

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
MINUTES ▪ May 12, 2014**

**Members Present**

Ratan Bhavnani, NAMI Ventura County  
June Ewart, Community Coalition United  
Janis Gardner, BHAB Member, Chair, Prevention Committee  
Katherine Kasmir, Straight Up Ventura County

**NEXT MEETING: June 9, 2014  
3:15 – 4:30 PM**

Ventura County Behavioral Health  
Conference Room “C”  
1911 Williams Dr., Suite 200, Oxnard CA 93036

**Members Absent**

Karyn Bates, BHAB Member  
Nancy Borchard, BHAB Member  
Kate Mills, BHAB Member  
Regina Poynter, Client Network  
Kiran Sahota, BHAB Member

**VCBH Managers/Staff Present**

Dan Hicks, ADP Prevention Services Manager  
KerryAnn Schuette, PEI Manager  
Glenda Valles, Mgmt. Asst., ADP Prevention Services

**Other Attendees**

Juls Christian, Family Member/Consumer  
Jennifer Gomez, Pacific Clinics, TAY Tunnel  
Joseph Preciado, VCSO

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The meeting was called to order at 3:20 PM by Chair, Janis Gardner		
II.	<b>Approval of May 12, 2014 Agenda</b>	<b>Agenda approved. M/S/C</b>	
III.	<b>Approval of the Minutes</b> Minutes of April 7, 2014 were not approved due to lack of a quorum.	<b>Minutes to be approved at June 9, 2014 Meeting</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed all and introductions were made around the table.		
V.	<b>Chair Announcements</b> The Chair made the following announcements: <ul style="list-style-type: none"> <li>A. Ventura County Health Care Agency has a website. The website is <a href="http://www.VCHCA.org">www.VCHCA.org</a> and has links to Behavioral Health Dept., etc.</li> <li>B. The NAMI Walk was attended by over 1300 people and was a successful fund raising event. VCBH had a table at the mental health fair.</li> <li>C. Turning Point Foundation is having a gala in June. Date is unknown at this time. Dave Holmboe, BHAB Chair, will be honored at the event.</li> <li>D. Update on Schizophrenia &amp; Marijuana: The Psychiatric Times dated 5/6/14 reported that: Studies indicate high rates of cannabis use disorders among individuals with schizophrenia and psychotic symptoms following heavy cannabis use. Previous studies have proposed self-medication with cannabis to remedy symptoms of schizophrenia. <b>In contrast to these studies, recent data shows that cannabis misuse often occurs before the onset of psychosis and the psychotic and affective symptoms worsen after cannabis use.</b> Surprisingly, schizophrenia patients with cannabis use disorders demonstrate superior neurocognitive performance compared with non drug using patients, however this may be counterintuitive given that cannabis use among participants where there</li> </ul>		

	are non-psychiatric controls have consistently been shown to have a deteriorating effect on neurocognitive performance and has been associated with poorer prognosis among schizophrenia patients. Research is continuing. Brochures were distributed for the May is Mental Health Month event: Schizophrenia: The Journey to Recovery is Possible scheduled for May 29, 2014.		
<b>VI.</b>	<b>Public Comments</b> None		
<b>VII.</b>	<b>Staff Update</b> <b>A.</b> KerryAnn Schuette thanked June Ewart of the CCC and the Simi Valley Parks & Recreation Dept. for their efforts in east county in providing Mental Health First Aid Training. VCBH is also working with June and the Simi Valley Parks & Recreation Dept. on distribution of Suicide Prevention brochures for seniors. <b>B.</b> Dan Hicks reported that the National Rx Drug Summit was held last month in Atlanta, GA. The event was attended by Chair Janis Gardner, Patrick Zarate, and Mr. Hicks. Local coalitions and community groups were in the spotlight at the event and provided some of the most compelling presentations. Dan was surprised that Rx disposal sites in other parts of the country were not as available as in Ventura County where we currently have 12 disposal sites. Mr. Hicks mentioned the controversy surrounding the FDA recent approval of the use of the drug Zohydro. The drug is 5 times more potent than Oxycontin. A discussion ensued and Deputy Joe Preciado pointed out that the Ventura County Sheriff's Office has received warnings from the DEA indicating that the potential for abuse is extremely high with Zohydro use.		
<b>VIII.</b>	<b>New Business</b>		
	<b>A.</b> The Chair reported that site visits for mental health and ADP contractors will be by Behavioral Health Advisory Board (BHAB) members only but committee members can provide input about the sites and propose questions. Instructions for going on a site visit and the work sheets are contained in the Behavioral Health white binder given to members. She asked members to bring the pages about Site Visits to our June BHAB Prevention Committee meeting for review and preparation for the site visits.		
<b>IX.</b>	<b>Old Business</b> <b>A.</b> KerryAnn Schuette reported that the Family Leadership Summit held on April 24 <sup>th</sup> was well attended by over 200 people. The founder of the Triple P program, Dr. Matt Sanders was a featured speaker as well as Jane Stevens who spoke on her work in dealing with adverse childhood experiences and will be working with Ventura County on this topic.		
<b>X.</b>	<b>Board Member Comments and Announcements</b> <b>A.</b> KerryAnn Schuette reported on the following: 1. She attended a suicide prevention conference sponsored by the California Mental Health Advocates for Children and Youth (CMHACY). The keynote speaker was Kevin Hines, survivor of a suicide attempt after jumping off the Golden Gate Bridge in San Francisco. Mr. Hines will be a featured speaker at an upcoming suicide prevention awareness concert to be hosted by Casa Pacifica. More info to follow. 2. CCC Suicide Prevention Workgroup will meet on June 6, 2014 from 10 to 11:30 AM in VCBH Conference Room "C" at Williams Dr.		
<b>XI.</b>	<b>Time Certain Presentation – 4 PM</b> <b>A. Joe Preciado, Deputy, Special Enforcement Detail, Ventura County Sheriff's Office – Project H.O.P.E.</b> <b>Helping Our community Progress Efficiently</b> known as the <b>H.O.P.E. Project</b> was developed in response to the need to provide support to the homeless population in the city of Camarillo. The first steps in creating the project were to identify the client base, build relationships with clients, and assess individual needs of the clients. Current city and state laws regarding the vagrancy population had to be considered as well. Homelessness is not a crime but the unwanted behavior that is associated with homelessness can be. A Project H.O.P.E. pamphlet was distributed. There are now over 250 resources available to those in need including the Ventura County Rescue Mission, the Salvation Army, St. Vincent De Paul Council of Ventura County, the Ventura Council of Government (VCOG) and local churches. Deputy Preciado explained that his efforts on the project have been 80% social		

	<p>services and 20% law enforcement. He emphasized that the success of the project is due to the collaboration efforts of the community at large. Several real-life success stories of the project were shared by Deputy Preciado. In closing, he mentioned that he hopes to make the concept of social services oriented policing the new wave of Crisis Intervention Training.</p>		
<b>XII.</b>	<p><b>Future Meeting Discussion</b>  <b>A. Proposed – Mental Health First Aid Presentation</b></p>		
<b>XIII.</b>	<p><b>Adjourn</b>  Meeting was adjourned at 4:50 PM</p>	<p>Next Meeting:  <b>June 9, 2014</b></p>	