

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
MINUTES**

**January 27, 2014**

**NEXT MEETING:**

**Monday February 24, 2014  
1:00 PM- 3:30 PM**

Ventura County Behavioral Health Administration  
1911 Williams Drive ♦ Oxnard, CA 93036  
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

# January 27, 2014 Meeting Attendance Roster

## Members Present:

David Holmboe, Chair  
Karyn Bates  
René Beauchesne, LCSW  
Nancy Borchard  
Valerie Flores  
Janis Gardner  
Jerry Harris  
Irene Mellick, LCSW  
Kate Mills  
Denise Nielsen  
Linda Parks, Supervisor  
Dr. Irene Pinkard  
Anita Ranade  
Kiran Sahota  
Sandra Wolfe

## Members Absent:

Adam Bernal  
Patrick Kelley  
McKian Nielsen  
Carol Thomas

## VCBH Administration Staff Present:

Meloney Roy	Director
Daniel Hicks	ADP Prevention Manager
Anna Ware	MA, BHAB
Dr. Celia Woods	Medical Director
KerryAnn Schuette	Manager MHSA Programs
Dr. Deborah Thurber, M.D.	Children's Medical Director
Patrick Zarate	Division Manager, ADP/DUI Programs

## Others Present:

Ratan Bhavnani	NAMI
Marika Collins	Casa Pacifica
David Deutsch	
Robert Fire	
Jen Gomez	Pacific Clinics
Dr. Chris Landon	VCMC
Meredyth Leafman	VCBH
Mary McQuown	RI
Linda Murphrey	Aurora Behavioral
Alessandro Neri	
Clyde Reynolds	Turning Point
Ramila Sloane	
Sarah Wade	Aurora Behavioral
Liz Warren	Client Network
Detra Young	Aspirianet
Jetta Zellner	Aurora Behavioral

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/AC TION	RESPONSIBLE
<b>I.</b>	<b>BHAB Call to Order</b>		
	Mr. Holmboe called the meeting to order at 1:08 PM.		
<b>II.</b>	<b>Approval of the Agenda (Action)</b>		
	The January 27, 2014 agenda was approved as presented. <b>A)</b> A motion was made and approved to move item X., B) CLC Update forward to item X., A) for the convenience of the presenter.	The agenda was approved. <b>M/S/C.</b>	
<b>III.</b>	<b>Approval of the December 16, 2013 Minutes (Action)</b>		
	The minutes of December 16, 2013 were approved as presented.	The minutes were approved. <b>M/S/C.</b>	
<b>IV.</b>	<b>Welcome and Introductions</b>		
	Mr. Holmboe welcomed the board; introductions were completed around the table.	Information.	
<b>V.</b>	<b>BHAB Recognition Awards</b>		
	<b>B)</b> Mr. Holmboe presented a recognition award to Gloria Ramirez, MHA with the BHD Transitions Program in recognition of her service to clients. Gloria shares her knowledge of benefit programs and community supports for TAY. She guides clients through the complicated process to access state and federal entitlement programs for support. Gloria coordinated the Dia de los Muertos event in November, preparing hot chocolate, posole and all the trimmings for our clients, families and staff. 1. Ms. Leafman and Ms. Roy thanked Ms. Ramirez for her exemplary work and volunteerism to ensure that the Dia de los Muertos event was a culturally relevant celebration for clients and their families.	Information.	
<b>VI.</b>	<b>Chair Announcements</b>		
	<b>A)</b> Mr. Holmboe announced that a training has been developed to educate our members on our responsibilities as a Mental Health Board which will be reviewed at the February General Meeting. <b>B)</b> Mr. Holmboe announced that the BHAB will integrate topics related to substance use and abuse into future board agendas and discussions.	Information	
<b>VII.</b>	<b>Public Comments</b>		
	<b>A)</b> Mr. Reynolds provided a public comment to announce the Turning Point Foundation, Seventh Annual Community Building Breakfast, on Thursday February 27, 2014 at the Courtyard Marriott Oxnard. The featured speaker will be Sarah Jakle, MSW, MPP and founder of the Volunteer Initiative Program (VIP), Los Angeles. VIP established opportunities for individuals with mental illness to volunteer with the support of mentors and mental health professionals. Volunteers have gained increased life satisfaction and confidence. Mr. Reynolds provided a comment on the loss of funds which supported ten beds in the homeless shelter program to serve homeless individuals with mental illness.	Information.	
<b>VIII.</b>	<b>Time Certain Presentations:</b> <b>A) Pediatrics Medical Home—Dr. Chris Landon, VCMC (15 mins) 1:30 PM (Action)</b> Dr. Landon presented on the AAP CATCH GRANT Application prepared by VCMC staff to support the development of a telementalhealth system to provide “medical homes” for pediatric patients diagnosed with ADD/ADHD/ODD and Disruptive Disorders for psychosocial support and medication management. The program would serve youth who do not meet criteria for specialty mental health services. Dr. Landon described evidence based practices to support improved behavioral management for youth such as: Anger Replacement Therapy (ART) and Cognitive Behavioral Therapy (CBT). Parental education supports to strengthen families included Triple P., Aggression Replacement Therapy (ART) and Parent Child Interactive Therapy (PCIT). 1. Board members discussed behavioral supports appropriate for youth who present with social relational deficits. 2. Board members agreed to provide Dr. Landon with a letter of support for the AAP CATCH GRANT recommending the development of the services proposed. <b>M/S/C.</b> <b>B) MHSA 2013-14 Annual Plan Update—KerryAnn Schuette (20 mins) 1:50 PM (Action)</b> Ms. Schuette presented the MHSA Annual Plan Update and announced that the	The board approved a motion to provide a letter of support for inclusion in the VCMC grant application. <b>M/S/C.</b>	

