

# **WHAT IS A YELLOW RIBBON CARD?**

## **IT IS A LIFELINE—A SUICIDE PREVENTION TOOL.**

It tells someone in need that there are those who care and will help!

**If someone has handed you this card,  
they are reaching out for help.**

- 1. Stay with this person, they need your help! Stay Calm.**
- 2. Listen, really listen. Take them seriously! Do not put “hands on”.**
- 3. Get or call help immediately:**

**Children’s Intensive Response Team (CIRT) - 866 431 2478**

**Adult Crisis Team - 866 998 2243**

**911 Request a CIT Officer (Crisis Intervention Trained)**

For More Information see: [www.yellowribbon.org](http://www.yellowribbon.org)