

BEHAVIORAL HEALTH ADVISORY BOARD  
**YOUTH & FAMILY COMMITTEE**  
**MINUTES ■ Wednesday, December 9, 2015**

<b><u>Present</u></b> Denise Nielsen, Chair René Beauchesne, BHAB Detra Young, Aspiranet Jody Kussin, Casa Pacifica Erick Elhard, Casa Pacifica Marika Collins, Casa Pacifica Karin Lucero, City Impact Laura Gutierrez Woolridge, Interface Crystal Cummings, Kids & Families Together Regina Reed, SELPA Jorden Waverek, Vista del Mar Laura L. Riggs, Gold Coast Health Care Liz Patel, Beacon Health Options Elizabeth Santiago, Beacon Health Options	<b><u>VCBH Managers/Staff Present</u></b> Susan Kelly, Youth & Family Division Manager Dr. Deborah Thurber, Y&F Division Medical Director Kiran Sahota, MHSA Manager Pam Roach, Transformational Liaison Edith Pham, Recording Secretary  <b>NEXT MEETING:</b> <b>Wednesday, January 13, 2016, 10:00 a.m. – 12:00 pm</b>  Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:10.		
II.	<b>Approval of the Agenda</b> The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> The Chair asked the committee to review and approve the minutes of the October meeting.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None.		
VI.	<b>Public Comments</b> None.		
VII.	<b>New Business</b> A. Beacon Health Options – Elizabeth Santiago, Liz Patel Gold Coast Health Plan (GCHP) manages Medi-Cal benefits in Ventura county. It contracts with Beacon Health Strategies to provide mental health services to its members who have a DSM diagnosis and mild to moderate impairment in mental, emotional or behavioral functioning. These services are time-limited and solution-focused, with the goal of returning patients to primary care management when clinically appropriate. About 70% of utilizers are adults. Beacon coordinates the referral of patients to Tri-County Regional Center when appropriate. When acuity warrants, patients can step up to VCBH services, then back down to Beacon services. After screening/assessing GCHP members, Beacon provides them with the names of three providers. Members can call Beacon back if they have trouble getting an appointment. The wait for an appointment with a psychiatrist is usually about one month, occasionally up to three months. Members under age 21 with a diagnosis of Autism Spectrum Disorder can be referred to Beacon for linkage to BHT/ABA services. The list of providers is available at <a href="http://beaconhs.com/private/Provider_Search">beaconhs.com/private/Provider_Search</a> ; (plan name: gchp).		

VIII	<p><b>Old Business</b></p> <p>A. Packets to local doctors – Denise Nielsen N/A.</p> <p>B. Suicide Prevention workgroup – Erick Elhard, Kiran Sahota Erick Elhard stated that:</p> <ul style="list-style-type: none"> <li>- On 12/3 Casa Pacifica hosted a meeting on children's crisis services system of care which looked into how other counties address crises.</li> <li>- On 12/7 the regional four-counties meeting took place in San Luis Obispo.</li> </ul> <p>Kiran Sahota stated that:</p> <ul style="list-style-type: none"> <li>- About 130 people attended the LGBT Forum held recently at VCBH. One of the requests that came out of the meeting was to provide more diversity groups on school campuses.</li> <li>- Efforts are being made to provide a support group for LGBT in the county.</li> <li>- The Suicide Prevention meeting takes place on the first Friday of the month from 10:00 to 11:30 at VCBH Administration. Everyone is encouraged to attend. The focus of the meetings is on prevention, response and recovery.</li> <li>- A short resource guide is being developed. Law enforcement responding to completed suicides will be able to share this guide with the affected families.</li> </ul> <p>C. Parent workgroup – Lori Litel Lori Litel was not in attendance.</p> <p>D. Katie A and VCBH update – Susan Kelly VCBH is continuing to plan the opening of a Children's Crisis Stabilization Unit (CSU). VCBH has contracted with Seneca to provide services as it has been providing such services in the Bay Area for many years, reducing hospitalizations by 50% to 75%. With the opening of the CSU, CIRT will focus on in-home stabilization. Children who cannot be stabilized at home will be taken to the CSU for further treatment. Law enforcement's role in writing holds will be greatly reduced as they will be able to bring the children directly to the CSU. It has been proposed that the building be named after David Holmboe. Suggestions are Holmboe House and The David Holmboe Building. Committee members in attendance support the first suggestion. All members will be polled by email.</p> <p>E. VCBH Youth &amp; Family Division Medical Director's update – Dr. Thurber Currently, all psychiatrists and nurse practitioners work as contractors of VCBH. As of January 2016, they will work under Sterling Care Psychiatric Group. The change will bring an increase in the child psychiatry budget, which will allow for more robust recruiting.</p>		
IX.	<p><b>Committee Members' Comments, Activities, updates, items of interest</b></p> <p>A. Regina Reed stated that Agency 101 will take place on January 27, 2016 and Carpe Diem on March 18, 2016.</p> <p>B. Pam Roach reminded the committee that the family packets are no longer assembled at the Boswell School. It was suggested that Trident School or Department of Vocational Rehabilitation might be interested.</p>		E. Pham
X.	<p><b>Items for the Next Meeting Agenda</b> Kiran Sahota and Susan Kelly will give presentations.</p>		
XI.	<p><b>Adjourn</b> The meeting adjourned at noon.</p>		