors of domestic violence and sexual assault in Ventura County by providing direct services to victims; educating the community regarding violence against women, children and men; and to end the cycle of violence.
In Case of Emergency Always Call 911

Community Action Program of Ventura County (CAVC), www.ca-vc.org

- 621 Richmond Avenue, Oxnard - 805-436-4000
Community Action of Ventura County's mission is to assist low-income, disadvantage, and at risk families and individuals, including seniors and youth, to become self-sufficient. CAVC has quality programs, outreach services, and counseling to effectively serve the comprehensive needs of the disadvantaged in our community.

County Housing Authority

- Port Hueneme, www.ci.port-hueneme.ca.us, 250 North Ventura Road, Port Hueneme - 805-986-6527
- Santa Paula, www.ci.santa-paula.ca.us, 15500 West Telephone Road, #B11, Santa Paula - 805-525-3339
- Ventura, www.hacityventura.org/, 995 Riverside Street, Ventura - 805-648-5008

El Concilio del Condado, www.elconcilioventura.org

- 301 S. C Street, Oxnard - 805-486-9777; 805-240-9444
The mission of El Concilio is to provide Direct Services, Education and Personal Development Programs to the underserved Latino Community. El Concilio is dedicated to provide multifaceted services to the residents of Ventura County. El Concilio staff is bilingual/bicultural in Spanish and English and has extensive experience in providing culturally appropriate education materials and presentations to the community

Employment Development Department (EDD), www.edd.ca.gov

- English: 1-800-480-3287, Spanish: 1-866-658-8846
- Santa Clara Valley Job & Career Center, 725 E. Main Street, Suite 101, Santa Paula
- Full-screenWest Oxnard Job & Career Center, 635 S. Ventura Road, Oxnard
- Oxnard College Job & Career Center, 4000 S. Rose Avenue, Oxnard
- East Ventura County Job and Career Center, 980 Enchanted Way, Simi Valley
- Ventura Job & Career Center, 4651 Telephone Road, Ventura
- Oxnard Job & Career Center, 1400 Vanguard Street, Suite C, Oxnard
- Thousand Oaks Job and Career Center, 1423 Thousand Oaks Boulevard., Suite 100, Thousand Oaks

The EDD connects millions of job seekers and employers in an effort to build the economy of California. The Web site can link you to:

- Legal Permanent Residency an online job and résumé bank, CalJOBS, which contains thousands of job openings and the largest pool of candidates in the state
- Legal Permanent Residency labor market tools designed to help you make educated decisions



- Legal Permanent Residency information on filing an Unemployment Insurance, Disability Insurance, or Paid Family Leave claim
- Legal Permanent Residency payroll tax information and forms
- Legal Permanent Residency employment and training services and more!

FOOD Share, www.foodshare.com

- 4156 S. Bank Road, Oxnard - 805-983-7100
FOOD Share is a food bank that houses and distributes millions of pounds of food per year to the hungry of Ventura County.

HIV/AIDS Coalition of Ventura County (HCVC)

- 3147 Loma Vista Road, Ventura - 805/652-3310
The mission of HIV/AIDS Coalition of Ventura County states: “In order to save lives and recognize the devastating impact of HIV/AIDS we support and promote HIV/AIDS education and prevention and treatment to the entire community of Ventura County and advocate for changes in public policy and funding through a community participatory process. Ventura County offers:
 - Medical care and treatment
 - Specialty care and referrals
 - Case management
 - Counseling
 - Confidential and anonymous HIV testing
 - Support services such as food, housing and transportation
 - HIV Education & Prevention

Human Services Agency – Ventura County, www.vchca.org/

- East County Intake & Eligibility Center, 2003 Royal Avenue, Simi Valley - 805-584-4842
- Oxnard Intake & Eligibility Center, 1400 Vanguard Drive, Oxnard - 805-385-9363
- Oxnard Health Care for Kids, Centerpoint Mall, 2653 Saviers Road, Suite A, Oxnard - 805-385-3801
- Santa Clara Valley Intake & Eligibility Center, Santa Paula Health Care for Kids, 725 E. Main Street, Santa Paula - 805-933-8300
- Santa Clara Valley Satellite Center, Fillmore Health Care for Kids, 838 Ventura Street, Second Floor, Fillmore - 805-933-8300
- Ventura Intake & Eligibility Center, 4651 Telephone Road, Suite 100, Ventura - 805-658-4100
- Ventura Health Care for Kids, 3147 Loma Vista Road, Ventura - 805-652-3326

The Human Services Agency’s mission is to strengthen families, promote self-sufficiency, and support safety, health and well-being. The services provide a safety net for individuals and families who need assistance with basic necessities, such as food, housing and health care. Additionally assistance includes helping people secure employment through education, training, job placement and basic job-search skills.

