

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, September 9, 2015

<u>Present</u> Denise Nielsen, Chair René Beauchesne, BHAB Martie Miles, Aspiranet Erick Elhard, Casa Pacifica Karin Lucero, City Impact Jody Tompkins, Jewish Family Services Laurie Jordan, Rainbow Connection Erica Cervantes, Rainbow Connection Regina Reed, SELPA Lori Litel, United Parents Jorden Waverek, Vista del Mar	<u>VCBH Managers/Staff Present</u> Richard LaPerriere, Alcohol & Drug Program Dr. Deborah Thurber, Y&F Division Medical Director Edith Pham, Recording Secretary NEXT MEETING: Wednesday, October 14, 2015, 10:00 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:05.		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the July meeting. Jody Tompkins stated that her last name was misspelled in section IX.E; it should read "Tompkins."	The minutes were approved with correction. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	New Business A. Alcohol and Drug Program's Services to Teens – Richard LaPerriere ADP provides services to youth ages 12 to 18 in Ventura, Oxnard, Simi Valley and Fillmore; soon it will add Thousand Oaks. The services are free to families. Youth who do not have insurance can get enrolled in Minor Consent Medi-Cal. Federal regulations overarch all ADP programs and have very stringent confidentiality laws. The minors must give written consent for disclosure. Enrollment in ADP is based on medical necessity. Licensed clinicians and drug & alcohol counselors provide abstinence-based services, mostly group counseling. Some services are provided in high schools. To complete the programs, the teens have to be free of substances for one month. Clients are getting younger, some are in the 6 th grade. Drivers can get a DUI (Driving Under the Influence) for alcohol or drugs, whether prescription or street drugs. In Ventura county, the conviction rate for DUI arrests is 96%. There is no DUI program for drivers under 18, but their driver's license can be suspended. According to the Centers for Disease Control (CDC), the number of deaths by overdose has for the first time surpassed that by accidents. For information on various drugs, go to VCBH ADP website venturacountylimits.org		

VIII.	<p>Old Business</p> <p>A. Committee goals for 2015-16 – Chair Nielsen The Committee reviewed the updated Goals as amended during the July meeting. The Goals were approved as written.</p> <p>B. Packets to local doctors – Chair Nielsen The workgroup is planning to meet in the next few weeks.</p> <p>C. Suicide Prevention workgroup Kiran Sahota Kiran Sahota was not in attendance. Erick Elhard stated that he attended the California suicide Prevention Network's quarterly Regional Meeting, which includes representatives from four local counties. They are working on setting up groups for families of adults who have survived suicide attempts. They plan to include teens in the future. The Out of Darkness walk will take place on 9/19 in Camarillo. Now that school is in session, calls to CIRT are on the rise. Hospital beds for teens are full across the state. CIRT experienced a large increase of call from law enforcement from mid-May through 9/8 compared to last year.</p> <p>D. Parent workgroup – Lori Litel United Parents is proceeding with the development of a curriculum for parent partners.</p> <p>E. Katie A and VCBH update – Susan Kelly Susan Kelly was not in attendance.</p> <p>F. VCBH Youth & Family Division Medical Director's update – Dr. Thurber Legislation is being proposed to curb, when appropriate, the use of psychotropic medication by foster youth. Currently, judges must give their approval before foster youth can be prescribed such medication.</p>	<p>Goals for 2015-16 were approved M/S/C</p>	
IX.	<p>Committee Members' Comments, Activities, updates, items of interest</p> <p>A. Lori Litel stated that United Parents will celebrate its 25th anniversary in October.</p> <p>B. Jody Tompkins stated that Jewish Family Services is looking at revitalizing its senior peer program.</p> <p>C. Laurie Jordan stated that Rainbow Connection will collect toys for Christmas.</p>		
X.	<p>Items for the Next Meeting Agenda To be announced.</p>		
XI.	<p>Adjourn The meeting adjourned at 11:40.</p>		