VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD GENERAL MEETING MINUTES

March 21, 2016

NEXT MEETING:

Monday, April 18, 2016 1:00 p.m. – 3:30 p.m.

Ventura County Behavioral Health Administration 1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Healt additions/deletions or corre		

March 21, 2016 - BHAB General Meeting Attendance Roster

BHAB Members Present

Janis Gardner, Chair

Karyn Bates, 1st Vice Chair

René Beauchesne

Ratan Bhavnani

Nancy Borchard, Secretary

Gane Brooking

Mary Haffner

Jerry Harris, 2nd Vice Chair

Larry Hicks, Member-At-Large

Patricia Mowlavi

Cmdr. Ron Nelson

Denise Nielsen

McKian Nielsen

Irene Pinkard

Carol Thomas

Sidney White

Kay Wilson-Bolton

Sandra Wolfe

Supervisor John Zaragoza

BHAB Member Absent

Monique Garcia

VCBH Managers/Staff Present

Elaine Crandall, Director

Leisa Donovan, Fiscal Manager

Susan Kelly, Youth & Family Division Manager Salvador Manzo, Health Equity and Training Manager

Sandra Nelles, Contracts Division Manager

Dr. Deborah Thurber, Youth & Family Medical Director Patrick Zarate, Alcohol & Drug Programs Manager

Edith Pham, BHAB Assistant

NEXT MEETING:

Monday, April 18, 2016, 1:00 - 3:30 pm

Ventura County Behavioral Health 1911 Williams Drive, Training Room, Oxnard

Note: The committee has not yet approved these minutes. There may be additions / deletions or corrections before the minutes are accepted in final form.

DIS	DISCUSSION/CONCLUSIONS						
I. Call to Order Chair Gardner called the meeting	g to order at 1:03 p.m.						
II. Approval of the Agenda Ms. Gardner asked the Commit	Approval of the Agenda Ms. Gardner asked the Committee to review and approve today's agenda.						
February 22 nd meeting. A. Larry Hicks noted that: X.b. should read " sever constituents to no longer XIII. Second paragraph, fir B. Jerry Harris noted that: in the attendance roster to prior to the election that is current position. III.b. has a typo: " hewas IX. Has a typo: " ntoed XI.c. should read that "Jer short biography highlightic."	the officers are listed according to their position took place during the meeting rather than their s" should read "he was" " should read " noted" "ry Harris [] requested that all members write a ng their background." Thart shows Jerry Harris as having missed the but the January 2016 minutes were amended to	M/S/C The minutes were approved as amended. M/S/C					

