## BEHAVIORAL HEALTH ADVISORY BOARD

# YOUTH & FAMILY COMMITTEE

# MINUTES • Wednesday, November 12, 2014

#### **Present**

Denise Nielsen, Chair
Jody Kussin, Casa Pacifica
Erick Elhard, Casa Pacifica
Lisa Connolly, CFS
Laurie Jordan, Rainbow Connection
Regina Reed, SELPA
John Ryan, TCRC

Ellen Linder, United Parents Amy Balchum, VC Jewish Family Services

### **VCBH Managers/Staff Present**

Edith Pham, Recording Secretary

#### **NEXT MEETING:**

Wednesday, December 10, 2014, 10:00 a.m. - 12:00 pm

Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:10.		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written.  M/S/C	
III.	Approval of the Minutes  The Chair asked the committee to review and approve the minutes of the October 8 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements The Chair's church has a new website: justserve.org. The Chair encourages agencies to use the website to publicize their activities and request volunteers for their one-time or ongoing projects.		
VI.	Public Comments None.		
VII.	New Business  A. Youth Crisis: Where are we now in Ventura County? – Jody Kussin In the US, suicide is the second cause of death in youth ages 15-24 (Centers for Disease Control). Ventura county is one of the few counties nationwide with a separate youth crisis team: CIRT (Children's Intensive Response Team). The number of calls to CIRT has increased 68% from FY 2011-12 to FY 2013-14. Some of the resources in the county include trainings such as Mental Health First Aid (VCBH), safeTALK (VCOE), and CIT (law enforcement). Some of the needs include an electronic bed board for California hospitals, and psychiatric beds for children 12 and under.		
VIII.	Old Business  A. 2013-14 Annual Report – Denise Nielsen The draft Annual Report was reviewed and approved as written.  B. Packets to local doctors – Denise Nielsen Tabled.	The Annual Report was approved as written. <b>M/S/C</b>	

C. Katie A update – Susan Kelly Susan Kelly was not present.		
D. Suicide Prevention workgroup – Jody Kussin Erick Elhard stated that the Suicide Prevention regional committee meeting was held last month in San Luis Obispo. The next regional meeting will be held in Ventura. The committee includes representatives from Kern, San Luis Obispo, Santa Barbara and Ventura counties.		
E. Parent workgroup – Ellen Linder The parent leadership training attracted 19 parents. Various CBOs (Community-Based Organizations) are encouraging parents to participate.		
Committee Members' Comments, Activities, updates, items of interest  A. Ellen Linder has prepared a draft Parent Leadership flow chart, which she will send to the secretary for dissemination to this committee. She asks that all members send their edits to the secretary before the next meeting.	Send edits to E. Pham	All
<ul> <li>B. The Chair stated that:</li> <li>1. Aspiranet has moved to 5284 Adolfo Road, # 100, Camarillo; contact phone numbers remain the same;</li> <li>2. VCBH is expanding by opening a clinic at the Centerpoint Mall, 2500 South C Street, Suite D, Oxnard; phone: 385-9460.</li> </ul>		
C. Regina Reed stated that Agency 101 will take place on February 5, 2015.		
Items for the Next Meeting Agenda		
Parent services mapping.		
Adjourn The meeting adjourned at 11:35.		
	<ul> <li>Susan Kelly was not present.</li> <li>D. Suicide Prevention workgroup – Jody Kussin Erick Elhard stated that the Suicide Prevention regional committee meeting was held last month in San Luis Obispo. The next regional meeting will be held in Ventura. The committee includes representatives from Kern, San Luis Obispo, Santa Barbara and Ventura counties.</li> <li>E. Parent workgroup – Ellen Linder The parent leadership training attracted 19 parents. Various CBOs (Community-Based Organizations) are encouraging parents to participate.</li> <li>Committee Members' Comments, Activities, updates, items of interest</li> <li>A. Ellen Linder has prepared a draft Parent Leadership flow chart, which she will send to the secretary for dissemination to this committee. She asks that all members send their edits to the secretary before the next meeting.</li> <li>B. The Chair stated that:  <ol> <li>Aspiranet has moved to 5284 Adolfo Road, # 100, Camarillo; contact phone numbers remain the same;</li> <li>VCBH is expanding by opening a clinic at the Centerpoint Mall, 2500 South C Street, Suite D, Oxnard; phone: 385-9460.</li> </ol> </li> <li>C. Regina Reed stated that Agency 101 will take place on February 5, 2015.</li> <li>Items for the Next Meeting Agenda Parent services mapping.</li> </ul>	Susan Kelly was not present.  D. Suicide Prevention workgroup – Jody Kussin Erick Elhard stated that the Suicide Prevention regional committee meeting was held last month in San Luis Obispo. The next regional meeting will be held in Ventura. The committee includes representatives from Kern, San Luis Obispo, Santa Barbara and Ventura counties.  E. Parent workgroup – Ellen Linder The parent leadership training attracted 19 parents. Various CBOs (Community-Based Organizations) are encouraging parents to participate.  Committee Members' Comments, Activities, updates, items of interest A. Ellen Linder has prepared a draft Parent Leadership flow chart, which she will send to the secretary for dissemination to this committee. She asks that all members send their edits to the secretary before the next meeting.  B. The Chair stated that:  1. Aspiranet has moved to 5284 Adolfo Road, # 100, Camarillo; contact phone numbers remain the same; 2. VCBH is expanding by opening a clinic at the Centerpoint Mall, 2500 South C Street, Suite D, Oxnard; phone: 385-9460.  C. Regina Reed stated that Agency 101 will take place on February 5, 2015.  Items for the Next Meeting Agenda Parent services mapping.  Adjourn