

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES▪Wednesday, February 13, 2014

<u>Present</u> Denise Nielsen, Chair René Beauchesne, BHAB Daliah Kindschi, Aspiranet Jody Kussin, Casa Pacifica Erick Elhard, Casa Pacifica Myra Saltoun, Casa Pacifica Lisa Connolly, CFS Amy Balchum, Ventura County Jewish Family Service Ratan Bhavnani, NAMI Matthew Mack, NAMI PATAA Fran Arner-Costello, SELPA Ellen Linder, United Parents Sarah Ware, Vista del Mar	<u>VCBH Managers/Staff Present</u> Dr. Thurber, Youth & Family Division Medical Director Ramila Sloane, Family Liaison Pam Roach, Transformational Liaison Edith Pham, Recording Secretary NEXT MEETING: Wednesday, March 12, 2014,10:00a.m.– 12:00pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:10.		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the January 8 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements A. Chair Nielsen gave the Safety Plan to Dr. Chris Landon, who has invited her to speak about it on the Access Network next week. B. Chair Nielsen spoke to Dr. Glenn of UCLA, who sent information for possible inclusion in a packet to the local doctors. This will be discussed at next month's meeting.		
VI.	Public Comments None.		
VII.	New Business A. NAMI "Parents and Teachers As Allies" Program – Matthew Mack and Ratan Bhavnani NAMI Ventura County has received funding to implement this school-based early intervention program targeted at teachers and parents. The program is presented by people with lived experience, including a youth. The goal is for teachers to be proactive in making accommodations for the youth and to reach out to the parents, particularly when a youth may be starting to exhibit signs of mental illness. The program is being relaunched and is not in any school yet. The NAMI website can be used to provide feedback or ideas on which groups to present to. Suggestions included contacting private schools and the teacher programs at CLU and CSUCI. Fran Arner-Costello requested a brief write-up that she can present to various school groups and request that the program be put on their agenda.	Give write-up to Fran Arner-Costello	NAMI
VIII.	Old Business		

	<p>A. Suicide Prevention workgroup – Jody Kussin and Erick Elhardt The group has discussed information on Didi Hirsch, the national suicide prevention hotline. The California Suicide Prevention Network will meet in Kern county in March. Historically, calls to CIRT tend to decrease around the holidays, but this did not happen during this last holiday season. A free app, my3, can be used on a smart phone to formulate a safety plan. There is a need for hospital beds for children and youth with mental health and developmental disabilities. Currently, Tri-County Regional Center has requested that CIRT refrain from using College Hospital in Cerritos.</p> <p>B. Parent Participation and Community Outreach workgroups – Ellen Linder The information included in the packets that STAR (Screening, Triage, Assessment and Referral) gives at assessment can become quickly outdated. The workgroups will work to clarify their role in connection with other groups outside BHAB, e.g. Parent Leadership.</p>		
IX.	<p>Committee Members' Comments, Activities, updates, items of interest</p> <p>A. Lisa Connolly stated that several of her employees have given positive feedback about the Safety Plan and will make use of it.</p> <p>B. Fran Arner-Costello stated that:</p> <ul style="list-style-type: none"> - VCOE (Ventura County Office of Education) has trained a large number of people in positive intervention. Two schools in Ventura county have become exemplary: Gateway and Triton Academy. - Agency 101 was a success. Sixty agencies participated, and over 400 people attended. - VCOE is halfway through their Transitions fairs; 41 agencies are participating. - Carpe Diem will be on March 7. Over 200 professionals will participate. - Fran Arner-Costello will retire this summer. 		
X.	<p>Items for the Next Meeting Agenda</p> <p>A. Discuss the document General Practitioner Guidance.</p> <p>B. Katie A update from Susan Kelly.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at noon.</p>		