- | | | |
|---|-------------------------------|---------------------|
| • Adoption Services | • Adult Protective Services | • CalWORKs |
| • Cash Assistance Program for Immigrants (CAPI) | | • Food Stamps |
| • Child Welfare Services | • Employment Services | • General Relief |
| • Foster Care Services | • Health Care for Kids (HCfK) | • Homeless Services |
| • IHSS Public Authority | • Medi-Cal | • Veterans Services |
| • In-Home Support Services (IHSS) | | |



Intervention Institute, intervention36@netzero.net

- 1125 Business Center Circle, Thousand Oaks - 805-375-9100
State and County certified treatment program, court and probation approved. Alcohol, drug, domestic violence, anger management, parent/ co-parenting court mandated and voluntary counseling and psychosocial educational programs. Drug testing, screening, and assessment services on site.
Additional services include family medication, relationship counseling, DOT, EAP, probation/ parole case management services including testing, assessment, treatment, exit discharge planning and after care.

Joshua House,

- 404 E. Main Street, Santa Paula - 805- 921-0937
90 day, 12 Step social model, residential program.

Khepera House, www.kheperahouse.org

- Corporate Office, 330 N. Ventura Avenue, Ventura - 805-653-2596 x-100
Treatment Office, 125 A W. Harrison Street, Ventura - 805-648-2652
In-patient, 90 day, 12 Step social model based program.

Many Mansions, www.manymansions.org

- 80 E. Hillcrest Drive., Suite 219, Thousand Oaks - **805-496-4948**
The mission of Many Mansions is to endeavor to promote and provide safe, well-managed housing with on-site, life-enriching services for limited income residents of the Conejo Valley, Ventura County, and their surrounding communities.

Miracle House, www.miraclesforrecovery.com

- Santa Paula and Ventura postal address: 1787 Mesa Verde Avenue, Suite 250, Ventura, CA. 93003 - 805-676-1353
In-patient, 90 day, 12 Step social model based program.

Miracle for Moms, www.miraclesforrecovery.com

- 121 Davis Street, Santa Paula - 805-525-7789
Miracle House works with women suffering from substance abuse issues. The mission has always been to provide the best treatment for all women regardless of their financial circumstances. The 90 day residential treatment facility and has grown to include outpatient day and night programs, assessments, and therapeutic services for men, women, children and families.

Mixteco/Indigena Community Organizing Project (MICOP), www.mixteco.org

- 520 W. Fifth Street, Suite G, Oxnard - 805-483-1166
The Romper el Silencio program brings culturally sensitive HIV prevention and testing information to Oaxacan immigrant farmworker families.



Narcotics Anonymous (24 hour hotline), www.ccrna.net

- Toll free, 1-888-817-7425

Central Coast Region of NA (CRNA) is a regional service committee founded by recovering addicts. They serve Ventura County, San Luis Obispo, Kern County, and Santa Barbara counties Narcotics Anonymous meetings. They are dedicated to helping people to overcome the problems of addiction by providing various services to our groups and local communities.

Oxnard College Dental Hygiene Clinic, www.oxnardcollege.edu/departments/academic/dental_hygiene/

- 4000 South Rose Avenue, Oxnard – 805-986-5823

Dental and cleaning exam at Oxnard College. Services may include: exam, teeth cleaning, full mouth x-rays, 4 bitewing x-rays, sealants, fluoride and quadrant scaling. This is a dental hygiene program. Fillings, restorations or any other dental work is not included. Appointments take approximately 2-4 hours. Call for an appointment – 805-986-5823.