	<p>plan will be posted for stakeholder review and public comment. At the March BHAB General Board meeting, a Public Hearing and comment period will be held. The plan update will be submitted to the Board of Supervisors on March 18, 2014 for approval.</p> <p>Ms. Roy distributed a revised FY 2013-14 MHSA Funding Summary noting the estimated funds in the MHSA programs and the Local Prudent Reserve following the reconciliation of cost reports for FY 2010-11, FY 2011-12, and FY 2012-13. Ms. Roy reviewed the fiscal data for each program and the estimated Local Prudent Reserve; the fiscal report reflects a \$1 Million dollar impact on the CSS prudent reserve for the current fiscal year.</p> <ol style="list-style-type: none"> <li>1. Ms. Roy presented the department's recommendation to finance the Innovation Program with PEI Funds to preserve monies in CSS which supports core services and treatment programs.</li> <li>2. The board discussed MHSA funds, programs and services.</li> <li>3. A motion was made, seconded and approved to post the MHSA 2013-14 Annual Plan Update for review and public comment in preparation for the public hearing scheduled on March 17, 2014. <b>M/S/C.</b></li> </ol>	<p>The board approved a motion to post the MHSA 2013-14 Annual Plan Update presented. <b>M/S/C.</b></p>	
<b>IX.</b>	<b>Directors Report</b>		
	<p><b>A)</b> Ms. Roy announced the following department events and trainings.</p> <ol style="list-style-type: none"> <li>1. Dr. Woods was interviewed by KCAL 9, for an informative news story on Suicide Prevention. The interview will be posted on the BHD website following its broadcast in February.</li> <li>2. Ms. Roy announced that she participated in a two day forum to craft the merger of the California Mental Health Directors Association (CMHDA) and the County Alcohol and Drug Program Administrators Association (CADPAAC). Ms. Roy commented that this merger reflects the integration of care already established here at the local level.</li> <li>3. Dr. Gaxiola provided a report last week to the CLC which presented research published by Schroeder in 2007 comparing the factors related to poor mortality rates; 40% of premature deaths in the US were attributed to a behavioral component, 10% were attributed to the quality of medical care.</li> <li>4. The ADP has coordinated an "All Staff" training on January 24th; a representative from the Department of Health Care Services will outline Drug MediCal regulations.</li> <li>5. The Community Leadership Committee will meet on Wednesday, February 12, 2014 at 2:00 PM in the Training Room at BHD Administration.</li> </ol> <p><b>B)</b> Ms. Roy announced significant health care updates.</p> <ol style="list-style-type: none"> <li>1. The 2014 federal spending bill provided \$1.1 billion in funding for mental health services and supports; this reflected a 13% increase in funding over the allocations for FY 2013.</li> <li>2. The BHD has provided staff trainings on the Affordable Care Act and Covered California to empower staff to provide outreach, education and assistance for self-pay clients to apply for Medi-Cal under the new eligibility guidelines.</li> <li>3. Medicare began paying 80% of the cost of outpatient mental health services for beneficiaries seeking treatment as of January 1, 2014; the same percentage it covers for most medical services.</li> </ol> <p><b>C)</b> Ms. Roy announced the following staff changes.</p> <ol style="list-style-type: none"> <li>1. KerryAnn Schuette has accepted the role of MHSA Coordinator, in addition to her Prevention and Early Intervention work. Her dedication and willingness to grow in this role is exciting and greatly appreciated.</li> <li>2. Rajima Danish of Quality Improvement will support KerryAnn and the MHSA programs to assist with QI, contracts and stakeholder activities. Thank you Rajima for your willingness to take on new challenges.</li> <li>3. Management movements in the Adult Division: <ul style="list-style-type: none"> <li>• Amanda Pyper—Oxnard Adult Programs</li> <li>• Pete Pringle—East County, Avatar Duties</li> <li>• Mary Stahlhuth—ARS, EPICS and the Development of Board &amp; Cares</li> <li>• John Schipper—Forensics, Con REP</li> </ul> </li> <li>4. The department wishes to recognize the upcoming retirement of Ingrid</li> </ol>		

