

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, April 28, 2016

<u>Present</u> McKian Nielsen, Chair Sharon Espinosa, Dept. of Rehab Benjamin Valdes, TAY Tunnel Josh Lopez, Casa Pacifica	<u>VCBH Staff Present</u> Anna Flores, Manager, ADP Sara Sanchez, Clinic Administrator, TAY Irma Victorino, Management Assistant / Recording Secretary Guests: Leticia Woodruff, Aspiranet Luis Madrid, Aspiranet Martie Miles, Aspiranet NEXT MEETING: Thursday, May 26, 2016, 10:30 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036
---	--

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:35 am.		
II.	Approval of the Agenda 1. The Chair asked the committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes 1. The Chair asked the committee to review and approve the minutes of the March 24, 2016 meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcement 1. Chair Nielsen announced that Carol Thomas will Co-Chair the BHAB TAY Committee starting November 2016. 2. Chair Nielsen reminded all that NAMI Walk is on Saturday. April 30, 2015 at Ventura Beach Promenade. He encouraged Committee to participate.		
VI.	Public Comments None		
VII.	Presentation – Time Certain: 10:30 am Leticia Woodruff, THP+FC Program Supervisor 1. Ms. Woodruff made a brief overview on the nature and description of their organization and the Aspiranet Transitional Housing Program Plus foster Care (THP+FC).		

	<p>She mentioned that they are committed to strengthening and empowering communities throughout their network.</p> <ol style="list-style-type: none"> 2. Ms. Woodruff gave a thorough discussion on the scope and nature of their services. They are serving youth who are younger than 21. Ms. Woodruff emphasized that their program is to provide support to foster youth in the transition to independence. 3. Ms. Woodruff mentioned that Aspiranet THP+FC is available in various locations and continues to expand into new areas across the state. 4. She gave a comprehensive discussion on the different services they provide to the TAY population including – <ol style="list-style-type: none"> a. Transportation assistance b. Roommates: selection and support c. Public Benefit Advocacy d. Regular Housing Advocacy and Tenancy Training e. Training Curriculum to Prepare Youth for Housing f. Moving Assistance g. Ongoing Life Skills Training h. Security Deposit Assistance 5. Ms. Woodruff explained that the THP+FC program provides participating youth with option to live with host family depending on program location or in an apartment with roommates. The program provides supportive services to participating TAY individuals. 6. Ms. Sharon Espinosa of the Dept. of Rehab noted that they can provide assistance to participants who have disability barriers in work-related environment. 7. Benjamin Valdes of Pacific Clinics TAY Tunnel mentioned that Aspiranet can refer participants to their program since they also offer cost-effective treatment, program development, trainings, and supportive programs to the TAY population. 		
VIII.	<p>Discussion Transition Independent Process (TIP) System – McKian Nielsen</p> <ol style="list-style-type: none"> 1. Chair Nielsen mentioned that during the last Committee meeting, Mr. Joseph Solomita, Managing Director, Stars Training Academy, was invited to present and talk about the Stars Training Academy. Mr. Solomita discussed the different TIP model domain namely: employment, educational opportunity, personal effectiveness and wellbeing, and living situation. 2. Based on the TIP model implementation process presented by Mr. Solomita, Mr. Nielsen asked the members present if they want to invite again Mr. Solomita or his designate to come to the meeting and make an in-depth discussion on the implementation process of the TIP model. 3. It was suggested that it would be beneficial to hear from the other counties that have been trained and have implemented the TIP model in their counties. One of the examples cited was the County of Santa Barbara. 4. Joseph Lopez of Casa Pacific mentioned that they have completed the training on the TIP model. In this regard, the Committee proposed inviting representative(s) from Casa Pacifica to present to the Committee and discuss outcomes and measures. 	<p>Invite Casa Pacifica to present in future meeting</p>	<p>Joseph Lopez/McKian Nielsen</p>

	<p>5. It was mentioned that it would be valuable to get more details on the cost of the different levels of implementation.</p> <p>6. In this regard, Chair Nielsen noted that he will get this information from Mr. Solomita and provide this details next meeting.</p>	Get more details on cost implementation; present next meeting	McKian Nielsen
VIII.	<p>VCBH Transitions Update – Sara Sanchez, Clinic Administrator, TAY Program</p> <p>1. VCBH TAY is facilitating anxiety groups for all clients.</p> <p>2. There are bilingual MFT students coming on board.</p> <p>3. They are preparing for the annual TAY Picnic in June.</p>		
IX.	<p>VCBH Alcohol & Drug Update – Anna Flores, Manager, ADP</p> <p>1. Recruitment for Clinic Administrator position for Fillmore clinic is ongoing.</p> <p>2. Santa Paula and Fillmore juvenile case load is bigger than anticipated; half of adolescent clients are over 18.</p> <p>3. Their Prevention Program has is an ongoing campaign on Weed DUI. The Committee suggested inviting Dan Hicks or David Tovar in future meetings to present more about the campaign.</p> <p>4. Ms. Flores mentioned that resources of various publications, videos and informational flyers are available on the VC Limits website: http://venturacountylimits.org/</p>	Invite Dan Hicks/David Tovar in future meeting	McKian Nielsen
X.	<p>Providers' Update</p> <p>1. Department of Rehab, Sharon Espinosa – Lisa Brunelle is the new Supervisor in Oxnard. Ms. Brunelle is bilingual and she has been with the department for 20 years.</p> <p>2. Casa Pacifica, Josh Lopez – There are 30 individuals utilizing their services throughout the county. Last year they started with an average of 14-15 individuals; end of fiscal year shows an average of 26 individuals. One of their challenges is running their groups to be relevant. Their programs are more experiential and didactic.</p> <p>3. TAY Tunnel, Benjamin Valdes – Robert Chavez is the new Employment Specialist. They have started the Career Cub. Open enrollment is every Wednesday.</p>		
X.	<p>Adjourn</p> <p>The meeting adjourned at 11:55 am</p>		