Oxnard Housing Authority,

- 300 North Marquita Street, Oxnard - 805-385-8128

Planned Parenthood, www.plannedparenthood.org

- 5400 Ralston Street, Ventura – 805-658-3232
- 166 N. Moorpark Road, Suite 104, Thousand Oaks – 805-777-3841
- 518 Garden Street, Santa Barbara – 805-963-5801

Provides a peer education to Latinas, Confianza, and manages the Positively Speaking bureau designed to put a face on HIV and educate youth and adults. The mission of Planned Parenthood Federation of America is to provide leadership in ensuring the provision of comprehensive reproductive and complementary health care services in settings that preserve and protect the essential privacy and rights of each individual, advocating public policies that guarantee these rights and ensure access to such services, providing educational programs that enhance understanding of individual and societal implications of human sexuality and promoting research and the advancement of technology in reproductive health care and encouraging the understanding of their inherent bioethical, behavioral, and social implication

Project Understanding, www.projectunderstanding.org

- 43 East Vince Street, Ventura - 805-652-1326

Project Understanding is a faith - based agency founded and established on the principals and ideas of Judaism and Christianity whose mission is two-fold: To do justice by serving the poor, hungry and oppressed with compassion and mercy, and to provide avenues for those who wish to serve others. Project Understanding initiates, develops, and maintains special projects pulling together the efforts of individuals, local congregations and groups to meet the needs of those in need.

Prototypes Women's Center, www.prototypes.org

- 2150 N. Victoria Avenue, Oxnard - 805-382-6296

Prototypes Women's Center is a 6 to 12 month residential treatment program for women and their children. Prototypes provides comprehensive services which include intensive drug/alcohol



counseling, therapeutic services, vocational training, in-depth parenting education, wellness, and involvement and education of extended family members.

Quality Advisory Community (QAC), www.VenturaPositive.org

- 3147 Loma Vista Road, Ventura - 805-652-6694

A community planning group that helps develop quality assurance plans and standards to be utilized by providers when delivering services paid for through Ryan White funds. Such standards may include policies, procedures, guidelines, and other information pertinent to the effectiveness and efficiency in which consumers are treated and Ryan White funding is spent. To ensure that standards are appropriate for all stakeholders, members are drawn from consumers and providers of Ryan White services, as well as others interested in the delivery of health and human services.

RAIN Transitional Living Center, http://portal.countyofventura.org/portal/page?_pageid=884,1129999&dad=portal&_schema=PORTAL

- Transitional living center for homeless single adults and families with children. Homeless are housed, meals provided, job search assistance, enforced savings program, transportation, case management, self sufficiency training, substance abuse recovery support/counseling.

For more information about RAIN, or to schedule an intake interview, please call 805-385-1800 and ask to speak to the on-duty social worker.

Rescue Mission, www.erescuemission.org

- Men – Rescue Mission - 805-487-1234
- Women – Lighthouse – 805-240-1644

Ventura County Rescue Mission is Ventura County's leading provider of services for homeless men, women, and children. Services include Emergency Services, a Residential Recovery Program (12 month, faith based), Vocational Training, and Transitional Housing.

Salvation Army (SA), www.salvationarmyoxnard.org, www.salvationarmy-ventura.org

- 5924 E. Los Angeles Avenue, Suite F, Simi Valley - 805-527-1070
- 622 W. Wooley Road, Oxnard - 805-483-9235
- 155 S. Oak Street, Ventura - 805-648-5032

SA mainly serve low-income, migrant farm workers in Ventura County through safety-net services such as rent/utility assistance, medical/dental services, food pantry (currently providing 200 food baskets per month), as well as spiritual counseling. The Community Center offers services through Christian ministry, including Sunday worship, music instruction, women's ministry, Bible study and youth services. Alcoholics Anonymous and Narcotics Anonymous also meet several times a week on the premises. SA also provides a 12 month, faith based, residential program.

Santa Clara Valley Services United (SCVSU)

- 143 Davis Street, Santa Paula - 805-525-9392
Provides outpatient alcohol and drug services.

Santa Paula Hospital, www.vchca.org/mc

- 825 N. Tenth Street, Santa Paula - 805-933-8632



Seventh Day Adventist, www.camarillo.netadventiStorg

- 3975 Las Posas Road, Camarillo - 805-482-4632, 805-484-8954

Social Security Administration, www.ssa.gov

- If you live in:
 - Agoura, Agoura Hills, Newbury Park, Simi Valley Thousand Oaks or Westlake contact the Thousand Oaks office, 80 E. Hillcrest Drive., Suite 200, Thousand Oaks - 1-800-772-1213
 - Moorpark, Ojai, Santa Paula, Fillmore, Piru or Ventura contact the Ventura office, 3585 Maple Street, Suite 101, Ventura - 1-800-772-1213
 - Camarillo, Port Hueneme, Point Mugu or Oxnard contact the Oxnard office, 327 N. Fifth Street, Oxnard - 1-800-772-1213
- SSA/SSDI - the Social Security disability insurance program (sometimes referred to as SSDI) pays benefits to you and certain family members if you worked long enough and paid Social Security taxes. Your adult child also may qualify for benefits on your earnings record if he or she has a disability that started before age 22.
- SSI - the Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

