

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■Thursday, June 5, 2014

Present: Nancy Borchard, Co-Chair Karyn Bates, Co-Chair Carol Thomas, BHAB Irene Mellick, BHAB Corliss Porter, Turning Point Foundation Kalie McCormack, Turning Point Foundation Asencion Romero, Pacific Clinics Diane Bustillos, NAMI Cary Davis, Family Member	VCBH staff: Meredyth Leafman, Older Adult / TAY Manager Mary Stahlhuth, EPICS/ARS Manager Anna Flores, ADP Pam Roach, Transformational Liaison Irma Anilao, Management Assistant Next meeting: Thursday, July 3, 2014 Conf. Room C, Williams Drive, Oxnard
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-Chair Nancy Borchard called the meeting to order at 10:10 a.m.		
II.	Approval of the Agenda 1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as presented. M/S/C	
III	Approval of the Minutes 1. Co-Chair Borchard asked the Committee for any discussion or changes to the May 1, 2014 minutes of meeting. 2. A motion was made and seconded to approve the minutes as presented.	The minutes were approved as presented. M/S/C	
IV.	Welcome and Introductions Co-chair Borchard welcomed everyone to the meeting and asked for introductions. She also mentioned that the meeting of the Committee last month held in the office of the Older Adults Program was appreciated.		
V.	Chair Announcements None		
VI.	Public Comments Cary Davis addressed the Committee and expressed her concern on the need of providing integrated recovery program for individuals with autism spectrum disorder. She mentioned some evidence-based practices for social anxiety disorder: Pet Therapy (hand-out), Robot Friends, Hi-Tech Jobs, Friendships, Casual Games, and Exposure to Nature.		
VII.	Committee Goals 1. As discussed and approved by the Committee during its meeting on April 3, one of the main goals the Committee agreed on was: “To develop strategies and opportunities for expanding licensed board and care homes for individuals with mental health and co-occurring challenges.” 2. Co-chair Borchard emphasized the need for the Committee to create a plan for our implementation process. She opened the table for discussion and suggestions. 3. Meredyth Leafman mentioned that the Committee needs to identify the gaps and focus on goals and programs that are most immediate and achievable. 4. It was mentioned that the goal should encompass not only housing but outreach and funding sources. It was further noted that the goals		

	<p>should include the development of board and care facilities with emphasis on care for clients with co-occurring disorders.</p> <ol style="list-style-type: none"> It was indicated that Adults and Older Adults housing/ home care for short-term care is limited. It was noted the need to include integration of treatment for mental health and alcohol and drug abuse. It was suggested that the goals should address gaps in services especially to clients receiving care out-of-county. Committee members expressed the need to learn how other counties that have created standards and regular meetings for sober living homes owners/managers and how they are monitored or encouraged to include co-occurring disorders in the people they serve. Next meeting, the Co-chairs Borchard and Bates will present more specific goals incorporating all suggestions. 	Goals will be presented next meeting	Karyn Bates and Nancy Borchard
VIII.	Providers' Updates/Announcements None		
IX.	Time Certain: Triage Grant/RISE Presentation Robert Mendoza, Manager of STAR, Crisis and RISE Program <ol style="list-style-type: none"> Mr. Mendoza gave a brief report with powerpoint and hand-out on the nature of Rapid Integrated Support & Engagement (RISE) Program. He noted that the funding source of RISE was made available from the Senate Bill 82, Mental Health Wellness Act of 2013 with available funds of \$32 million to counties and cities for hiring triage personnel. Ventura County received \$7.6 million altogether. The intent of the grant is to expand the number of mental health personnel available to provide crisis support services including crisis triage, case management and linkage to services for clients with mental health illness needing crisis intervention. The program is intended to provide greater opportunities for engagement and outreach throughout the county. The grant has approved hiring of personnel specific to this program. The RISE team will consist of a Clinic Administrator, Office Assistant, Behavioral Health Clinician (BHC) IV, four BHCs, four Community Service Coordinators, four Recovery Innovation Peers and six Crisis Team Staff. Hiring of new personnel will start shortly. Its vision is to use the basic structure of existing STAR program with the existing Bridge Building initiative in creating new units in providing greater engagement. Mr. Mendoza has started collaborating with community partners, CIT stakeholders, IPU and A&R, Continuum of Partners of care providers, NAMI, Client Network, and more. Mr. Mendoza also mentioned that the second round of the grant will include the vehicles, information technology and workstation for personnel. Ventura County will follow this process and apply when opportunity is available from the State. This grant requires thorough outcome measures and reports. 		
X.	A. Mental Health Update – Mary Stahlhuth, Manager, EPICS/ARS <ol style="list-style-type: none"> Mary Stahlhuth is giving the report for Pam Fisher, Adult Division Manager, who is still on medical leave. May is Mental Health Month Conference held last May 29, 2014 at Ventura Beach Marriott (regarding CBT Social Skills Therapy and Co-Occurring issues for Schizophrenia) was a huge success. Staff attended the full day follow up Cognitive Behavior Therapy (CBT) training conducted by Leslie Sokol. The Strengthening Families Leadership Summit was held April 24, 2014 		

