

# VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## PREVENTION COMMITTEE

### MINUTES ■ February 10, 2014

#### Members Present

Nancy Borchard, BHAB Member  
 June Ewart, Community Coalition United  
 Janis Gardner, BHAB Member, Chair, Prevention Committee  
 Katherine Kasmir, Straight Up Ventura County  
 Kate Mills, BHAB Member  
 Kiran Sahota, BHAB Member

**NEXT MEETING: March 10, 2014  
 3:15 – 4:30 PM**  
 Ventura County Behavioral Health  
 Conference Room “C”  
 1911 Williams Dr., Suite 200, Oxnard CA 93036

#### Members Absent

Karyn Bates, BHAB Member  
 Regina Poynter, Client Network

#### VCBH Managers/Staff Present

Dan Hicks, ADP Prevention Services Manager  
 KerryAnn Schuette, PEI Manager  
 Glenda Valles, Mgmt. Asst., ADP Prevention Services  
 Patrick Zarate, ADP Division Manager

#### Other Attendees

Ratan Bhavnani, NAMI  
 Jennifer Gomez, Pacific Clinics, TAY Tunnel  
 Deanna Handel, First 5 Ventura County  
 Joe Preciado, VCSO, Project HOPE  
 Norine Vander Hooven, CIRT, Casa Pacifica

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:20 PM by Chair, Janis Gardner		
<b>II.</b>	<b>Approval of the Agenda</b> Approval of agenda for February 10, 2014	<b>Agenda approved. M/S/C</b>	
<b>III.</b>	<b>Approval of the Minutes</b> Minutes of January 13, 2014 were approved as written.	<b>Minutes approved. M/S/C</b>	
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all and introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> The Chair spoke of marijuana realities and looming legislation. She reported that marijuana is not an innocuous substance. Research and data indicate that marijuana use can be a factor in the onset of schizophrenia in those who may be predisposed to the illness. More and more people are being arrested for driving under the influence of marijuana. ADP Prevention Services is taking steps to educate adults, parents, and educators as to these realities. One of the goals is to point out real and documented negative impacts on youth. Also, it has been documented that greater access leads to more underage usage. Research also shows that any delay in the age of the onset of marijuana use has proven to be beneficial as it dramatically impacts the likelihood of substance abuse later on as an adult  She then distributed handouts and reported briefly on each: <b>A.</b> Place of Last Drink – DUI Program Information - Number of drug-involved crash fatalities doubled in the last decade <b>B.</b> Drugged Driving – new legislation AB 2552 – Effective January 2014, the law distinguishes the offenses of driving under the influence of alcohol, driving under		

	<p>the influence of any drug, and driving under the combined influence of alcohol and any drug.</p> <p><b>C.</b> Cyber Bullying – new legislation AB 256 effective October 2013 amends existing law regarding grounds for suspension and expulsion for bullying to define “electronic act” as the creation and transmission originated <b>on or off the school site</b>, by means of an electronic device.</p> <p><b>D.</b> Suicide Prevention App for Androids and “I” phones App. - <b>MY3</b> app allows kids to enter contact information for family, friends, etc. for quick access when they may be experiencing thoughts of suicide. The app also provides a connection to the nearest crisis center.</p> <p>The Chair announced that the Suicide Prevention Meeting will be held Friday, February 28<sup>th</sup> at 10 AM in Conference Room C.</p> <p>The Chair asked if the MY3 app information could be put on the Ventura County Limits website. Patrick Zarate and Dan Hicks agreed to look into this request and respond at a later date.</p>		
<b>VI.</b>	<p><b>Public Comments</b></p> <p>None</p>		
<b>VII.</b>	<p><b>Staff Update</b></p> <p><b>A.</b> Dan Hicks reported the following:</p> <ol style="list-style-type: none"> <li>1. ADP Prevention Services has applied for an Office of Traffic Safety grant to further DUI prevention efforts.</li> <li>2. ADP Prevention Services has expanded staff with the addition of Alma Ixta who is bilingual, bicultural, and experienced in community outreach especially in the Latino community.</li> <li>3. SAMHSA evaluators will on site in March to evaluate the Conejo Valley Unified School District Breakthrough Program for a Service to Science Award.</li> <li>4. Project SUCCESS is an evidenced based program implemented in Oak Park School District. The program was developed to prevent and reduce substance use among high-risk, multi-problem high school adolescents from 14 to 18 years old. He distributed a summary of the program around the table.</li> </ol> <p><b>B.</b> KerryAnn Schuette distributed a Save the Date flyer to announce an upcoming leadership summit scheduled for April 24, 2014 entitled “Strengthening Families Leadership Summit: Building Prevention Policy for Ventura County”. The summit will be centered around the Triple P – Positive Parenting Program. Dr. Matt Sanders, founder of the Triple P, will be one of the keynote speakers and will report on the accomplishments of the program. In addition, keynote speaker, Dr. Vincent Felitti, Principal Researcher, Adverse Childhood Experiences (ACE) Study will share our local ACE data.</p>		
<b>VIII</b>	<p><b>New Business</b></p>		
	<p><b>A.</b> Ms. Schuette requested that an introduction to the Triple P program be on the agenda for next month and the Chair agreed.</p> <p><b>B.</b> Dan Hicks suggested that the summary of California Healthy Kids Survey (CHKS) data be scheduled for a future presentation. The Chair offered to put this on the agenda for the March meeting.</p>		
<b>IX.</b>	<p><b>Old Business</b></p> <p><b>A. Update from staff on contractor re: MHFA Security Guard training</b> Dan Hicks reported that he had consulted with Fernando Medina, VCBH Safety Manager on this topic. Our security guards are contracted and are under the “observe and report” type of security. KerryAnn Schuette reported that PEI efforts were made to work with a transportation company to provide them with MHFA training but it became a union issue due to paying overtime for training, etc. A group discussion ensued and a suggestion was made to follow up with Mr. Medina and possibly request some type of “orientation” for the guards as part of their contract.</p> <p><b>B. Update on Rx brochure from City of Thousand Oaks</b> The Chair reported that the brochure was given to Asst. Sheriff Gary Pentis, of</p>		

