BEHAVIORAL HEALTH ADVISORY BOARD

YOUTH & FAMILY COMMITTEE

MINUTES • Wednesday, March 9, 2016

Present

Denise Nielsen, Chair René Beauchesne, BHAB Martie Miles, Aspiranet Erick Elhard, Casa Pacifica

Norine Vender Hooven, Casa Pacifica

Karin Lucero, City Impact

Laura Gutierrez Woolridge, Interface Laurie Jordan, Rainbow Connection Janet Contreras, Rainbow Connection Regina Reed, SELPA

Jorden Waverek, Vista del Mar

Angela, United Parents

VCBH Managers/Staff Present

Susan Kelly, Youth & Family Division Manager Kiran Sahota, MHSA Manager Edith Pham, BHAB Assistant Erin Rodgers, Recording Secretary

NEXT MEETING:

Wednesday, April 13, 2016, 10:00 a.m. - 12:00 pm

Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:08AM		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written.	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the February 10, 2016 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	A. CIRT Transition – Susan Kelly a. CSU and Short Term Residential i. The main goal was to find a new place to assist children in crisis once the IPU stopped accepting children. The Board of Supervisors is very supportive of this project and only a few counties within California have something like this in place. ii. It's a 23 hour & 59 minute hold to stabilization and assessment process for children in crisis. Should the client need more time, they would be transferred to short term residential. iii. 1/3 of children hospitalized return to the hospital again within that same year. A better coordinated system will hopefully prevent some of those return visits. iv. Even children with private insurance can be sent to the new CSU. The short term residential will only be available for Medi-Cal or individuals with insurances who are willing to work with us.		

- v. The CSU is heavily staffed 24/7. At least 4 staff members are there at all times. 1 nurse, 1 clinician & 2 mental health associates/case managers.
- vi. 2 beds will be available right away but there is a capacity to hold up to 6 in the future.

b. CIRT

- The idea to bring this service back "in house" was to help keep track of everyone coming in & going through the process. County employees already have records of repeat cases.
- ii. 4 additional clinicians will be hired to a total of 33 or 34 clinical staff. A new manager will also be hired. The staff will go out on the calls to determine if they can stabilize the client or if they need to be transferred to the CSU or another hospital.
- iii. RISE program will be doing the aftercare of these clients and will have 2 new clinicians added to the staff. If the client is already enrolled with VCBH, they would go back to that clinic & not with RISE.

c. Questions

- i. Will dispatchers be able to call to get the crisis team out or will it still need to be called by officers once they are there on the scene?
 - Initial meetings are still taking place to address questions and concerns like this. Officers don't always need to be involved and sometimes it can make the situation worse.
- ii. Will the phone number stay the same?
 - The number will stay active & eventually auto transfer to the new phone number for an extended period of time. The goal is to make the transition as smooth as possible & every precaution is being made to make this happen. County employees will start to shadow the calls in April & take over calls in May/June during specific times during the day.
- iii. Will the staff be fully educated in the care of children?
 - A majority of the current crisis team have experience with children & the new staff being hired will have extensive experience with children vs adults.
- iv. What are the grand opening plans?
 - The building is still undergoing some renovations. The building will also be "named" the David Holmboe Center. Grand opening information will be provided at a later date.
- v. What will happen with the current Casa Pacifica staff?
 - VCBH is trying to interview anyone who is interested in moving over.
- vi. What happens with private insurance kids?
 - Kids with Medi-Cal have better chances for services than kids with private insurances. We're hopeful that we can get some private insurances onboard with what we are doing & will partner with us. We can't track what happens to the private insurance clients once they leave the CSU.

VIII. **Old Business** A. Packets to local doctors – Denise Nielsen No updates B. Suicide Prevention workgroup - Kiran Sahota a. The city of Fillmore is holding a Suicide Prevention and Mental Health Wellness fair on Saturday, March 19th from 11:00AM – 2:00PM. Our message is "Help & Hope". We're also looking to bring a half day conference on Suicide Prevention at Cal State Channel Islands in September. b. 'Safe Talk' is going to be offered county wide. It's a 3 hour basic training that goes over the warning signs of suicide & how to talk to someone who you believe is in trouble. For more information, please contact Dawn Anderson at the VCOE. c. We will offer the Youth & Family clinicians the chance to go through Triple P parenting classes so they can provide information to clients' families as needed. C. Parent workgroup – Lori Litel Almost done! There will be a mini launch during the Carpe Diem meeting on March 18th. D. Katie A and VCBH update - Susan Kelly The main focus is now the Continuum of Care Reform for all children in foster care. In January 2017, one of the shelters will be shut down. This means that more effort will be made to get the child into another family member's home or a foster home who can take a child in 24/7. The shelters that remain open will only allow children to stay for 10 days who cannot remain with a family member or foster family. There's a new approval system with a deeper assessment tool to determine if family members or foster families can take the child either temporarily or permanently. There is currently a great push and extensive recruitment for new foster families. E. VCBH Youth & Family Division Medical Director's update – Dr. Thurber Dr. Thurber was not in attendance Committee Members' Comments, Activities, updates, items of interest A. Carpe Diem is totally booked! B. May is Mental Health month C. March is Social Worker month – appreciate your social workers! D. Interface will be starting a PETSA (Program to Evaluate and Treat Sexual Abuse) group beginning mid-April on Thursday evenings from 6PM – 8PM in Oxnard. Items for the Next Meeting Agenda Invite new groups/organizations to participate in future meetings. Please email Erin.Rodgers@ventura.org to make any suggestions. A. Probation B. Court System XI. Adjourn The meeting adjourned at 11:51AM