

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
**TRANSITIONAL AGE YOUTH (TAY) COMMITTEE**  
**MINUTES ■ Thursday, October 22, 2015**

<b><u>Present</u></b> McKian Nielsen, Chair Anna Colangelo, Casa Pacifica Roxanne Brooks, CFS Erin Locklear, Interface Jen Gomez, Pacific Clinics Anthony Marron, TAY Tunnel Inga McManus, TAY Tunnel Sharon Espinosa, Dept. of Rehab Lilia Simakova, Ventura CRT Denise Krischke, Recovery Innovations	<b><u>VCBH Managers/Staff Present</u></b> Pam Roach, Transformational Liaison Officer Anna Flores, ADP Sarah Sanchez, TAY Irma Victorino, Recording Secretary  <b>NEXT MEETING:</b> <b>Thursday, February 25, 2016, 10:30 a.m. – 12:00 pm</b> Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:35 am.		
II.	<b>Approval of the Agenda</b> 1. The Chair asked the committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> 1. The Chair asked the committee to review and approve the minutes of the Sept. 24, 2015 meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None		
VI.	<b>Public Comments</b> None		
VII.	<b>A. Presentation – Time Certain: 10:45 am</b> <b>Recovery Innovations International – Denise Krischke</b> 1. Ms. Krischke made a brief overview on the nature and historical background of Recovery Innovations International (RI). 2. Ms. Krischke briefly discussed the mission statement of their organization, staffing structure, and different recovery services provided. 3. She discussed a brief overview on what a recovery coach is, tasks and where the coaches are currently working 4. Ms. Krischke briefly explained the different recovery education classes such Wellness Recovery Action Plan (WRAP), Wellness & Empowerment in Life and Living (WELL), My Wellness, My Doctor & Me, and other		

	<p>Recovery Education classes such as Coming out of the Fog, Home is Where the Heart Is, etc.</p> <ol style="list-style-type: none"> <li>5. RI has also developed the Celebration Community, a gathering of peers to focus on and discuss solution based to assist in managing anxiety and depression. In this program, members share mutual encouragement as they continue to grow in their recovery. Flyers in English and Spanish were provided as handout.</li> <li>6. RI has created its own Newsletter. Contributions from participants are welcome. Release forms are available from Recovery Coaches.</li> <li>7. Peer Employment Training (PET), a 76-hour intensive course is also available that teaches participants who have experienced mental health and or addiction challenges.</li> <li>8. RI is recruiting Recovery Coaches to be assigned to East and West Transitions Program. Recruitment Ads both in English and Spanish were provided as handout.</li> </ol>		
	<p><b>B. Presentation – Time Certain: 11:00 am</b>  <b>ANKA-Ventura Crisis Residential Treatment (CRT), Lilia Simakova</b></p> <ol style="list-style-type: none"> <li>1. Ms. Simakova presented the various treatment services provided by CRT.</li> <li>2. She briefly explained ongoing therapy groups and activities organized in their facility.</li> <li>3. Ms. Simakova explained that Anka-Ventura CRT is a short-term program for adults experiencing psychiatric symptoms or behavioral health crisis. Their facility provides intensive mental health and behavioral health supports in a home-like setting as an alternative to hospitalization.</li> <li>4. Flyers were provided as handout.</li> </ol>		
	<p><b>C. Presentation – Time Certain: 11:15 am</b>  <b>TAY Tunnel – Anthony Marron</b></p> <ol style="list-style-type: none"> <li>1. Mr. Marron made a brief introduction about the nature of Ventura TAY Tunnel. He mentioned that TAY Tunnel is a one-stop center for youth ages 18-25 recovering from mental health issues or co-occurring mental illness and substance abuse.</li> <li>2. A 10-minute video was presented about first-hand experiences from members and how TAY Tunnel has helped them in their recovery and eventually helped in providing inspiration and support to other members.</li> <li>3. Mr. Marron mentioned that the center is focused on the unique needs of their members aged 18 to 25 years old who are recovering from mental illness and substance abuse issues. He stressed that their members can find TAY Tunnel as a place to continue their wellness journey in the company of peers and staff.</li> <li>4. TAY Tunnel offers on-site support, housing resources, employment assistance, self-care, and other individualized needs of members in the effort of providing personal recovery plan and creating a set of goals that are meaningful to their members.</li> </ol>		

	<ol style="list-style-type: none"> <li>5. Jen Gomez mentioned that TAY Tunnel is celebrating its 10<sup>th</sup> year. There are now 311 unduplicated TAY youth in their system.</li> <li>6. Ms. Gomez also mentioned their agency recently obtained a Purchase Order for Peer Partners to coordinate with Probation. This is a new program where peer partners will provide support to juveniles ages 13-17 who have received a placement order.</li> <li>7. Flyers were provided as handout</li> </ol>		
VIII.	<p><b>VCBH Transitions Program Update, Sarah Sanchez</b></p> <ol style="list-style-type: none"> <li>1. Ms. Sanchez is making the report on behalf of Meredyth Leafman, Manger, TAY who is unable to attend meeting today.</li> <li>2. Upcoming events: <ol style="list-style-type: none"> <li>a. Dia De Los Muertos will take place on Nov. 5, 2015 from 2:00 to 5:00 in the Training Room, Williams Drive. In this event, participants are able to create memoirs in honor of their loved ones. The celebration is open to all VCBH clients.</li> <li>b. The Ventura early Intervention Prevention Services (VIPS) program at Simi Valle Clinic is ongoing. This program is in partnership with Telecare Corp.</li> <li>c. Transitions is adding more groups. There are at least three groups a days throughout the week. CBT groups, Anxiety Groups and Train the Trainers on CBT are also being organized.</li> </ol> </li> </ol>		
IX.	<p><b>VCBH Alcohol &amp; Drug Program Update</b></p> <ol style="list-style-type: none"> <li>1. The division is experiencing influx of TAY individuals ages from 18-19 coming from Probation transitioning to adolescent but can't go to adolescent group.</li> <li>2. Recruitment for more alcohol and drug counselors is ongoing for 120 referrals.</li> </ol>		
X.	<p><b>Providers' Update</b></p> <ol style="list-style-type: none"> <li>1. <b>Casa Pacific, Anna Colangelo</b> – <ol style="list-style-type: none"> <li>a. "Road to Independence" event is taking place on Saturday, Oct. 24 from 10:00 to 12:00 noon at the Campus;</li> <li>b. 11 out of 12 spots in the housing program are filled.</li> <li>c. Finishing up pilot of outpatient group in Getting to Know Your Community activity.</li> <li>d. Cook-off challenge is being organized soon.</li> </ol> </li> <li>2. <b>Children Family Services, Roxanne Brooks</b> – community service is being coordinated to help after care for youth ages from 16-21.</li> </ol>		
X.	<p><b>Items for next meeting, January 28, 2015</b></p> <ol style="list-style-type: none"> <li>1. Presentations: <ol style="list-style-type: none"> <li>a. Client Network</li> <li>b. United Parents</li> </ol> </li> </ol>		
XI.	<p><b>Adjourn</b></p> <p>The meeting adjourned at 11:40 am</p>		