

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

**MINUTES** ☐ July 11, 2016

<b><u>PREVENTION MEMBERS PRESENT</u></b>	
Janis Gardner	BHAB Member, Chair Prevention Committee
Larry Hicks	BHAB Member, Co-Chair Prevention Committee
Clara Barron	BHAB Member, VCBH, MHSA, PEI Programs Operational Manager
David Deutsch	BHAB Member, NAMI Director
Gane Brooking	BHAB Member, BHAB Member
June Ewart	BHAB Member, Community Coalition United
Karyn Bates	BHAB Prevention Committee Member
Mark Stadler	BHAB Prevention Committee Member, Crisis Intervention Training (CIT)
Rachel Jones	BHAB Member, Straight Up Ventura County
Sandra Wolfe	BHAB Prevention Committee Member
<b><u>VCBH STAFF PRESENT</u></b>	
Dan Hicks	VCBH, Alcohol & Drug Programs Manager, Prevention Services
Cari Kawell	VCBH, Alcohol & Drug Programs Management Assistant II, Prevention Services
Bennie Crayton	VCBH, Alcohol & Drug Programs, Community Services Coordinator, Prevention Services
<b><u>GUEST PRESENTERS</u></b>	
Kim O'Neil	Project SAFER, Project Director
<b><u>GUESTS</u></b>	
Benjamin Valdez	Pacific Clinic's TAY Tunnel
Erik Sternad	Interface Children & Family Services, Executive Director
Josh Tirado	Ventura Early Intervention Prevention Services (VIPs)
Lori Litel	United Parents
Sara Cook	Vista del Mar Hospital, Business Development Rep

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:19 PM by Chairperson, Janis Gardner.		
<b>II.</b>	<b>Approval of the Agenda (Action)</b> Agenda for July 11, 2016 was approved as written.	<b>Approved as written M/S/C</b>	
<b>III.</b>	<b>Approval of the Minutes (Action)</b> Minutes of June 6, 2016 were approved. Moving forward, June Ewart no longer works for Rancho Simi Parks & Rec. District, but, remains with Community Coalition United.	<b>Approved M/S/C</b>	
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all. Self-introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> Janis Gardner, BHAB Prevention Committee Chair, thanked BHAB Prevention Committee Members for assisting with administrative organization while she was absent on vacation.		
<b>VI.</b>	<b>Public Comments</b> <b>A.)</b> Karyn Bates, BHAB Prevention Committee Member distributed two articles – one from <i>The Ventura County Star</i> called “ <i>Bill aims to restrict opiate doctor shopping</i> ” by Darcy Costello; and the other an Annual Report for 2015 with a June 2015 Update called, “ <i>Showers of Blessing</i> ” (SHoB). SHoB created by HEAL (Health, Empowerment and Love) a project of the non-profit interfaith initiative of Santa Barbara which began operation November 17, 2014 and operated at two weekly locations (St. Michael’s University Church and St. Mark’s University Parish in Isla Vista) and one monthly location (Goleta Valley Community Center) through November 2015 at which time SHoB added weekly showers at St. Athanasius Orthodox Church in Santa Barbara and discontinued their operation at		

