

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
**TRANSITIONAL AGE YOUTH (TAY) COMMITTEE**  
**MINUTES ■ Thursday, March 24, 2016**

<b><u>Present</u></b> McKian Nielsen, Chair Sharon Espinosa, Dept. of Rehab Erin Locklear, Interface David Deutsch, NAMI Jen Gomez, Pacific Clinics Benjamin Valdes, TAY Tunnel Joshua Trapasso, TAY Tunnel Bilal Hassoun, TAY Tunnel	<b><u>VCBH Staff Present</u></b> Pam Roach, Transformational Liaison Anna Flores, Manager, ADP Sara Sanchez, Clinic Administrator, TAY Irma Victorino, Management Assistant / Recording Secretary  Guest: Joseph Solomita, Stars Training Academy  <b>NEXT MEETING:</b> <b>Thursday, April 27, 2016, 10:30 a.m. – 12:00 pm</b> Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:35 am.		
II.	<b>Approval of the Agenda</b> 1. The Chair asked the committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> 1. The Chair asked the committee to review and approve the minutes of the February 25, 2016 meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions.		
V.	<b>Chair Announcement</b> 1. Chair Nielsen announced that Carol Thomas will be Co-Chair of the BHAB TAY Committee. 2. Chair Nielsen reminded all that NAMI Walk is on Saturday. April 30, 2015 at Ventura Beach Promenade. He encouraged Committee to participate.		
VI.	<b>Public Comments</b> None		
VII.	<b>A. Presentation – Time Certain: 10:40 am</b> <b>Joseph Solomita, Managing Director, Stars Training Academy, Stars Behavioral Health Group</b> 1. Mr. Solomita provided a brief background about Stars Training Academy. He presented a map showing locations where their team has provided training including various places in the US, Canada and HongKong. Stars Training Academy has conducted trainings on Transition to	Flyers were provided as handout	

	<p>Independence Process (TIP) System in three Santa Barbara TAY Divisions namely: Santa Maria, Lompoc, and Santa Barbara. It has contract with UCSB Students to train.</p> <ol style="list-style-type: none"> <li>Mr. Solomita briefly discussed the TIP Model Domain namely (a) employment, (b) educational opportunity, (c) personal effectiveness and wellbeing, and (d) living situation. Their TIP model practices cover strength discovery and needs assessment, future planning, rationales, in-vivo teaching, social program solving (SODAS), mediation with young people key (SCORA), and prevention planning process (WHATSUP).</li> <li>Mr. Solomita underscored that their focus is on implementation and sustainability.</li> <li>Based on the TIP model implementation, few graphs were provided to show findings and outcomes. Their data shows that percentage of working or going to school increased from 24% to 69%; attending school/GED from 24% to 53%; and working, graduated and attending college findings showed increase from 0% to 21%, 10% and 7%, respectively.</li> <li>For more information about Stars Training Academy, visit <a href="http://www.tipstars.org">www.tipstars.org</a></li> </ol>		
	<p><b>B. Time Certain: McKian Nielsen, Chair, BHAB TAY, Smart Recovery (Self-Management and Recovery Training)</b></p> <ol style="list-style-type: none"> <li>Chair Nielsen mentioned that SMART Recovery offers self-management for addiction recovery. It is the leading empowering addiction recovery support group in various locations world-wide. Participants learn specific tools and techniques for addiction recovery based on latest scientific research and they are able participate in various meetings.</li> <li>Mr. Nielsen mentioned that the program utilizes the Smart Recovery 4-Point Program which employs a variety of tools to help individuals gain independence from addiction and addictive behaviors. Participants are encouraged to learn how to use the tools and practice the tools as they progress toward the Point 4 of the program which is ultimately achieving lifestyle balance.</li> <li>Mr. Nielsen made a quick tour on the website of SMART Recovery <a href="http://www.smartrecovery.org">http://www.smartrecovery.org</a>. The website provides all information on how to get started, available local meetings, and various resources.</li> <li>Mr. Nielsen briefly mentioned that the different approaches of the SMART Recovery program such as teaching individuals on self-empowerment and self-reliance; providing educational and supportive meetings; encouraging individuals to recover from addiction and alcohol abuse; teaching techniques for self-directed change, and more.</li> </ol>		
VIII.	<p><b>VCBH Transitions Update – Sara Sanchez, Clinic Administrator, TAY Program</b></p> <ol style="list-style-type: none"> <li>VCBH Transitions is holding its annual TAY Picnic in June.</li> <li>TAY staff recently attended CBT and IDDT trainings.</li> <li>Transitions office in Oxnard has expanded to a bigger space.</li> <li>TAY is providing opportunities to students in their master's degree program.</li> </ol>		

IX.	<b>VCBH Alcohol &amp; Drug Update – Anna Flores, Manager, ADP</b> 1. ADP is on its 3 <sup>rd</sup> quarter contract with adolescent probation. It was mentioned that half of the adolescent probation program is over age 18 and will be in the program until they reach age 21.		
X.	<b>Providers' Update</b> <b>1. Interface, Erin Locklear</b> – Interface work closely with the Juvenile Specialty Court and continues to re-evaluate and re-assess their programs. Most referrals are from the Oxnard Union School District. <b>2. NAMI, David Deutsch</b> – Flyers for NAMI Walk on April 30 are available. Participation and sponsorship are greatly encouraged. <b>3. TAY Tunnel, Benjamin Valdes</b> – Career Club program for TAY members is ongoing. The program is focused on job-readiness helping members prepare Resume or prepare them for employment. There is no enrolment as of this time. Enrolment will begin in a couple of months.		
X.	<b>Adjourn</b> The meeting adjourned at 11:25 am		