

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

MINUTES □ JULY 13, 2015

<u>MEMBERS PRESENT</u>	
Janis Gardner	BHAB Member, Chair, Prevention Committee
Karyn Bates	BHAB Member
Sandra Wolfe	BHAB Member
June Ewart	Rancho Simi Recreation & Park District, Community Coalition United
<u>VCBH STAFF PRESENT</u>	
Dan Hicks	VCBH
Kiran Sahota	VCBH
Cari Kawell	VCBH
<u>GUEST PRESENTER</u>	
David Tovar	VCBH

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:19 PM by Chairperson, Janis Gardner		
II.	Approval of the Agenda (Action) Agenda for July 13, 2015 were approved as written.	Approved as written M/S/C	
III.	Approval of the Minutes (Action) Minutes of June 8, 2015 were approved with no changes.	Approved as written M/S/C	
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, BHAB Committee Chairperson, announced the MICOP event called A NIGHT IN OAXACA 2015 which aids indigenous populations will be held on Saturday, August 15, 2015 at the Oxnard Performing Arts & Convention Center at 800 Hobson Way, Oxnard, CA 93030. Event begins at 6:00 PM and is \$55 per person.		
VI.	Public Comments N/A		
VII.	Staff Update <p>A.) Dan Hicks, Alcohol & Drug Programs (ADP), Prevention Services Manager for Ventura County Behavioral Health, mentioned the ADP Prevention Services booklet called <i>"Marijuana in Ventura County – A Gateway for Discussion."</i> Mr. Hicks stated that the VCBH Director's Association is working with the topic of Marijuana (MJ) and the Teen Brain and is sharing comments with the Attorney General's Office.</p> <p>Mr. Hicks distributed an Ohio State University paper called <i>"Dangers of Not Speaking About Race"</i> and how this has contributed to problems with Health Equity issues and initiatives over the last few months. Mr. Hicks mentioned an excerpt from a report called <i>"Why Place & Race Matter"</i> and that the ADP Prevention Services Strategic plan includes shaping "Prevention-prepared communities".</p> <p>Mr. Hicks shared a national article from the <i>NY Times</i> regarding synthetic cannabinoids – more information here: http://www.nytimes.com/2015/07/12/magazine/spike-nation.html?_r=0 Mr. Hicks promoted the ADP Prevention Services website called http://venturacountylimits.org/ which is about to get a major facelift that will include a Spanish side of the site and</p>		

	<p>optimizing for mobile viewing. Mr. Hicks also mentioned that Public Policy issues, such as hash burn explosions and cyberbullying, touch VCBH Prevention and shared a “hash oil” article by Ivan Moreno from the <i>Associated Press</i>.</p> <p>B.) Kiran Sahota, Mental Health Services Act (MHSA) Manager for Ventura County Behavioral Health stated that MHSA is working on finalizing the FY 2015/2016 contracts and that the Mental Health First Aid & Triple P classes are ongoing with registration available at: mhsa@ventura.org. Ms. Sahota also mentioned that the Request for Proposal (RFP) for the Promotores program will roll out in the next few weeks and invited interested parties to request information. Ms. Sahota also mentioned Safe Zone and that there is funding to rollout training and development programs for the LGBT community. In addition, Ms. Sahota stated that the Suicide Prevention Council trained 24 people throughout the community in its “Know the Sign” Suicide Assessment Train the Trainer for Primary Care. Ms. Sahota invited the group to attend the CCC Suicide Prevention meetings, which take place on the 1st Friday of every month. In addition, Ms. Sahota invited people to attend and be a part of the application and interview process for the Community Leadership Committee (CLC) Workgroup.</p> <p>C.) Retired Commander Mark Stadler from the Ventura County Police Department made his self-introduction as the new CIT Administrator. Commander Stadler brought the CIT Program to Ventura County in 2001, and is now back to strengthen it. He provided a brief status report and shared that the Program will provide training, outreach and community involvement and that he wants to provide more community accessibility.</p>		
VIII.	<p>Time Certain Presentation 4:00 PM</p> <p>David Tovar, OTS Grant Coordinator from VCBH’s Alcohol & Drug Programs (ADP) Prevention Services Unit, did a presentation called “<i>WEEDUI – Risks & Realities</i>.” Mr. Tovar mentioned that the perception of drugs are changing due to Prevention efforts such as the WEEDUI campaign. Mr. Tovar also stated that this media campaign was launched on the weekend of 4/20/15. Mr. Tovar distributed a promotional postcard called “WEEDUI is Real” which states that drivers can get a DUI for driving under the influence of marijuana (MJ). A major emphasis is being placed on shifting the perception of parents of teens that MJ is safer than alcohol. This includes bringing to public awareness that food concoctions sold at MJ dispensaries are causing much harm to the brain inhibiting high cognitive function, contributing to fear and anxiety, and affecting sensory data integration, physical balance and appetite. The Campaign targets teens, schools, parents and the elderly to change social perspectives of drugged driving. This project is funded by the CA Office of Traffic Safety.</p>		
IX.	<p>Old Business</p> <p>Janis Gardner, BHAB Committee Chairperson, mentioned that the update on the Blue Ribbon Commission response by VCBH Alcohol & Drug Programs was moved to August 10, 2015 BHAB Prevention Committee Mtg.</p>		
X.	<p>New Business</p> <p>A.) Karyn Bates & Sandie Wolfe completed the 32-bed facility site visitation at Khepera House on Friday, June 5, 2015. Ms. Bates & Ms. Wolfe introduced their site visit report at the BHAB Prevention Committee meeting on July 13 which includes a calendar of events for each week, information on rehabilitation education and training for patients to help with their habits and re-entry into society.</p> <p>B.) Janis Gardner, BHAB Committee Chairperson, stated that site visits are completed according to a BHAB Committee approved List of Sites.</p>		
XI.	<p>Prevention Committee Member Comments</p> <p>June Ewart from Rancho Simi Recreation & Park District (RSRPD), Community Coalition United mentioned an article from <i>The New York Times</i> regarding obituaries shedding euphemisms to chronicle the toll of heroin. More information can be found at: http://www.nytimes.com/2015/07/12/us/obituaries-shed-euphemisms-to-confront-heroin-toll.html?mwrs=Email</p> <p>Ms. Ewart also distributed multiple event flyers to promote various programs that Included: “Eat, Learn Play,” “Youth Mental Health First Aid” and “Youth Hockey Outreach.” Ms. Ewart shared a book called “<i>In Charge – A Guide to Managing A Result Driven Life After Incarceration</i>” by Tracy L. Rolle.</p>		
XII.	<p>Future Meeting Discussion</p> <p>A.) The Time Certain presentation for the August BHAB Prevention Committee Meeting will be by TAY Tunnel and will include a PowerPoint presentation.</p> <p>B.) Janis Gardner presented a flyer called “<i>Multicultural Mental Health</i>” to promote July being Multicultural Mental Health month and asked BHAB Prevention Committee Meeting attendees to pass the word along to stakeholders.</p>		
	<p>Adjourn</p> <p>Meeting was adjourned at 4:23 PM.</p>	Next Meeting: August 10, 2015	