

# **VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD** **PREVENTION COMMITTEE** **MINUTES ■ March 10, 2014**

## **Members Present**

Karyn Bates, BHAB Member  
 Nancy Borchard, BHAB Member  
 June Ewart, Community Coalition United  
 Janis Gardner, BHAB Member, Chair, Prevention Committee  
 Katherine Kasmir, Straight Up Ventura County  
 Kate Mills, BHAB Member  
 Kiran Sahota, BHAB Member

**NEXT MEETING:**      **April 7, 2014**  
                                  **3:15 – 4:30 PM**

Ventura County Behavioral Health  
 Conference Room “C”  
 1911 Williams Dr., Suite 200, Oxnard CA 93036

## **Members Absent**

Regina Poynter, Client Network

## **VCBH Managers/Staff Present**

Dan Hicks, ADP Prevention Services Manager  
 KerryAnn Schuette, PEI Manager  
 Glenda Valles, Mgmt. Asst., ADP Prevention Services

## **Other Attendees**

Robert Chavez, TAY Tunnel  
 Janet Linsalato, SEIU 721  
 Lynn Ruffino, Interface  
 Ben Valdez, TAY Tunnel  
 Joelle Vessels, Interface

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:20 PM by Chair, Janis Gardner		
<b>II.</b>	<b>Approval of the Agenda</b> Approval of agenda for March 10, 2014	<b>Agenda approved.</b> <b>M/S/C</b>	
<b>III.</b>	<b>Approval of the Minutes</b> Minutes of February 10, 2014 were approved as written.	<b>Minutes approved.</b> <b>M/S/C</b>	
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all and introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> The Chair made the following announcements: <b>A.</b> May is Mental Health Awareness Month <b>B.</b> The Children’s Intensive Response Team (CIRT) has applied for a grant to buy a mobile van or RV for their program. The CIRT is in the process of being accredited for a hotline, crisis response, and follow-up. <b>C.</b> VCBH has been awarded a Mental Health Triage state grant which will enable the department to fund new positions and expand services. <b>D.</b> The new California Healthy Kids Survey will ask about alternative lifestyles and sexual orientation which has not been the case in previous surveys. <b>E.</b> Ventura County Office of Education is currently working on a suicide prevention video. A VCBH suicide brochure is in the works. KerryAnn Schuette and Dan Hicks are working on a distribution plan for the brochure once it is available.		
<b>VI.</b>	<b>Public Comments</b> Janet Linsalato, SEIU 721 representative, reported on the county pension take-away program for Ventura County employees supported by Supervisor Peter Foy and others. A signature gathering kick-off is being circulated throughout the county by the		

	coalition of unions asking for Supervisor Foy's resignation from the committee promoting the pension elimination. This will be ruled on next week. She distributed handouts on the topic – "Don't Sign Away Your Pension" and "Think Before You Sign Foy's Radical Proposal".		
<b>VII. Staff Update</b>	<p><b>A.</b> Dan Hicks reported on the following:</p> <ol style="list-style-type: none"> <li>1. During the recent ADP Prevention Provider meeting the budget outlook for SAPT funding was discussed. SAPT funding for prevention efforts has been cut considerably.</li> <li>2. The ADP Prevention Services move to Williams Dr. is on schedule for June 2014. The rationale for the move is to save money by relocating groups currently in leased office spaces to the now county-owned building at Williams Drive.</li> <li>3. Conejo Valley Unified School District held an open house at their new location for the Breakthrough Student Assistance Program. The open house was well attended. The program is being considered for a Service to Science Award from SAMHSA and status updates will be provided as the process continues.</li> <li>4. A recent article appeared in the VC Star stating that 25% of tobacco retailers in Ventura County are within 1,000 of schools. Gabe Teran, Project Specialist for Friday Night Live, a youth development program run by Ventura County Office of Education, was quoted in the article: "We have a lot of national data that we can tap into but this local data, we can look at it and dissect it and make it more relevant to students, adults, policymakers and decision-makers for different communities. It definitely brings it kind of to the forefront."</li> <li>5. The VC Star also had an article about the Simi Valley Reality Party for parents presented by Straight Up Ventura County and hosted by committee member, June Ewart. A brief discussion ensued with Katherine Kasmir, Director of Straight Up, and June sharing some specifics from the event and commenting on collaborative efforts from the city of Simi Valley, Simi Valley Parks and Recreation Dept., the Acorn newspaper, and the Simi Valley Police Dept.</li> <li>6. The 2014 National Rx Drug Use Summit will be held in April in Atlanta and ADP will be represented.</li> </ol> <p><b>B.</b> KerryAnn Schuette reported on the following:</p> <ol style="list-style-type: none"> <li>1. A video clip from KCAL Channel 9 news in which Dr. Celia Woods, VCBH Medical Director, was interviewed after the recent suicide of a Moorpark high school student. The boy's parents wanted to educate the public on the need for suicide prevention efforts and sought the help of VCBH.</li> <li>2. VCBH has a Suicide Prevention Committee that looks specifically at suicides within the county. Members include Janis Gardner, Dan Hicks, and Ms. Schuette. A new suicide prevention brochure that is in the works. and will be disseminated soon.</li> <li>3. Also in process is a prevention report based upon survey data obtained in the areas where prevention and early intervention intersect; i.e., stigma reduction, suicide prevention, and youth mental health. The report should be completed in the next month or so.</li> </ol>		
<b>VIII. New Business</b>	<p><b>A. Naloxone</b> – The Chair reported that there is a new drug called Naloxone which is an opioid antagonist that reverses the effects of heroin/opiate overdose. The drug can literally rescue someone from the "jaws of death" from an overdose. The brand name for the drug is Narcan and is FDA approved. Behavioral Health Dept. is currently collecting data from numerous cities and counties throughout the country on the use of Naloxone. Among the several bills in legislation is AB635 which just recently passed. This bill limits liability for trained health care providers to assist persons at risk of opioid overdose.</p> <p>Mr. Hicks commented that VCBH is examining data on use of the drug to determine if it is effective and sustainable. He reported that he will be attending a training session the end of March on use of Naloxone at the Harm Reduction Coalition in Oakland.</p> <p><b>B. Marijuana</b> – The Chair reported that there is a new hot marijuana cookie that is being sold in dispensaries in Colorado. The cookie is called Wax and is highly hallucinogenic and very dangerous.</p>		