South Coast Fellowship, www.scf.org

- 4050 Market Street, Ventura - 805-658-7646
Pantry located at 1595 Walter Street, Suite 2, Ventura, CA 93003, 805-658-7223

Southern California HIV Advocacy Coalition (SCHAC), www.schac.org

- 8235 Santa Monica Boulevard, Suite 214, West Hollywood - 323-822-3830 Ext. 2030
The Southern California HIV Advocacy Coalition (SCHAC) is a group of agencies and individuals who advocate for people living with HIV/AIDS in Southern California. SCHAC's mission is to expand access to quality health care and treatment for all people living with HIV/AIDS to advocate for appropriate funding for HIV/AIDS programs within the state of California; and to lobby for legislation and public policies that promote the health, welfare and civil rights of all Californians affected by HIV/AIDS.

St. John's Regional Medical Center (SJPMC), www.stjohnshealth.org

- 1600 N. Rose Avenue, Oxnard - 805-988-2500
SJPMC provides medical care. If you are uninsured and do not qualify for a government sponsored insurance program, you may be eligible for free or discounted services depending on your income level and circumstances through the CHW Payment Assistance Program. SJPMC also provides bilingual (English and Spanish) health and wellness programs for community members through the Health Ministries program. The Basic Needs Program serves the poor and disenfranchised in the community. The Parish Health Ministries serve the congregations of different faiths in the community to provide health and wellness program at the parish level. Services include: brown bags, food pantry (Christ the King Church, 535 Cooper Road, Oxnard, hot meals, clothing and loan assistance



Tarzana Treatment Center, www.tarzanatc.org/

- 18646 Oxnard Street, Tarzana - 818-996-1051, x3804
Provides detoxification and rehabilitation for chemically dependent people with HIV/AIDS.

Teen Challenge, www.teenchallenge.com

- 6790 N. Ventura Avenue, Ventura - 805-648-3295
It is the mission of Teen Challenge to provide youth, adults and children an effective and comprehensive faith-based solution to drug and alcohol addiction as well as other life-controlling problems. 12 month, faith based residential program for men and women

UCLA Dental Clinics, www.dentistry.ucla.edu/

- 10833 Le Conte Avenue, Los Angeles – 310-825-5161
Partial funding from Ryan White grant.

US Citizenship and Immigration Services (USCIS), www.uscis.gov/portal/site/uscis

- The USCIS is the government agency that oversees lawful immigration to the United States of America. They establish immigration services, policies and priorities to preserve America's legacy as a nation of immigrants while ensuring that no one is admitted who is a threat to public safety. To accomplish this, they "adjudicate" (decide upon) the petitions and applications of potential immigrants. The USCIS adjudicate: immigrant visa petitions, naturalization petitions, asylum and refugee applications

Van Ness Recovery House

- 1919 North Beachwood Drive, Los Angeles - 323-463-4266
Alcohol/Drug 90 day treatment facility, 12 Step model, geared toward the LGBT community.

Ventura County AIDS Partnership (VCAP), www.vcaidspartnership.org

- United Way, 1317 Del Norte, Suite 100, Camarillo – 805-485-6288
Ventura County AIDS Partnership's mission is to strengthen the County's response to the HIV/AIDS epidemic by raising and allocating funds specifically to fill the unmet needs in HIV prevention and AIDS care services in Ventura County.

