

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

GENERAL MEETING

MINUTES

March 21, 2016

NEXT MEETING:

Monday, April 18, 2016

1:00 p.m. – 3:30 p.m.

Ventura County Behavioral Health Administration
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

March 21, 2016 - BHAB General Meeting Attendance Roster

<u>BHAB Members Present</u> Janis Gardner, Chair Karyn Bates, 1 st Vice Chair René Beauchesne Ratan Bhavnani Nancy Borchard, Secretary Gane Brooking Mary Haffner Jerry Harris, 2 nd Vice Chair Larry Hicks, Member-At-Large Patricia Mowlavi Cmdr. Ron Nelson Denise Nielsen McKian Nielsen Irene Pinkard Carol Thomas Sidney White Kay Wilson-Bolton Sandra Wolfe Supervisor John Zaragoza <u>BHAB Member Absent</u> Monique Garcia	<u>VCBH Managers/Staff Present</u> Elaine Crandall, Director Leisa Donovan, Fiscal Manager Susan Kelly, Youth & Family Division Manager Salvador Manzo, Health Equity and Training Manager Sandra Nelles, Contracts Division Manager Dr. Deborah Thurber, Youth & Family Medical Director Patrick Zarate, Alcohol & Drug Programs Manager Edith Pham, BHAB Assistant NEXT MEETING: Monday, April 18, 2016, 1:00 – 3:30 pm Ventura County Behavioral Health 1911 Williams Drive, Training Room, Oxnard
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	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Gardner called the meeting to order at 1:03 p.m.		
II.	Approval of the Agenda Ms. Gardner asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Gardner asked the committee to review and approve the minutes of the February 22 nd meeting. A. Larry Hicks noted that: <ul style="list-style-type: none"> • X.b. should read "... several leaders in the Latino community asked their constituents to no longer attend the meetings." • XIII. Second paragraph, first line has a typo: "trailer" is misspelled. B. Jerry Harris noted that: <ul style="list-style-type: none"> • in the attendance roster the officers are listed according to their position prior to the election that took place during the meeting rather than their current position. • III.b. has a typo: "... hewas..." should read "...he was..." • IX. Has a typo: "... ntoed..." should read "... noted..." • XI.c. should read that "Jerry Harris [...] requested that all members write a short biography highlighting their background." • The meeting attendance chart shows Jerry Harris as having missed the November 2015 meeting, but the January 2016 minutes were amended to show that he had attended. 	The minutes were approved as amended. M/S/C	
IV.	Welcome and Introductions Ms. Gardner welcomed everyone and asked for introductions.		

VIII.	<p>Director's Report</p> <ul style="list-style-type: none"> Ms. Crandall noted that some of her work, such as negotiations, is not suited to public discussion. She recognized that BHAB members need information to fulfill their duties. She offered to hold operations meetings; BHAB members prefer to have them on the same day as the General Meetings. VCBH is currently working on about 120 contracts. It is focusing on the outcomes of those contracts. The State contracts with External Quality Review Organization (EQRO) to conduct yearly reviews of every county behavioral health department. It has just reviewed VCBH; its report should be completed in several months. Several articles in the local newspaper have suggested slowing down the opening of the Children's Crisis Stabilization Unit (CSU). Ms. Crandall disagrees. She urged BHAB members and the public to attend the Board of Supervisors (BOS) meeting on 3/22 at 1:30, at which time the BOS will vote on the opening of the CSU. Ms. Crandall dispelled the misinformation on the alleged lack of transparency regarding the folding of Children's Intensive Response Team (CIRT), which VCBH had been contracting to Casa Pacifica. This step had been discussed at various public meetings since March 2015 and with Casa Pacifica. Ms. Crandall provided information on VCBH budget (including MHSA) and project map. See attached. 		
IX.	<p>Alcohol and Drug Programs Update</p> <p>A. Patrick Zarate distributed a fact sheet from the Department of Health Care Services (DHCS) on the Drug Medi-Cal Organized Delivery System (DMC-ODS). He also distributed the DMC-ODS Waiver Planning Timeline 2015/16 for VCBH.</p> <p>B. Mr. Zarate distributed a new pamphlet: "DUI: Did You Know...?" He discussed the DUI checkpoints set up by law enforcement. These are designed not only to catch offenders but to provide an educational moment. The pamphlet highlights the fact that a driver can be arrested for DUI when under the influence of prescription medication, marijuana and other drugs.</p> <p>C. Alcohol and Drug Programs (ADP) is working collaboratively with Ventura County Office of Education (VCOE).</p> <p>D. ADP expects in the near future to enter into a partnership with the Rand Corporation and the National Institute of Health (NIH) to study the use of Cognitive Behavioral Therapy (CBT) in DUI programming.</p> <p>E. ADP has contracted with Dr. Linda Gertson to analyze the marijuana-related literature of the last 20 years.</p> <p>F. A year ago, ADP launched a project focusing on overdose education and prevention. Currently, the top cause of accidental death in the US is drug overdose. Working with Public Health and other community partners, ADP has been getting overdose prevention kits out; these kits contain naloxone, an overdose reversal agent. There have been 22 refills; in almost all of the cases the naloxone was used to save a life.</p> <p>G. Strategies on how to talk to teens about substance abuse can be found at howhighventuracounty.org</p> <p>Ms. Gardner asked Mr. Zarate to present at the April meeting. He agreed.</p>	Present at the April meeting	P. Zarate

