

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, November 5, 2015

Present: Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Larry Hicks, BHAB Gane Brooking Sid White, BHAB Liz Warren, Client Network Eileen Tracy, Family Engagement David Deutsch, NAMI Ratan Bhavnani, NAMI Lyn Gibbs, NAMI Asencion Romero, Pacific Clinics/TAY Denise Krischke, Recovery Innovations Larry Berent, Telecare Kalie Matissek, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA	VCBH staff: Pam Fisher, Adult Division Manager Robert Mendoza, Region Manager, Crisis/STAR/RISE Anna Flores, Manager, ADP Pam Roach, Transformational Liaison Office Irma Victorino, Management Assistant Guests: Janeanne Morgan, St. John's Regional Center Next meeting: Thursday, January 7, 2016 Lake Tahoe Conf. Room, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:07 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested introductions.		
III.	Approval of the Agenda 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda.	The agenda was approved as written. M/S/C	
IV.	Approval of the Minutes 1. Co-chair Borchard asked the Committee for any discussion or changes to the October 1, 2015 minutes of meeting. 2. A motion was made and seconded to approve the minutes with corrections accepted.	The minutes were approved as written. M/S/C	
V.	Chair Announcements 1. Co-chair Borchard announced that the next Community Leadership Committee (CLC) General meeting is on Thursday, November 19 from 3:00 to 5:00 pm in the Training Room, Williams Drive, Oxnard. Meeting is open to public.		
VI.	Public Comments 1. Larry Hicks shared the article " <i>Supervisors: Proj. Esperanza's funding doubled for mental health service</i> " dated Oct. 28, 2015. The article mentioned that the Board of Supervisors have approved the increase of Project Esperanza from its initial budget of \$51,500 to \$101,500. Project Esperanza has offered 162 activities reaching more than 4,200 individuals. Programs are open to community members.		
VII.	Time Certain: 10:30 am - ER Hold Discussion – Janeanne Morgan, St. John's Medical Center 1. Janeanne Morgan, Director, Emergency Medical Services, St. John's Regional Medical Center, briefly discussed current situations in their emergency room as far as services provided to patients who have		

	<p>behavioral health issues. She noted that one of the major challenges that the hospital faces is finding LPS beds for patients placed on 5150. A significant number of adolescent and pediatric patients with psychiatric problems have been held in the ER for days waiting for placement.</p> <ol style="list-style-type: none"> There were 11 patients who were on 5150 hold and a 5-year old in the ER for seven days. The hospital has engaged a psychiatrist to assess mental health clients and develop "behavior" plans during their stay at the ER. Recreational Therapy may be implemented as well as tele-psychiatry. While at the ER a 72-hour hold (5150) may lapse and the client must decide whether to stay voluntarily. If the client is not willing to stay in the ER staff asks the family to care for him/her or the Oxnard P.D. may be called. St. John's ER staff is being trained to place and lift 5150 hold. There was a discussion about the development of the current expansion project of In-Patient Unit. The remodeling is expected to complete late spring or early summer. Redesign of interior space including central nurse station and 13 "bays" for patients are part of the renovation. Full development of Crisis Stabilization Unit for adults is expected to be completed August next year. 		
	<p>Time Certain: 11:00 am - Crisis/STAR/RISE – Robert Mendoza, VCBH Regional Manager</p> <ol style="list-style-type: none"> Mr. Mendoza briefly discussed the basic structure of the Rapid Integrated and Support Engagement (RISE) Program. The field-based RISE team is closely involved in case management and continues to engage clients in the community. One full-time RISE staff is stationed in the Inpatient Psychiatric Unit (IPU) to identify patients admitted who are not yet enrolled in behavioral health services, ensuring that they are properly coordinated to a BH clinic. They also make sure that clinics are notified when enrolled clients have been admitted to the IPU. A second RISE clinician will be added to support this effort. Other RISE staff also provide follow-up outpatient services to patients who are released from the IPU including intake assessments, psychiatric evaluation, and referrals. The RISE team also gathers census data for week-ends at the Hillmont Psychiatric Center (HPC) and Assessment & Referral (A&R). A&R requires medical screening before assessment begins; therefore, clients may be waiting in ER for this screening for several hours. A&R reports that screenings will resume there in the next few weeks. The RISE team can transport clients to appointments and has some funds available to help clients gain transportation independence. RISE outreach: 300 - 400 individuals (unduplicated) are engaged each quarter. Currently RISE is funded for: 1 Administrator, 1.5 Clerical Assistants, 5 Clinicians, 6 Community Services Coordinators, 1 MHA, and 4 Recovery Coaches. The majority of RISE funding comes from the Triage Grant which will sunset in 2018 --- we will need to find another source of funding for this program by that time. STAR Program time-to-treatment-service depends on risk level. Urgent cases are seen within 3 business days; Expedited cases within 14 calendar days; and Routine cases within 28 calendar days. All post –IPUs cases are seen within 7 calendar days. However, the system is currently being revised to allow for more flexibility. 		
VIII.	<p>Provider's Comments</p> <ol style="list-style-type: none"> Turning Point Foundation, Kalie Matisek and Mark Schumacher – <ol style="list-style-type: none"> Mr. Schumacher reported that their program continues to be strong with 98% participation (87 members) over the month. Cottonwood Board and Care has a current census of 22. Sixteen out of 19 behavioral health clients who reside there are enrolled in the Quality of Life Program. 		

