

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
MINUTES**

**April 20, 2015**

**NEXT MEETING:**

**Wednesday, April 29, 2015  
11:00 AM – 11:45 AM**

Ventura County Behavioral Health Administration  
1911 Williams Drive, Suite 200 ♦ Oxnard, CA 93036  
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

# April 20, 2015 Meeting Attendance Roster

## Members Present:

David Holmboe, Chair  
 Karyn Bates  
 René Beauchesne, LCSW  
 Nancy Borchard  
 Janis Gardner, Vice-Chair  
 Jerry Harris  
 Denise Nielsen  
 Monique Garcia  
 Sidney White

Anita Ranade  
 Beverly Wisotsky, LMFT  
 Sandra Wolfe  
 Daniel Jordan  
 McKian Nielsen  
 Kay Wilson-Bolton  
 Larry Hicks  
 John Zaragoza, Supervisor

## Members Absent:

Irene Mellick, LCSW  
 Carol Thomas  
 Dr. Irene Pinkard  
 Mary Haffner

A list of staff members present is available by request.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS /ACTION	RESPONSIBLE
<b>I.</b>	<b>BHAB Call to Order</b>		
	Mr. Holmboe called the meeting to order at 1:08 PM.		
<b>II.</b>	<b>Approval of the April 20, 2015 Agenda (Action)</b>		
	The agenda was approved as written.	The agenda was approved. <i>M/S/C.</i>	
<b>III.</b>	<b>Approval of the March 16, 2015 Minutes (Action)</b>		
	The minutes were approved as written.	The minutes were approved. <i>M/S/C.</i>	
<b>IV.</b>	<b>Oath of Office - New Members</b>		
	The BHAB Secretary, Gabriel Ibarra, administered the Oath of Office to new Board members Kay Wilson-Bolton and Larry Hicks.	Information.	
<b>V.</b>	<b>Welcome and Introductions</b>		
	Mr. Holmboe welcomed the Board; introductions were completed around the table.	Information.	
<b>VI.</b>	<b>Recognition Award</b>		
	Mr. Holmboe welcomed Elizabeth Taylor of the Alcohol and Drug Programs Division and presented her an award in recognition of her outstanding achievements as an experienced clinician and wellness advocate known throughout the County.  Ms. Gardner commends Ms. Taylor for her accomplishments, and thanks Ms. Taylor for her wonderful efforts in supporting the community and being a strong advocate in the alcohol and drug field, particularly in the Latino Community through her Spanish radio show.		

<b>VII.</b>	<b>Chair Announcements – 5 mins.</b>		
	<ol style="list-style-type: none"> <li>1. Mr. Holmboe mentioned modifications to the agenda structure, including the addition of the administration of Oath of Office to new Board members and the request to move up the Board Member Comments section, have been acknowledged and executed.</li> <li>2. Mr. Holmboe announced that Mr. Jordan has agreed to chair the Equity and Access Workgroup.</li> <li>3. Mr. Holmboe announced that the final Laura’s Law Workgroup meeting continues as scheduled, and, after much consideration, a secret ballot will not be taking place. A public vote will be held on the stance of the possible implementation of Laura’s Law in Ventura County.</li> </ol>	Information.	
<b>VIII.</b>	<b>Board Member Comments &amp; Announcements – 10 mins.</b>		
	<ol style="list-style-type: none"> <li>1. Ms. Bates announced the distribution of three documents: an article titled “Head injury can cause mental illness” which will be discussed during Public Comments; a letter from the California Mental Health Planning Council addressed to the Local Mental Health Board requesting the addition of a discussion to define the system of Patients’ Rights to the Agenda of a future Board meeting; and a Corporation for Supportive Housing (CSH) document detailing available grants to help communities implement a successful evidence-based Frequent User Systems Engagement (FUSE) model - a supportive housing pilot program targeting frequent users of the criminal justice and homeless system. She informed the Board of a committee that meets once a month to advocate for Patients’ Rights and encourages Board participation.</li> <li>2. Ms. Gardner announced a VC Reporter article on April 16, 2015, related to a Weed DUI program that has been implemented by the department’s Alcohol and Drug Prevention Services. She shares the article with the Board.</li> <li>3. Mr. Zaragoza thanks Mr. Holmboe for his clarification on the Laura’s Law Workgroup voting procedure.</li> <li>4. Mr. Holmboe announced a BHAB Special Meeting to announce the names of the Nominating Committee which will be responsible for designating the slate of officers. It was tentatively scheduled for April 29, 2015, prior to the Laura’s Law Workgroup meeting.</li> <li>5. Mr. Holmboe requested volunteers for attendance at the Our Lady of Guadalupe Parish’s services prior to the General Board Meeting on May 18, 2015, to announce the meeting and invite the public to attend.</li> </ol>	Information.	
<b>IX.</b>	<b>Public Comments – 20 mins.</b>		
	<ol style="list-style-type: none"> <li>1. Scott Miller speaks on the “Head injury can cause mental illness” article previously distributed. He elaborates on the story of a child who suffered severe head injuries and</li> </ol>	Information.	

