

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

**GENERAL MEETING**

MINUTES

**September 19, 2016**

**NEXT MEETING:**

**Monday, October 17, 2016**

**1:00 p.m. – 3:30 p.m.**

Ventura County Behavioral Health Administration  
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

**BHAB Members Present**

Janis Gardner, Chair  
Karyn Bates  
Ratan Bhavnani  
Nancy Borchard, Secretary  
Gane Brooking  
Mary Haffner  
Jerry Harris, 2<sup>nd</sup> Vice Chair  
Larry Hicks, Member-At-Large  
Patricia Mowlavi  
Carol Thomas, 1<sup>st</sup> Vice Chair  
Sidney White  
Kay Wilson-Bolton  
Sandra Wolfe  
Supervisor John Zaragoza

**BHAB Members Absent**

Claudia Armann  
Monique Garcia  
Cmdr. Ron Nelson  
Denise Nielsen  
McKian Nielsen  
Irene Pinkard

**VCBH Managers/Staff Present**

Elaine Crandall, Director  
Dan Hicks, Prevention Manager  
Sandra Nelles, Contracts BH Manager  
Kiran Sahota, MHSA Manager  
John Schipper, Ph.D., Adult Division Manager  
Deborah Thurber, M.D., Youth & Family Medical Director  
Celia Woods, M.D., VCBH Medical Director  
Patrick Zarate, COO, Alcohol & Drug Programs Manager  
Peter Owen, Contracts  
Terri Yanez, Special Projects Manager  
Tamra Ortiz  
Narci Egan  
Susan Kelly, Manager  
Shanna Zanolini, Quality Assurance  
David Tovar, ADP Prevention  
Bennie Crayton, ADP Prevention  
Leisa Donovan, Fiscal  
Jason Jones, Fiscal  
Patricia Gonzalez  
Edith Pham, BHAB Assistant

**Others Present**

Jeff Hayden  
Jeanine Singer Bair  
Jerry Weaver  
Cece Casey  
Sonna Gray  
Lorenzo Moraza  
Tracy Gallaher  
Barbara Weir  
Sally Harrison, CEO's Office  
Lucrecia Campos Juarez, Clinicas del Camino Real  
Jetta Zellner Vista del Mar  
Catalina Arenar, Aurora Behavioral Health  
Aurelia Musni  
Michael Redard, Casa Pacifica  
Marika Collins, Casa Pacifica  
Kalie Matisek, Turning Point  
Arcenio Lopez, Mixteco Project  
David Deutsch, NAMI  
Mark Stadler, CIT  
Tim Patten, HCA

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Gardner called the meeting to order at 1:05.		
II.	<b>Approval of the Agenda</b> Ms. Gardner asked the Board to review and approve today's agenda.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Gardner asked the Board to review and approve the minutes of the August 15, 2016 meeting.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Gardner welcomed everyone and asked for introductions.		
V.	<b>Recognition Awards</b> Ms. Gardner presented a Recognitions Award to: <ul style="list-style-type: none"> <li>Anita Catapusan , who “has worked as a Clinic Administrator for A New Start for Moms [...] where she assisted in the launch of VCBH’s only co-licensed Alcohol &amp; Drug/Mental Health site. [...] In every assignment that Ms. Catapusan has taken, there has been a significant increase in program performance, units provided, revenue raised, and clients served.”</li> <li>Dr. Celia Woods: “With VCBH since 2007, Dr. Woods has provided psychiatric care of the highest quality to her patients [...] Dr. Woods practices her craft with the utmost integrity and ethics, for which she is held in high esteem. As Medical Director, Dr. Woods has demonstrated her gifts as a trusted leader and collaborator, lobbying for quality improvement in mental health services, integration of services with ambulatory care clinics and greater access to care for our patients. [...]”</li> </ul>		
	<b>Chair Announcements</b> <p>A. The Health Care Agency (HCA) will have a new Director as of October 2<sup>nd</sup>: Johnson Gill, who has been with the agency as the Deputy Director for Population Health and Clinical Integration. Ms. Gardner introduced Tim Patten, Health Care Agency Chief Deputy Director.</p> <p>B. The “Marijuana, What Future Do You Want to See?” conference on September 28<sup>th</sup> at the Oxnard Marriott River Ridge Hotel is sold out.</p> <p>C. In its 8/4/16 edition, the VC Reporter printed an article titled “Hooked on Opioids – A Local Perspective on a Nationwide Problem.” It includes quotes from Patrick Zarate.</p> <p>D. Copies of handouts are now included in the meeting minutes and are posted on the BHAB website: <a href="http://vchca.org/behavioral-health/bhab">http://vchca.org/behavioral-health/bhab</a></p> <p>E. September is Suicide Prevention Month. Kiran Sahota will give a report on the Preventing Suicide conference which took place on September 16 at CSUCI.</p> <p>F. The NAMI California conference took place on August 26-28 in San Francisco.</p> <p>G. The Drug-Impaired Driving Leadership Forum took place on August 18.</p> <p>H. On October 17 from 11:00 to noon Carol Thomas will provide a mandatory training for Board members. Members are asked to bring the handouts she had provided during her April training session.</p>	Information	