Ventura County Behavioral Health (VCBH), www.vchca.org

- Adult Outpatient Mental Health Centers
 - 1911 Williams Drive, Suite 110, Oxnard - 805-981-4200
 - 4258 Telegraph Road, Ventura - 805-477-5700
 - 333 W. Harvard Boulevard, Santa Paula - 805-933-4868
 - 3150 Los Angeles Avenue, Simi Valley - 805-577-0830
 - 72 Moody Court, Thousand Oaks - 805-777-3500
- Alcohol and Drug Program Outpatient Services
 - 3150 E. Los Angeles Avenue., Simi Valley - 805-577-1724
 - 1911 Williams Drive., Oxnard - 805-981-9200
 - 4322 Eileen Street, Simi Valley - 805-584-4878
 - 24 E. Main Street, Ventura - 805-652-6919
 - 828 Ventura Street, Suite 250, Fillmore - 805-524-8644



The Behavioral Health Department plays an important role as an integrated component of the Ventura County Health Care System. The Department provides a system of coordinated services to meet the mental health and substance abuse treatment needs of the Ventura County. Program services are delivered from regionally based Behavioral Health Centers for women with children, women, adolescents, youth between the ages of 18 to 25, adults and seniors. Specialized services are also provided in partnership with city and county agencies, courts, local law enforcement, schools and community based coalitions. The commitment is to serve you and our community with the best science, service and outcome.

Ventura County Emergency Medical Services (VCEMS), www.vchca.org/ph/ems/

- 2220 E. Gonzales Road., Suite 130, Oxnard - 805- 981-5301
Ventura County Emergency Medical Services (EMS) comprises various disciplines and agencies, including fire departments, law enforcement agencies, ambulance services, and other public and provider agencies. These agencies respond to approximately 30,000 emergency calls per year that result in 20,000 transports to emergency rooms to hospitals throughout Ventura County.

Ventura County Homeless and Housing Coalition, <http://vchhc.org/>

- For information, please contact:
Executive Director: Cathy Brudnicki - cathy@vchhc.org
Community Educator: Lynn Bulock - lynn@vchhc.org
VCHHC has functioned as the lead planning entity for homeless assistance in the County of Ventura since 1991. It is a non-profit organization whose mission is to develop and maintain a county-wide cooperative effort to address the needs of homeless individuals, those at risk of becoming homeless, and those in need of low income housing. VCHHC does not provide service to individuals.

Ventura County Medical Center (VCMC), www.vchca.org/mc

- 3291 Loma Vista Road., Ventura - 805- 652-6000
Ventura County Medical Center (VCMC) is a full-service, acute care hospital, and the hub of the county medical service system. VCMC also has a satellite location in the Santa Clara Valley, Santa Paula Hospital. The system provides access to high quality, health care to residents throughout Ventura County, with special emphasis on providing access to care for the underserved and those facing barriers to access.

Ventura County Medical Center (VCMC) - Immunology Clinic, www.vchca.org/mc

- 3147 Loma Vista Road, Ventura 805-652-6524
The Immunology Clinic provides primary medical care to many of the Ventura County residents who are living with HIV/AIDS.

Ventura County Public Health (VCPH) - Clinics, www.vchca.org

- North Oxnard Public Health, 240 E. Gonzales Road, Suite 140, Oxnard - 805-981-5221
- Simi Valley Public Health, 660 E. Los Angeles Avenue, Simi Valley – 1-888-285-5012, 805-578-3675
- South Oxnard Public Health, 2500 S. C Street, Suite D, Oxnard - 805-385-8647
- Ventura County Public Health, 3147 Loma Vista Road, Ventura - 805-652-8647
Public Health Clinics provide a variety of wellness screening, education, and treatment services, some walk-in, some by appointment only. Services include immunizations (child and adult), TB



skin testing, pregnancy testing, HIV testing, family planning services, breast cancer screening and referral, sexually transmitted infection (STI) screening and treatment, international travel vaccines and education, well-child examinations and referrals.

Ventura County Public Health (VCPH) - Health Care for the Homeless One Stop

www.vchca.org/dos/Program.asp?ProgID=84

- 3147 Loma Vista Road., Ventura - 805-652-6694
Health assessment, diagnosis and treatment for homeless or transitionally homeless persons at various community sites on a regular schedule. Homeless medical services are available on an appointment basis at VCMC ambulatory care clinics throughout the county and on a walk-in basis at VCMC Urgent Care Centers. The Homeless Program provides immunizations, TB testing, Hep C testing, primary care, labs and x-rays, prescriptions, case management and health education and referral into the VCMC clinics. Referrals are available for emergency services, vision, respite, mental health, substance abuse, dental, eligibility/benefits, transportation, shelter/transitional housing, STD treatment and HIV/AIDS care. The One Stop Multi Resource Center provides application assistance, Veteran services, legal assistance, behavioral health services, case management, etc. every Tuesday 10 am - 1 PM. Call 805-652-6111 for locations.

