

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

**MINUTES □ January 9, 2017**

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| <b><u>PREVENTION MEMBERS PRESENT</u></b> |  |
| Janis Gardner                            | BHAB Member, Chair Prevention Committee (PC)   |
| David Deutsch                            | BHAB PC Member, NAMI   |
| Karyn Bates                              | BHAB PC Member, The Client Network   |
| Katherine Kasmir                         | BHAB PC Member, Straight Up Ventura County   |
| Laurie Jackson                           | BHAB PC Member, Saving Lives Camarillo   |
| Sandra Wolfe                             | BHAB PC Member   |
| <b><u>VCBH STAFF PRESENT</u></b>         |  |
| Dan Hicks                                | Ventura County Behavioral Health (VCBH), Manager, Alcohol & Drug Programs, Prevention Services |
| Kathy Mulford                            | Ventura County Behavioral Health (VCBH), BH Manager, DUI Administration                        |
| Kiran Sahota                             | VCBH, MHSA Manager, Prevention Early Intervention (PEI)  |
| Cari Kowell                              | VCBH, Management Assistant, Alcohol & Drug Programs, Prevention Services                       |
| <b><u>FEATURED PRESENTER</u></b>         |  |
| Anthony Marron                           | Recovery Specialist, Pacific Clinics TAY Tunnel  |
| Ezequiel A. Sanchez                      | BHAB PC Member, Pacific Clinics TAY Tunnel   |
| <b><u>GUESTS</u></b>                     |  |
| Josh Tirado                              | VIPS   |
| Kathleen Murvin                          | Redleaf Resources  |
| Liz Alund                                | Child Development Resources  |
| Patricia Mowlavi                         |  |
| Scott Walker                             | Crisis Intervention Team (CIT)   |

|             | DISCUSSION/CONCLUSIONS  | RECOMMENDATIONS/<br>ACTIONS          | RESPONSIBLE |
|-------------|---|--------------------------------------|-------------|
| <b>I.</b>   | <b>Call to Order</b><br>The meeting was called to order at 3:17 PM by Chairperson, Janis Gardner.   |                                      |             |
| <b>II.</b>  | <b>Approval of the Agenda (Action)</b><br>Agenda for January 9, 2017 was approved as written.   | <b>Approved as written<br/>M/S/C</b> |             |
| <b>III.</b> | <b>Approval of the Minutes (Action)</b><br>Minutes for November 14, 2016 were approved as written.  | <b>Approved as written<br/>M/S/C</b> |             |
| <b>IV.</b>  | <b>Welcome and Introductions</b><br>The Chair welcomed all. Self-introductions were made around the table.  |                                      |             |
| <b>V.</b>   | <b>Chair Announcements</b><br>Janis Gardner, Chair, Ventura County BHAB Prevention Committee, announced multiple items that included an update that the Mental Health Recovery Center (MHRC) groundbreaking was held on November 17, 2016.<br><br>Chair Gardner also mentioned that the Children's Short-term Crisis Residential Unit is still pending licensing, however, the Crisis Stabilization unit in the same building, has their ribbon cutting ceremony on January 26, 2016.<br><br>Chair Gardner stated that the new Laura's Law (Assist Program) will begin in January 2017; the Transitional Age Youth (TAY) Committee is now being chaired by Ventura County Sheriff's Office (VCSO) Commander Ron Nelson; and, the expansion of the Special Education Local Plan Area (SELPA), includes the first in CA State to have school-funded clinicians at the Juvenile Facility.<br><br>In addition, Chair Gardner made mention of the following: Ventura County is the pilot county for the Priority Access to Services & Support (PASS) program for foster children and their |                                      |             |