<p><b>V. Public Comments</b></p>	<p>A. Jeff Hayden commented on the MHSA. He encouraged the Board to vote against the MICOP Innovation Project, which he feels does not address serious mental illness.</p> <p>B. Cece Casey advocated for the return of the severely mentally ill into the county for treatment.</p> <p>C. Sonnay Gray thanked Dr. Celia Woods for her work. She congratulated VCBH for receiving the Laura's Law grant; many families had advocated for its implementation.</p> <p>D. An anonymous person proposed to take funds away from the Crisis Team, which he feels does not do a good job. He feels these funds could be put to better use elsewhere.</p> <p>E. Jeanine Singer Bair urged the Board to support the opening of an autism crisis center in the county.</p> <p>F. Lorenzo Moraza noted that the Community Leadership Committee had researched and approved the MICOP project. He asked that future projects go through the same scrutiny as this one has.</p> <p>G. David Deutsch noted that NAMI Ventura County is one of seven agencies to receive a grant from the Ventura County Credit Union. NAMI Ventura has hired a bilingual program coordinator. Mr. Deutsch congratulated Dr. Woods for her award recognition.</p>		
<p><b>VII. Board Members Comments and Announcements (3 min. per speaker)</b></p>	<p>A. Jerry Harris asked whether VCBH will participate in the Mental Health Resource Fair on October 8 at Moorpark College. Director Crandall will look into it.</p> <p>B. Karyn Bates distributed handouts:</p> <ol style="list-style-type: none"> <li>1. the Fall 2016 newsletter of the California Association of Local Behavioral Health Boards and Commissions; it notes that "mental health consumers can be on Mental or Behavioral Health Boards even if they work for County Mental Health (or a contractor)."</li> <li>2. an email from Elizabeth Stone sharing her thoughts about the MICOP Project. Ms. Gardner noted that the email went through the proper channels.</li> </ol>		
<p><b>VIII. Director's Report: Annual Report and Organizational Chart – Elaine Crandall</b></p>	<p>Ms. Crandall acknowledged the efforts of Ratan Bhavnani, Mary Haffner, John Schipper and all who worked on the Laura's Law workgroup; they were instrumental in VCBH getting the grant. She also thanked her Fiscal team for the information they provided her as she prepared the Annual Report.</p> <p>In the last few months there have been some changes in Senior Managers. Patrick Zarate is the Chief Operations Officer and Substance Use Disorder Services Manager; Dr. John Schipper is the Adult Services Division Manager; Pete Pringle is the Youth &amp; Family Division Manager. The positions of Assistant Director and Administrative Division Manager are currently vacant.</p> <p>The Fiscal Year 2015-16 saw new initiatives and mandates. STAR (Screening, Triage, Assessment &amp; Referral) handled 4,601 requests for services. VCBH served close to 15,000 unduplicated billable clients.</p> <p>Please see attached for details.</p>	<p>Information</p>	
<p><b>IX. Alcohol and Drug Programs Update – Patrick Zarate (10 min.)</b></p>	<p>The Prescription drug abuse article that was published in the VC Reporter and distributed today at the meeting is important because it focuses on the local situation.</p>	<p>Information</p>	