	<p>Scott, LCSW and Conejo's Clinic Administrator at the end of January, following more than thirty-four years of service in healthcare. Ingrid forged a cohesive and well-run team at Conejo; staff and clients have admired and respected Ingrid for her open door policy and willingness to help when needed.</p> <p>5. The department also wishes to recognize the upcoming retirement of Dennis O'Connell, LCSW who serviced as the CA of the Oxnard Adult Clinic. Dennis has provided more than thirty-two years of service to VCBH and the residents of Ventura County.</p> <p>D) Ms. Roy announced housing and facilities updates.</p> <p>1. The final name recommendations submitted by the Client Network for the MHRC and the CRT.</p> <ul style="list-style-type: none"> <li>• <i>Casa de Salud</i> for the Lewis Road MHRC</li> <li>• <i>Horizon View</i> for the Camarillo Airport Locked MHRC</li> <li>• <i>Rancho Arboles</i> for the CRT</li> </ul> <p>2. The Centerpoint Mall project bids are due January 28, 2014</p> <p>E) Ms. Roy announced department collaborations.</p> <p>1. The BHD has collaborated with HSA to provide screening and treatment services for foster youth under the Katie A.; in Ventura County approximately 1,200 youth are in foster care.</p> <p>2. The DUI Program provides updates to the Probation Agency on court ordered clients who have failed to participate in the DUI program.</p> <p>3. Robert Mendoza and Jennifer Putt of STAR met with Santa Barbara QA to discuss the development of a new centralized intake process for that county. Santa Barbara would like to adopt a model similar to our STAR Program.</p> <p>4. VCBH collaborated with VCMC and Casa Pacifica to apply for a Steinberg SB 82 Grant to provide PES and Crisis stabilization for youth, autos for transportation services and computers for new triage personnel.</p> <p>F) Ms. Roy announced that Ventura County was the high scorer for the Steinberg SB 82 Grant in the southern region. Grant funds awarded will be paid out over the next three years: \$84 K for year one, \$2.5 M each for years two and three. The funding may continue beyond the initial three years.</p> <p>1. Twenty three additional staff will be hired, including peer specialists to increase service capacity.</p> <p>2. The board discussed BHD programs, services, funding and collaborations.</p>		
<b>X.</b>	<b>New Business</b>		
	<p>A) BHD Contract Approval (<b>Action</b>)</p> <p>Ms. Roy and Ms. Briggs provided a summary of the contracts submitted to the Board of Supervisors for approval.</p> <p>1. Board Agenda—January 28, 2014</p> <p>a) FY 2013-14 Meditech Health Services, Inc.—Eighteenth Amendment</p> <p>2. Board Agenda—February 11, 2014</p> <p>a) Cabrillo Economic Development Corporation Agreements—Cypress Court</p> <p>A motion was made and seconded to approve the contracts as submitted.</p> <p>B) CLC Update—Janis Gardner</p> <p>Ms. Gardner provided an update of the discussion held at the January CLC meeting; which featured a presentation from Dr. Aguilar Gaxiola of the UC Davis School of Medicine, Center for Reducing Health Disparities of the recent findings of the World Health Organization study on mental health.</p> <p>1. Study findings documented that mental disorders co-occur within themselves, with substance use disorders and many medical conditions.</p> <p>2. The most serious mental disorders usually begin in childhood or adolescence. Severity increases over time.</p> <p>3. A minority of people with mental health needs receive treatment. In the US, the level of unmet need for specialist or generalist care was above 70% for Hispanics, African Americans and Asian Americans.</p> <p>4. Mental disorders are among the most disabling of all chronic health conditions and are associated with significant adverse societal costs.</p> <p>5. Prevention and Early Intervention Strategies have shown to reduce the prevalence of substance abuse, depression, antisocial behavior</p>	The board approved the contracts as submitted. <b>M/S/C.</b>	