	<p>at the Oxnard Performing Arts Civic Center.</p> <ol style="list-style-type: none"> Carla Cross started interviews for MHA Internship. There are over 80 applicants and 17 interns will be selected and assigned within the department. The Housing and Jail Report for the month of April is available as a handout. <p>A. Older Adults Program</p> <ol style="list-style-type: none"> Older Adults and EPICs have implemented the Health Navigation Program. Discussions with teams are conducted to evaluate lessons learned. It was mentioned that staff were trained to understand the different barriers to accessing primary care and engage in individualized health navigation. The Transitions Program has collaborated with the Ventura County Area Agency on Aging (VCAAA) to organize gardening activities including both seniors and the TAY population with the intention of developing empathy. <p>B. EPICS & ARS/Continuum of Care – Mary Stahlhuth</p> <ol style="list-style-type: none"> Tonya Bennett is the new staff psychologist who will be handling out-of-county clients. Behavioral Health is collaborating with community partners to develop board & cares. A representative from NAMI will be attending the next meeting. Peppertree is the last MHSA project and we now accepting applications for individual and family members with move in date in September. There are two 1-bedroom, seven 2-bedroom and two 3-bedroom apartments. Peppertree is located in Simi Valley. 		
XI.	<p>Alcohol and Drug Program (ADP) Update – Anna Flores</p> <ol style="list-style-type: none"> Dr. Linda Gertson retired as manager of ADP Program effective Friday, May 30, 2014. Anna Flores assumed her position effective Monday, June 2, 2014. Kathy Mulford is now the manager of the DUI Program. Recruitment for replacement for Ms. Mulford's position is ongoing. There were 16 new enrollments in May. There were a total of 305 who were signed-up for new healthcare benefit, ACA enrollment. Dr. Albert Marrero, a bilingual psychologist, recently started in the New Start for Moms program. 		
XII.	<p>Adult Safety Plan – Distribution and Assignment</p> <ol style="list-style-type: none"> Pam Roach presented the Adult Safety Plan as revised and approved by the Committee during our May meeting. As mentioned during last meeting, the Adult Safety Plan document will be printed in card stock and will be posted on the VCBH website and Wellness Everyday website. Draft cover letter will be presented to the Committee next meeting. Co-chairs Borchard and Bates will draft cover letter. 	Draft cover letter will be presented next meeting	Nancy Borchard / Karyn Bates
XIII.	<p>Members Comments</p> <ol style="list-style-type: none"> Turning Point Foundation 8th Annual Gala "Honoring Champions of Mental Health" is on June 21, 2014. Forum on Ventura County's Housing Crisis is on Sunday, June 15, 11:30 – 1:30 pm. Co-chair Bates mentioned a note from Ratan Bhavnani of NAMI on "Family and Peer Guide" to family members with next steps immediately following a 5150 call. 		
XIV.	<p>Adjourn</p> <p>The meeting was adjourned at 12:00 pm.</p>		