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|             | <p>families. The Ventura County Behavioral Health Department is writing an innovation program to present to the State of California for review; the RISE Program (triage grant) has been extended to June 2018. They are working with Law Enforcement and consider Whole Person Care (WPC). RISE clinicians and staff meet with the homeless populations in the field to provide relevant services.</p> <p>Chair Gardner also shared with the group that the Office of Traffic Safety (OTS) grant awarded to VCBH Prevention Services has been approved for \$250,000 for one year. There is a growing percentage of DUI program participants reporting poly-substance abuse who have reported using marijuana.</p> <p>Chair Gardner announced that there will be an upcoming Mapping Marijuana 2017 Leadership Forum entitled “Mapping Safe &amp; Sustainable Policies” which will take place on Thursday, February 2<sup>nd</sup> from 8 am to 11 am in the VCBH Training Room. Please register at: <a href="http://MappingMarijuana.eventbrite.com">MappingMarijuana.eventbrite.com</a>. Space is limited.</p> <p>Chair Gardner also discussed the following items: Recently, the CAPH Quality Leaders Award was given to VCBH’s Dr. Celia Woods and Dr. Brian Taylor for the VCBH team for the innovative Safe Prescribing Program; Dr. Brian Taylor is now the new VCBH Medical Director; and, Dr. Celia Woods has changed to a new position at VCBH as the President of Sterling Care Psychiatric Group.</p> <p>In addition, Chair Gardner shared highlights from 2016, which included the Latino Disparity Focus on multiple Prevention oriented programs such as: the Status for Farmworkers Innovation Project, the MICOP Innovation Project, the Latino Outreach Project, the expanded Promotores contract, the hiring of more bilingual clinicians, and, the contract with New Dawn to replace City Impact. Also highlighted, were the following successful events: the first LGBTQ+ Conference, the first Suicide Prevention Conference, and, the first Mapping Marijuana Conference.</p> <p>Lastly, Chair Gardner announced that at the next BHAB General Meeting on Monday, January 23<sup>rd</sup> at 1 pm in the VCBH Training Room, there will be a presentation on the topic of “Prevention and Integration with the Continuum of Care” given by Dan Hicks, Manager, VCBH ADP Prevention Services and Kiran Sahota, VCBH, MHSA Manager, Prevention Early Intervention. And, in February 2017 at the BHAB General Meeting, a recognition award will be given to the Ventura County Law Enforcement CIT Officer of the Year.</p> |  |  |
| <b>VI.</b>  | <b>Public Comments</b><br>N/A  |  |  |
| <b>VII.</b> | <b>Staff/Provider Updates</b> <p><b>A.)</b> Dan Hicks, Manager, VCBH ADP Prevention Services, updated the group on the date per the State of California that no sooner than January 2018 will commercial non-medical marijuana be available for sale. Currently, cannabis cannot be purchased legally for adult use without a medical marijuana card. The State of California has legalized marijuana in that people can have up to 6 plants in their home and up to an ounce in your personal possession. There seems to be some misperception that marijuana can be purchased right now without a medical marijuana card, but, that is not accurate</p> <p>Mr. Hicks also mentioned that through a multiple agency collaboration and a big focus on local data, VCBH has an increased focus on overdose prevention education and rescue. This has been in the news and VCBH has had support from our Medi-Cal managed care organization. To date for FY2016-17, there have been 258 Naloxone kits distributed to “at risk” individuals, their significant others and their family members. The recipients of these kits are people who would be in a position to respond if someone has an opiate overdose. The kits are issued with individual training. There have been 26 overdose reversals in FY16/17. Naloxone kits assist in the path to recovery. Prevention is working hand in hand with Treatment to get better outcomes for our community.</p> <p><b>B.)</b> Kiran Sahota, VCBH, Mental Health Services Act Manager, discussed Prevention under the Mental Health Services Act (MHSA) beginning with an announcement that at the next BHAB General Committee Meeting on Monday, January 23<sup>rd</sup>, she will be co-presenting with Dan Hicks, Manager, VCBH ADP Prevention Services, on the topic of Prevention as a whole model because VCBH Prevention encompasses about 150 programs.</p> <p>At the upcoming January 2017 BHAB General Meeting presentation, part of the discussion will be about the scale and scope of VCBH Prevention programs.</p> <p>Ms. Sahota mentioned under MHSA, there are specific regulations and definitions of</p>  |  |  |

Prevention and specific areas that they can spend the funding on. They want to bring clarity about what Prevention really is, what they are doing about it and how they're going forward since State regulations changed in 2015.

Ms. Sahota shared that MHSAs Prevention is coming into their contract season. They are looking at what their next venture is for Suicide Prevention. Ms. Sahota invited the group to attend the Suicide Prevention Committee on the first Friday of every month from 10 am to 11:30 am. The next meeting will be held on Friday, February 3<sup>rd</sup>. Ms. Sahota also mentioned that during 2017, there is the hope to hold a Suicide Conference just for the Spanish community.

- C.) Kathy Mulford, VCBH BH Manager / DUI Administration, provided several updates such as: VCBH DUI is working in collaboration with VCBH ADP Prevention Services and Evalcorp (VCBH Contract Provider) to update the Place of Last Drink (POLD) Survey. The POLD survey is a method used by ADP Prevention Services to help get data to indicate where they should focus some of their efforts. This time the focus is on marijuana. They are working with David Tovar, Grant Coordinator, VCBH ADP Prevention Services, to focus the CA Office of Traffic Safety grant efforts for Drug Impaired Driving in Ventura County.

The POLD Survey is being changed to incorporate some questions related to marijuana use. This survey is given out to the VCBH DUI program participants. VCBH just drafted the new POLD survey which is a series of questions that are asked of DUI program participants. The questions focus on data about an individual's DUI arrest to gain valuable information about where to focus VCBH ADP Prevention Efforts.

Ms. Mulford also mentioned that the VCBH DUI program (5 sites) has somewhere between 1900 and 2100 active clients. 2/3 are 1<sup>st</sup> offenders with their first DUI and 1/3 are multiple offenders. In addition, the DUI program ran its numbers since 2009 and determined that 90% of the people that enroll in the 1<sup>st</sup> time offender program complete the program.