٧.	Chair Announcements		
	A. Ms. Gardner welcomed Patricia Mowlavi, Chief Financial Officer at Gold Coast		
	Health Plan.		
	B. The Board of Supervisors (BOS) approved the BHAB Bylaws on February 23rd.		
	C. Laura's Law was approved by the BOS on March 8 th . Ms. Gardner thanked		
	everyone who participated in the process.		
	D. In accordance with Article V.A.4, Ms. Gardner is appointing Larry Hicks as	Appoint L. Hicks	J
	Member-At-Large for six months. Board members approved.	Member-At-Large	Gardner
	E. Ms. Gardner requested to hold the June meeting one week early: she will be		
	unavailable on June 20 th and wants to attend the General Meeting when the		
	officers election will take place. The Bylaws state that "A regular meeting may,		
	for cause, be rescheduled by the Chairperson with a 72-hour advance notice."		
	 Jerry Harris opposed and requested that the 1st Vice Chair conduct the 	The June General	
	meeting on the regular day, June 20 th .		
	Supervisor Zaragoza stated that the Chair can move the meeting to	Meeting will take place	
	accommodate her schedule.	on June 13 th	
	F. The NAMI Walk will take place on April 30 th . Everyone is encouraged to join		
	one of the teams.		
	G. In April Ms. Gardner will ask several members to form a nominating		
	committee to draft a slate of potential officers who may want to run for		
	BHAB offices. This is an incumbent year, but everyone is welcome to run. In		
	2017 all officers have to relinquish their position.		
	H. Many members have submitted their objectives and concerns for 2016-17.	DUAD Objectives	Consider
	Ms. Gardner appointed Cmdr. Ron Nelson to chair an Objectives Workgroup	BHAB Objectives	Cmdr.
	that will prioritize the proposed objectives before bringing them back to the	Workgroup	Nelson
	Board for discussion. Karyn Bates, Larry Hicks, and Gane Brooking		
	volunteered to participate.		
	I. Ms. Gardner appointed Mary Haffner and Ratan Bhavnani to co-chair the	Laura's Law	M.Haffner
	Laura's Law Implementation Workgroup.	Implementation	R.
	J. On March 19 th the City of Fillmore held a suicide prevention forum in	Workgroup	Bhavnani
	response to the suicide of its Fire Chief. It had reached out to VCBH to help	l trongroup	
	with this event, which was well attended. Kiran Sahota, VCBH MHSA		
	Manager, presented.		
	K. At the April meeting Public Health will present on a tobacco initiative.		
	L. At the April meeting the BHAB Adult Services Committee will give an update		
	on its work.		
VI.	Public Comments Joaning Singer Pair methor of a young adult with autism, noted that autism and		
	Jeanine Singer Bair, mother of a young adult with autism, noted that autism and mental health align. She spoke of her struggle to find resources and urged the		
	BHAB to include autism in its work.		
	BIAD to include autism in its work.		
VII.	BHAB Responsibilities and Guidelines		
	Prior to today's meeting Ms. Gardner provided all BHAB members with a copy of		
	County Counsel's opinion regarding the role of the BHAB. The Executive team		
	discussed this during its regular meeting on March 14 th and recommended to		
	take the Bylaws literally.		
	Nancy Borchard noted that the Bylaws list the purpose and authority of the		
	BHAB. She appreciates that Director Crandall has proposed to have additional		
	meetings with BHAB members to keep them informed.		
	Jerry Harris agreed. He felt that the opinion of County Counsel was too		
	narrow. Mr. Harris noted that the Executive Committee decided at its last		
	meeting to follow the guidelines listed in the Bylaws, which County Counsel		
	signed off on. Mr. Harris agrees with County Counsel that it is not the BHAB's		
	responsibility to get involved in the day-to-day operations of VCBH.		
	 Carol Thomas reminded BHAB members that one of their responsibilities is to 		
	participate in a committee. She encouraged everyone to do so.		
	parameter and committees one encouraged everyone to do so.		

VIII. **Director's Report** • Ms. Crandall noted that some of her work, such as negotiations, is not suited to public discussion. She recognized that BHAB members need information to fulfill their duties. She offered to hold operations meetings; BHAB members prefer to have them on the same day as the General Meetings. • VCBH is currently working on about 120 contracts. It is focusing on the outcomes of those contracts. The State contracts with External Quality Review Organization (EQRO) to conduct yearly reviews of every county behavioral health department. It has just reviewed VCBH; its report should be completed in several months. • Several articles in the local newspaper have suggested slowing down the opening of the Children's Crisis Stabilization Unit (CSU). Ms. Crandall disagrees. She urged BHAB members and the public to attend the Board of Supervisors (BOS) meeting on 3/22 at 1:30, at which time the BOS will vote on the opening of the CSU. • Ms. Crandall dispelled the misinformation on the alleged lack of transparency regarding the folding of Children's Intensive Response Team (CIRT), which VCBH had been contracting to Casa Pacifica. This step had been discussed at various public meetings since March 2015 and with Casa Pacifica. • Ms. Crandall provided information on VCBH budget (including MHSA) and project map. See attached. **Alcohol and Drug Programs Update** IX. A. Patrick Zarate distributed a fact sheet from the Department of Health Care Services (DHCS) on the Drug Medi-Cal Organized Delivery System (DMC-ODS). He also distributed the DMC-ODS Waiver Planning Timeline 2015/16 for VCBH. B. Mr. Zarate distributed a new pamphlet: "DUI: Did You Know...?" He discussed the DUI checkpoints set up by law enforcement. These are designed not only to catch offenders but to provide an educational moment. The pamphlet highlights the fact that a driver can be arrested for DUI when under the influence of prescription medication, marijuana and other drugs. C. Alcohol and Drug Programs (ADP) is working collaboratively with Ventura County Office of Education (VCOE). D. ADP expects in the near future to enter into a partnership with the Rand Corporation and the National Institute of Health (NIH) to study the use of Cognitive Behavioral Therapy (CBT) in DUI programming. E. ADP has contracted with Dr. Linda Gertson to analyze the marijuana-related literature of the last 20 years. F. A year ago, ADP launched a project focusing on overdose education and prevention. Currently, the top cause of accidental death in the US is drug overdose. Working with Public Health and other community partners, ADP has been getting overdose prevention kits out; these kits contain naloxone, an overdose reversal agent. There have been 22 refills; in almost all of the cases the naloxone was used to save a life. G. Strategies on how to talk to teens about substance abuse can be found at howhighventuracounty.org P. Zarate Ms. Gardner asked Mr. Zarate to present at the April meeting. He agreed. Present at the April meeting