X.	Board Members Comments and Announcements A. Jerry Harris stated that he feels the current membership on this board is the best it has ever been. Others agreed. B. Carol Thomas shared her concern that the request for BHAB members' biography to be included in the Annual Report will make consumer members look less polished than the professionals on the Board. <ul style="list-style-type: none"> • Sandra Wolfe, who has life experience but not degrees, agreed. • Larry Hicks is concerned that comparisons will be made. He proposed to have a short paragraph listing the name of the appointing Supervisor and the reason for the member's interest in serving on the BHAB. He prefers omitting background information. • Jerry Harris stated the biographies would show how diverse the board is. • Denise Nielsen noted that for many it is comforting to know that Board members have a lived experience. • Gane Brooking values the diversity of the board. • Karyn Bates prefers to omit the members' life history. • Irene Pinkard prefers to keep it short and of similar length for all members. • Members of the Board agreed to submit biographies that only contain the members' name, hometown, name of appointing Supervisor, and the motivation for serving on the board. Ms. Gardner asked members to send their biography to BHAB Assistant Edith Pham, who will compile them and send them to Mr. Harris, who is drafting the Annual Report. C. Cmdr. Ron Nelson, who oversees the Todd Road Jail, stated that the Sheriff's Office is in the early planning stages to build a 64-bed facility that will house and care for inmates who have mental health issues.	Send short paragraph to Edith Pham	All BHAB members
XI.	Contracts Director Crandall submitted the following contracts to be voted on by the BOS: A. BOS Agenda - March 15, 2016 <ol style="list-style-type: none"> 1. Hickory House and La Siesta Guest Home Amendments B. BOS Agenda – March 22, 2016 <ol style="list-style-type: none"> 1. Netsmart Technologies 	The Board approved sending the contracts to the BOS as submitted. M/S/C	
XII.	New Business A. As discussed earlier in the meeting, in June the Executive meeting will be held on June 6th and the General Meeting on June 13th. B. Proposed new workgroups As discussed under Chair Announcements, Cmdr. Nelson and Larry Hicks will co-chair the BHAB Objectives Workgroup while Mary Haffner and Ratan Bhavnani will co-chair the Laura's Law Implementation Workgroup.	Executive meeting on 6/6, General Meeting on 6/13	

