## BEHAVIORAL HEALTH ADVISORY BOARD Adult services Committee MINUTES •Thursday, June 4, 2015

Present:	VCBH staff:
Karyn Bates, Co-Chair	Pam Fisher, Adult Division Manager
Nancy Borchard, Co-Chair	Amanda Pyper, BH Manager, Oxnard Adults
Debora Schreiber, VSSTF/NAMI	Kathleen Price, ADP Oxnard
Dina Ontiveras, VCAAA	Irma Victorino, Management Assistant
Ashley Alberts, VCAAA	
Asencion Romero, Pacific Clinics	
Pat Ebner, Recovery Innovations	Guest:
Kalie Matisek, Turning Point Foundation	Timothy Lopez, Consumer
Gane Booking	
Joan Wiggins, NAMI	Next meeting: Thursday, July 2, 2015
Cary Davis, Family Member	Lake Tahoe Conf. Room, Oxnard

Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIO NS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-chair Nancy Borchard called the meeting to order at 10:07 a.m.		
II.	Welcome and Introductions Co-chair Borchard welcomed everyone and requested introductions.		
111.	<ul> <li>Approval of the Agenda</li> <li>1. Co-chair Borchard asked the Committee for any discussion or changes to the agenda.</li> <li>2. Under Item VII Presentation of VCAAA about "Homeshare Program", Beth Shephard should be replaced with Ashley Alberts.</li> <li>3. A motion was made and seconded to approve the agenda as corrected.</li> </ul>	The agenda was approved as corrected. M/S/C	
IV.	<ul> <li>Approval of the Minutes</li> <li>1. Co-Chair Borchard asked the Committee for any discussion or changes to the May 7, 2015 minutes of meeting.</li> <li>2. A motion was made and seconded to approve the minutes as presented.</li> </ul>	The minutes were approved as presented. M/S/C	
V.	Chair Announcements		
	<ol> <li>Co-Chair Bates shared the following articles from Ventura STAR:         <ul> <li><i>County mental health leader mourned</i> featured on May 21, 2015 honoring former Behavioral Health Advisory Board (BHAB) Chair David Holmboe who died last Sunday, May 17. Mr. Holmboe, a retired educator, was a strong leader advocating for mental health services.</li> <li><i>Mental health proposal advances</i> featured on May 28, 2015 which talks about Laura's Law. According to the article, during the Laura's Law working group meeting last Wednesday, May 27, 2015, 7 out of 10 voted to recommend Laura's Law program to the BHAB which will make its recommendation on the issue to the Board of Supervisors.</li> </ul> </li> </ol>		
VI.	Public Comments None		
VII.	<ul> <li>Presentation of Ventura County Area Agency on Aging (VCAAA) about HomeShare Program</li> <li>Ashley Alberts and Dina Ontiveras</li> <li>1. Ashley Alberts, HomeShare Coordinator of VCAAA, gave a brief overview on the nature of HomeShare Program.</li> <li>2. Ms. Alberts mentioned that the main goal of the program is to link home</li> </ul>		

		providers to home seekers. It is a program providing assistance matching		
		home providers with home seekers who are willing to help with household		
		tasks, transportation, companionship, financial support or a combination.		
	3.	The program is expanding and has 3 offices – main office is located in		
		Ventura, one satellite office each in Simi Valley and Thousand Oaks.		
	4.	There are currently 67.5% and 29% female and male participants,		
		respectively. Average rent charged is \$500.00. The program has about 50		
		home providers and 200 home seekers.		
	5.	The program is not limited to seniors; it is considered beneficial to both		
		home providers and home seekers since rental arrangements are based on		
		needs specific to parties.		
	6.	Participants go through the process of interview, application, and		
		background check. The matching process starts with phone introduction		
		followed by office meeting. Home visit meeting is scheduled thereafter.		
		HomeShare staff makes a follow-up after 4-6 weeks.		
	7.	Staffing includes one full time staff, two part time staff, and community		
		workers/volunteers.		
	8.	It was suggested connecting with community churches or council of		
	0.	churches to get more resources and promote their program through		
		craigslist and publications.		
	a	Co-Chair Bates requested Ms. Ashley send an electronic copy of the	Ashley	Ashley
	5.	powerpoint presentation to Board Secretary for dissemination to	Alberts will	Alberts,
		Committee.	send	VCAAA
	10	For more information, visit their website <u>www.aaa.countyofventura.org</u>	electronic	
		Dina Ontiveras distributed the VCAAA flyer for questions and information	copy of	
		on resources for seniors. Contact number (805) 477-7300 or 1-800-510-	presentation	
		2020.	to Board	
		2020.	Secretary	
VIII.	Re	view membership roster	Pam Fisher	
•		Co-chair Bates requested Committee to review mailing list of BHAB Adult	prepare email	
	••	and Older Adults Committee.	content of	
	2.	Corrections and deletions were made on the distribution list.	message;	Pam Fisher/
	3.	It was suggested that Board Secretary send email to individuals on the list	Board	Irma
	0.	with the objective of updating the membership roster. Pam Fisher was	secretary will	Victorino
		requested to prepare email message to be sent out.	send to	
	4	A motion was made and seconded requesting Board Secretary to send	distribution	
	••	email to individuals in the distribution list.	list;	
			M/S/C	
IX.	Pro	ovider's Comments		
	1.	Turning Point Foundation, Kalie Matisek		
		a. Our Place Shelter is now called Our Place Safe Haven		
		b. Barbecue event on Friday, June 19 at 10:00 pm		
		c. Wellness Center is doing well with average of 20-22 people a day		
		d. Evening programs are offered for Spanish and Mixteco only; there are an		
		average of 7-8 people participating in evening programs.		
		e. Quality of Life Manager, Mark Schumacher who was not present, was		
		attending training for wrap facilitators.		
		f. Recruitment is open for the replacement of Becky Spring who just		
		resigned from her post.		
	2.	Recovery Innovations, Patricia Ebner		
		a. Graduation of participants who have completed WRAP classes is set on		
		July 30 in the VCBH Training Room; email announcement will be		
		released soon; there were about 20 participants each class.		
		b. Peer Employment Training (PET) is scheduled from August 17 to 28;		
		flyers will be out soon; deadline of application is July 17, 2015. Peer		
		employment training is conducted in Oxnard for the duration of two		
		weeks (8 hours a day) and carries three college credits.		
		c. Ms. Ebner shared the new look of the WRAP book. The book is printed both English and Spanish version. She also shared materials on		
		Medication for Success and My Doctor and Me.		