Board Members Comments and Announcements X. A. Jerry Harris stated that he feels the current membership on this board is the best it has ever been. Others agreed. B. Carol Thomas shared her concern that the request for BHAB members' biography to be included in the Annual Report will make consumer members look less polished than the professionals on the Board. • Sandra Wolfe, who has life experience but not degrees, agreed. • Larry Hicks is concerned that comparisons will be made. He proposed to have a short paragraph listing the name of the appointing Supervisor and the reason for the member's interest in serving on the BHAB. He prefers omitting background information. • Jerry Harris stated the biographies would show how diverse the board is. • Denise Nielsen noted that for many it is comforting to know that Board members have a lived experience. • Gane Brooking values the diversity of the board. • Karyn Bates prefers to omit the members' life history. • Irene Pinkard prefers to keep it short and of similar length for all members. • Members of the Board agreed to submit biographies that only contain the members' name, hometown, name of appointing Supervisor, and the motivation for serving on the board. Ms. Gardner asked members to send Send short paragraph All BHAB their biography to BHAB Assistant Edith Pham, who will compile them and to Edith Pham members send them to Mr. Harris, who is drafting the Annual Report. C. Cmdr. Ron Nelson, who oversees the Todd Road Jail, stated that the Sheriff's Office is in the early planning stages to build a 64-bed facility that will house and care for inmates who have mental health issues. XI. **Contracts** Director Crandall submitted the following contracts to be voted on by the BOS: A. BOS Agenda - March 15, 2016 The Board approved 1. Hickory House and La Siesta Guest Home Amendments sending the contracts to the BOS as submitted. B. BOS Agenda – March 22, 2016 1. Netsmart Technologies M/S/C XII. **New Business** A. As discussed earlier in the meeting, in June the Executive meeting will be Executive meeting on held on June 6th and the General Meeting on June 13th. 6/6, General Meeting on 6/13 B. Proposed new workgroups As discussed under Chair Announcements, Cmdr. Nelson and Larry Hicks will co-chair the BHAB Objectives Workgroup while Mary Haffner and Ratan Bhavnani will co-chair the Laura's Law Implementation Workgroup.