Ventura County Public Health (VCPH) – The Center, www.vchca.org/ph/DiseaseControl/aids.htm

- 3147 Loma Vista Road., Ventura - 805-652-6694
The Center provides special programs for persons living with HIV/AIDS. The Center provides professional, confidential and culturally sensitive services for men, women and children. Services are available in English and Spanish.
 - Case Management Program
 - HIV Alcohol/Drug Counseling
 - HIV Rapid Testing
 - HIV Education and Prevention
 - Medi-Cal Waiver Program
 - Benefits Counseling
 - HIV/AIDS Surveillance
 - HOPWA (Emergency Housing assistance)
 - Client Referral and Advocacy
 - Early Intervention Program
 - Mental Health and Counseling
 - ADAP
 - Care Service Program (Parts B & C)
 - Court Mandated Classes

Ventura County Rainbow Alliance/AIDS Project Ventura County (VCRA/APVC),

www.lgbtventura.org

- 4567 Telephone Road, Suite 100, Ventura - 805-339-6340
The mission is to promote equality through education and advocacy, offer resources and referrals, provide social services, and support activities which enhance the health and well-being of lesbian, gay, bisexual, transgender and HIV/AIDS-affected individuals, their families and friends in Ventura County. HIV services provided:
 - Case Management
 - Necessities of Life Food Pantry
 - HIV Rapid Testing
 - Education and Prevention
 - Conversation/Support Groups
 - Emergency Housing
 - Client Referral and Advocacy
 - Syringe Replacement Program
 - Mental Health and Counseling
 - Youth Empowerment Program



Veteran's Benefits (VA), www.va.gov

- Ventura County Veterans Services - 1701 Pacific Avenue, Suite 110, Oxnard - 805-385-6370
- Outpatient Clinic - Santa Barbara Community Based Outpatient Clinic, 4440 Calle Real, Santa Barbara - 805-683-1491
- Community Based Outpatient Clinic - Ventura CBOC, 120 N. Ashwood Avenue, Ventura - 805-658-5800

The Department's mission is to serve America's veterans and their families with dignity and compassion and to be their principal advocate in ensuring that they receive medical care, benefits, social support, and lasting memorials promoting the health, welfare, and dignity of all veterans in recognition of their service to this Nation.

Western Dental Centers, www.westerndental.com

- Centers located in Oxnard, Ventura, and Simi Valley. Call now to schedule an appointment at your nearest office: 1-866-483-2063.

Western Pacific Medical Corporation, www.westpacmed.com

- 955 E. Thompson Boulevard, Ventura - 805-641-9100

The mission of Western Pacific Med/Corp is to provide evidence based narcotic treatment services to any eligible person seeking them. These services shall be provided in a cost effective, high quality, humane, culturally sensitive, and non-discriminatory manner.



RELIABLE INTERNET RESOURCES

There are many HIV information sources and patient groups that can help you keep a good attitude, and answer any questions you may have about HIV. The following list contains contact information for some of these organizations. Most public libraries offer free access to the Internet. Librarians will assist you. Remember your primary care physician (PCP) or Nurse Practitioner (NP) is the best source of information. These links are to sites that are widely regarded as accurate sources of information, but this Resource Directory is not responsible for any information on external links.

California Department of Public Health, Office of AIDS

www.cdph.ca.gov/programs/aids

California AIDS Clearinghouse

www.hivinfo.org/

AIDSinfo, 1-800-HIV-0440 (1-800-448-0440)

www.aidsinfo.nih.gov

amfAR (American Foundation for AIDS Research), 1-800-39-amfAR (1-800-392-6327)

www.amfar.org

The Body: The Complete HIV/AIDS Resource

www.thebody.com

CDC National Prevention Information Network, 1-800-458-5231

www.cdcnpin.org

Centers for Disease Control and Prevention (CDC), 1-800-CDC-INFO (1-800-232-4636)

www.cdc.gov/hiv

GLBT National Help Center, 1-888-THE-GLNH (1-888-843-4564)

www.glnh.org

HIV and AIDS Treatment Information

www.aidsmeds.com

NAPWA (National Association of People with AIDS), 1-240-247-0880

www.napwa.org

Project Inform, 1-800-822-7422

www.projectinform.org