	<p>has nearly recovered. He encourages the Board to think on the treatment for mental illness, suggesting nutritional treatment for mental illness rather than chemical treatments.</p> <p>2. Dan Hicks, Prevention Services Manager, shares additional comments in recognition of Elizabeth Taylor. He mentions she is the go-to employee for resources and guidance; she leads the Latino community outreach efforts; and her passion for serving the community. He thanks Elizabeth for her above-and-beyond dedication.</p>		
<b>X.</b>	<b>Time Certain Presentations – 1:30 PM – 30 mins.</b>		
	<p>Project Esperanza</p> <p>Lennie Kwock, Santa Paula Youth and Family Services, introduces Elvia Hernandez, Project Esperanza Coordinator, and Maricarmen del Moral, Project Esperanza Assistant.</p> <p>Ms. Hernandez explained that 4 to 5 years ago, they discovered the Our Lady of Guadalupe Church services had an attendance of over 2,000 people. At this time, it was also discovered this low-income population was in need of behavioral mental health services. Funds received by the church are administered by Project Esperanza, and they are assisting over 200 families. Ms. Hernandez elaborates on the prevention services provided to both children and their parents and their outreach efforts, while attempting to reduce the stigma of mental health services by educating the community.</p> <p>Ms. del Moral began by explaining the need for prevention services, revealing that working with the Latino population is difficult and requires much time and dedication. She adds that the Latino culture discourages speaking freely on feelings and difficulties experienced on a personal level, and it requires a great deal of work to encourage families to speak freely. She comments that the child care services the church provides has helped in building trust with the community. Many children are attending classes that are free-of-charge that may otherwise cost \$40 per class. They build programs that aid with behavioral or emotional problems that also encourage motivation in their individual lives, with over 50 kids attending classes on stress and relaxation. She comments on the need for additional funds, as many kids are currently on a wait-list to attend the classes provided. Music classes that aid in emotional control are also provided, among other services. Ms. del Moral comments that they feel accomplished in gaining the trust of the community to seek these services, and it is through those that have received these services that they are able to reach more of the population and decrease the related stigma.</p> <p>Ms. Hernandez commented on the various other programs and services involved in their efforts. She finishes by stating that the children of Santa Paula are their future, and they look forward to continue working with them.</p> <p>The Board commends and thanks Project Esperanza for their efforts in assisting the community with their programs and services.</p>	Information.	

<b>XI.</b>	<b>Director's Report</b>	Information	
	<p>Ms. Crandall presented the Director's Report.</p> <p>Ms. Crandall announced the following events:</p> <ol style="list-style-type: none"> <li>1. NAMI Walk Ventura County will be held at the Ventura Beach Promenade on Saturday, May 2, 2015. She encourages involvement by participating on the walk by registering on the NAMI website.</li> <li>2. A May is Mental Health Month Proclamation will be received at the Board of Supervisors meeting on Tuesday, April 21, 2015, and welcomes everyone to attend the 10:30 AM Time Certain.</li> </ol> <p>Ms. Crandall mentioned to the Board some of the feedback received from the EQRO exit interview and elaborated on some of the efforts the department is taking to address that feedback. She adds that the final EQRO report has not been received from the State.</p> <p>Ms. Crandall announces a one-on-one training on funding and asks that those interested contact the Board Secretary for additional information.</p> <p>Ms. Crandall presented a PowerPoint presentation to the Board on various items: EQRO exit interview strengths, weaknesses, and suggestions; and strategy planning to address the needs of the community and the services provided. Data included: client services counts; services by location and ethnicity; Medi-Cal service by ethnicity; and employment status by city; and how these relate to the strategic plan of the department. A copy of this presentation is available upon request.</p>		
<b>XII.</b>	<b>BHD Contracts Review – 10 mins.</b>	Information.	
	<p><b>A) ADP Contracts Review</b></p> <ol style="list-style-type: none"> <li>1. None.</li> </ol> <p><b>B) MH Contracts Review (<i>Action</i>)</b></p> <p>Ms. Crandall provided a summary of the MH contracts submitted to the Board of Supervisors for their approval.</p> <p>Board Agenda - April 21, 2015</p> <ol style="list-style-type: none"> <li>1. Sylmar and California Psychiatric Transitions Amendments</li> <li>2. City Impact Amendment</li> <li>3. Aspiranet Amendment</li> </ol> <p>Board Agenda - May 5, 2015</p> <ol style="list-style-type: none"> <li>1. Meditech and Maxim Amendments</li> </ol> <p>Board Agenda - May 12, 2015</p> <ol style="list-style-type: none"> <li>1. Crestwood Amendment</li> <li>2. Aspiranet (COEDS) Amendment and VCBH Positions</li> <li>3. Physician Amendments</li> </ol> <p>A motion was made and seconded to approve the mental health contracts as submitted. The Board voted to approve the contracts as submitted.</p> <p>The Board discussed the contracts presented.</p>	<p>The Board approved the MH contracts as submitted.</p> <p><b>M/S/C.</b></p>	
<b>XIII.</b>	<b>Old Business</b>	Information.	
	<b>A) Update on Laura's Law Workgroup</b>		