	<p>b. Ms. Matisek reported that the rehabilitation program is doing well. Various groups such as social skills groups, gardening groups, etc. are organized as part of Rehabilitation Program. There are 110 enrolled clients; 2 people going back to school; 4 members are engaged in peer employment; 5 members work as volunteers and 8 individuals have been employed through the support of the Department of Rehabilitation. Community volunteers to conduct classes are welcome.</p> <p>c. Quality of Life staff administrators delivered a formal presentation regarding their program principles and successes at a recent CASRA conference.</p> <p>2. Recovery Innovations (RI), Denise Krischke – Ms. Krischke is the Interim Recovery Services Administrator. A full-time Recovery Coach is now assigned in Transitions East and will work part time in the West. A part-time bilingual position is now assigned in Santa Paula. RI is re-publishing its Newsletter in English and Spanish. Wrap classes in different clinics are ongoing. Beginning November 12, 2015 and every Thursday from 2 - 3:30 p.m. a Celebration Community group will be held at VCBH RI headquarters (Williams Drive, Oxnard) to support those with anxiety and depression.</p> <p>3. Ventura County Area Aging Agency (VCAAA), Denise Noguera – Ms. Noguera is currently working with the Housing Plus Program in coordination with Ventura Housing Authority.</p> <p>4. NAMI, Ratan Bhavnani – Mr. Bhavnani announced (a) the next general meeting is on Tuesday, Nov. 19. Mark Stadler will be the guest speaker; and (b) NAMI Holiday Party is on Tuesday, Dec. 8, Elks Lodge</p> <p>5. Client Network, Karyn Bates – Workshop on “Nutrition and Mental Health” is on Friday, Nov. 13, 2015 from 9:45 am to noon. Speaker is Jenifer Duron, Certified Holistic Health and Biochemical Nutritional Addiction Recovery Counsel. A light continental breakfast will be served.</p> <p>6. Transformational Liaison, Pam Roach – Currently, there are over 40 orientations conducted for new VCBH-enrolled clients. Many family members are attending as well. Orientation sessions offer an opportunity to highlight outpatient clinic therapy groups being offered as well as activities at the Wellness Centers.</p>		
IX.	<p>Mental Health Update – Pam Fisher, Adult Division Manager</p> <p>1. The department has been converting ICD 10 and is expected to go live on October 1. Pam explained that ICD 10 is a medical classification list by the World Health Organization (WHO) which contains codes for diseases, medical coding, etc.</p> <p>2. The department started the pilot testing of electronic signature pads at Simi Adult Clinic both in the Youth and Adults Division. The signature pads will be initially used to gather electronic signatures on treatment plans of clients.</p> <p>3. Staffing:</p> <p>a) Sevet Johnson is the new Region Manager who will oversee Benefits Team, Santa Paula and Ventura Region. She is the former Clinic Administrator (CA) of the Transitional Age Youth (TAY). Recruitment to replace her position is ongoing. Meredyth Leafman took over the CA duties in TAY until replacement of Sevet is on board.</p> <p>b) Jesus Romero, CA South Oxnard, is no longer working with the department. The department moved Carolyn Kaneko, CA North Oxnard to South Oxnard to replace Jesus. Amanda Pyper, BH Manager of Oxnard Region, is stepping in to fill the CA position in North Oxnard. Recruitment for vacant position is in process.</p> <p>4. Mental Health First Aid classes are still being offered in various locations throughout the county. For more information, visit www.MHSA@ventura.org</p> <p>5. The Annual <i>Día Del Muertos</i> Celebration sponsored by the Transitional</p>		

	<p>Age Youth is scheduled today from 2:00 to 5:00 pm in the Training Room, Williams Drive.</p> <p>6. Castillo del Sol is a new mixed-population affordable apartment complex located on east Main Street in Ventura near the Community Memorial Hospital. The department sent 40 applications to Castillo del Sol for interview. There are 19 units set aside for Behavioral Health clients. Expected opening date is in January 2016.</p> <p>7. The Board of Turning Point Foundation has voted to sell Appleton House. There are 3-4 Behavioral Health clients in the facility that will need to be relocated.</p>		
X.	<p>Alcohol and Drug Update – Anna Flores, ADP Manager</p> <p>1. Staffing – Sharon Gasset, newly appointed new Clinic Administrator (CA), will oversee Thousand Oaks DUI clinic; Richard LaPerriere moved from Simi Clinic to Ventura ADP; Coleen Kelly and Chris Ford are the CAs for Oxnard and Simi Clinic, respectively. The department is hiring new staff due to influx of adolescent clients.</p> <p>2. There are intermittent counselors on call to cover staff who are either absent or on medical leave. These are new positions to the county.</p> <p>3. There are ten re-certifications pending approval since January 2013.</p>		
XI.	<p>Other Item:</p> <p>1. Kim Milstien, CEO of VCMC, confirmed that she will present to the Committee on Thursday, January 7, 2016.</p>		
XII.	<p>Adjourn</p> <p>The meeting was adjourned at 12:00 pm. Next meeting is scheduled on January 7, 2016.</p>		