

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, January 13, 2016

<u>Present</u> Denise Nielsen, Chair Martie Miles, Aspiranet Detra Young, Aspiranet Erick Elhard, Casa Pacifica Marika Collins, Casa Pacifica Representative from City Impact Laura Gutierrez Woolridge, Interface Laurie Jordan, Rainbow Connection Regina Reed, SELPA Colleen Duncan, TCRC Lori Litel, United Parents	<u>VCBH Managers/Staff Present</u> Susan Kelly, Youth & Family Division Manager Pam Roach, Transformational Liaison Edith Pham, Recording Secretary NEXT MEETING: Wednesday, February 10, 2016, 10:00 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:05.		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the December 9, 2015 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	New Business A. MHSA – Kiran Sahota Kiran Sahota was not in attendance. B. Children's Crisis Stabilization Unit – Susan Kelly <ul style="list-style-type: none"> Fiscal considerations had slowed down the progress made toward opening the Children's Crisis Stabilization Unit (CSU) in Oxnard. VCBH is putting into place a contract with Seneca, who will provide the services at the 23-hour CSU. The contract will go to the Board of Supervisors on February 23 for approval. The CSU will be staffed for up to four children at any time regardless of their insurance status. Seneca will also provide services at a short-term residential facility in another wing of the same building. It will be for children who have Medi-Cal or other insurance with pre-authorization. The continuum of care will be strengthened: stabilization in the community, CSU, short-term residential. Hospitalization will be the last option as we focus on the least restrictive environment. Currently, one third of children and youth who are hospitalized are re-admitted within one year. With the opening of the CSU, VCBH will become the front door to the hospitals and aftercare will be provided through Casa Pacifica CIRT. It is expected that this will reduce the recidivism rate. 		

VIII	<p>Old Business</p> <p>A. Packets to local doctors – Denise Nielsen No new information.</p> <p>B. Suicide Prevention workgroup – Kiran Sahota Kiran Sahota was not in attendance.</p> <p>C. Parent workgroup – Lori Litel United Parents has finalized its Parent Partner curriculum. It includes topics such as Trauma Informed Care, bullying, cultural competence, and Individualized Education Plan (IEP).</p> <p>D. VCBH update – Susan Kelly VCBH is looking at ways to empower the schools to be the first responder when students are in crisis while on campus. It is researching various programs that are in place around the country.</p> <p>E. VCBH Youth & Family Division Medical Director's update – Dr. Thurber Dr. Thurber was not in attendance.</p>		
IX.	<p>Committee Members' Comments, Activities, updates, items of interest</p> <p>A. Erick Elhard stated that:</p> <ol style="list-style-type: none"> 1. The Suicide Prevention meeting took place on January 8 at VCBH. 2. The number of calls to CIRT from group homes has doubled compared to the first two quarters of 2015. Most result in face-to-face contacts. 3. More children from Riverside and San Bernardino counties are being placed in Ventura county group homes, without medications. 4. CIRT employs about 10 Full Time Equivalent staff. 5. Kiran Sahota is looking for people interested in becoming Mental Health First Aid (MHFA) trainers. She is also looking for an agency that can support an Attempt Suicide Survivors support group. Email her at mhsa@ventura.org <p>B. Regina Reed stated that the schools are noticing cases where students who are doing well in school attempt suicide. Agency 101 will take place on January 27; close to 100 agencies will attend. Carpe Diem will be held on March 18.</p> <p>C. Pam Roach stated that the safety cards that this Committee has developed will need to be updated. Boswell School is no longer available to assemble the family packets that STAR hands out to the families, and VCBH is exploring possible alternatives.</p> <p>D. Laurie Jordan stated that the Ventura County Transportation Commission will hold interactive forums in late January. Everyone is encouraged to attend and give input about bus transportation, e.g. request bus routes or bus stops, accessibility, bullying on the bus. For details, go to goventura.org.</p> <p>E. Lori Litel stated she has heard of a police department in Massachusetts that provides help to persons with heroin addiction get connected with services.</p> <p>F. Susan Kelly stated that local Law Enforcement agencies now carry the antidote to reverse heroin overdose.</p> <p>G. Colleen Duncan stated that autismhealthinsurance.org provides advocacy at the state level.</p>		
X.	<p>Items for the Next Meeting Agenda</p> <p>MHSA presentation.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at 11:45.</p>		