	<p>Mr. Holmboe restated that an open vote will be conducted at the upcoming final meeting. He clarifies that the Workgroup is voting on the following options based on all of the information provided and discussed: 1) should the County fully fund Laura's Law; 2) should the County fund a pilot program and gather data; and 3) should the County not adopt Laura's Law. He clarified that the Workgroup's recommendation goes back to the Board, and the Board will discuss prior to taking any recommendation to the Board of Supervisors. He confirmed the final meeting is scheduled for April 29, 2015, from 12 to 2 PM.</p> <p><b>B) Teen Health Marijuana Prevention Project</b> Ms. Gardner requested the Board take a stance in support of this project. A motion is made and seconded. The motion carries.</p> <p><b>C) Our Lady of Guadalupe Church Meeting Update</b> Mr. Holmboe requested volunteers to attend the mass services on Sunday, May 10, 2015, to introduce the Board and encourage attendance to the meeting on May 18, 2015. He confirmed the next meeting will be held at the Our Lady of Guadalupe Church on May 18, 2015, tentatively starting at 6 PM. He explained to the Board that the department will be making presentations on the services provided in the community. Further information will be provided as it becomes available.</p> <p><b>D) BHAB Brochure</b> The Board requested 100 copies of the brochure without the insert be printed for the next BHAB General Meeting on May 18, 2015.</p>	<p>The Board confirmed to be in support of the Teen Health Marijuana Project. <i>M/S/C.</i></p>	
<b>XIV.</b>	<b>New Business - 15 mins.</b>		
	<p><b>A) Opening Meeting for Equity Committee</b> Mr. Holmboe commented on outreach efforts to increase community involvement for these meetings. Mr. Jordan explained the purpose of the committee is to attain health equity in the community by reviewing data and determining the needs of the community in order to provide proper access to services. He encouraged community involvement. The next meeting is scheduled for Thursday, May 21, 2015, at 1:30 PM.</p> <p><b>B) Bylaws Amendment Proposal</b> Mr. Holmboe announced the possible reestablishment of the Budget Committee. Ms. Gardner and Mr. Holmboe elaborated on the structure of the Budget Committee and its purpose, suggesting it meets immediately prior to the Executive Committee. The Board discussed a Member-At-Large position, and Ms. Borchard suggested it be time-limited to promote Board member involvement and training. Mr. Holmboe suggested any changes occur after the change in officers occur after July 1, 2015.</p>	<p>Information.</p>	
<b>XV.</b>	<b>Adjourn</b>		
	<p>The meeting adjourned at 3:09 PM.</p>	<p>Next meeting: April 29, 2015 11:00 AM - 11:45 AM</p>	

## Behavioral Health Advisory Board Meeting Attendance 2015

District	Member	Jan	Feb	Mar	Apr	May	Jun
District 1 Sup. Bennett	Karyn Bates	X		X	X		
	Daniel Jordan, PhD, ABPP			X	X		
	Sidney L. White, AICP				X		
	Mary Haffner						
District 2 Sup. Parks	Janis Gardner	X		X	X		
	Irene Mellick, LCSW			X			
	Carol Thomas	X					
	Beverly Wisotsky, LMFT	X		X	X		
District 3 Sup. Long	Nancy Borchard	X		X	X		
	David Holmboe	X		X	X		
	Kay Wilson-Bolton				X		
	Larry Hicks				X		
District 4 Sup. Foy	Jerry Harris	X		X	X		
	Denise Nielsen	X		X	X		
	McKian Nielsen	X		X	X		
	Anita Ranade			X	X		
District 5	René Beauchesne, LCSW	X		X	X		
Sup. Zaragoza	Monique Garcia	X			X		
	Dr. Irene Pinkard	X		X			
	Sandra Wolfe	X		X	X		
Gov. Body	John Zaragoza, Supervisor	X			X		

Present = X