IX.	<b>Old Business</b> The Chair asked Dan Hicks for an update on the Office of Traffic Safety (OTS) grant for which ADP has applied. The grant would be in support of the ADP drugged driving initiative. Mr. Hicks reported that discussions with OTS are ongoing so ADP is still in the running to receive the grant. If the grant is awarded, it will begin on October 1, 2014 which is the start of the federal fiscal year.		
X.	<b>Board Member Comments and Announcements</b> <b>A.</b> June Ewart reported on the following: <ol style="list-style-type: none"> <li>1. Work is in progress on a Hockey Outreach program for teens and young adults.</li> <li>2. The CCU shared VCBH prevention resources; i.e., mental health first aid, depression information, anti-bullying, etc. with a Spanish outreach organization called HOY.</li> <li>3. Rancho Simi Recreation and Park District and VCBH will offer Mental First Aid Training on March 11 and 12, 2014 in Simi Valley. A flyer was distributed for the event.</li> </ol> <b>B.</b> Katherine Kasmir announced that the Straight Up video contest is open for 12 to 25 year olds who live or go to school in Ventura County. The deadline for submission is May 16 <sup>th</sup> . This year the topics include underage drinking, binge drinking, marijuana, and prescription drug abuse. She offered to show the top 3 videos to the committee once the winners are announced. She referred members to the Straight Up website at <a href="http://www.straightupvc.org">www.straightupvc.org</a> for further information.		
XI.	<b>Time Certain Presentation: 3.45 PM</b> <b>A. KerryAnn Schuette with Lynn Ruffino – Triple P – Positive Parenting Program</b> An overview of the Triple P – Positive Parenting Program was presented. The program is an evidenced based program offered at no cost to parents and is for kids from 0 to 18 years old. The objective of the program is to improve parenting skills and build stronger parent/child relationships. Sessions are held at schools, homes, Interface facilities, and Neighborhood for Learning sites. Triple P Tip Sheets were distributed on topics such as chores, homework, etc. These tip sheets have proven to be an effective learning tool for children and parents. A brief discussion ensued regarding training for the program, referrals, etc. and questions were answered by Ms. Schuette and Ms. Ruffino. Ms. Ruffino emphasized the following outcomes of the program for last quarter: <ol style="list-style-type: none"> <li>1. 63% of those served are Latino</li> <li>2. 51% are Spanish speaking</li> <li>3. 59% of children are male</li> <li>4. Pre and post outcomes show that symptoms went down and functions went up</li> </ol>		
XII.	<b>Future Meeting Discussion</b> <b>A.</b> The Chair requested that date of the next BHAB Prevention Committee meeting be changed from April 14 <sup>th</sup> to April 7 <sup>th</sup> due to a scheduling conflict. Committee members were all agreeable to the change.		
XIII.	<b>Adjourn</b> Meeting was adjourned at 4:35 PM	Next Meeting: <b>April 7, 2014</b>	