

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

MINUTES □ September 14, 2015

MEMBERS PRESENT

Janis Gardner	BHAB Member, Chair, Prevention Committee
John Franchi	VCSO – County LE
Daniel Jordan	BHAB Member
Larry Hicks	BHAB Member
Sandra Wolfe	BHAB Member
Nancy Borchard	BHAB Member
Karyn Bates	BHAB Member

VCBH STAFF PRESENT

Dan Hicks	VCBH, Alcohol and Drug Programs Manager, Prevention
Kiran Sahota	VCBH, MHSA Manager, P.E.I.
Cari Kawell	VCBH, Alcohol and Drug Programs Management Assistant, Prevention
David Tovar	VCBH, Alcohol and Drug Programs, Prevention, OTS Grand Coordinator

GUEST PRESENTERS

Dr. Celica Woods	VCBH Medical Director, Adult Division & ADP
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GUESTS

Gene Brooking	
Veronica Urzuc	City Impact
Cynthia Torres	City Impact
Katherine Kasmir	Straight Up Ventura County
Dawn Anderson	Ventura County Office of Education
June Ewart	Rancho Simi Recreation & Park District, Community Coalition United
Mark Stadler	Crisis Intervention Training, VCSO

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:15 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for September 14, 2015 was approved as written.	Approved as written M/S/C	
III.	Approval of the Minutes (Action) Minutes of June 8, 2015 were approved as written.	Approved as written M/S/C	
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, BHAB Prevention Committee Chairperson, announced that September 2015 is Suicide Prevention & Awareness Month and October 2015 is Bullying Prevention Month. There is a "Stop Bullying" event at the Simi Valley Public Library on October 1 from 6:00-8:00 p.m. Ms. Gardner also mentioned the "Night in Oaxaca" Mixteco event was well-attended by County VIPs and others, and that The Mixteco Community is extremely organized in their prevention outreach efforts. Ms. Gardner suggested that we can learn from them by looking into their successful program models. Ms. Gardner also shared that the California Suicide Prevention Network Regional Meeting at Casa Pacifica was successful in teaching about the strengths of having a		