 A. Annual Report update Jerry Harris has been reviewing the minutes of the General Meetings held since July 2015. He feels they need to be informative and clear so they can be more helpful for drafting the Annual Report. He is considering whether to continue with this project. Sidney White would like to see minutes of other board in various counties. Karyn Bates offered to show some that she receives from the 	Minutes from other counties' boards Data Notebook	K. Bates
State.	Data Notebook	
Mr. Harris requested information about the Data Notebook. Karyn Bates agreed to provide it. Mr. Harris also requested a roster with members' designations: general interest, consumer, family. The BHAB assistant will follow up.	Roster with designations	K. Bates E. Pham
B. BHAB (mandatory) Training announcement: Session 1 On April 18 th from noon to 1:00 Carol Thomas will present a training in four ten-minute segments, with ten minutes for questions. The training will be followed by the BHAB General Meeting. All BHAB members are strongly encouraged to attend; they may bring their lunch.		
 C. Site Visits Each committee are asked to decide what sites they would like to visit and bring that information to the Board. Mr. Harris requested a list of VCBH sites and of the site facility at the Medical Center. 	List of site visits VCBH and VCMC sites	Commit- tees E. Pham
A. Salvador Manzo, Health Equity & Training Manager, presented on the VCBH Culture and Equity Advisory Committee, formerly known as the Cultural Competency Workgroup. The purpose of the committee is to support, participate in reviews, provide input, facilitate the coordination and promote accountability in addressing the cultural and linguistic competence of county-operated services and those provided by contract service providers. The vision is to develop strategic actions that lead to the use of evidence-based practices, including community defined practices and emerging or promising practices, to achieve a culturally responsive and equitable mental health system. BHAB members who can make a two-year commitment may join the committee in lieu of the former BHAB Equity Workgroup. The committee meets on the third Wednesday of every other month; the next meeting will be held on May 18 th from 10:00 to 11:30 a.m. at VCBH Administration, suite 200.		
XI. Adjourn The meeting adjourned at 3:24 p.m.		

Behavioral Health Advisory Board GENERAL Meeting Attendance

District	TERMS	Member	July	Aug	Sept	Oct	Nov	DARK DEC	Jan	Feb	Mar	Apr	May	Jun
District 1	10/6/15 to 10/6/18	Karyn Bates	Х	Х	X		Х		Х	Х	Х			
Sup. Bennett		VACANT	Х	Х										
	3/10/15-3/10/18	Sidney L. White, AICP	Х	Х	Х	Х	Х		Х	Х	Х			
	4/7/15-4/7/18	Mary Haffner	Х	Х	Х		Х		Х	Х	Х			
District 2	2/23/16-2/23/19	Ratan Bhavnani									Х			
Sup. Parks	9/17/13-9/17/16	Janis Gardner	Х	Х	Х	Х	Х		Х	Х	Х			
	3/15/16-3/17/17	Patricia Mowlavi									Х			
	1/5/15-1/7/19	Carol Thomas	Х	Х	Х		Х		Х	Х	Х			
District 3	1/27/15-1/26/18	Nancy Borchard			Х	Х	Х		Х	Х	Х			
Sup. Long	1/12/16-1/12/19	Gane Brooking							Х	Х	Х			
	4/14/15-4/14/18	Kay Wilson-Bolton	Х	Х	Х	Х	Х		Х	Х	Х			
	12/2/14-12/1/17	Larry Hicks	Х		Х	Х	Х		Х	Х	Х			
District 4	9/17/13-9/17/16	Jerry Harris	Х	Х	Х	Х	Х		Х	Х	Х			
Sup. Foy	10/13/15-10/13/18	Cmdr. Ron Nelson	Х			Х	Х		Х	Х	Х			
	9/17/15-9/17/18	Denise Nielsen			Х	Х	Х		Х	Х	Х			
	9/17/14-9/17/17	McKian Nielsen	Х				Х		Х		Х			
District 5	9/17/13-1/10/17	René Beauchesne, LCSW	Х	Х	Х	Х			Х	Х	Х			
Sup. Zaragoza	9/24/14-9/23/17	Monique Garcia			Х				Х	Х				
	9/17/13-1/10/17	Irene Pinkard, Dr.		Х	Х		Х		Х	Х	Х			
	1/11/15-1/10/18	Sandra Wolfe	Х	Х	Х	Х	Х		Х	Х	Х			
Gov. Body	1/1/15-12/31/18	John Zaragoza, Supervisor	Х		Х		Х		Χ	Х	Х			

Present = X

District 1 Supervisor Bennett

District 2 Supervisor Parks

District 3 Supervisor Long

District 4 Supervisor Foy

District 5 Supervisor Zaragoza