Prevent West Nile Virus
Eliminate common backyard mosquito breeding sources.

Protect Yourself from Mosquito Bites
- Wear long, loose and light-colored clothing
- Use insect repellent with the smallest percentage of DEET that protects for the length of time you are exposed to mosquitoes, but no more than 50% for adults and less than 30% for children
- Install or repair screens to be tight-fitting on windows and doors

Ventura County Public Health
West Nile Virus Infection Information: (805) 981-5201 www.vchca.org
Mosquito Control Information: Environmental Health (805) 654-2816 http://wwwVENTURA.ORG/envhealth/programs/vector_control/