- D.) Scott Walker, CIT Program Assistant, Crisis Intervention Team, announced that a CIT Academy will be held on January 23, 2017 with about 50 Law Enforcement Officers and Deputies from around Ventura County participating in the classes. CIT Ventura is meeting this Thursday, January 12, 2017, with Santa Barbara, San Luis Obispo and Kern County CIT programs to align the various County efforts and to encourage cross-county participation.

Mr. Walker mentioned that the CIT program is moving along with their iCop project. iCop is a method that tracks electronic data (with an iPhone) used by Ventura County L.E. Officers for CIT. iCop gets CIT data out expediently to the L.E. Field Deputies and Officers if CIT has someone that they are particularly concerned about or who they identify as in need of de-escalating strategies to help prevent a crisis.

- E.) David Deutsch, Director, NAMI Ventura, announced an upcoming NAMI General Meeting on their AOT Assist Program (built from Laura's Law) which will be held on Tuesday, January 10, beginning at 7 pm at the Vineyard Community Church at 1320 Flynn Road, Camarillo. Mr. Deutsch mentioned that Dr. John Schipper from VCBH will be one of the presenters, as well as several others, that will include a representative from the Ventura County Council and the Public Defender's Office.

**VIII. Time Certain Presentation**

Anthony Marron, Recovery Specialist and Ezequiel Sanchez, Peer Partner from Pacific Clinics TAY Tunnel (Transitional Age Youth), presented a short video and gave information on the services offered by the Ventura Division TAY Tunnel Center. Mr. Marron and Mr. Sanchez distributed their TAY Tunnel Center (January 2017) monthly event calendar along with two informational brochures.

Pacific Clinics is a private, non-profit behavioral health care agency and has been providing mental health services to individuals and families since 1926. Today, Pacific Clinics has 75 locations in the counties of Los Angeles, Orange, San Bernardino, Riverside and Ventura. These locations serve children, youth, adults, older adults and the homeless. The TAY Tunnel Ventura Division, serves Transitional Age Youth, 18-25 years of age, who are recovering from mental illness or co-occurring mental illness and substance abuse. These members can find a place to continue their wellness journey in the company of caring and encouraging staff and peers. "Health Navigators" provide assessment counselling to the TAY in the Ventura Program.

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|              | <p>Mr. Marron shared that as of Q4 in 2016, there were 70 visitors to the Ventura Clinic. 51 TAY Tunnel members filled out membership packets and all 51 participated in their WRAP classes. TAY Tunnel offers multiple Peer Center Components to its members that include: initial counselling, crisis planning, a Career Club that teaches interviewing and budgeting skills, “how to” dress for a job interview and find new job opportunities, physical wellness classes, and, a referral system for “after 25 years of age” care. TAY Tunnel also provides bus passes to its members to assist them with transportation to their new jobs.</p> <p>Funding for TAY Tunnel comes, in part, from the Ventura County Department of Behavioral Health through the California Mental Health Services Act.</p> <p>Mr. Marron shared that more information about the TAY Tunnel Ventura Division can be found at: <a href="http://www.facebook.com/TayTunnel">www.facebook.com/TayTunnel</a> and <a href="http://www.pacificclinics.org">www.pacificclinics.org</a>. TAY Tunnel is located at: 141 West Fifth Street, Suite D, Oxnard, CA 93030 and, the main phone is: 805.240.2538 Email: <a href="mailto:Amarron@pacificclinics.org">Amarron@pacificclinics.org</a> OR <a href="mailto:ezsanchez@pacificclinics.org">ezsanchez@pacificclinics.org</a>.</p> |                                       |  |
| <b>IX.</b>   | <p><b>Old Business</b><br/> Janis Gardner, Chair, BHAB Prevention Committee discussed changing the name of the BHAB Prevention Committee to BHAB Prevention Education Committee with the hope that it would reflect a more all-encompassing description of the topics that are covered by Prevention. Because the work of Prevention also includes data informed strategy and policy, it was agreed by the group that the name of the BHAB Prevention Committee would remain as is, providing the broadest title with no addition of the word Education.</p>   | <b>Approved as written<br/>M/S/C</b>  |  |
| <b>X.</b>    | <p><b>New Business</b><br/> N/A</p>  |                                       |  |
| <b>XI.</b>   | <p><b>Prevention Committee Member Comments</b><br/> N/A</p>  |                                       |  |
| <b>XII.</b>  | <p><b>Future Meeting Discussion</b><br/> Janis Gardner, Chair, BHAB Prevention Committee Chair invited Kathy Mulford, VCBH BH Manager / DUI Admin, if she would consider doing a presentation on the VCBH DUI program in Ventura County.</p>   |                                       |  |
| <b>XIII.</b> | <p><b>Adjourn</b><br/> Meeting was adjourned at 4:24 PM.</p>   | <b>Next Meeting:<br/>Feb 13, 2017</b> |  |