	<p>“Suicide Attempt Survivors Support Group” for individuals who have attempted suicide. The participants at this meeting learned about fighting stigma, promoting connectedness, managing risks and coping skills.</p> <p>In addition, Ms. Gardner announced that the Mental Health Rehabilitation Center ground breaking ceremony will take place on September 16th, 2015 at 1:00 p.m. She also shared that the Director will give an update regarding MHSA funding for SPMI on 9/21 at the BHAB General Meeting.</p> <p>Ms. Gardner shared multiple articles including a letter from the Office of National Drug Control Policy at The White House in Washington DC; a <i>Ventura County Star</i> article regarding “Pot farms’ water use” and an article regarding FDA considerations about new restrictions on liquid nicotine products.</p>		
VI.	<p>Public Comments</p> <p>Retired Commander Mark Stadler from the Ventura County Police Department announced that he was staying busy with projects such as the collaboration with the Cal-State Channel Islands Sociology Department that works with research students as interns in the C.I.T. program.</p>		
VII.	<p>Staff Update</p> <p>A.) Dan Hicks, Alcohol & Drug Programs (ADP), Prevention Services Manager, shared several updates beginning with a quick mention of a <i>New York Times</i> article on Medical Marijuana: http://mobile.nytimes.com/aponline/2015/09/12/us/ap-us-xgr-medical-marijuana.html?referrer=</p> <p>Mr. Hicks reported that, if signed by the CA Governor, things may get significantly better regarding Safeguarding Communities and the related policies put forth. In addition, Mr. Hicks mentioned that for the last 20 years nothing meaningful has gone forward regarding the State Licensing of medical marijuana and dispensary services, so more to come could be better with medical marijuana enforcement until 2018. Mr. Hicks shared that because regulation and quality are looking good that the proposed initiatives will likely affect medical marijuana in a positive way.</p> <p>Mr. Hicks promoted the Ventura County Drugged Driving WEEDUI Summit happening on Thursday, Sept. 17, 2015 from 8 am – 12 Noon at the Ventura Beach Marriott. He also mentioned that VCBH ADP Prevention Services nominated the Conejo Valley Unified School District’s Breakthrough Program for an award to advance the student assistance program to get families the support they need.</p> <p>B.) Kiran Sahota, Mental Health Services Act (MHSA) Manager for Ventura County Behavioral Health shared that Supervisor Kathy Long will be attending the ‘Out of the Darkness’ walk in Camarillo to promote suicide awareness. In 2014, 200 people walked for this event and in 2015, 400 people are scheduled to participate in the event.</p> <p>Ms. Sahota reminded the group about the upcoming Suicide Prevention Committee meeting and mentioned that at the last Regional meeting Ventura County had the best turn out ever. She mentioned that a Regional Meeting for Suicide Prevention will be held in late 2015, in San Luis Obispo and will include multiple counties such as San Luis Obispo, Kern, Santa Barbara and Ventura.</p> <p>Ms. Sahota discussed a possible training and support group for attempt survivors. The CCC for Suicide Prevention wants to expand and talk about adults in general (not just children) such as military and Hispanic women under 20 in Oxnard.</p> <p>Ms. Sahota promoted and handed out applications to join the Community Leadership Committee (CLC) which makes recommendations for spending MHSA funds. She mentioned there is a Prevention alternate spot available which is open to consumers, community and professionals.</p> <p>Ms. Sahota also mentioned that the Promotores Request for Proposal (RFP) is still in process. In addition, Ms. Sahota shared that there is an LGBT workgroup that focuses on gay and straight alliances on high school campuses. This workgroup is considering promoting with an Instagram blast and creating a resource guide for the Ventura community.</p> <p>C.) Katherine Kasmir, Executive Director, Reality Improv Connection, Inc. – Straight Up, shared that her company provides interactive workshops regarding ideas for change. On Dec 5, 2015, there will be a “Reality” party where a home will set-up for parents to take a 30 minute tour of a teen party and have a discussion session afterwards.</p>		
VIII.	Time Certain Presentation 4:00 PM – Transitional Age Youth		

	<p>Dr. Celia Woods, VCBH Medical Director, Adult Division & ADP presented, <i>When Worlds Collide</i>. This presentation was created to increase the understanding of the association between serious and persistent mental illness and substance use disorders, the current theories regarding the etiology of schizophrenia and to identify areas for prevention and early intervention.</p> <p>Ms. Woods shared that regarding mental health and substance abuse, everything is interconnected and that 25% to 50% of individuals with SPMI (Seriously and Persistently Mentally Ill) suffer from cannabinoid substance use disorder. Ms. Woods stated that the rate of schizophrenia is 1 in 10 marijuana users and that individuals who smoke marijuana multiple times per week before age 25 have 10x the risk of schizophrenia compared to the general population. There are great opportunities for Prevention and educating the public about the risk of schizophrenia with early marijuana exposure.</p> <p>Copies of Dr. Woods presentation were distributed and discussion followed the presentation.</p>		
IX.	<p>Old Business</p> <p>David Tovar, OTS Grant Coordinator from VCBH's Alcohol & Drug Programs (ADP) Prevention Services, shared that recently the CA legislature passed AB243, 266 and SB643 and that this new legislation will likely be signed by the Governor. In addition, Mr. Tovar also promoted and invited people to register for the Ventura County Drugged Driving Summit on Thursday, Sept. 17, 2015 from 8 am to 12 noon at the Ventura Beach Marriott.</p>		
X.	<p>New Business</p> <p>N/A - Discussion was held during Chair Comments</p>		
XI.	<p>Prevention Committee Member Comments</p> <p>June Ewart from Rancho Simi Recreation & Park District (RSRPD), Community Coalition United distributed multiple event flyers including Youth Mental Health First Aid and Triple P Positive Parenting Program.</p>		
XII.	<p>Future Meeting Discussion</p> <p>N/A</p>		
	<p>Adjourn</p> <p>Meeting was adjourned at 4:36 PM.</p>	<p>Next Meeting: Oct. 12, 2015</p>	