	and child abuse. a) The board discussed community needs and services. C) Board outreach to East County Deferred due to lack of time.		
<b>XI.</b>	<b>Board Member Comments &amp; Announcements</b>		
	<p>A) Ms. Gardner reported on a presentation received by the Prevention Committee from youth participating in the Friday Night Live program. The youth conducted a study on the volume of alcohol signage in their community, researched county and state regulations controlling alcohol advertisements and provided education to businesses requesting compliance.</p> <p>1. Ms. Gardner circulated photographs and praised the youth for completion of a survey which has led to a change in the environment of the community.</p> <p>B) Ms. Bates announced the Each Mind Matters, a student video contest for creative public service announcements to reduce stigma and prevent suicide. Ms. Bates encouraged interested individuals to visit <a href="http://www.DirectingChange.org">http://www.DirectingChange.org</a> for contest rules and information.</p> <p>C) Ms. Mellick announced upcoming webinar trainings for Mental Health Board members facilitated by the California Institute for Mental Health. Ms. Mellick encouraged interested board members to visit <a href="http://www.cimh.org">http:// www.cimh.org</a> for information.</p> <p>D) Ms. Nielsen complemented the CBS 60 Minutes segment aired on January 26, 2014 titled, <i>Nowhere to Go: Mentally Ill Youth in Crisis</i> which reports on the difficulty of locating appropriate treatment beds for individuals experiencing mental illness. Ms. Nielsen urged the board members to review the segment to learn more.</p>		
<b>XII.</b>	<b>Adjourn</b>		
	The meeting adjourned at 3:05 PM.	Next meeting: February 24, 2014	

## Behavioral Health Advisory Board Meeting Attendance 2014

District	Member	January	February	March	April	May	June
District 1 Sup. Bennett	Karyn Bates	X					
	Valerie Flores	X					
	Kate Mills	X					
	Kirin Sahota	X					
District 2 Sup. Parks	Janis Gardner	X					
	Irene Mellick, LCSW	X					
	Carol Thomas						
	VACANT						
District 3 Sup. Long	Nancy Borchard	X					
	David Holmboe	X					
	Patrick Kelley						
	VACANT						
District 4 Sup. Foy	Jerry Harris	X					
	Denise Nielsen	X					
	McKian Nielsen						
	Anita Ranade	X					
District 5 Sup. Zaragoza	René Beauchesne, LCSW	X					
	Adam Bernal						
	Dr. Irene Pinkard	X					
	Sandra Wolfe	X					
Gov. Body	Linda Parks, Supervisor	X					

Present = X