	<p>A few years ago SAMHSA (Substance Abuse and Mental Health Services Administration) had conducted a cost/benefit analysis. It concluded that for every dollar spent, \$18 is saved. As part of prevention, it is critical to address children's and teenagers' beliefs and attitudes about drugs.</p>		
<b>XI.</b>	<p><b>"Preventing Suicide" Conference Update – Kiran Sahota</b> Ms. Sahota thanked Cal State Channel Islands for its support. The conference was very well received.</p>		
<b>X.</b>	<p><b>New Business</b></p> <p>A. BHAB Youth &amp; Family Committee Letter to Governor Brown in Support of AB741 It has been the policy of the Board of Supervisors that the BHAB and its committees do not send letters to policymakers. As private citizens, BHAB members can send letters that mention their membership in the BHAB, but they cannot sign the letters as representing the Board or use BHAB stationery. Supervisor Zaragoza reminded the Board members that the Board is a recommending body to the Board of Supervisors (BOS). The BOS is the policymaker which makes recommendations to the state.</p> <p>B. Principles of MHSA and Target Population Kiran Sahota discussed the MHSA funding. Counties' obligations under MHSA go beyond the mentally ill. Currently 80% of MHSA funds are allocated to community support services (CSS) for treatment of the severely and persistently mentally ill (SPMI). The remaining 20% is allocated to prevention and early intervention (PEI), of which 5% goes to innovations. Recently Ms. Sahota attended a meeting of the Little Hoover Commission. It supported the work of the counties but chastised the state for not providing a statewide standardized data outcome performance measure for PEI. There is a statewide push toward increasing the focus on prevention. A discussion took place regarding prevention and its effectiveness.</p>		
<b>XI.</b>	<p><b>Old Business</b></p> <p>A. MICOP Innovation Project Public Comments Period Ms. Gardner reminded the Board that last month it approved the MICOP Innovation proposal to be open for a 30-day public comment period. Now that this period has ended, the Board needs to decide whether to send it to the Board of Supervisors (BOS). If the BOS approves it, it will send it to the state, which may or may not invite the county to defend the proposal. A discussion took place regarding research vs. services to SPMI, the use of MHSA funds for this proposal, and project design and oversight. Ms. Sahota read the Innovation Regulations, which specifically state "An Innovative Project may affect virtually any aspect of mental health practices including [...] research". Supervisor Zaragoza made the motion to send the MICOP Innovation Project to the Board of Supervisors for approval, subject to VCBH review of the research design prior to implementation and subject to annual reviews. Larry Hicks seconded. The motion passed 8 to 4.</p> <p>B. BHAB Annual Report Update – Jerry Harris Two committee reports are being finalized and will be sent to Mr. Harris. So far, the BHAB Annual Report is 30 pages long.</p> <p>C. Site Visit Updates Ms. Gardner noted that Jerry Harris will lead a visit to the Inpatient Unit (IPU) on September 27 at 2:00 p.m., and Patricia Mowlavi will lead a visit to the Telecare Casas on October 7 at 10:00 a.m.</p>	<p>Send MICOP Innovation Project to the Board of Supervisors <b>M/S/C</b></p>	

	<p>D. Laura's Law/AOT Orange County Visit Update – Dr. John Schipper</p> <p>Due to time constraints, Dr. Schipper only shared that a few staff from the legal side, including a judge, went with him to Orange County to observe how Laura's Law is being implemented there.</p>		
<b>XII.</b>	<p><b>Contracts – Director Crandall</b></p> <p>Ms. Crandall submitted the following contracts, to be voted on by the Board of Supervisors (BOS):</p> <p>A. Board of Supervisors Agenda – October 4, 2016</p> <ol style="list-style-type: none"> <li>1. ADP – Office of Traffic Safety Grant</li> <li>2. ADP – Fillmore Unified School District MOU</li> <li>3. SELPA – ISES (Intensive Social Emotional Services) Positions</li> <li>4. Interface Children &amp; Family Services Agreements</li> </ol> <p>Please see attached Executive Summary for details.</p> <p>The motion was made and seconded to submit the contracts to the BOS. It passed with one absention and no dissenting vote.</p>	<p>The Board approved sending the contracts to the BOS as submitted.</p> <p><b>M/S/C</b></p>	
<b>XIV.</b>	<p><b>Adjourn</b></p> <p>The meeting adjourned at 3:30 p.m.</p>		

## Behavioral Health Advisory Board GENERAL Meeting Attendance

	Terms	Members	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
District 1	9/13/16 – 3/10/18	Claudia Arman												
District 1	10/6/15 – 10/6/18	Karyn Bates	X	X	X									
District 2	2/23/16 – 2/23/19	Ratan Bhavnani	X	X										
District 3	1/27/15 – 1/26/18	Nancy Borchard	X	X	X									
District 3	1/12/16 – 1/12/19	Gane Brooking	X	X	X									
District 5	9/24/14 – 9/23/17	Monique Garcia	X											
District 2	4/7/15 – 4/7/18	Janis Gardner	X	X	X									
District 1	4/7/15 – 4/7/18	Mary Haffner		X	X									
District 4	9/17/13 – 9/17/16	Jerry Harris	X	X	X									
District 3	12/2/14 – 12/1/17	Larry Hicks	X	X	X									
District 2	3/15/16 – 3/17/17	Patricia Mowlavi	X	X	X									
District 4	10/13/15 – 10/13/18	Cmdr. Ron Nelson	X	X										
District 4	9/17/15 – 9/17/18	Denise Nielsen	X	X										
District 4	9/17/14 – 9/17/17	Mickian Nielsen	X	X										
District 5	9/17/13 – 1/10/17	Dr. Irene Pinkard	X	X										
District 2	1/5/15 – 1/7/19	Carol Thomas	X	X	X									
District 1	3/10/15 – 3/10/18	Sidney White, AICP			X									
District 3	4/14/15 – 4/14/18	Kay Wilson-Bolton	X	X	X									
District 5	1/11/15 – 1/10/18	Sandra Wolfe	X	X	X									
District 5	1/1/15 – 12/31/18	Supervisor John Zaragoza	X		X									

District 5		vacant												
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Present = X

District 1     Supervisor Bennett  
District 2     Supervisor Parks  
District 3     Supervisor Long  
District 4     Supervisor Foy  
District 5     Supervisor Zaragoza