

BEHAVIORAL HEALTH ADVISORY BOARD

EXECUTIVE COMMITTEE

MINUTES ■ Monday, October 10, 2016

<p><u>Board Members Present</u> Janis Gardner, Chair Carol Thomas, 1st Vice Chair Jerry Harris, 2nd Vice Chair Nancy Borchard, Secretary</p> <p><u>VCBH Staff Present</u> Patrick Zarate, COO, ADP Manager Toney Broskey, Safety and Disaster Coordinator Edith Pham, BHAB Assistant</p>	<p><u>Others Present</u> Karyn Bates, BHAB Ratan Bhavnani, BHAB Gane Brooking, BHAB Rachel McDuffy, Aegis Treatment Centers Bilal Hassoun</p> <p>NEXT MEETING: Monday, November 14, 2016, 1:00 – 3:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Gardner called the meeting to order at 1:05.		
II.	Approval of the Agenda Ms. Gardner asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Gardner asked the committee to review and approve the minutes of the September 12, 2016 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Gardner welcomed everyone and asked for introductions.		
V.	Chair Announcements A. As of October 2 nd Johnson Gill is the new Health Care Agency Director. B. At the September 19th General Meeting Karyn Bates had distributed written comments from Elizabeth Stone regarding the MICOP Innovation Project. However, the comments had been sent after the 30-day public comments period had ended. Because of this, they cannot be entered as public comments, although VCBH took them into consideration. C. The marijuana conference was held on September 28. It was sold out. A number of speakers discussed diverse opinions on marijuana. For information on the conference, please go to venturacountylimits.org . D. Several documents have been emailed to the BHAB members regarding innovations and prevention: MHSA Innovations regulations, the link to SAMHSA (Substance Abuse and Mental Health Services Administration), which stresses prevention, a study from the World Health Organization, a white paper from the United Kingdom, and The Surge for Well-Being/Whole Person Care. See separate pdf document. E. October is Anti-Bullying Month, which includes cyber-bullying. F. October 15th is National LGBT Youth Day. G. The November General Meeting is scheduled on the week of Thanksgiving. Members will be asked whether they will attend, as it is important to have a quorum.	Information	

	H. Ms. Gardner proposed to have the Executive and General Meetings go dark in December. A brief discussion followed.	Go dark in December M/S/C	
VI.	Public Comments A. Bilal Hassoun played the recording of a heavy metal song. B. Scott Miller spoke about hyperbaric oxygen therapy to treat mental illness. C. Rachel McDuffy, Regional Manager for Aegis Treatment Centers, invited BHAB members to visit her facilities.		
VII.	Board Members Comments and Announcements A. Karyn Bates noted that NAMI will have its monthly meeting on October 11 th in Camarillo. That same evening, there will be a Ventura City Council candidate forum on housing and homelessness. Ms. Bates also spoke about the growing interest in tiny homes to address homelessness. B. Jerry Harris asked about the Chair's dissemination of documents related to prevention. Ms. Gardner explained she was asked to help members understand what prevention and innovation projects are. Mr. Harris and other members are still having problems with the Site Visit Report form, which is a fillable pdf. Mr. Harris is requesting that VCBH discontinue the use of pdf and make a recommendation to BHAB members as to which version of Adobe Acrobat to use.	Ask VCBH IT staff for a recommendation on Adobe Acrobat	P. Zarate
VIII.	Director's Updates In Director Crandall's absence, Patrick Zarate provided several updates. A. The wellnesseveryday.org website contains a lot of information on bullying and cyber-bullying. Some of that information was distributed to most of the school districts in Ventura county and school resource officers. B. Mr. Zarate introduced Toney Broskey, who is helping Fernando Medina on the Mental Health Rehabilitation Center (MHRC) project in Camarillo. Despite some delays, the target date for opening is still December. The facility will serve clients who are currently treated out of county in long-term locked facilities. C. The Annual Recovery conference took place on September 28 th . Pre-registration was required, and there was a 97.4% show rate. The focus was on marijuana. Mr. Zarate stated that VCBH plans to continue to provide information and education to the community regarding the results of studies on the risks and realities of marijuana and the developing teen brain. Gane Brooking stated that she felt that the conference was one of the most informative and amazing she has ever attended. Nancy Borchard congratulated Mr. Zarate for the article that appeared in the Ventura County Star newspaper on October 8 th , titled "Agency warning voters of pot effects." It addressed the pushback from the community and seemed to imply that the studies that VCBH has done in the last four years were coordinated to coincide with the recreational marijuana Proposition on the November ballot. The newspaper article seemed to say that it was inappropriate for a county agency to comment on a ballot initiative. Ms. Borchard stated she is glad that the article came out to present the negative sides of marijuana. Mr. Harris concurred. The article showed what VCBH has been doing for many years. Mr. Zarate noted that the article quoted the spokesman for the marijuana initiative as saying that ramping up prevention is a good thing, referring to VCBH's efforts to protect children.		

