## VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

# TRANSITIONAL AGE YOUTH (TAY) COMMITTEE MINUTES • Thursday, May 28, 2015

## <u>Present</u>

McKian Nielsen, BHAB TAY Committee Chair Karyn Bates, BHAB Patti Yabu, Interface Melinda Wallingford, CFS Anthony Marron, TAY Tunnel Carl Brewer, Probation Brenda Ramirez, Probation

### **VCBH Managers/Staff Present**

Meredyth Leafman, Region Manager, TAY/Older Adults Anna Flores, Manager, ADP Pam Roach, Transformational Liaison Irma Victorino, Recording Secretary

#### **NEXT MEETING:**

Thursday, June 25, 2015, 10:30 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

|      | DISCUSSION/CONCLUSIONS  | RECOMMENDATIONS/ACTION S                     | RESPONSIBLE |
|------|---|--|-------------|
| I.   | Call to Order The Chair called the meeting to order at 10:35 am.  |  |             |
| II.  | <ul> <li>Approval of the Agenda</li> <li>1. The Chair asked the committee for any discussion or changes to the agenda.</li> <li>2. A motion was made and seconded to approve the agenda as presented.</li> </ul>  | The agenda was approved as written.  M/S/C   |             |
| III. | <ul> <li>Approval of the Minutes</li> <li>1. The Chair asked the committee to review and approve the minutes of the April 23, 2015 meeting.</li> <li>2. A motion was made and seconded to approve the minutes as written.</li> </ul>  | The minutes were approved as written.  M/S/C |             |
| IV.  | Welcome and Introductions The Chair welcomed everyone and asked for introductions.  |  |             |
| V.   | Chair Announcements None  |  |             |
| VI.  | Public Comments None  |  |             |
| VII. | <ol> <li>Presentation – Client Network, Karyn Bates</li> <li>Ms. Bates reported that Client Network's mission is to foster a client-centered approach to mental health recovery. They are supportive of clients in becoming full partners in their treatment and recovery.</li> <li>Ms. Bates gave a brief background about the different programs including profile of consumers and services they provide.</li> <li>Ms. Bates also discussed the various events, forums and conferences they have organized and participated in since 2011. There was average turnout of 70 clients per workshop and 150 clients during community forums.</li> <li>Monthly general meetings are held second Friday of the month in the VCBH Training Room; the Wellness Committee meets first Friday of the month.</li> </ol> |  |             |

| \frac{1}{2} | <ul><li>6.</li><li>7.</li></ul> | Ms. Bates reported the following for FY 2011-2012:  a. 3 workshops – 210 clients b. 1 community forum – 150 clients c. 12 general meetings – 180 clients d. Monthly outreach – 120 clients e. Total clients served – 660 clients f. Average contact per client is \$85.  Testimonials from client served by Client Network were presented. Copy of Client Network brochure was distributed.  |  |  |
|-------------|---------------------------------|--|--|--|
| VII.        |                                 | <u> </u>   |  |  |
|             |                                 | Revised copy of 2015 BHAB TAY Goals was presented. Proposed action plan and action taken were thoroughly discussed. To increase member participation, action plan includes   |  |  |
|             | 2.                              | To increase member participation, action plan includes continuing to outreach with community partners serving TAY in the BHAB TAY Committee. BHAB TAY introduction letter should be reprinted using the new BHAB letterhead for distribution.  a. The revised copy of the BHAB TAY introduction letter was presented.  b. Editorial correction - "serving the interests of youth 18 through 25 years old" should read "serving the interests of young adults 18 through 25 years old"  c. Distribution - Committee suggested that the BHAB TAY letter of introduction should be available in the reception area of Adult Clinics, agencies and providers. It was also suggested sending the letter through email. The email message should include future dates of the Committee meeting for 2015.  d. It was suggested that Committee members review the Agency 101 Resource Directory to draw list of agencies where the introductory letter will be sent. Committee Secretary will consolidate list.  e. It was suggested that participation in the BHAB Committee meeting be part of expectation in CBO contracts.  f. Next steps: Chair will bring draft introductory email | Committee will review Agency 101 Resource Director and bring next meeting; Committee Secretary will consolidate list  McKian Nielsen will present introductory email note next meeting | Committee<br>to review;<br>Irma<br>Victorino<br>will<br>consolidate<br>list<br>McKian<br>Nielsen |
|             | 2                               | message and copy of revised letter next meeting;<br>Committee will bring next meeting select list of<br>agencies from Agency 101 directory.  |  |  |
|             | 3.                              | To identify community resources for referrals and outreach, action plan includes organizing outreach via TAY Resource Fair at least one a year.  a. It was raised that the Committee considers participating in Community-based resources fairs as an initial step.  |  |  |
|             |                                 | b. It was suggested coordinating with Luis Tovar, Community Outreach and Ethnic Services Manager on the various community outreach program organized by the department and Salvador Manzo, Health Equity and Training Manager  |  |  |
|             |                                 | <ul> <li>It was also suggested inviting Salvador Manzo to<br/>present next BHAB TAY meeting.</li> </ul>  | Invite Salvador Manzo to present next meeting.   | McKian<br>Nielsen  |

| VIII. | <ol> <li>VCBH Transitions Program Update, Meredyth Leafman</li> <li>Ms. Leafman acknowledged the former BHAB Chair David<br/>Holmboe for his advocacy and contributions to the BHAB<br/>TAY, the entire board and mental health in general.</li> <li>TAY has organized a Lip Singing talent show for TAY<br/>members scheduled on June 18, 2015, from 4:30 to 7:00<br/>pm in the Training Room. This is part of the TAY program<br/>in engaging with TAY members and addressing their<br/>developmental needs.</li> </ol>   |  |
|-------|---|--|
| IX.   | VCBH Alcohol & Drug Program Update The department is soon to certify a school in May and June 2015.   |  |
| X.    | <ol> <li>VCBH Contracted Providers' Update</li> <li>TAY Tunnel/Pacific Clinic, Anthony Marron –         <ul> <li>a. TAY Tunnel has organized an open house of Career Club to assist young adults find and maintain employment. Facilitators are Ezequiel Sanchez and Robert Chavez.</li> <li>b. TAY Tunnel is currently experiencing computer network problems with only one computer working.</li> </ul> </li> <li>Interface, Patti Yabu – Interface Crisis Outreach Shelter in Ventura is available to homeless kids up to age 18; individuals may stay to a maximum of 21 days; May is National Drug Court month.</li> </ol> |  |
| XI.   | Comments  1. Karyn Bates mentioned that the last Laura's Law workgroup meeting was held Wednesday, May 27. The workgroup has endorsed Laura's Law to the Behavioral Health Advisory Board which will make recommendations to the Board of Supervisors.  |  |
| XII.  | <ul><li>Items for Next meeting</li><li>1. Invite Salvador Manzo, Health and Equity Training Manager, to make a presentation next meeting.</li></ul>   |  |
| XIII. | Next meeting Thursday, June 25, 2015.   |  |
| XIV.  | Adjourn The meeting adjourned at 11:40 am   |  |