	<p>the Rx Workgroup, who will ensure that the brochure is corrected to clarify what is meant by the term “controlled substances” for disposal purposes.</p> <p><b>C. Update on Tobacco Bus</b> The Chair reported that she contacted the Public Health coordinator for the program and was informed that 6<sup>th</sup> graders are the targeted audience for the bus. Therefore, they are not interested in “piggybacking” with VCBH on marijuana messaging.</p>		
<b>X.</b>	<p><b>Board Member Comments and Announcements</b> Ms. Schuette invited June Ewart to share updates on the activities of the Community Coalition United (CCU). The highlights of her events and activities for the CCU include, but are not limited to:</p> <ul style="list-style-type: none"> <li><b>A.</b> Represented prevention programs with Rancho Simi Recreation and Park District at a Community Health and Fitness Expo in Simi Valley</li> <li><b>B.</b> Attended numerous meetings throughout Simi Valley to promote Mental Health First Aid training</li> <li><b>C.</b> Cross shared Mental Health First Aid and Reality Parties for Parents prevention program with Simi Valley PTA/PTSA</li> <li><b>D.</b> Attended CPRS District 8 (San Luis Obispo, Santa Barbara, and Ventura) awards ceremony for Mental Health First Aid USA award to Rancho Simi Recreation and Park District</li> </ul> <p>Ms. Ewart provided copies of flyers for upcoming events including Mental Health First Aid USA and Reality Party for Parents.</p> <p>The Chair commended Ms. Ewart for her dedication and hard work on the CCU to promote Mental Health First Aid training and other prevention related issues.</p>		
<b>XI.</b>	<p><b>Time Certain Presentation: 3.45 PM</b></p> <p><b>A. KerryAnn Schuette – Update on CalMHSA Statewide Projects</b> Ms. Schuette reported that \$160M was allocated for CalMHSA Projects under the Joint Powers Authority (JPA) which manages the statewide projects with 3 main areas of focus:</p> <ol style="list-style-type: none"> <li>1. Suicide Prevention</li> <li>2. Stigma Reduction</li> <li>3. Student Mental Health</li> </ol> <p>Ms. Schuette distributed the agenda for the February 12<sup>th</sup> meeting of the Community Leadership Committee (CLC) and invited all to attend. There will be a detailed update by Stephanie Welch on CalMHSA Statewide Prevention &amp; Early Intervention Projects</p> <p>She also passed out a CalMHSA fact sheet which provided a brief description of some of the statewide PEI programs; i.e., Know the Signs for suicide prevention, Each Mind Matters for student mental health, and Stigma and Discrimination Reduction (SDR) Social Marketing Campaign: Statewide Reach. She referred to a statewide video contest that took place for high school students to address suicide prevention and stigma reduction and, after a brief discussion, it was decided that the top 3 videos may be shown during the May meeting of the committee.</p> <p>Ms. Schuette reported that the \$160M will run out the end of this fiscal year but counties are being asked to vote to dedicate between 4 and 7% of their MHSA budgets for statewide projects. It has not yet been determined what percentage, if any, Ventura County may dedicate to the statewide projects. With current pressing budget issues, the county may elect to invest in local projects.</p>		
<b>XII.</b>	<p><b>Future Meeting Discussion</b></p> <p><b>A.</b> Nancy Borchard mentioned the FY 13/14 MHSA Plan for discussion. Ms. Schuette explained that the plan is scheduled to go to the Board of Supervisors on March 17, 2014.</p>		
<b>XIII.</b>	<p><b>Adjourn</b> Meeting was adjourned at 4:30 PM</p>	<p>Next Meeting: <b>March 10, 2014</b></p>	