	<p>the Goleta Community Center. Showers of Blessing not only makes a major difference in the lives of its clients through providing showers, clothes, clothes washing and hygiene products, but it provides a path to the ultimate goal of helping the houseless in our community find jobs and be able to afford moving into housing.</p> <p><b>B.)</b> Erik Sternad, Executive Director, Interface Children &amp; Family Services discussed the “No Place Like Home” legislation and mentioned that for the first time California State is providing funding for homeless youth from the Mental Health Services Act (MHSA) Fund where \$20 million dollars are ear-marked for Homeless Youth. \$10 million is dedicated to 4 CA Counties and the other \$10 million is for the rest of CA that includes: Los Angeles, San Diego, El Dorado, Fresno, San Bernardino and Orange Counties.</p> <p><b>C.)</b> David Deutsch announced a film event to be held at Vineyard Community Church in Camarillo on Tuesday, July 12 from 6:45 pm to 9 pm. The featured presentation titled “CODE: The Movie”, was directed and produced by Ventura County resident Dixie Gamble. Ms. Gamble is a documentary filmmaker and the producer of two training films on mental health for criminal justice professionals: “SAFE: Safe Aware First Responders Education” and “CODE: Correction Officer De-Escalation Education”. Ms. Gamble is also the parent of a son diagnosed with schizoaffective disorder and lives in Ventura County.</p>		
<p><b>VII.</b></p>	<p><b>Staff Update</b></p> <p><b>A.)</b> Dan Hicks, Manager, ADP Prevention Services shared a <i>Los Angeles Times</i> article from the front page of the Sunday, July 10, 2016 newspaper which discussed overdosing on prescription painkillers. The topic is in sync with recent VCBH efforts from the Rx Prescription Drug and Heroin Drug Workgroup. In May 2016, the Rx Workgroup monthly meeting featured Mike Small from the Department of Justice.</p> <p>Mr. Hicks mentioned that in Ventura County there is some great outreach work going on with doctors regarding the new CDC guidelines on non-narcotic pain management strategies, best practices in prescribing opiates, opiate risk screening and most importantly, the use of the Prescription Drug Monitoring Program C.U.R.E.S. VCBH is looking to see how we’re doing, not only in terms of total numbers in Ventura County of Doctors and Prescribers of who have signed up for C.U.R.E.S. in time for the legislative deadline by July 1, 2016, but, also who are using the C.U.R.E.S. system to look at how frequently and which other medications people have been prescribed.</p> <p>VCBH estimated that the number of doctors that Ventura County Behavioral Health and its Contractors have helped facilitate signing-up or re-signing in to the C.U.R.E.S. system is 227 out of about 1800 total prescribers. The one important goal of the Rx Workgroup is to increase the number of healthcare professionals who use C.U.R.E.S. because so many people get into trouble with prescription pain killers even if though they are legitimately originally prescribed for pain.</p> <p>Mr. Hicks asked the group to mark their calendars for Wednesday, Sept. 28, 2016 from 8 am to 12 Noon at the Oxnard Marriott River Ridge for the “<b>What Future Do You See</b>” Marijuana Conference.</p> <p>Mr. Hicks also announced that VCBH Prevention Services is excited about the new Federal Fiscal Year Proposals in the Office of Traffic Safety (OTS). Prevention Services has had a media campaign that includes marijuana impaired driving as part of the Prevention messaging, but, it includes prescription and other drug impaired driving campaigns as well. OTS tentatively awarded VCBH Prevention Services another \$250 thousand dollar grant for the new Fiscal Year to focus specifically on Latinos in Ventura County. David Tovar, VCBH Prevention Services, OTS Grant Coordinator, will be the lead on this project.</p> <p>The new Prevention Services Strategic plan will run for the next 5 years. Its first initiative is “Reducing Health Disparities” which is consistent with the focus on disproportionate risk faced by certain groups and communities. Prevention will spend the next few years looking more closely at who is at the highest risk; at Vulnerable Populations. Mr. Hicks invited the group to participate in that work.</p> <p>Mr. Hicks also mentioned that the new Prevention Strategic Plan likely will be online in August 2016.</p> <p><b>B.)</b> Mark Stadler reported that last month the Ventura County Crisis Intervention Training (CIT) Team continued their partnership with Mental Health First Aid (MHFA). The Ventura</p>		