XIII.	<p>Old Business</p> <p>A. Annual Report update Jerry Harris has been reviewing the minutes of the General Meetings held since July 2015. He feels they need to be informative and clear so they can be more helpful for drafting the Annual Report. He is considering whether to continue with this project.</p> <ul style="list-style-type: none"> • Sidney White would like to see minutes of other board in various counties. Karyn Bates offered to show some that she receives from the State. <p>Mr. Harris requested information about the Data Notebook. Karyn Bates agreed to provide it.</p> <p>Mr. Harris also requested a roster with members' designations: general interest, consumer, family. The BHAB assistant will follow up.</p> <p>B. BHAB (mandatory) Training announcement: Session 1 On April 18th from noon to 1:00 Carol Thomas will present a training in four ten-minute segments, with ten minutes for questions. The training will be followed by the BHAB General Meeting. All BHAB members are strongly encouraged to attend; they may bring their lunch.</p> <p>C. Site Visits Each committee are asked to decide what sites they would like to visit and bring that information to the Board.</p> <ul style="list-style-type: none"> • Mr. Harris requested a list of VCBH sites and of the site facility at the Medical Center. 	<p>Minutes from other counties' boards</p> <p>Data Notebook</p> <p>Roster with designations</p> <p>List of site visits</p> <p>VCBH and VCMC sites</p>	<p>K. Bates</p> <p>K. Bates</p> <p>E. Pham</p> <p>Committees</p> <p>E. Pham</p>
XIV.	<p>Cultural Advisory Committee (underserved communities)</p> <p>A. Salvador Manzo, Health Equity & Training Manager, presented on the VCBH Culture and Equity Advisory Committee, formerly known as the Cultural Competency Workgroup. The purpose of the committee is to support, participate in reviews, provide input, facilitate the coordination and promote accountability in addressing the cultural and linguistic competence of county-operated services and those provided by contract service providers. The vision is to develop strategic actions that lead to the use of evidence-based practices, including community defined practices and emerging or promising practices, to achieve a culturally responsive and equitable mental health system.</p> <p>BHAB members who can make a two-year commitment may join the committee in lieu of the former BHAB Equity Workgroup. The committee meets on the third Wednesday of every other month; the next meeting will be held on May 18th from 10:00 to 11:30 a.m. at VCBH Administration, suite 200.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at 3:24 p.m.</p>		

Behavioral Health Advisory Board GENERAL Meeting Attendance

District	TERMS	Member	July	Aug	Sept	Oct	Nov	DARK DEC	Jan	Feb	Mar	Apr	May	Jun
District 1 Sup. Bennett	10/6/15 to 10/6/18	Karyn Bates	X	X	X		X		X	X	X			
		VACANT	X	X										
	3/10/15-3/10/18	Sidney L. White, AICP	X	X	X	X	X		X	X	X			
	4/7/15-4/7/18	Mary Haffner	X	X	X		X		X	X	X			
District 2	2/23/16-2/23/19	Ratan Bhavnani									X			
Sup. Parks	9/17/13-9/17/16	Janis Gardner	X	X	X	X	X		X	X	X			
	3/15/16-3/17/17	Patricia Mowlavi									X			
	1/5/15-1/7/19	Carol Thomas	X	X	X		X		X	X	X			
District 3 Sup. Long	1/27/15-1/26/18	Nancy Borchard			X	X	X		X	X	X			
	1/12/16-1/12/19	Gane Brooking							X	X	X			
	4/14/15-4/14/18	Kay Wilson-Bolton	X	X	X	X	X		X	X	X			
	12/2/14-12/1/17	Larry Hicks	X		X	X	X		X	X	X			
District 4 Sup. Foy	9/17/13-9/17/16	Jerry Harris	X	X	X	X	X		X	X	X			
	10/13/15-10/13/18	Cmdr. Ron Nelson	X			X	X		X	X	X			
	9/17/15-9/17/18	Denise Nielsen			X	X	X		X	X	X			
	9/17/14-9/17/17	McKian Nielsen	X				X		X		X			
District 5 Sup. Zaragoza	9/17/13-1/10/17	René Beauchesne, LCSW	X	X	X	X			X	X	X			
	9/24/14-9/23/17	Monique Garcia			X				X	X				
	9/17/13-1/10/17	Irene Pinkard, Dr.		X	X		X		X	X	X			
	1/11/15-1/10/18	Sandra Wolfe	X	X	X	X	X		X	X	X			
Gov. Body	1/1/15-12/31/18	John Zaragoza, Supervisor	X		X		X		X	X	X			

Present = X

District 1 Supervisor Bennett
District 2 Supervisor Parks
District 3 Supervisor Long
District 4 Supervisor Foy
District 5 Supervisor Zaragoza