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		d. Administrative Assistant position is open; bilingual preferred.			
	3.	Pacific Clinics, Asencion Romero –			
		a. Career Club starts next week; open to individuals needing assistance on			
		employment, job retention, and how to conduct self within a workplace.			
		The session is twice a week for 12-14 weeks running for 2 hours per			
		session. A workbook is available if participants are unable to sit in class.			
		b. The wellness center offers job club group for individuals 18 to 25 years			
		old.			
	4.	NAMI, Joan Wiggins			
		a. Ratan Bhavnani is retiring soon; retirement party is scheduled on June			
		<ul><li>30, 5:00 pm.</li><li>b. Family-to-Family and Provider Education classes are filling up. For more</li></ul>			
		information on the different programs and classes that NAMI offers, visit			
		www.namica.org tel. 805-641-2426			
Χ.	Mo	Intal Health Update - Pam Fisher, Adult Division Manager			
л.	1. The department is currently reviewing contracts of various providers.				
		Recruitment for a manager replacing Mary Stahlhuth is still ongoing. In the			
	2.	interim, Ms. Fisher oversees the EPICS program in coordination with Julie			
		Glantz, CA.			
	3.	Locked MHRC provider has not yet been determined. Once on board,			
		meeting will be scheduled for the provider to meet the community.			
	4.	In connection with the Screening, Brief Intervention, and Referral to			
		Treatment (SBIRT) program of the department, VCBH met with two Saudi			
		Arabian doctors last week to share clinical experiences on mental health as			
		well as drug and alcohol issues.			
	5.	The Crisis Stabilization Unit (CSU) at the VCMC is moving forward.			
XI.		cohol and Drug Update – Kathleen Price			
	1.	Kathleen Price made the report on behalf of Anna Flores, BH Manager,			
		ADP.			
	2.	As requested during the last Committee meeting, Ms. Price shared the			
		following initial findings conducted on the Prevention Overdose Prevention			
		Project POLD Surveys:			
		a. There were 69 initial forms collected.			
		b. 80% reported having witnessed someone else overdose at least once in			
		their lifetime; about 35% reported having overdosed at least once in			
		their life.			
		c. Participants' demographics include 56% male and 44% female ranging from under 18 to 61 or older.			
		d. It was noted that 52% were Caucasian/White, 42% Hispanic/Latino, 2% African American/Black, 2% Native American and 2% covering all the			
		rest.			
		e. Based on the data collected, naloxone kits have been used at 6	Kathlers	Kathlass	
		separate overdose events.	Kathleen Price will	Kathleen Price	
		f. Also, in at least 4 out of the 6 times the naloxone kit was used, the	send	FILCE	
		person experiencing the overdose survived.	electronic		
		g. All ADP staff are undergoing training in providing kits and identifying	copy to Board		
		individuals upon admission who are at risk.	Secretary		
	3.	Committee requested Ms. Price send an electronic copy of the powerpoint	· · ·		
		to Board Secretary.			
	4.	The department is in the process of certifying a school in Thousand Oaks to			
		provide drug and alcohol patient services.			
XII.	Ma	mbers' Comments			
лп.	No				
XIII.		journ			
	The meeting was adjourned at 12:00 pm. Next meeting is scheduled on July 2, 2015.				
	20	15.			