<p>IX. New Business</p> <p>A. Recognition Award Susan Kelly, retired VCBH Youth & Family Division Manager, will be recognized at the October 17th General Meeting.</p> <p>B. Site Visit Report – Conejo Clinics On August 19th Patricia Mowlavi lead a visit to the Conejo Adult and Youth & Family Clinics. She will provide a report at the General Meeting.</p> <p>C. Site Visit Report – Inpatient Unit (IPU) On September 27th Jerry Harris lead a visit to the Inpatient Unit. He will provide a report at the General Meeting. Mr. Harris requested that the CRT (Crisis Residential Treatment) be added to the list of sites that may be visited by BHAB members. Ratan Bhavnani requested that the names of the various VCBH facilities be used, and Mr. Zarate volunteered to prepare a list of those facilities.</p> <p>D. Homeless Concerns Workgroup Ms. Gardner reminded the group that homelessness is an area of concern for the BHAB. A discussion took place regarding the possibility of creating a homeless workgroup. Mr. Bhavnani proposed to wait until the No Place Like Home comes into place in a few months. Mr. Zarate noted that VCBH staff participate in some homelessness advocacy groups. He will prepare a list of these groups. He proposed to have VCBH give a report at an upcoming BHAB General Meeting.</p>		<p>Prepare a list of VCBH facilities</p> <p>Prepare a list of homelessness advocacy groups</p>	<p>P Zarate</p> <p>P Zarate</p>
<p>X. Old Business</p> <p>A. AOT/Laura's Law Update – Ratan Bhavnani Following the grant approval, the formal planning has started. Weekly workgroup meetings include Dr. John Schipper and staff from Telecare, the legal community, and others. These are somewhat technical meetings, and stakeholders are invited to sit in on them. The next large stakeholder meeting will be on October 19th. Stakeholders will receive an update and provide feedback, which may trigger changes in the process. When Laura's Law is launched, the work of the workgroup will be completed, and the BHAB should put in place the oversight of the program. Jerry Harris requested that all workgroups include their mission statement in their minutes. Karyn Bates requested that a housing component be included in the AOT. A discussion took place regarding the housing requirement included in the grant.</p> <p>B. BHAB Annual Report Update – Jerry Harris Three of the four committees submitted their reports, although some need modification. In the report's introduction, Mr. Harris plans to add several findings.</p> <p>C. Site Visit Update – Janis Gardner Per Rachel McDuffy's invitation, BHAB members may want to organize a site visit of the Aegis Treatment Center in Ventura.</p>			
<p>XI. Events and Announcements</p> <p>Carol Thomas reminded everyone of her training on October 17th at 11:00. The focus will be on the responsibilities of the BHAB members as related to community outreach and advocacy. VCBH will provide pizza. Ms. Thomas also stated there is now an LGBT Alcoholics Anonymous meeting on Saturdays at 6:30 p.m. at La Ventana on Thousand Oaks Blvd. The group proposed to have a potluck lunch prior to the November General Meeting.</p>			
<p>XI. Adjourn</p> <p>The meeting adjourned at 2:30.</p>			

Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2015-2016

Members	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Janis Gardner Chair	x	x	x	x								
Carol Thomas 1 st Vice-Chair			x	x								
Jerry Harris 2 nd Vice Chair	x	x	x	x								
Nancy Borchard Secretary		x	x	x								
Larry Hicks Member At Large	x	x										

Karyn Bates	x		x	x								
Ratan Bhavnani	x		x	x								
Gane Brooking	x		x	x								
Patricia Mowlavi	x	x	x									

Present = x

District 1	Supervisor Bennett
District 2	Supervisor Parks
District 3	Supervisor Long
District 4	Supervisor Foy
District 5	Supervisor Zaragoza