

BEHAVIORAL HEALTH ADVISORY BOARD  
**YOUTH & FAMILY COMMITTEE**  
**MINUTES ▪ Wednesday, January 14, 2015**

<b><u>Present</u></b> Denise Nielsen, Chair René Beauchesne, BHAB Martie Miles, Aspiranet Jody Kussin, Casa Pacifica Erick Elhard, Casa Pacifica Joelle Vessels, Interface Ellen Linder, United Parents Lori Litel, United Parents Sarah Wade, Vista del Mar	<b><u>VCBH Managers/Staff Present</u></b> Dr. Deborah Thurber, Youth & Family Medical Director Pam Roach, Transformational Liaison Janet Kaplan, Prevention Edith Pham, Recording Secretary  <b>NEXT MEETING:</b> <b>Wednesday, February 11, 2015, 10:00 a.m. – 12:00 pm</b>  Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:05.		
II.	<b>Approval of the Agenda</b> The Chair asked the Committee to review and approve today's agenda. It was noted that Susan Kelly and Dina Olivas are unable to attend and give a presentation on Katie A. as planned under New Business.	The agenda was approved as amended. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> The Chair asked the Committee to review and approve the minutes of the December 10, 2014 meeting.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions. Ellen Linder introduced Lori Litel, the new Executive Director of United Parents.		
V.	<b>Chair Announcements</b> The Chair spoke briefly about a video, "Identifiable Victim Effect". People connect better with a cause when it is highlighted by a human story.		
VI.	<b>Public Comments</b> None.		
VII.	<b>New Business</b> A. The scheduled presentation is canceled due to the presenters' absence.		
VIII.	<b>Old Business</b> A. Packets to local doctors – Denise Nielsen Denise Nielsen and René Beauchesne will meet separately to work on this. Dr. Thurber stated that the University of Washington has a downloadable clinical guide for primary care providers, which is posted at <a href="http://www.palforkids.org/resources.html">http://www.palforkids.org/resources.html</a> . The university also operates a hotline for primary care doctors; it is staffed by child psychiatrists. Dr. Thurber has given presentations at Ventura County Medical Center (VCMC); doctors attendance has been poor. Dr. Thurber has been consulting at the Pediatric diagnostic clinic.		

	<p>B. Suicide Prevention workgroup – Jody Kussin Under Supervisor Bennett, the Community Commission for Ventura County (CCVC) has voted to create an ad hoc task force to look into policies and funding regarding suicides and crisis in children. A white paper on the needs of youth in crisis will be sent to the Governor in about two weeks. Jody Kussin will give presentations at the American Suicidology conference in Georgia, and in May at CMHACY (California Mental Health Advocates for Children and Youth) in Monterey.</p> <p>C. Parent workgroup – Ellen Linder The parent training that took place in the Fall was not followed by a debriefing. It was coordinated by First 5. A suggestion was made to ask First 5 to present to this Committee. A new Chair is needed for the workgroup.</p> <p>D. Parent Services Mapping – Denise Nielsen A discussion took place regarding ways to support parents, train them in becoming leaders on various board, give them a “menu” of boards they can serve on. A suggestion was made to reach out to NAMI as a resource for engaging parents.</p>		
<p><b>IX.</b></p>	<p><b>Committee Members’ Comments, Activities, updates, items of interest</b></p> <p>A. Denise Nielsen reminded everyone of the <a href="http://justserve.org">justserve.org</a> website that her church has set up. It allows organizations to request volunteers for their one-time or ongoing projects.</p> <p>B. Jody Kussin reminded everyone that Carpe Diem will take place on March 13 from 8:00 a.m. to 4:15 p.m. The brochure is available through the SELPA website. CEUs are available for social workers and nurses.</p>		
<p><b>X.</b></p>	<p><b>Items for the Next Meeting Agenda</b> Possible future presentations: 211; Teen ADP; First 5.</p>		
<p><b>XI.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:50.</p>		