Behavioral Health Advisory Board

**Youth & Family Committee**

**MINUTES ▪ Wednesday, February 10, 2016**

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| **Present**Denise Nielsen, ChairRené Beauchesne, BHABMartie Miles, AspiranetKarin Lucero, City ImpactLaura Gutierrez Woolridge, InterfaceLori Litel, United ParentsJorden Waverek, Vista del Mar | **VCBH Managers/Staff Present**Dr. Deborah Thurber, Y&F Division Medical DirectorKiran Sahota, MHSA ManagerEdith Pham, Recording SecretaryErin Rodgers, Recording SecretaryPam Roach, Transformational Liaison**NEXT MEETING:** **Wednesday, March 9, 2016, 10:00 a.m. – 12:00 pm**Ventura County Behavioral Health1911 Williams Drive, Suite 200, Oxnard  |
| Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form. |

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|  | discussion/conclusions | recommendations/actions | responsible |
| **I.** | **Call to Order**The Chair called the meeting to order at 10:06am |  |  |
| **II.** | **Approval of the Agenda**The Chair asked the Committee to review and approve today’s agenda. | The agenda was approved as written. **M/S/C** |  |
| **III.** | **Approval of the Minutes**The Chair asked the committee to review and approve the minutes of the January 13th meeting. | The minutes were approved as written. **M/S/C** |  |
| **IV.** | **Welcome and Introductions**The Chair welcomed everyone and asked for introductions. |  |  |
| **V.** | **Chair Announcements**None |  |  |
| **VI.** | **Public Comments**None |  |  |
| **VII.** | **New Business** |  |  |
|  | 1. MHSA Overview – Kiran Sahota

The Mental Health Services Act (MHSA) is a funding source through the millionaire’s tax from Prop 63. Ventura County is the smallest of the large counties within California and received $29million in 2014. Treatment/community support services gets 80% of the funds and prevention/early intervention receives 20% (5% of which is designated to Innovations Projects). The Community Leadership Committee (CLC) meets monthly oversees the ideas, aspects of money, and evaluation of programs being funded by MHSA. Their recommendations go to the Behavioral Health Advisory Board (BHAB) for review. The BHAB holds discussions and sends their recommendations to the Board of Supervisors (BOS). If the BOS approves the recommendation, the program/idea is implemented. |  |  |
| **VIII.** | **Old Business** |  |  |
|  | 1. Packets to local doctors – Denise NielsenNo updates.

1. MHSA – Kiran SahotaThe State has several initiatives such as: reducing stigma and discrimination in regards to mental illness, suicide prevention, and serving under-served populations (Latino, LGBTQ). Within Ventura County, we have a Suicide Prevention Committee that meets on the 1st Friday of every month to discuss how to tackle VC’s suicides. An action being taken is to create a media packet so when they report suicides, they will be able to provide local resources. “The Pride Project” is the new LGBTQ initiative that is being funded by MHSA. Rainbow Umbrella is currently the only organization within Ventura County for 13-24 year olds and will be receiving a contract with MHSA to reach out to all schools to set up Gay Straight Alliance (GSA) clubs/support groups. A GSA training was provided to the school districts by LifeWorks in January in hopes that more clubs would be formed on local campuses.
2. Parent workgroup – Lori LitelFinal edits are being completed on the certified Parent Partner Curriculum developed by United Parents. It will be formatted onto PowerPoint presentation and will be shown to Susan Kelly soon.
3. Katie A and VCBH update – Susan Kelly

 Susan Kelly was not in attendance.1. VCBH Youth & Family Division Medical Director’s update – Dr. Thurber

No new updates in regards to challenges with crisis services or prescription approval by the State. New hires include 2 psychiatric nurse practitioners working out of North and South Oxnard and Thousand Oaks clinics, and a child psychiatrist working in Santa Paula and the STAR program.  |  |  |
| **IX.** | **Committee Members’ Comments, Activities, updates, items of interest** |  |  |
|  |  VCOE is hosting a Youth Council on March 19th (see Janet Kaplan for details) Interface will be providing Triple P classes in east county between February and April |  |  |
| **X.** | **Items for the Next Meeting Agenda**Not discussed. |  |  |
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| **XI.** | **Adjourn** |  |  |
|  | The meeting adjourned at 10:57am |  |  |