	<p>Police Department did an Adult MHFA class and a MHFA class for Youth is upcoming.</p> <p>Mr. Stadler mentioned that he did a public presentation in Ojai last week for a new group called Compassionate Ojai - a group of family members with loved ones with mental illness. At that meeting, Mr. Stadler talked about Mental Health First Aid and stated that the group is interested in starting the MHFA program in Ojai with Sergeant Ferguson.</p>		
<b>VIII.</b>	<p><b>Time Certain Presentation 3:45 PM</b></p> <p><b>A.)</b> Kim O’Neil, Executive Director, Project SAFER gave a presentation called “<i>Overdose Prevention: Naloxone Rescue in the Community</i>” and shared that deaths from drug overdoses are now the leading cause of injury death in the United States, surpassing motor vehicle accidents and that 120 people die each day nationwide from drug overdose. Ms. O’Neil mentioned that in Ventura County:</p> <ul style="list-style-type: none"> <li>• 13% of 9<sup>th</sup> graders and 20% of 11<sup>th</sup> graders say they have misused Rx painkillers</li> <li>• 4% of 9<sup>th</sup> graders and 5% of 11<sup>th</sup> graders say they have used heroin</li> <li>• Twice as many teens said they used heroin 4+ times in 2010 than in 2006</li> </ul> <p>Ms. O’Neil discussed The Overdose Prevention and Rescue Program which she originally helped implement in conjunction with VCBH Prevention Services to educate and make use of a Standing Order written by Ventura County’s Medical Director, Dr. Celia Woods. This allows distribution of Naloxone with training to those at high risk of experiencing or witnessing an overdose, but without an identified patient. As of January 1, 2014, the provisions of AB 645, The Overdose Treatment Act, became law. It was designed to encourage California Health Care Providers and community programs to widely distribute Naloxone to treat opioid overdose incidents.</p> <p>Naloxone Hydrochloride (brand name Narcan), an FDA-approved medicine, is a short-acting competitive mu opioid-receptor antagonist. Naloxone acts as a bully. It takes over the mu receptors in the brain that the opioid wants to sit on - the bully is often stronger, but only for a short while - usually 20-90 minutes.</p> <p>To date, approximately 100 individuals have been trained. There are (18) sites distributing kits and educating recipients. Additionally, NO OD information cards are provided to all individuals upon release from VC Jail to provide support and promote harm reduction education since drug tolerance has been reduced after incarceration. Ms. O’Neil also distributed samples of these NO OD information cards to the BHAB Prevention Committee Meeting attendees.</p> <p>The Overdose Prevention and Rescue program timeframe was: 10/15/14 – 05/31/16 During this time span, 362 Kits were distributed and refill forms indicate: 44 lives were saved! In addition, some kits were used on multiple people/overdose events; 48% reported staying at the scene; 43% reported placing the individual in a Recovery Position; 38% performed Rescue Breathing and 14% called 911. Ms. O’Neil emphasized that in an OD situation, the best thing to do is call 911 and then use Naloxone if an Opioid OD is indicated.</p> <p>For more information call: <b>(805) 667-NO OD</b></p>		
<b>IX.</b>	<p><b>Old Business</b></p> <p>Janis Gardner, BHAB Prevention Committee Chair reminded the group to e-mail her their ideas and suggestions for the BHAB Prevention Committee Report.</p>		
<b>X.</b>	<p><b>New Business</b></p> <p><b>A.)</b> Dan Hicks, Manager, ADP Prevention Services announced that the City of Fillmore is holding a meeting on Monday, July 25 at Fillmore City Hall to discuss Marijuana Policy. Mr. Hicks invited people to attend as it is one of the first cities in Ventura County to invite public comment about how high to set the bar for these cannabis regulations. The State of California Bureau of Medical Cannabis Regulation gives CA cities the opportunity to set their own policies and measures.</p> <p><b>B.)</b> Janis Gardner, BHAB Prevention Committee Chair mentioned that commercial interests are interested in a large section of land in Fillmore to build multiple warehouses to grow marijuana.</p>		
<b>XI.</b>	<p><b>Prevention Committee Member Comments</b></p> <p><b>A.)</b> June Ewart from Community Coalition United thanked Mark Stadler, CIT, for his efforts with Mental Health First Aid. In addition, Ms. Ewart announced that Community Coalition</p>		

	United partnered with Giddy Up Ranch at the Camarillo Fiesta Days held Friday – Sunday July 8 – 10, 2016 in Old Town Camarillo.		
<b>XII.</b>	<b>Future Meeting Discussion</b> Dan Hicks, Manager, ADP Prevention Services mentioned that VCBH, ADP Prevention Services has a new summer intern, Jessica Ramirez, who is attending the University of Michigan as a Master’s Degree in Public Health Candidate. Ms. Ramirez is creating a report focused on youth in Fillmore in conjunction with the Fillmore School District which may suitable for sharing at a future BHAB Prevention Committee Meeting.		
<b>XIII.</b>	<b>Adjourn</b> Meeting was adjourned at 4:22 PM.	<b>Next Meeting: Aug 8, 2016</b>	